

Family, Career and Community Leaders of America

STAR Events and Skill Demonstration Events

National Standards and Initiatives Crosswalk

Competitive events strengthen the Family and Consumer Sciences program by increasing student motivation and providing a framework for authentic learning experiences. The following document crosswalks each STAR Event and Skill Demonstration Event to the National Standards for Family and Consumer Sciences, Common Career Technical Core Career Ready Practices, Career Clusters, 21st Century Skills, and the FCCLA National Programs.

<http://nasafacs.org/national-standards-home.html>

<http://www.careertech.org/career-technical-education/cctc/info.html>

<http://www.careertech.org/career-clusters/>

<http://www.p21.org/>

<http://www.fcclainc.org/>



STAR Event	Advocacy , an individual or team event, recognizes participants who demonstrate their knowledge, skills, and abilities to actively identify a local, state, national or global concern, research the topic, identify a target audience and potential partnerships, form an action plan, and advocate for the issue in an effort to positively affect a policy or law. Participants must prepare a portfolio, an oral presentation, and complete a case study.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 3.0 Consumer Services	13.0 Interpersonal Communications 14.0 Nutrition and Wellness
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1. Act as a responsible and contributing citizen and employee. 2. Apply appropriate academic and technical skills. 4. Communicate clearly, effectively, and with reason. 5. Consider the environmental, social and economic impacts of decisions.	7. Employ valid and reliable research strategies. 8. Utilize critical thinking to make sense of problems and persevere in solving them. 12. Work productively in teams while using cultural/global competence
Career Clusters (NASDCTEc)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy 5.0 Media Literacy 6.0 Information, Communications and Technology (ICT) Literacy	7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
21st Century Skills (P21)	Arts, A/V Technology and Communications Education and Training Government and Public Administration	Human Services Information Technology
FCCLA Programs	Families Acting for Community Traffic Safety Families First Financial Fitness	Power of One STOP the Violence – Students Taking on Prevention Student Body

STAR Event	Applied Math for Culinary Management , and individual or team event, recognizes participants who use Family and Consumer Sciences skills to demonstrate the application of mathematical concepts in the culinary arts industry. Prior to competition, participants must prepare a file folder, oral presentation, and visuals. On site, participants take an applied math test and respond to a case study.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 8.0 Food Production and Services	10.0 Hospitality, Tourism, and Recreation
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions.	
Career Clusters (NASDCTEc)	Hospitality & Tourism	
21st Century Skills (P21)	2.0 Critical Thinking and Problem Solving	7.0 Flexibility and Adaptability
FCCLA Programs	Career Connection Financial Fitness	Power of One

STAR Event	Career Investigation , an individual event, recognizes participants for their ability to perform self-assessments, research and explore a career, set career goals, create a plan for achieving goals, and describe the relationship of Family and Consumer Sciences coursework to the selected career. Participants must prepare a portfolio and an oral presentation.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources 3.0 Consumer Services 4.0 Education and Early Childhood 5.0 Facilities Management and Maintenance	7.0 Family and Community Services 8.0 Food Production and Services 9.0 Food Science, Dietetics, and Nutrition 10.0 Hospitality, Tourism, and Recreation 11.0 Housing, Interiors, and Furnishings 16.0 Textiles, Fashion, and Apparel
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 4.0 Communicate clearly, effectively, and with reason.	5.0 Consider the environmental, social and economic impacts of decisions. 7.0 Employ valid and reliable research strategies. 10.0 Plan education and career path aligned to personal goals.
Career Clusters (NASDCTEc)	Agriculture, Food & Natural Resources Architecture & Construction Arts, A/V Technology and Communications Business Management & Administration Education and Training Finance Government & Public Administration Health Sciences	Hospitality & Tourism Human Services Information Technology Law, Public Safety, Corrections & Security Manufacturing Marketing Science, Technology, Engineering & Mathematics Transportation, Distribution & Logistics
21st Century Skills (P21)	2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy 6.0 Information, Communications and Technology (ICT) Literacy	7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction 10.0 Productivity and Accountability
FCCLA Programs	Career Connection Financial Fitness	Leaders at Work Power of One

STAR Event	Chapter Service Project , a team event, recognizes chapters that develop and implement an in-depth service project that makes a worthwhile contribution to families, schools, and communities. Students must use Family and Consumer Sciences content and skills to address and take action on a community need. Participants must prepare a display or portfolio, and an oral presentation.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources 3.0 Consumer Services 4.0 Education and Early Childhood 7.0 Family and Community Services	11.0 Housing, Interiors, and Furnishings 12.0 Human Development 13.0 Interpersonal Communications 14.0 Nutrition and Wellness 15.0 Parenting
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation. 7.0 Employ valid and reliable research strategies.	8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 10.0 Plan education and career path aligned to personal goals. 11.0 Use technology to enhance productivity. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Government & Public Administration Health Sciences	Hospitality & Tourism Human Services
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration	8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
FCCLA Programs	Families Acting for Community Traffic Safety Families First Financial Fitness	Leadership Service in Action STOP the Violence – Students Taking on Prevention Student Body

STAR Event	Chapter in Review , a team event, recognizes chapters that develop and implement a well-balanced program of work and promote FCCLA and Family and Consumer Sciences and/or related occupations and skills to the community. Participants must prepare a display or portfolio and an oral presentation.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections	2.0 Consumer and Family Resources 13.0 Interpersonal Communications
Common Career Technical Core/Career Ready Practices (NASDCTEc)	2.0 Apply appropriate academic and technical skills. 4.0 Communicate clearly, effectively, and with reason. 6.0 Demonstrate creativity and innovation. 9.0 Model integrity, ethical leadership and effective management.	11.0 Use technology to enhance productivity. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Arts, A/V Technology and Communications Hospitality & Tourism	Marketing
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 5.0 Media Literacy 6.0 Information, Communications and Technology (ICT) Literacy	8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
FCCLA Programs	Career Connection Families Acting for Community Traffic Safety Families First Financial Fitness Japanese Exchange Program	Leaders at Work Leadership Service in Action Power of One STOP the Violence – Students Taking on Prevention Student Body

STAR Event	FCCLA Chapter Website , an individual or team event, recognizes participants who use a chapter website to educate, inform, and involve members and the general public about the importance of the family and consumer sciences program and the FCCLA chapter.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections	
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation.	7.0 Employ valid and reliable research strategies. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 10.0 Plan education and career path aligned to personal goals. 11.0 Use technology to enhance productivity. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Arts, A/V Technology and Communications	Human Services Information Technology
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy 5.0 Media Literacy 6.0 Information, Communications and Technology (ICT) Literacy	8.0 Initiative and Self-Direction 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
FCCLA Programs	Career Connection	Leadership Service in Action Power of One

STAR Event	Culinary Arts , a team event, recognizes participants enrolled in occupational culinary arts/food service training programs for their ability to work as members of a team to produce a quality meal using industrial culinary arts/food service techniques and equipment. Teams of participants must develop a plan for the time allotted, prepare menu items given to them at the time of the event, and present their prepared items to evaluators.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources 8.0 Food Production and Services	9.0 Food Science, Dietetics, and Nutrition 10.0 Hospitality, Tourism, and Recreation 13.0 Interpersonal Communications
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation.	7.0 Employ valid and reliable research strategies. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 10.0 Plan education and career path aligned to personal goals. 11.0 Use technology to enhance productivity. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Hospitality & Tourism	
21st Century Skills (P21)	3.0 Communication and Collaboration 7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction	9.0 Social and Cross-Cultural Skills 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
FCCLA Programs	Career Connection	Leaders at Work Power of One

STAR Event	Digital Stories for Change , an individual or team event, recognizes participants who demonstrate their knowledge, skills, and abilities to actively identify an issue concerning families, careers, or communities; research the topic; and develop a digital story to advocate for positive change.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 4.0 Education and Early Childhood 6.0 Family	12.0 Human Development 13.0 Interpersonal Communications 15.0 Parenting
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation.	7.0 Employ valid and reliable research strategies. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 10.0 Plan education and career path aligned to personal goals. 11.0 Use technology to enhance productivity. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Arts, A/V Technology and Communications Education and Training Government & Public Administration	Hospitality & Tourism Human Services Information Technology Marketing
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 5.0 Media Literacy 6.0 Information, Communications and Technology (ICT) Literacy	8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
FCCLA Programs	Families Acting for Community Traffic Safety Families First Leadership Service in Action	Power of One STOP the Violence – Students Taking on Prevention Student Body

STAR Event	Early Childhood Education , an individual event, recognizes participants who demonstrate their ability to use knowledge and skills gained from their enrollment in an occupational early childhood program. Participants must prepare a portfolio and a resource container. On site, participants must plan and present to evaluation an activity related to the theme in response to a case study provided during the event and an oral presentation describing the activity.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 4.0 Education and Early Childhood 6.0 Family	12.0 Human Development 13.0 Interpersonal Communications 15.0 Parenting
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 4.0 Communicate clearly, effectively, and with reason. 6.0 Demonstrate creativity and innovation.	8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 10.0 Plan education and career path aligned to personal goals. 11.0 Use technology to enhance productivity.
Career Clusters (NASDCTEc)	Education and Training	Human Services
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy 6.0 Information, Communications and Technology (ICT) Literacy	7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
FCCLA Programs	Career Connection Families First	Power of One

STAR Event	Entrepreneurship , an individual or team event, recognizes participants who develop a plan for a small business using Family and Consumer Sciences skills and sound business practices. Participants are evaluated on the business plan and an oral presentation and are not required to have implemented the plan. The business must relate to an area of Family and Consumer Sciences education or related occupations.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources 3.0 Consumer Services 4.0 Education and Early Childhood 5.0 Facilities Management and Maintenance 7.0 Family and Community Services	8.0 Food Production and Services 9.0 Food Science, Dietetics, and Nutrition 10.0 Hospitality, Tourism, and Recreation 11.0 Housing, Interiors, and Furnishings 12.0 Human Development 16.0 Textiles, Fashion, and Apparel
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation.	7.0 Employ valid and reliable research strategies. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 10.0 Plan education and career path aligned to personal goals. 11.0 Use technology to enhance productivity. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Architecture & Construction Arts, A/V Technology and Communications Business Management & Administration Education and Training Finance	Hospitality & Tourism Human Services Manufacturing Marketing
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy 6.0 Information, Communications and Technology (ICT) Literacy	7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
FCCLA Programs	Career Connection Financial Fitness	Power of One

STAR Event	Environmental Ambassador , an individual or team event, recognizes participant who address environmental issues that adversely impact human health and well-being and who actively empower others to get involved. Participants will research one of the five current topics, investigate areas where they can make a difference, develop and carry out a stewardship project for their home, school, or community, and educate others in their school or community about the problems, effects, and solutions regarding the environmental concern.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 2.0 Consumer and Family Resources	3.0 Consumer Services 5.0 Facilities Management and Maintenance
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation.	7.0 Employ valid and reliable research strategies. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Agriculture, Food & Natural Resources Architecture & Construction Education and Training Government & Public Administration Health Sciences	Hospitality & Tourism Science, Technology, Engineering & Mathematics Transportation, Distribution & Logistics
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy 6.0 Information, Communications and Technology (ICT) Literacy	7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
FCCLA Programs	Families First Leadership Service in Action	Power of One Student Body

STAR Event	Fashion Construction , an individual event, recognized participants who apply fashion construction skills learned in Family and Consumer Science courses to create a display using samples of their skills.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 2.0 Consumer and Family Resources	16.0 Textiles, Fashion, and Apparel
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation.	7.0 Employ valid and reliable research strategies. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 10.0 Plan education and career path aligned to personal goals. 11.0 Use technology to enhance productivity. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Arts, A/V Technology and Communications	
21st Century Skills (P21)	2.0 Critical Thinking and Problem Solving 6.0 Information, Communications and Technology (ICT) Literacy	8.0 Initiative and Self-Direction 10.0 Productivity and Accountability
FCCLA Programs	Power of One	

STAR Event	Fashion Design , an individual event, recognizes participants who apply fashion design skills learned in Family and Consumer Sciences courses to design and market clothing styles. Participants will develop a clothing label, research the intended audience, and design the label's first 6-piece collection. Students will exhibit knowledge of all the aspects that surround design, including design basics, fabric choice, and pricing.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 2.0 Consumer and Family Resources 3.0 Consumer Services	16.0 Textiles, Fashion, and Apparel
Common Career Technical Core/Career Ready Practices (NASDCTEc)	2.0 Apply appropriate academic and technical skills. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation. 7.0 Employ valid and reliable research strategies.	8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 10.0 Plan education and career path aligned to personal goals. 11.0 Use technology to enhance productivity. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Arts, A/V Technology and Communications	Marketing Science, Technology, Engineering & Mathematics
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 6.0 Information, Communications and Technology (ICT) Literacy	8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills 10.0 Productivity and Accountability
FCCLA Programs	Career Connection	Power of One

STAR Event	Focus on Children , an individual or team event, recognizes participants who use Family and Consumer Sciences skills to plan and conduct a child development project that has a positive impact on children and the community.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources 4.0 Education and Early Childhood 6.0 Family	7.0 Family and Community Services 12.0 Human Development 13.0 Interpersonal Communications 14.0 Nutrition and Wellness 15.0 Parenting
Common Career Technical Core/Career Ready Practices (NASDCTEc)	2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation.	8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Education and Training Hospitality & Tourism	Human Services
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy 7.0 Flexibility and Adaptability	8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
FCCLA Programs	Families Acting for Community Traffic Safety Families First Financial Fitness	Leadership Service in Action STOP the Violence – Students Taking on Prevention Student Body

STAR Event	Food Innovations , an individual or team event, recognizes participants who create, test, and develop a marketing strategy for an original prototype formula which fits into the annual food product scenario as identified by national FCCLA. Participants will demonstrate their knowledge of food science, nutrition, food preparation safety, and product marketing.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 2.0 Consumer and Family Resources 3.0 Consumer Services	8.0 Food Production and Services 9.0 Food Science, Dietetics, and Nutrition 14.0 Nutrition and Wellness
Common Career Technical Core/Career Ready Practices (NASDCTEc)	2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation.	7.0 Employ valid and reliable research strategies. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 11.0 Use technology to enhance productivity. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Agriculture, Food & Natural Resources Health Sciences	Marketing
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy 5.0 Media Literacy	7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
FCCLA Programs	Career Connection	Power of One Student Body

STAR Event	Hospitality, Tourism, and Recreation , an individual or team event, recognizes participants who demonstrate their knowledge of the hospitality, tourism, and recreation industries and ability to translate their knowledge into a hypothetical or real business. Project must relate to culinary, lodging, recreation, tourism, or event coordination. Participants will research existing businesses which are similar to their project, develop basic business plan and client services information, and create a website that highlights the business.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources 3.0 Consumer Services 5.0 Facilities Management and Maintenance 8.0 Food Production and Services	9.0 Food Science, Dietetics, and Nutrition 10.0 Hospitality, Tourism, and Recreation 11.0 Housing, Interiors, and Furnishings 12.0 Human Development 13.0 Interpersonal Communications 14.0 Nutrition and Wellness 16.0 Textiles, Fashion, and Apparel
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation.	7.0 Employ valid and reliable research strategies. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 10.0 Plan education and career path aligned to personal goals. 11.0 Use technology to enhance productivity. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Business Management & Administration	Hospitality & Tourism
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy 5.0 Media Literacy	6.0 Information, Communications and Technology (ICT) Literacy 7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction 10.0 Productivity and Accountability
FCCLA Programs	Career Connection Financial Fitness	Power of One

STAR Event	Illustrated Talk , an individual or team event, recognizes participants who make an oral presentation about issues concerning Family and Consumer Sciences and/or related occupations. Participants use visuals to illustrate the presentation.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources 4.0 Education and Early Childhood 5.0 Facilities Management and Maintenance 6.0 Family 7.0 Family and Community Services	9.0 Food Science, Dietetics, and Nutrition 10.0 Hospitality, Tourism, and Recreation 11.0 Housing, Interiors, and Furnishings 12.0 Human Development 13.0 Interpersonal Communications 14.0 Nutrition and Wellness 15.0 Parenting 16.0 Textiles, Fashion, and Apparel
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation.	7.0 Employ valid and reliable research strategies. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 10.0 Plan education and career path aligned to personal goals. 11.0 Use technology to enhance productivity. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Agriculture, Food & Natural Resources Architecture & Construction Arts, A/V Technology and Communications Business Management & Administration Education and Training Finance Government & Public Administration	Health Sciences Hospitality & Tourism Law, Public Safety, Corrections & Security Manufacturing Marketing Science, Technology, Engineering & Mathematics
21st Century Skills (P21)	1.0 Creativity and Innovation 3.0 Communication and Collaboration 4.0 Information Literacy 6.0 Information, Communications and Technology (ICT) Literacy	7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction 10.0 Productivity and Accountability
FCCLA Programs	Career Connection Families Acting for Community Traffic Safety Families First Financial Fitness	Power of One STOP the Violence – Students Taking on Prevention Student Body

STAR Event	Interior Design , an individual or team event, recognizes participants who apply interior design skills learned in Family and Consumer Sciences courses to design interiors that meet the living space needs of clients.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 2.0 Consumer and Family Resources 3.0 Consumer Services	5.0 Facilities Management and Maintenance 11.0 Housing, Interiors, and Furnishings
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation.	7.0 Employ valid and reliable research strategies. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 10.0 Plan education and career path aligned to personal goals. 11.0 Use technology to enhance productivity. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Architecture & Construction Arts, A/V Technology and Communications	Marketing
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy	6.0 Information, Communications and Technology (ICT) Literacy 7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction 10.0 Productivity and Accountability
FCCLA Programs	Career Connection	Power of One

STAR Event	Interpersonal Communications , an individual or team event, recognizes participant who use Family and Consumer Sciences and/or related occupations skills and apply communication techniques to develop a project designed to strengthen communication in a chosen category: community, employment, relationships, family, peer groups, or school groups.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources 4.0 Education and Early Childhood 6.0 Family 7.0 Family and Community Services	8.0 Food Production and Services 10.0 Hospitality, Tourism, and Recreation 12.0 Human Development 13.0 Interpersonal Communications 14.0 Nutrition and Wellness 15.0 Parenting
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions.	8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Education and Training Government & Public Administration Human Services Information Technology	Law, Public Safety, Corrections & Security Marketing Transportation, Distribution & Logistics
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration	7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills 10.0 Productivity and Accountability
FCCLA Programs	Families First	Power of One

STAR Event	Job Interview , an individual event, recognizes participants who use Family and Consumer Sciences and/or related occupations skills to develop a portfolio, participate in an interview, and communicate a personal understanding of job requirements. Participants must prepare a portfolio, including a job application, and express their communication skills and job knowledge through an interview.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources 3.0 Consumer Services 4.0 Education and Early Childhood 5.0 Facilities Management and Maintenance	7.0 Family and Community Services 8.0 Food Production and Services 9.0 Food Science, Dietetics, and Nutrition 10.0 Hospitality, Tourism, and Recreation 11.0 Housing, Interiors, and Furnishings 16.0 Textiles, Fashion, and Apparel
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 4.0 Communicate clearly, effectively, and with reason.	7.0 Employ valid and reliable research strategies. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 10.0 Plan education and career path aligned to personal goals.
Career Clusters (NASDCTEc)	Agriculture, Food & Natural Resources Architecture & Construction Arts, A/V Technology and Communications Business Management & Administration Education and Training Finance Government & Public Administration Health Sciences	Hospitality & Tourism Human Services Information Technology Law, Public Safety, Corrections & Security Manufacturing Marketing Science, Technology, Engineering & Mathematics Transportation, Distribution & Logistics
21st Century Skills (P21)	2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy 5.0 Media Literacy	6.0 Information, Communications and Technology (ICT) Literacy 7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills
FCCLA Programs	Career Connection Financial Fitness	Power of One

STAR Event	Leadership , an individual event, recognizes participants who actively evaluate and grow in their leadership potential. Participants use the <i>Student Leadership Challenge</i> and supporting materials, to investigate their leadership ability and develop a mentorship relationship to further their leadership development.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 4.0 Education and Early Childhood	6.0 Family 12.0 Human Development 13.0 Interpersonal Communications
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions.	6.0 Demonstrate creativity and innovation. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management.
Career Clusters (NASDCTEc)	Education and Training	Human Services Information Technology
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration	8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills 11.0 Leadership and Responsibility
FCCLA Programs	Career Connection	Power of One

STAR Event	Life Event Planning , an individual or team event, recognizes participants who apply skills learned in Family and Consumer Sciences courses to manage the costs of an event.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources 3.0 Consumer Services 4.0 Education and Early Childhood 5.0 Facilities Management and Maintenance 6.0 Family 7.0 Family and Community Services 8.0 Food Production and Services	9.0 Food Science, Dietetics, and Nutrition 10.0 Hospitality, Tourism, and Recreation 11.0 Housing, Interiors, and Furnishings 12.0 Human Development 13.0 Interpersonal Communications 14.0 Nutrition and Wellness 15.0 Parenting 16.0 Textiles, Fashion, and Apparel
Common Career Technical Core/Career Ready Practices (NASDCTEc)	2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 5.0 Consider the environmental, social and economic impacts of decisions.	6.0 Demonstrate creativity and innovation. 7.0 Employ valid and reliable research strategies. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them.
Career Clusters (NASDCTEc)	Business Management & Administration Finance	Marketing
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration	7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction 10.0 Productivity and Accountability
FCCLA Programs	Career Connection Families First	Financial Fitness Power of One

STAR Event	National Programs in Action , an individual or team event, recognizes participants who explain how the Planning Process was used to plan and implement a national program project.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources 3.0 Consumer Services 4.0 Education and Early Childhood 6.0 Family 7.0 Family and Community Services 8.0 Food Production and Services	10.0 Hospitality, Tourism, and Recreation 11.0 Housing, Interiors, and Furnishings 12.0 Human Development 13.0 Interpersonal Communications 14.0 Nutrition and Wellness 15.0 Parenting 16.0 Textiles, Fashion, and Apparel
Common Career Technical Core/Career Ready Practices (NASDCTEC)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation.	7.0 Employ valid and reliable research strategies. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 10.0 Plan education and career path aligned to personal goals. 11.0 Use technology to enhance productivity. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEC)	Agriculture, Food & Natural Resources Architecture & Construction Arts, A/V Technology and Communications Business Management & Administration Education and Training Finance Government & Public Administration Health Sciences	Hospitality & Tourism Human Services Information Technology Law, Public Safety, Corrections & Security Manufacturing Marketing Science, Technology, Engineering & Mathematics Transportation, Distribution & Logistics
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy 6.0 Information, Communications and Technology (ICT) Literacy	7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
FCCLA Programs	Career Connection Families Acting for Community Traffic Safety Families First Financial Fitness	Japanese Exchange Program Leadership Service in Action Power of One STOP the Violence – Students Taking on Prevention Student Body

STAR Event	No Kid Hungry National Outreach Project , an individual or team event, recognizes chapter that participate in the “No Kid Hungry” Share our Strength National Outreach Project. Participants will use Family and Consumer Sciences content and skills to address ending childhood hunger through service learning, education/awareness, and fundraising.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 4.0 Education and Early Childhood 6.0 Family 8.0 Food Production and Services	9.0 Food Science, Dietetics, and Nutrition 10.0 Hospitality, Tourism, and Recreation 12.0 Human Development 14.0 Nutrition and Wellness
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation.	8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 11.0 Use technology to enhance productivity. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Arts, A/V Technology and Communications Education and Training Government & Public Administration	Hospitality & Tourism Human Services Information Technology Marketing
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy 5.0 Media Literacy 6.0 Information, Communications and Technology (ICT) Literacy	8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
FCCLA Programs	Families First Financial Fitness	Leadership Service in Action Power of One Student Body

STAR Event	Nutrition and Wellness , an individual event, recognizes participants who track food intake and physical activity for themselves, their families, or a community group and determine goals and strategies for improving their overall health.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 4.0 Education and Early Childhood 6.0 Family 7.0 Family and Community Services	8.0 Food Production and Services 9.0 Food Science, Dietetics, and Nutrition 10.0 Hospitality, Tourism, and Recreation 12.0 Human Development 14.0 Nutrition and Wellness
Common Career Technical Core/Career Ready Practices (NASDCTEc)	2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 5.0 Consider the environmental, social and economic impacts of decisions.	7.0 Employ valid and reliable research strategies. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 11.0 Use technology to enhance productivity.
Career Clusters (NASDCTEc)	Agriculture, Food & Natural Resources Arts, A/V Technology and Communications Education and Training Health Sciences	Hospitality & Tourism Human Services Information Technology Science, Technology, Engineering & Mathematics
21st Century Skills (P21)	2.0 Critical Thinking and Problem Solving 4.0 Information Literacy 6.0 Information, Communications and Technology (ICT) Literacy	7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction 10.0 Productivity and Accountability
FCCLA Programs	Career Connection Families First	Power of One Student Body

STAR Event	Parliamentary Procedure , a team event, recognizes chapters that develop a working knowledge of parliamentary law and the ability to conduct an FCCLA business meeting. Participants must take a Parliamentary Procedure Knowledge Test, present a demonstration meeting using provided materials, and prepare minutes of the meeting.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources	13.0 Interpersonal Communications
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions.	8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Business Management & Administration Government & Public Administration	Law, Public Safety, Corrections & Security
21st Century Skills (P21)	2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy 7.0 Flexibility and Adaptability	8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
FCCLA Programs	Career Connection	Power of One

STAR Event	Promote and Publicize FCCLA! , an individual or team event, recognizes participants who use communications skills and techniques to educate their schools and communities about FCCLA with the intention of growing chapters and strengthening Family and Consumer Sciences and FCCLA programs.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources 3.0 Consumer Services 4.0 Education and Early Childhood 6.0 Family 7.0 Family and Community Services 8.0 Food Production and Services	9.0 Food Science, Dietetics, and Nutrition 10.0 Hospitality, Tourism, and Recreation 11.0 Housing, Interiors, and Furnishings 12.0 Human Development 13.0 Interpersonal Communications 14.0 Nutrition and Wellness 15.0 Parenting 16.0 Textiles, Fashion, and Apparel
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation.	8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 11.0 Use technology to enhance productivity. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Arts, A/V Technology and Communications	Marketing
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 5.0 Media Literacy 6.0 Information, Communications and Technology (ICT) Literacy	8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
FCCLA Programs	Career Connection Families Acting for Community Traffic Safety Families First Financial Fitness	Japanese Exchange Program Leadership Service in Action Power of One STOP the Violence – Students Taking on Prevention Student Body

STAR Event	Recycle and Redesign , an individual event, recognizes participants who select a used fashion, home, or other post-consumer item to recycle into a new product.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources	3.0 Consumer Services 11.0 Housing, Interiors, and Furnishings 16.0 Textiles, Fashion, and Apparel
Common Career Technical Core/Career Ready Practices (NASDCTEc)	2.0 Apply appropriate academic and technical skills. 5.0 Consider the environmental, social and economic impacts of decisions.	6.0 Demonstrate creativity and innovation. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them.
Career Clusters (NASDCTEc)	Architecture & Construction Arts, A/V Technology and Communications	Marketing
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving	3.0 Communication and Collaboration 8.0 Initiative and Self-Direction
FCCLA Programs	Career Connection	Power of One

STAR Event	Sports Nutrition , an individual or team event, recognizes participants who use Family and Consumer Sciences skills to plan and develop an individualized nutritional plan to meet the needs of a competitive student athlete in a specific sport. In advance, participants will prepare a sample nutrition and hydration plan based upon nutritional and energy needs of the student athlete. The participants must prepare a file folder, an oral presentation, and demonstrate a method to be used by the athlete to assist with nutrition management.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 9.0 Food Science, Dietetics, and Nutrition	14.0 Nutrition and Wellness
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 4.0 Communicate clearly, effectively, and with reason.	7.0 Employ valid and reliable research strategies. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Health Sciences	Hospitality & Tourism Human Services
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy	7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
FCCLA Programs	Career Connection	Power of One Student Body

STAR Event	Teach and Train , an individual event, recognizes participants for their exploration of the education and training fields through research and hands-on experience. Participants must prepare a portfolio of the teaching training career, prepare and execute a complete lesson/workshop plan and an oral presentation.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources	4.0 Education and Early Childhood 5.0 Facilities Management and Maintenance 13.0 Interpersonal Communications
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 4.0 Communicate clearly, effectively, and with reason. 5.0 Consider the environmental, social and economic impacts of decisions. 6.0 Demonstrate creativity and innovation.	7.0 Employ valid and reliable research strategies. 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. 9.0 Model integrity, ethical leadership and effective management. 10.0 Plan education and career path aligned to personal goals. 11.0 Use technology to enhance productivity. 12.0 Work productively in teams while using cultural/global competence.
Career Clusters (NASDCTEc)	Education and Training	
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy 6.0 Information, Communications and Technology (ICT) Literacy	7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction 9.0 Social and Cross-Cultural Skills 10.0 Productivity and Accountability 11.0 Leadership and Responsibility
FCCLA Programs	Career Connection	Power of One

STAR Event	Virtual Poster , an individual event, recognizes participants who demonstrate their knowledge, skills, and ability to publish a virtual, interactive digital poster using Glogster EDU or other interactive poster site.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 4.0 Education and Early Childhood 6.0 Family 8.0 Food Production and Services	9.0 Food Science, Dietetics, and Nutrition 10.0 Hospitality, Tourism, and Recreation 12.0 Human Development 14.0 Nutrition and Wellness
Common Career Technical Core/Career Ready Practices (NASDCTEc)	2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being. 4.0 Communicate clearly, effectively, and with reason.	6.0 Demonstrate creativity and innovation. 7.0 Employ valid and reliable research strategies. 11.0 Use technology to enhance productivity.
Career Clusters (NASDCTEc)	Arts, A/V Technology and Communications Education and Training Government & Public Administration Hospitality & Tourism	Human Services Information Technology Marketing Science, Technology, Engineering & Mathematics
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration 4.0 Information Literacy 5.0 Media Literacy	6.0 Information, Communications and Technology (ICT) Literacy 8.0 Initiative and Self-Direction 10.0 Productivity and Accountability
FCCLA Programs	Power of One	Student Body

Skill Demonstration Event	Consumer Math Challenge , an individual event, is an applied academic math test which allows participants to complete everyday consumer challenges related to Family and Consumer Sciences subject matter, including personal finance and consumer education concepts.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources	
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being.	
Career Clusters (NASDCTEc)	Finance	Human Services
21st Century Skills (P21)	2.0 Critical Thinking and Problem Solving 6.0 Information, Communications and Technology (ICT) Literacy	8.0 Initiative and Self-Direction 11.0 Leadership and Responsibility
FCCLA Programs	Career Connection Financial Fitness	Power of One

Skill Demonstration Event	Culinary Chicken Fabrication , an individual event, will showcase the best of participants' knife skills. Participants will safely fabricate a chicken into eight pieces, meeting industry standards and demonstrating proper safety and sanitation procedures.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections	8.0 Food Production and Services 10.0 Hospitality, Tourism, and Recreation
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee.	2.0 Apply appropriate academic and technical skills.
Career Clusters (NASDCTEc)	Hospitality & Tourism	
21st Century Skills (P21)	2.0 Critical Thinking and Problem Solving	7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction
FCCLA Programs	Career Connection	Power of One

Skill Demonstration Event	Culinary Food Art , an individual event, will showcase the best of participants' creative and artistic skills in utilizing an assortment of fruits and vegetables to design and create an interesting food art item.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 8.0 Food Production and Services	9.0 Food Science, Dietetics, and Nutrition
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee.	2.0 Apply appropriate academic and technical skills. 6.0 Demonstrate creativity and innovation.
Career Clusters (NASDCTEc)	Hospitality & Tourism	
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving	7.0 Flexibility and Adaptability 8.0 Initiative and Self-Direction
FCCLA Programs	Career Connection	Power of One

Skill Demonstration Event	Culinary Knife Skills , an individual event, will showcase the best of participants' knife skills. Participants will produce six uniform pieces for each knife cut meeting industry standards and demonstrate proper safety and sanitation procedures.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 8.0 Food Production and Services	9.0 Food Science, Dietetics, and Nutrition
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee.	2.0 Apply appropriate academic and technical skills.
Career Clusters (NASDCTEc)	Hospitality & Tourism	
21st Century Skills (P21)	2.0 Critical Thinking and Problem Solving	8.0 Initiative and Self-Direction
FCCLA Programs	Career Connection	Power of One

Skill Demonstration Event	Culinary Math Challenge , an individual event, is an applied academic math test which allows participants to solve common culinary arts problems using math skills including measurements, fractions, decimals, conversions, yield percents and costs.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources	
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 3.0 Attend to personal health and financial well-being.	
Career Clusters (NASDCTEc)	Finance	Hospitality and Tourism
21st Century Skills (P21)	2.0 Critical Thinking and Problem Solving	8.0 Initiative and Self-Direction 11.0 Leadership and Responsibility
FCCLA Programs	Career Connection Financial Fitness	Power of One

Skill Demonstration Event	FCCLA Creed Speaking & Interpretation , an individual event, recognizes first year members through grade 9 for their ability to recite the FCCLA creed and interpret it within the context of their personal philosophy. This event provides an opportunity for members to gain self-confidence in public speaking while learning the values and philosophy expressed by the organization in which they hold membership.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 6.0 Family	13.0 Interpersonal Communications
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee.	4.0 Communicate clearly, effectively, and with reason.
Career Clusters (NASDCTEc)	Arts, A/V Technology and Communications	Human Services
21st Century Skills (P21)	3.0 Communication and Collaboration 4.0 Information Literacy	8.0 Initiative and Self-Direction
FCCLA Programs	Power of One	

Skill Demonstration Event	Impromptu Speaking , an individual event, recognizes participants for their ability to address a topic relating to FCCLA and Family and Consumer Sciences without prior preparation. The ability to express one’s thoughts in an impromptu situation while maintaining poise, self-confidence, logical organization of point, and conversational speaking are important assets in family, career and community situations.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections	13.0 Interpersonal Communications
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills.	4.0 Communicate clearly, effectively, and with reason.
Career Clusters (NASDCTEc)	Arts, A/V Technology and Communications	Human Services
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration	7.0 Flexibility and Adaptability
FCCLA Programs	Career Connection Families Acting for Community Traffic Safety Families First Financial Fitness	Japanese Exchange Program Leadership Service in Action Power of One STOP the Violence – Students Taking on Prevention Student Body

Skill Demonstration Event	Speak Out for FCCLA , an individual event, recognizes members for their ability to utilize marketing and public speaking skills to promote Family and Consumer Sciences and FCCLA membership through participation in the FCCLA national program Power of One unit, "Speak Out for FCCLA."	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections	
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 4.0 Communicate clearly, effectively, and with reason. 6.0 Demonstrate creativity and innovation.	
Career Clusters (NASDCTEc)	Arts, A/V Technology and Communications	Human Services
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving 3.0 Communication and Collaboration	8.0 Initiative and Self-Direction 11.0 Leadership and Responsibility
FCCLA Programs	Power of One	

Skill Demonstration Event	Toys that Teach , an individual event, recognizes members for their ability to design, build, and demonstrate an original homemade toy which provides learning and play for either an individual child or a small group of children. The toy is to be constructed of common, everyday household items, meet safety guidelines, and be easy to carry and use.	
National FACS Standards (NASAFACS)	Reasoning for Action Comprehensive Standard 1.0 Career, Community and Life Connections 2.0 Consumer and Family Resources 3.0 Consumer Services	4.0 Education and Early Childhood 16.0 Textiles, Fashion, and Apparel
Common Career Technical Core/Career Ready Practices (NASDCTEc)	1.0 Act as a responsible and contributing citizen and employee. 2.0 Apply appropriate academic and technical skills. 6.0 Demonstrate creativity and innovation.	7.0 Employ valid and reliable research strategies.
Career Clusters (NASDCTEc)	Arts, A/V Technology and Communications Education and Training	Human Services
21st Century Skills (P21)	1.0 Creativity and Innovation 2.0 Critical Thinking and Problem Solving	8.0 Initiative and Self-Direction
FCCLA Programs	Career Connection Families First	Power of One