Evaluation and Reflection: What’s the Difference? Why are Both Important?

Evaluation
Involves collecting and analyzing information about what happened and the project’s concrete results.

Evaluation Questions
1. What happened?
2. How many people benefitted from the project? In what ways did they benefit?
3. What progress was made toward the project’s goal?
4. How did you use your Family and Consumer Sciences skills and knowledge?
5. How does the situation now compare to the situation before the project started? What evidence or measurement shows the differences?
6. Can the value of this project be estimated in terms of dollars? If so, what would be the dollar value? If not, what are other ways to express the value?
7. How did participants react to the project?
8. What were the reactions of people who benefitted from the project?
9. How did others react to the project?
10. How many people learned more about FCCLA and Family and Consumer Sciences because of the project? Who were they?

Reflection
Involves thinking about how things happened and what leaders and participants learned.

Reflection Questions
1. What are some adjectives that describe your experience?
2. What were your feelings?
3. What was most rewarding?
4. What was most difficult?
5. How will the information and skills you’ve learned help you?
6. How was the experience different from what you expected?
7. Why was it important to work on this project?
8. What issues did this experience make you think about? What are the challenges that face us in these issues?
9. How has this project changed your attitudes about these issues?
10. What will you notice now that you didn’t notice before?
11. What can we do individually and as a group to have more impact in this area?
12. What is one thing you can do next week that will make a difference?