

Student Body Sample Questions

Curiosity is a great start to creating an FCCLA project. Here are some questions members might ask themselves to identify Student Body concerns and project ideas.

WHO	<p>...needs to know more about eating right? being fit? making healthy choices?</p> <p>...among local young people sets a good example of healthy lifestyle choices?</p> <p>...can help young people make positive choices?</p>
WHAT	<p>...are the facts and myths about eating right, being fit, and making healthy choices?</p> <p>...are the "secrets" to making healthy lifestyle choices?</p> <p>...are the costs and consequences of diet and fitness fads?</p> <p>...messages do young people hear about eating right, being fit, and making lifestyle choices?</p> <p>...challenges lead young people to make risky health choices?</p>
WHERE	<p>...can young people obtain financial information about eating right, being fit, and making healthy choices?</p> <p>...are young people most likely to make risky health choices?</p> <p>...do young people eat and exercise?</p>
WHEN	<p>...do young people's eating and fitness habits start to affect their health? How long do the effects last?</p> <p>...do nutrition and fitness needs change across the life cycle?</p> <p>...is there time to eat right and be fit?</p> <p>...are young people most likely to make risky health choices?</p>
WHY	<p>...should young people care about eating right, being fit, and making healthy choices?</p> <p>...do young people's healthy lifestyle choices matter?</p> <p>...are some young people better able than others to deal with stress and resist risky health choices?</p>

Choose the question(s) about which members are most curious. Then, [INVESTIGATE](#) related needs, interests, and concerns.