Student Body is brought to you by the

FCCLA chapter.

For more information, contact:

Student Body is a national FCCLA peer education program that helps young people learn to eat right, be fit, and make healthy choices. Its goals are to—

- help young people make informed, responsible decisions about their health;
- provide youth opportunities to teach others and develop healthy lifestyles, as well as communication and leadership skills.

Family, Career and Community Leaders of America (FCCLA) is a dynamic and effective national student organization that helps young men and women become leaders and address important personal, family, work, and societal issues through family and consumer sciences education.

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The national FCCLA program that teaches young people to eat right, be fit, and make healthy choices.

Youth leaders can help their peers live longer, healthier lives by encouraging them to make positive choices related to eating, exercise, and a healthy lifestyle.



A program of Family, Career and Community Leaders of America, Inc. National FCCLA www.fcclainc.org