



of Participants: 20

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Chapter: Oklahoma Union FCCLA

State: OK

Overview & Purpose	
What will be learned and why it is useful? This was a “building self-esteem” project that included the planning process and speaking skills. Members identify things they think other people know about them (ex: have a sister) and share information about themselves that they believe their peers do not know about them (summer vacation experience). Then they shared the bags at a meeting with the other members.	
Activity Goals & Objectives (Specify skills/information that will be learned.)	This activity was used for the “Better You” part of the Power of One. Goal is to decorate a small brown paper bag (or a folder). On the outside, glue pictures, news articles, or magazine pictures representing your life as others see it. On the inside of the paper bag, put items in it to share - things that most people do not know. (One student had a news article that she had won a baby contest!) Students can also write information on a note card to share. When finished, each member shared their bags. Some members titled the project: “Me in a Bag”!
Materials Needed	<ul style="list-style-type: none"> • Paper • Pencil • Other, List magazines, scissors, glue, paper bags, note cards
Activity Timeframe	<i>45 minute activity – some information might need to be gathered from home in advance</i>
Information (Give and/or demonstrate necessary information)	Inside of bag is the surprise – what people do not know about you – but, things you can still share!! Outside of bag is what you think people already know about you.
Activity (Describe the independent activity to reinforce this lesson)	We worked through the FCCLA Planning Process about our project as we completed the Better You unit of the Power of One National Project.
Activity Wrap-up (Discuss outcomes, give examples...)	Students enjoyed sharing their projects and learning about others. This was a new activity for us this year and was something new and different – yet, inexpensive!
Other Resources	(e.g. Web, books, etc.)
Additional Notes	
Source (If Applicable)	

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