

When You've Got Your Health, You've Got Just About **EVERYTHING**

What good are all the latest gadgets, cool clothes, great friends, terrific opportunities, and exciting adventures if you don't have the energy, and health to enjoy them??

Live life to its fullest!



MAKE HEALTHY CHOICES

Find out how with FCCLA and Student Body! Student Body is a national FCCLA peer education program that involves youth teaching youth about healthy eating, fitness, and lifestyle choices. It is sponsored by Family, Career and Community Leaders of America (FCCLA).

Get involved today!