# Buckle Up

**Grade Level:** Foundational  
**Timeframe:** 1-3 days  
**Topic:** Seatbelt Safety  
**State:** ID

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**Chapter/School:** Middleton High School

## Overview & Purpose
Students will identify and explore the importance of wearing a seatbelt. Students will present the ramifications of not taking the 3 seconds to buckle up.

## FCCLA National Program(s)
- FACTS
- STAR Events

## Programs of Study
- Teen Living
- Adult Living

## Lesson Plan Goals & Objectives
(Specify skills/information that will be learned.)
- Students will be able to identify why you should wear a seat belt
- Students will explore the laws associated with wearing a seat belt
- Students will demonstrate their understanding of seatbelt safety by creating a presentation on the subject

## Materials Needed
- Paper
- Pencil
- Computer with internet

## Introduction of Subject
**Anticipatory set**
(Give and/or demonstrate necessary information)

Create a list of things that take 3 seconds to do or ask the students to come up with a list. Inform them that fastening your seat belt takes 3 seconds and can be the difference between life and death.

## Steps
**Guided Practice Verification**
(Steps to check for student understanding)

Teacher will question students on their findings as they conduct and compile their research.
| Activity 1  | Have students conduct research on Seat belt safety. Questions to address:  
|            |   Deaths from not wearing seatbelts  
|            |   Lives saved from wearing seatbelts  
|            |   Purpose of seat belts  
|            |   State laws regarding seat belts |
| Activity 2 | Have students Identify an audience they would like to inform about their findings. (Government class, junior high students, elementary class, parents, etc.)  
|            | Compile the information identified about seat belts into a presentation tailored to the selected audience. Possible presentation modes include but are not limited to:  
|            |   Create a Bulletin Board  
|            |   Write a Children’s Book  
|            |   PowerPoint or Illustrated Talk on Subject |
| Activity 3 | Have students arrange to present their projects to their intended audience |
| Assessment | Student projects |
| Summary/Evaluation | Have students write a reflections paper on what they learned about seat belts |
| Other Resources | (e.g. Web, books, etc.) |
| Additional Notes | Can omit activity 3 as a requirement and have them present to the class instead |
| Source | National Spotlight Project - Camas County High School, Fairfield, Idaho |