



Teach and Train

FCCLA STAR Events Information

(Students Taking Action with Recognition)

Teach and Train, an individual event, recognizes participants who demonstrate their ability to explore and experience the career of teaching or training. Participants must prepare a portfolio of the teaching/training career, prepare and execute a complete lesson/workshop plan and an oral presentation. Senior and occupational participants will also complete a shadowing experience of a “best practices” educator. *Event is offered to members in the following categories: Junior (through grade 9), Senior (grades 10-12), Occupational (grades 10-12), Postsecondary*

Project Connections

Top 5 Skills Students Report Learning Through Participation

Leadership	Self-Confidence
Responsibility and Time Management	Public Speaking
Creativity	

Career Clusters



National Family and Consumer Sciences Standards

Reasoning for Action Comprehensive Standard	4.0 Education and Early Childhood
1.0 Career, Community and Family Connections	5.0 Facilities and Property Management
2.0 Consumer and Family Resources	13.0 Interpersonal Communications

Common Career Technical Core/Career Ready Practices

1.0 Act as a responsible and contributing citizen and employee.	8.0 Utilize critical thinking to make sense of problems and persevere in solving them.
2.0 Apply appropriate academic and technical skills.	9.0 Model integrity, ethical leadership and effective management.
4.0 Communicate clearly, effectively, and with reason.	10.0 Plan education and career path aligned to personal goals.
5.0 Consider the environmental, social and economic impacts of decisions.	11.0 Use technology to enhance productivity.
6.0 Demonstrate creativity and innovation.	12.0 Work productively in teams while using cultural/global competence.
7.0 Employ valid and reliable research strategies.	

FCCLA Programs



Projects may qualify to compete at the annual National Leadership Conference.

Turn this page over to see examples of projects from across the nation and participation data.

For information on state participation, contact your state adviser.



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Examples of Teach and Train Projects:

"My project focuses on a career in Elementary Education. In this project, I explore the degrees and skills needed to become an elementary teacher in Kentucky. I then took multiple steps to evaluate myself as a possible future educator. Overall, I discovered that a career in Elementary Education is perfect for me and because of this project I feel more secure in my career choice." Kentucky FCCLA Member

"I researched, shadowed, and interviewed to explore if this career might be an area of interest as a future career for me. I spent time researching, finding activities, and making a lesson plan about the Rock cycle, which was the topic my teacher gave me aligned to the Minnesota academic standards. I went to the 6th grade science class and presented my lesson. Lastly I reviewed the assessments I gave the students to determine changes to make if I would teach it again." Minnesota FCCLA Member

"With this project I have learned to establish a lesson plan that goes along with what the students were doing prior to the lesson I taught. I have learned skills in classroom management and time management. I have also learned that there are many "hidden" obstacles that teachers go through each day. The lesson plan that I created was over Parallel and Perpendicular lines for a High School 9th Grade Honors Algebra class. Students were provided guided notes that were completed as a class, and they were given practice as a class with whiteboards. Once that was complete students were given a worksheet with 5 problems over the guided notes and examples as a summative form of student evaluation." Ohio FCCLA Member

"I presented two different lessons to two different age groups because I wanted to see what it would be like to teach each of these groups. I found that planning lessons and presenting in front of multiple students is not an easy task, regardless of the age group. This project was helpful in determining many things about my future career, such as what will be required of me, and how I will benefit from being a teacher." Oklahoma FCCLA Member

"For my project, I looked into what it would take to become a Family and Consumer Sciences teacher. I was able to shadow FACS teachers at the local middle school and then I created a lesson plan and was able to teach a 7th grade FACS class." Utah FCCLA Member

Teach and Train By the Numbers: 2016-2017

Participants Nationwide: 318
Categories: Senior, Occupational, Postsecondary
Type of Event: Career Focused
Nationwide Impact: 48,854 people

95% of Teach and Train participants indicated this event is extremely or very useful to their future.
82% of Teach and Train participants indicated they would pursue higher education related to the career chosen in their project.

To learn more about FCCLA STAR Events, visit the national FCCLA website, www.fcclainc.org, or email starevents@fcclainc.org.