Like it or not, appearances count! People form their first impression based on how you look and how you present yourself.

Use these basics for dynamic personal presentation.

Dress neatly and appropriately for the situation.
- When representing FCCLA, dress conservatively and modestly.
- You want people to remember you, not your “look”!

Pay attention to personal grooming.
- Fresh breath, clean smell, combed hair, pressed clothes, and polished shoes improve that first impression.
- Don’t overdo the aftershave, cologne, perfume, or make-up.

Practice your poise.
- Smile and make eye contact.
- Speak up.
- Stand and sit straight but comfortably.

Arrive on time. Bring the materials you need.

Consider others interests and needs.
- Remember that others’ views are just as important as your own.

Always thank people who help and support you.
- Send written thank-you notes to those who contribute time, energy, information, money, resources, and moral support toward your success.

What 3 tips would you add to these?