## Overview & Purpose
Students will identify the effects and consequences of using and abusing alcohol and drugs.

### Lesson Plan Goals & Objectives
Students will be able to evaluate situations and decisions that they will make at some point and evaluate the consequences that the decision may carry. In this unit we evaluate the importance of good rest, good time management, as well as the effects of tobacco, alcohol, and drugs.

### Materials Needed
- Paper
- Pencil
- Internet connection or good resource and reference books
- Presentation software, such as Microsoft PowerPoint
- HBO Video "Smashed"
- "Crystal Darkness"

### Introduction of Subject
(Give and/or demonstrate necessary information)
Begin the unit by watching the video "Smashed" for one day, illustrating the consequences of underage drinking and impaired driving. Then introduce the material and objective through the FACS curriculum. At the end of the unit we watch the video "Crystal Darkness."

### Verification
(Steps to check for student understanding)
Observation of time on task.
## Activity 1
(Describe the independent activity to reinforce this lesson)

**Alcohol/Drug Independent Research:** Students are required to research an assigned drug (tobacco, alcohol, marijuana, cocaine, meth, club drugs) and become an expert on their drug. They compose a PowerPoint presentation that will help educate classmates in the future using information like the street names, effects, statistics, addict problems, and society problems that the drug causes. You may choose to outline what facts and figures you are grading them on.

## Activity 2
(Describe the independent activity to reinforce this lesson)

Students give an oral presentation to the class that uses the PowerPoint and information that they gathered during their independent research.

## Summary/Evaluation
(Assign Homework, or Reflect on the Outcomes)

Presentations are graded based on a PowerPoint rubric that you may create. Areas of evaluation may include: presentation length, public speaking skills, and report content.

## Other Resources

May want to follow up unit by inviting a drug and alcohol counselor to speak about addiction.

## Additional Notes

Good presentations have been tweaked and worked into Illustrated Talk STAR Event.

## Source
(If Applicable then required to cite any published or copyrighted materials used in this lesson plan)

“Smashed: Toxic Tales of Teens and Alcohol” Copyright 2004 HBO Family Videos
CIMC “Adult and Family Living” Copyright 2001
“Crystal Darkness” Copyright 2009

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