

Does Your Money Have Wings?

Use this worksheet to get your cash under control.

- 1. Track it down.** For one week, write down all the money you spend.
- 2. Fill it in.** Write the total you spend each day in the chart below, noting the amounts by category. (In the two blank columns, fill in category names that fit your spending.) Then, add up the week's total in each category.
- 3. Figure it out.** What percentage of your money do you spend in each category?



| Day of Week | Spending Categories | | | | | | | |
|----------------------------|---------------------|-----|-------|-----------|----------|--|--|--|
| | food | fun | gifts | donations | supplies | | | |
| Sunday | | | | | | | | |
| Monday | | | | | | | | |
| Tuesday | | | | | | | | |
| Wednesday | | | | | | | | |
| Thursday | | | | | | | | |
| Friday | | | | | | | | |
| Saturday | | | | | | | | |
| Total for week | | | | | | | | |
| Percentage for week | | | | | | | | |

- 4. Match it up.** Think about your financial goals—the things you want money to help you accomplish, today and in the future. Does your spending match your goals? If not, identify categories where you might spend less or save more. Make plans to meet your goals!

Brought to you by the Financial Fitness program and the

FCCLA Chapter.