

Student Body Evaluation and Reflection Questions

Evaluation

Involves collecting and analyzing information about what happened and the project's concrete results.

Student Body Evaluation Questions

- What happened during our Student Body project?
- How did the project help participants learn to eat right, be fit, and make healthy choices?
- What progress was made toward the project's goal?
- How did you use your family and consumer sciences skills and knowledge?
- How does the situation now compare to the situation before the project started? What evidence or measurement shows the differences?
- Can the value of this project be estimated in terms of dollars? If so, what would be the dollar value? If not, what are other ways to express the value?
- Who participated in the project? How did they react to it?
- Who benefitted directly from the project? How did they react?
- How did others react to the project?
- Is the school and community more aware of youth eating, fitness, and healthy lifestyle habits now? How do you know?
- How many people learned more about FCCLA and family and consumer sciences because of the project? Who were they?

Reflection

Involves thinking about how things happened and what leaders and participants learned. Both are important for FCCLA projects.

Student Body Reflection Questions

- What are some adjectives that describe your experience with Student Body?
- What were your feelings?
- What was most rewarding?
- What was most difficult?
- How will the information and skills you've learned help you as a family member? as a leader? as an employee? in other ways?
- How was the experience different from what you expected?
- Why was it important to work on this Student Body project?
- What eating, fitness, and healthy choices issues did this experience make you think about? What are the challenges that face us in these issues?
- How has this project changed your attitudes about eating, fitness, and healthy choices?
- Would you like to participate in another Student Body project? Why or why not?
- What will you notice now about eating, fitness, and healthy choices that you didn't notice before?
- What can we do individually and as a group to help more young people learn to eat right, be fit, and make healthy choices?
- What is one thing you can do next week that will make a difference?