



# The Road

**Grade Level:** 9<sup>th</sup>-12<sup>th</sup>     **Lesson Plan Timeframe:** 85 min class period     **Program Topic:** Psychodynamic Inventory – The Road     **State:** NV

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<p><b>Overview &amp; Purpose</b></p> <p>Instant analysis of current mood. It is useful in helping to discover personality traits and behaviors currently experienced by each student. Based on the Roerich Road Psychodynamic Inventory that is a standard for self assessment. Facilitates successful career investigation planning. Coordinate with Career Connection resources of FCCLA and FACS.</p>	<p><b>FCCLA National Program(s)</b></p> <p>Career Connection Power of One</p>
<p><b>Education and National FACS Standards Addressed</b></p> <p>Career, Community and Life Connections</p> <p>1.2 Demonstrate transferable and employability skills in school, community and workplace settings.</p>	<p><b>Career Clusters and Pathways</b></p> <p>Can apply to all career clusters</p>

<p><b>Lesson Plan Goals &amp; Objectives</b> (Specify skills/information that will be learned.)</p>	<p>Ability to assess temperament traits and associate with character development.          Relate results of self-discovery to concepts of the psychodynamic inventory.          Develop critical thinking skills related to career planning based on personality and behavior traits.</p> <p>Achieve success in the career planning process utilizing the psychodynamic inventory analysis.</p>
<p><b>Materials Needed</b></p>	<ul style="list-style-type: none"> <li>• Paper</li> <li>• Pencil or Pen</li> <li>• Standard Student Dictionary</li> <li>• Computer based “Instant Analysis” – The Road psychodynamic inventory application</li> <li>• Print out of results.</li> <li>• Computer research of career choices.</li> </ul>
<p><b>Introduction of Subject</b> (Give and/or demonstrate necessary information)</p>	<p>What is a personality profile?          What is temperament?          What are the 5 separate concepts that the Roerich Road evaluates?          Why is self-discovery important for success in career planning choices?          Brainstorm traits that are necessary for specified career interest.          Use career paths associated with Family and Consumer Science Career Pathways.</p>
<p><b>Verification</b> (Steps to check for student understanding)</p>	<ol style="list-style-type: none"> <li>1. Give examples of temperament.</li> <li>2. Give examples of career paths.</li> <li>3. Monitor students during self-assessment and instant analysis of computer application.</li> <li>4. Discuss significance of the 5 separate concepts of the psychodynamic inventory.</li> <li>5. Research career choices and develop career planning strategy for success.</li> </ol>

<b>Activity 1</b> (Describe the independent activity to reinforce this lesson)	Define vocabulary words – Temperament, personality, trait, behavior, role, values, self-concept, and responsibility.
<b>Activity 2</b> (Describe the independent activity to reinforce this lesson)	Brainstorm and list characteristics and traits significant to various careers.
<b>Activity 3</b> (Describe the independent activity to reinforce this lesson)	Use the computer and performs the tasks necessary to complete the Instant Analysis application. Read print out of results.
<b>Summary/Evaluation</b> (Assign Homework, or Reflect on the Outcomes)	List 5 separate concepts of psychodynamic inventory. Relate concepts to character development. Create a career planning strategy based on findings using research and results during unit of study. Retake the “Instant Analysis” application and compare results
<b>Other Resources</b>	Standard Student Dictionary Internet Research of Careers Library Career Resources Campus Career Counselor
<b>Additional Notes</b>	Computer application can be taken again as per each individual’s needs and desires. Critical thinking objectives and role-play are limitless. Self-discovery can continue throughout lifetime.
<b>Source</b> (If Applicable then required to cite any published or copyrighted materials used in this lesson plan)	“The Road – Instant Analysis” PC Freeware Application , Roerich Psychodynamic Inventory and Evaluation Career Connection CD – Resources and Guidelines

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Submit lesson plan to Bethany S. Kohut, Program Coordinator, by email [bstandley@fcclainc.org](mailto:bstandley@fcclainc.org).