



# Tips for Leaders

## Introduction

A leader can be the local FCCLA chapter adviser, chapter member, alumni member, or anyone who is interested in teaching others about **Power of One**. As a leader, you can help make **Power of One** a success. You can grab members' attention, help them understand **Power of One**, and encourage them to participate. When you do, you'll make the program useful and exciting for individuals and the whole chapter.

Your first step as a **Power of One** leader is to familiarize yourself with this **Power of One** CD-ROM and get to know the program. Complete at least one unit yourself so you will be able to share what you have learned. Your enthusiasm is your best selling tool.

Then, introduce **Power of One** to other members. The following workshop plan may help. Use the **Power of One Steps** reproducible handout or transparency so members can see and learn the **Power of One** steps.

You can also help promote **Power of One**. Encourage members to seek publicity for their projects using the sample **Press Release** as a guide. The Advice to Advisers section includes additional ideas for managing **Power of One** in your chapter.

### Power of One Workshop Plan

Room: Total Time: 45 minutes (approx.)

People Attending: Date:

Introduction (10 minutes)

Supplies: Helium balloons; Straight pin

Directions: Enter room with helium-filled balloon bouquet and welcome members to the session. Ask members to get up and interview another person wearing the same color clothing. They should ask this person what "power of one" means to him or her. After participants interview each other, ask some people to share the responses from members. After a few minutes, interrupt the discussion by secretly or casually popping 2 or 3 balloons, creating a loud bang.

Ask members how the actions of one person made a difference in this situation. (Participants may mention the resulting noise, sudden silence, their own surprise, increased heartbeats, gasps, etc.) Explain this activity and illustrate the difference one person can make.



## Overview of Program (20 minutes)

Supplies: PowerPoint introduction or transparencies/charts; Unit handouts;

Overhead or LCD projector

Directions: Explain why you like **Power of One**. (Use the [PowerPoint presentation](#) or the charts/transparencies for each of the areas below to explain the **Power of One** process.)

- [Who Has the Power?](#) (reproducible)
- [Power of One Basics](#) (reproducible)
- [Power of One Steps](#) (reproducible)
- Recognition opportunities at the local, state, and national levels (see PowerPoint presentation)
- Five unit areas and possible projects (see sample projects)
- Evaluation team and its role--offers guidance in selecting and planning projects, evaluates how participants achieved their goals (evaluation teams are not required)
- Explain each step of the **Power of One** process. Hand out units you have reproduced so members can follow along.
- Emphasize your state's [Five Unit Recognition Application](#) form due date.

Conclusion (15 minutes)

Supplies: Puzzle with 10-12 pieces

Directions: Ask for volunteers to come to the front of the room. Give each person a puzzle piece you have prepared or purchased earlier. (You may want to develop a large puzzle that relates to **Power of One** or a specific **Power of One** unit.)

Note: Choose one less volunteer than the total number of puzzle pieces. Keep the extra piece yourself. Ask participants to quickly put together the puzzle in front of others. They won't be able to do it, because you have kept one of the key pieces.

Then produce the missing puzzle piece and explain that one person can make the difference.

Stress that **Power of One** offers recognition, flexibility, and the chance to work on personal concerns. Explain how members can find out more and start their projects.



Wrap up the session by referring back to the puzzle activity and balloon pop and reminding members how one person affected everyone else in those activities. Emphasize that one person *can* make a difference. Through **Power of One**, members can too!

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