

**DAY  
1**
**Saturday, June 26**
**9:00 AM - 5:00 PM**
**FCCLA Registration Materials Pick-Up**
*Broadway Prefunction (G-K), Level Two*
**Advisers**
**10:00 AM - 12:00 PM**
**National Officer Candidate Adviser Orientation**
*Music Row 3, Level Two*

2021-2022 National Officer Candidate Advisers will learn more about the election process, network with other advisers, and gain a better understanding regarding roles as a potential National Executive Council Adviser.

**NOC Advisers**
**10:00 AM - 12:00 PM**
**National Officer Candidate Orientation & Project Center**
*Music Row 2, Level Two*

2021-2022 National Officer Candidates will learn more about the election process, meet fellow candidates, ask questions, and work on a group project with current National Officers.

**National Officer Candidates**
**12:00 PM - 5:00 PM**
**FCCLA Store**
*Broadway Prefunction (G-K), Level Two*

Purchase all your FCCLA merchandise. Don't forget your 2021 NLC shirt and pin!

**Youth; Advisers**
**1:00 PM - 4:00 PM**
**National Officer Candidate Nominating Committee Interviews**
*Music Row 4, Level Two*

The Nominating Committee will interview the 2021-2022 National Officer Candidates and select the top 20 candidates.

**Youth; Nominating Committee; National Officer Candidates**
**2:00 PM - 3:30 PM**
**New State Advisers Training (State Advisers with 0-3 Years Experience Only)**
*Music Row 5, Level Two*

State Advisers who have been in their role three years or less are invited to attend this training to assist with preparation for a successful National Leadership Conference experience.

*Presented by: Sandy Spavone, Executive Director  
State Leadership Team and National Staff*

**New State Advisers**
**4:00 PM - 5:00 PM**
**State Advisers HNLC Launch**
*Music Row 6, Level Two*

State Advisers will review the Hybrid National Leadership Conference schedule, hear a report from the State Adviser National Board of Directors representatives, and review other topics relative to State Adviser roles.

*Presented by: Sandy Spavone, Executive Director  
Karen Alexander, Board Chair*

*Theresa Golis, State Adviser Board Representative*

*Debbie Will, State Adviser Board Representative*

**State Advisers; State Staff**
**5:00 PM - 6:00 PM**
**State Adviser & LEAD FCS Reception**

*Grand View Terrace & Broadway Prefunction (G-K),  
Level Two*

**State Advisers; State Staff**

**DAY  
2**
**Sunday, June 27**
**8:00 AM - 6:00 PM**
**FCCLA Registration & Materials Pick Up**
*Broadway Prefunction (G-K), Level Two*  
**Advisers**
**8:00 AM - 6:00 PM**
**FCCLA Store**
*Broadway Prefunction (G-K), Level Two*  
 Purchase all your FCCLA merchandise. Don't forget your 2021 NLC shirt and pin!  
**Youth; Advisers**
**9:00 AM - 12:00 PM**
**Show & Share**
*Legends Ballroom ABCD, Level Two*  
 Show & Share is your chance to get a closer look at outstanding National Programs and STAR Event projects from chapters around the nation.  
**Youth; Advisers**
**12:00 PM - 1:30 PM**
**Lunch & Network Break**
*Off Site*
**1:30 PM - 4:00 PM**
**Show & Share**
*Legends Ballroom ABCD, Level Two*  
 Show & Share is your chance to get a closer look at outstanding National Programs and STAR Event projects from chapters around the nation.  
**Youth; Advisers**
**1:30 PM - 4:00 PM**
**State Adviser Show & Share**
*Music Row 6, Level Two*  
**State Advisers; State Staff**
**4:00 PM - 4:30 PM**
**1st Time NLC Attendee Orientation**
*Cumberland 1&2, Level Three*  
 First time at NLC? Learn about all the opportunities the National Leadership Conference has to offer you and your students!  
*Presented by: Sandy Spavone, Executive Director*  
*Bobbi Comer, Chapter Adviser Board Representative*  
**Advisers**
**4:30 PM - 5:30 PM**
**Dinner & Networking Break**
*Off Site*
**6:00 PM - 8:00 PM**
**Opening General Session**
*Broadway Ballroom, Level Two*  
 Join us as the NEC leads us through an energy-packed session featuring award presentations, National Program updates, and keynote speaker, Sabrina Thompson Mitchell. Door open at 5:30 PM.  
**All Attendees**
**8:30 PM - 9:30 PM**
**State Meetings**

 Meet with others from your state delegation to kickoff NLC!  
**Youth; Advisers**

**Georgia** - Cumberland 3&4, Level Three  
**South Dakota** - Cumberland 5&6, Level Three  
**Kentucky** - Mockingbird 1, Level Three  
**Washington** - Mockingbird 2, Level Three  
**Minnesota** - Mockingbird 3, Level Three  
**Idaho** - Mockingbird 4, Level Three  
**Kansas** - Cumberland 1&2, Level Three

**9:45 PM - 10:45 PM**
**State Meetings**

 Meet with others from your state delegation to kickoff NLC!  
**Youth; Advisers**

**Tennessee** - Mockingbird 1, Level Three  
**Alabama** - Mockingbird 2, Level Three  
**Arkansas** - Mockingbird 3, Level Three  
**Wyoming** - Mockingbird 4, Level Three

**DAY  
3**
**Monday, June 28**
**8:00 AM - 5:00 PM**
**FCCLA Registration/Information**
*Broadway Prefunction (G-K), Level Two*
**Youth; Advisers**
**8:30 AM - 11:30 AM**
**FCCLA Store**
*Broadway Prefunction (G-K), Level Two*  
 Last day to purchase all your FCCLA merchandise. Don't forget your 2021 NLC shirt and pin!

**Youth; Advisers**
**9:00 AM - 1:00 PM**
**WeHelpTwo Community Service**
*Broadway Prefunction (G-K), Level Two*  
 This year National FCCLA is partnering with WeHelpTwo to make a positive change by selling funky socks. Yes, funky socks can change lives! For every pack of socks sold, one pair of socks will be donated to a local community homeless shelter. Attendees will also have the ability to decorate donated leg braces.

**Youth; Advisers**
**9:00 AM - 9:30 AM**
**9:45 AM - 10:15 AM**
**Presentations: Career Pathway and Youth**
*\*Presentations repeat*
**Get Your Students Career Ready**
*Legends Ballroom ABCD, Level Two*  
 CareerSafe is excited to offer an exclusive opportunity to try our entire employability skills package. Learn skills in resume building, interviewing, communication, time management, teamwork, financial management, more. Any student that completes the training will be more prepared for their career plus have a chance to be awarded a \$500 scholarship. Educators also will have an opportunity to receive \$500 for their classroom.

*Presented by: Katie George, CareerSafe*  
**Youth; Advisers**
**Ethics Code for Life**
*Cumberland 5&6, Level Three*

Students will review and reflect on the FCCLA mission statement and purposes and craft their code of ethics that they can use personally and professionally.

*Presented by: Brigitte Nelson and Zach Love, Leadership Training Team*  
**Youth**
**Financial Aid 101: Paying for College**
*Cumberland 1&2, Level Three*

Paying for college is a concern for most families. Financial Aid 101 explains the types and sources of financial aid students need to apply for as they plan for college. This presentation also provides information on the Free Application for Federal Student Aid.

*Presented by: Jason Seay, TN Higher Education Office/Tennessee Student Assistance Corporation, Senior Director of Outreach*  
**Youth; Advisers**
**Mindful Eating**
*Legends Ballroom EFG, Level Two*

An introduction to mindfulness meditation, with specific application to mindful eating. Session activities include guided sitting meditation, mindful eating experience, evaluation of hunger cues.

*Presented by: Mary Wilson, Eastern Kentucky University, Associate Professor, Didactic Program in Dietetics*  
**Youth; Advisers**
**Be Me, Be We, Be Bold**
**Beyond Measure**
*Cumberland 3&4, Level Three*

Leadership is a word we hear a lot but what does it mean to you? If you had to rate your leadership on a scale of 1-10, what would you say? You might be a better leader than you think. Let's explore leading "Beyond Measure" in this presentation. We'll explore how you can increase your leadership skills.

*Presented by: Lisa Costa, Idaho Division Career Technical Education*  
**Youth**
**Networking and Matching in Augmented Reality!**
*CMA Theatre, Level Two*

Experience a hands-on workshop with the creators of "Dysko" the world's first Augmented Reality Networking App. See how AR can change the way you discover and connect with people worldwide who are into the same things as you! Whether it's for work or fun, the Dysko App will give you the power to change the way you see the world around you!

*Presented by: Daniel Goddard and Bryton James, Dysko*  
**Youth; Advisers**
**10:45 AM - 12:15 PM**
**General Session: Inclusion, Access, Equity, & Diversity Panel**
*Broadway Ballroom, Level Two*

National FCCLA is proud to facilitate a discussion on diversity and equity, the impact on society, and how we can lead change in our local communities.

*Moderated by Sabrina Thompson Mitchell*  
**All Attendees**
**12:15 PM - 1:00 PM**
**Lunch & Networking Break**
*Off Site*
**1:00 PM - 8:15 PM**
**Group Outing: National Museum of African American Music Tour**

Thanks to the great support from our sponsors, we have an opportunity to provide all attendees with a complimentary ticket to tour the brand new interactive National Museum of African American Music (NMAAM) that is just blocks away from the conference site. More information and the time assigned to your group can be found in your registration packet.

*Off Site*
**Youth; Advisers**
**Group A: 1:00 PM - 2:00 PM**
**Group B: 2:15 PM - 3:15 PM**
**Group C: 3:30 PM - 4:30 PM**
**Group D: 4:45 PM - 5:45 PM**
**Group E: 6:00 PM - 7:00 PM**
**Group F: 7:15 PM - 8:15 PM**



**DAY  
4**
**Tuesday, June 29**
**8:00 AM - 5:00 PM**
**FCCLA Registration/Information**  
*Broadway Prefunction (G-K), Level Two*  
**Youth; Advisers**
**8:00 AM - 9:00 AM**
**National Officer Candidate Meet & Greet (All Attendees Welcome)**
*Grand View Terrace & Broadway Prefunction (G-K), Level Two*  
 Meet the top 20 National Officer Candidates.

**All Attendees**
**9:00 AM - 5:00 PM**
**Community Service:  
Create Dog Toys**
*Broadway Prefunction (G-K), Level Two*  
 Stop by to create a dog toy from a t-shirt. Learn a new service project idea and build a toy that will be donated to a local shelter in Nashville.

**Youth**
**9:00 AM - 5:00 PM**
**WeHelpTwo Community Service**
*Broadway Prefunction (G-K), Level Two*  
 This year National FCCLA is partnering with WeHelpTwo to make a positive change by selling funky socks. Yes, funky socks can change lives! For every pack of socks sold, one pair of socks will be donated to a local community homeless shelter. Attendees will also have the ability to decorate donated leg braces.

**Youth; Advisers**
**9:00 AM - 9:30 AM**
**9:45 AM - 10:15 AM**
**Presentations: Career Pathway and Youth**
*\*Presentations repeat*
**You Better Google Me! What does your Virtual DNA say about you?**
*CMA Theatre, Level Two*  
 While the usage of online platforms has skyrocketed, the development of digital dispositions has declined to the detriment of young adults seeking to enter the workforce. How you construct your digital brand is often impulsive and solely for entertainment purposes. What happens when you seek to cultivate a professional brand/identity? This interactive informs attendees about the value of constructing a healthy virtual DNA (or vDNA) when utilizing social media and other digital tools.

*Presented by: Nicole Arrighi, Tennessee State University, Teaching & Learning Professor*
**Youth; Advisers**
**Be Inspired to Say Yes to FCS Education**
*Cumberland 1&2, Level Three*  
 This presentation will cover different aspects of FCS Education. Sample lesson plans will be shown as well as FCCLA integration into the classroom. Current teachers will be able to gain new ideas and ask questions receiving feedback from a student's perspective.

*Presented by: Landri Marie Burgart, Waverly-Shell Rock High School FCCLA, Chapter President*
**Youth; Advisers**
**Professional Sports Team Careers**
*Legends Ballroom EFG, Level Two*  
 Matt Mango, Sales Manager, from the Tennessee Titans will talk about his role as a sales professional in the business of sports and his career path to this date through past experiences.

*Presented by: Matt Mango, Tennessee Titans, Group Sales Manager*  
**Youth; Advisers**
**Clarifying Your Career Path**
*Legends Ballroom ABCD, Level Two*  
 Whether you are in middle school or high school, it is never too early to think about your future career. In this session, participants will explore their interests and life vision and how those intersect with labor market information to sketch out a career development plan. This session requires participants to complete the following assessment prior to the session. Save the results on your phone to access during the session. Interest Finder (<https://nccareers.org/find-career/interest-finder>)  
*Presented by: Reno Palombit, CTE Workforce Development Specialist, Johnston County Public Schools*
**Youth; Advisers**
**Self-Care Practices**
*Cumberland 5&6, Level Three*  
 Pre-licensed therapist, Rachel Wilson will share different self-care strategies for mental health during this presentation. Self-care is necessary to maintain a healthy life balance in regard to relationships, education, work and more.

*Presented by: Rachel Wilson, National Alliance on Mental Illness (NAMI), Youth and Young Adult Coordinator*  
**Youth**
**9:00 AM - 9:30 AM**
**9:45 AM - 10:15 AM**
**Adviser Professional Development:  
Motivating 21st Century Learners**
*\*Presentation repeats*  
*Cumberland 3&4, Level Three*  
 Learning in the 21st Century has embraced a new look, especially in the light of the current pandemic. From virtual classrooms to Zoom meetings, educators are exhausted, so professional development that simply outsources thinking is not what is needed. Motivating students is one of the most powerful tools in a teacher's arsenal of instructional methods, and knowing what makes students intrinsically motivated is the key to re-inspiring success in any classroom.

*Presented by: Bart Taylor, Texas A&M University—Department of Teaching, Learning and Culture*  
**Advisers**
**9:00 AM - 10:15 AM**
**AAFCS Pre-Pac Testing Session 1  
(Pre-registration Required)**
*Music Row 6, Level Two*  
 Student members sit for the AAFCS Pre-Professional Assessment and Certification (Pre-PAC) in Personal and Family Finance.  
*Presented by: Lori Myers, Senior Director, Credentialing, Education and Research, AAFCS*  
**Youth**

DAY  
 4

**Tuesday, June 29**
**10:30 AM - 11:00 AM**
**11:15 AM - 11:45 AM**
**Presentations: Career Pathway and Youth**
*\*Presentations repeat*
**Explore Women in Country Music**
*CMA Theatre, Level Two*

Dolly. Reba. Shania. Women so iconic, no last names are needed. Join us for this presentation that highlights and honors women in country music. Explore key objects on display at the Country Music Hall of Fame and Museum.

*Presented by: Ella Marie Sullivan*
*Country Music Hall of Fame Education Department; School Programs Manager*
**Youth; Advisers**
**How to Navigate Food & Self Care in a World Focused on Weight**
*Legends Ballroom EFG, Level Two*

Join Registered Dietitian and Certified Intuitive Eating Counselor, Jill Merkel, as she discusses the history of dieting and body image, nutrition, and eating with a focus on enjoyment, satisfaction, and foods that make you feel good rather than calories or weight, self-care ideas, and the influence of social media on body image.

*Presented by: Jill Merkel, RD, Sports Performance & Wellness Dietitian;*
*Certified Intuitive Eating Counselor*
**Youth; Advisers**
**Do Better, Do Less**
*Cumberland 1&2, Level Three*

Dare to cultivate a life that is centered on quality instead of quantity. This past year we have seen the lines between family time, school, work, and personal time blur as we've navigated the virtual world that has become our new normal during COVID-19.

*Presented by: Micheala Mineer, University of Kentucky, Assistant Director of Admissions for Recruitment*
**Youth**
**Real World Skills through the Lens of the Story of Batch**
*Legends Ballroom ABCD, Level Two*

In this interactive session, attendees will learn how to start something new as Sam Davidson walks them through the core processes of starting and growing a successful business. These processes and principles apply to more than the business world and can be used by anyone of any age to begin anything new: a volunteer effort, a product line, a community event, or anything else that they believe is needed to make the world a better place. We may not all become entrepreneurs, but in today's world, we all need to know how to think entrepreneurially.

*Presented by: Sam Davidson, Batch;*
*Co-founder*
**Youth; Advisers**
**Get Involved! It's That Easy**
*Cumberland 5&6, Level Three*

Hear FCCLA member and Kansas State President share leadership lessons that fellow peers can relate to and explore leadership growth. Attend this session to learn how to create/find your seat at the leadership table, overcome obstacles when the odds are against you, and find life balance in the process.

*Presented by: Rene Cabrera*
**Youth**
**Job Ready Dress**
*Cumberland 3 & 4, Level Three*

This presentation helps students develop a better understanding of what they should wear and why, by breaking down a three-tiered approach: entry-level, mid-management, and corporate management/corporate creative. Designed specifically for teens entering the workplace with age-appropriate clothing examples and an interactive game.

*Presented by: Candice Chancellor, Central Southeast Regional Manager and College Representative, FIDM/Fashion Institute of Design and Merchandising*
**Youth**
**10:30 AM - 11:45 AM**
**AAFCS Pre-Pac Testing Session 2 (Pre-registration Required)**
*Music Row 6, Level Two*

Student members sit for the AAFCS Pre-Professional Assessment and Certification (Pre-PAC) in Personal and Family Finance.

*Presented by: Lori Myers, Senior Director, Credentialing, Education and Research, AAFCS*
**Youth**
**12:00 PM - 1:30 PM**
**Lunch & Networking Break**
*Off Site*
**12:30 PM - 1:45 PM**
**AAFCS Pre-Pac Testing Session 3 (Pre-registration Required)**
*Music Row 6, Level Two*

Student members sit for the AAFCS Pre-Professional Assessment and Certification (Pre-PAC) in Personal and Family Finance.

*Presented by: Lori Myers, Senior Director, Credentialing, Education and Research, AAFCS*
**Youth**
**1:00 PM - 1:30 PM**
**Voting Delegate Check-in for National Officer Candidate Speeches**
*Broadway Ballroom, Level Two*
**1:30 PM - 2:45 PM**
**National Officer Candidate Speeches - Group A**
*Broadway Ballroom, Level Two*

2021-2022 National Officer Candidates will demonstrate their public speaking skills and ability to think on their feet by presenting their speeches.

**All Attendees**
**1:30 PM - 3:30 PM**
**Teen Times Casting Call (Appointment Required)**
*Music Row 4, Level Two*

Ever wanted to be featured in FCCLA's official magazine, *Teen Times*? If so, you're in luck! Sign up to be interviewed to potentially be used in FCCLA's 2021-2022 *Teen Times* issues. Use the QR code near the registration desk to sign up.

**Youth**
**3:00 PM - 4:15 PM**
**National Officer Candidate Speeches - Group B**
*Broadway Ballroom, Level Two*

2021-2022 National Officer Candidates will demonstrate their public speaking skills and ability to think on their feet by presenting their speeches.

**All Attendees**

**DAY  
4****Tuesday, June 29****4:30 PM - 5:00 PM****State Meetings**

State delegations will caucus to elect the 2021-2022 National Executive Council.

**Youth; Advisers**

**Arkansas** - Cumberland 1&2, Level Three

**Alabama** - Cumberland 3&4, Level Three

**South Dakota** - Cumberland 5&6, Level Three

**Kentucky** - Mockingbird 1, Level Three

**Washington** - Mockingbird 2, Level Three

**Minnesota** - Mockingbird 3, Level Three

**Indiana** - Mockingbird 4, Level Three

**5:00 PM - 6:30 PM****Local Chapter Adviser Board****Representative Election**

Chapter Adviser Voting Representatives will cast their vote electronically to elect the new Local Adviser Board of Directors Representative.

**State Appointed Chapter****Adviser Voting Representative****5:00 PM - 6:30 PM****National Executive Council Elections**

Voting Delegates will cast their votes electronically to elect the 2021-2022 National Executive Council.

**Election Voting Delegates****5:15 PM - 5:45 PM****State Meetings**

State delegations will caucus to elect the 2021-2022 National Executive Council.

**Youth; Advisers**

**Wyoming** - Mockingbird 1, Level Three



DAY  
 5

**Wednesday, June 30**
**8:00 AM - 5:00 PM**
**FCCLA Registration/Information**
*Broadway Prefunction (G-K), Level Two*  
**Youth; Advisers**
**9:00 AM - 5:00 PM**
**We Help Two Community Service**
*Broadway Prefunction (G-K), Level Two*  
 This year National FCCLA is partnering with WeHelpTwo to make a positive change by selling funky socks. Yes, funky socks can change lives! For every pack of socks sold, one pair of socks will be donated to a local community homeless shelter. Attendees will also have the ability to decorate donated leg braces.

**Youth; Advisers**
**9:00 AM - 12:00 PM**
**EXPO**
*Broadway Prefunction (G-K), Level Two*  
**All Attendees**
**9:00 AM - 9:30 AM**
**Youth Leadership Training -  
 Double Your Impact: Changing  
 Lives Locally and Around the  
 World**
*Legends Ballroom EFG, Level Two*  
 Is it possible to help a boy without a leg walk, eliminate waterborne diseases, and help a homeless teen stay warm with just one upgrade to your wardrobe? Come find out how WeHelpTwo partners with students around the country to make twice the difference.

*Presented By: Trevor Bergman, CEO of WeHelpTwo*
**Youth**
**9:00 AM - 10:15 AM**
**10:30 AM - 11:45 AM**
**Youth Leadership Training**
*\* Presentations repeat.*
**Communication is Key**
*CMA Theatre, Level Two*  
 Spend time with the 2020-2021 National Executive Council and learn three key elements of communication. This workshop includes three short presentations from different members of the NEC. The three key topics covered include professionalism, public speaking, and conflict resolution. There will be time for a Q&A with the NEC at the end of each group's presentation!

*Presented by: 2020-2021 National Executive Council*
**Youth**
**ThinkFast Interactive**
*Legends Ballroom ABCD, Level Two*  
 This highly engaging and interactive session will expose student members to and educate them on important information on hard-to-tackle topics like bullying, traffic safety, and distracted driving while simultaneously entertaining them in a safe, relaxed and fun environment. Student members, you don't want to miss out on this incredible session! There will be \$150 in Amazon gift cards up for grabs during each of the two sessions.

*Presented by: ThinkFast Interactive*
**Youth**
**9:00 AM - 9:30 AM**
**9:45 AM - 10:15 AM**
**Adviser Professional Development**
*\* Presentations repeat.*
**Expand School Leadership Support for  
 Your Chapter Using the National FCCLA  
 Adviser Standards**
*Cumberland 3&4, Level Three*  
 Learn how you can use the National FCCLA Adviser Standards to strengthen school board and building administrator support. These standards will show why YOU need to be attending state and national meetings and why YOUR CHAPTER is the best project based learning experience to build CTE and employability skills.

*Presented by: Theresa Golis & Gayla Randell, National Board Members*
**Advisers**
**Using Nearpod to Increase Student  
 Engagement**
*Cumberland 5&6, Level Three*  
 Student engagement lacking after the impact of COVID-19? Need something to uplift your students and get them excited about distance learning? Come and check out this presentation on using Nearpod as a resource in the Family and Consumer Sciences classroom.

*Presented by: Cody Mooneyhan, Grayson County High School, FCS Teacher and Chapter Adviser*
**Advisers**
**Power of One in the Classroom**
*Cumberland 1&2, Level Three*  
 This presentation is designed to show how to incorporate the first and second units of Power of One in middle school classrooms. The interactive tool, NearPod, will be used and will allow advisers to actively participate. Materials will be provided for those advisers who want to use them within their own classrooms.  
*Presented by: Ashley Sailer, Midway Public School, Chapter Adviser*  
**Advisers**
**9:45 AM - 10:15 AM**
**10:30 AM - 11:00 AM**
**Youth Leadership Training:  
 Ending the Silence**
*Legends Ballroom EFG, Level Two*  
 Ending the Silence is a program designated to raise mental health awareness among our youth populations. The NAMI program is designed to instill hope in youth if they find themselves or a loved one struggling with a mental health condition.

*Presented by: Rachel Wilson, National Alliance on Mental Illness (NAMI), Youth and Young Adult Coordinator*
**Youth**
*\*Presentation repeats.*

DAY  
 5

**Wednesday, June 30**
**10:30 AM - 11:00 AM**
**11:15 AM - 11:45 AM**
**Adviser Professional Development**
*\* Presentations repeat.*
**Promote and Publicize FCCLA through the Pandemic and Beyond**
*Cumberland 3&4, Level Three*

Seeking new ways to promote and publicize FCCLA? This session shows how FCCLA chapters have adapted during the pandemic to promote and publicize FCCLA and FCS programs. Learn the best tips and tricks from a chapter that has won the National Public Relations Award.

*Presented by: Felicia Williams, Horseshoe Bend FCCLA, Chapter Adviser*

**Advisers**
**Raise Up Leaders Beyond Measure**
*Cumberland 1&2, Level Three*

Strengthen your skills in helping to shape leaders in FCS classrooms and FCCLA chapters by empowering students to take the next steps in leadership. Help your students discover their strengths, communication style, and how to work well as a team.

*Presented by: Lisa Costa, Idaho Division Career Technical Education, Assistant Director of Student Leadership for all of Idaho CTSOs*

**Advisers**
**Small Rural Community, Big Community Needs**
*Cumberland 5&6, Level Three*

Small communities have needs just like large communities. In this workshop, advisers and members will share how they identified community needs, planned and carried out projects/activities, and evaluated their projects.

*Presented by: Charlotte Mohling, Wessington Spring Senior FCCLA Chapter, Chapter Adviser*

**Advisers**
**11:15 AM - 11:45 AM**
**Youth Leadership Training - Double Your Impact: Changing Lives Locally and Around the World**
*Legends Ballroom EFG, Level Two*

Is it possible to help a boy without a leg walk, eliminate waterborne diseases and help a homeless teen stay warm with just one upgrade to your wardrobe? Come find out how WeHelpTwo partners with students around the country to make twice the difference.

*Presented By: Trevor Bergman, CEO of WeHelpTwo*

**Youth**
**11:30 AM - 1:30 PM**
**Teen Times Casting Call (Appointment Required)**
*Music Row 4, Level Two*

Ever wanted to be featured in FCCLA's official magazine, *Teen Times*? If so, you're in luck! Sign up to be interviewed to potentially be used in FCCLA's 2021-2022 *Teen Times* issues. Use the QR code near the registration desk to sign up.

**Youth**
**12:00 PM - 1:30 PM**
**Lunch & Networking Break**  
*Off Site*
**1:30 PM - 2:30 PM**
**Show & Share**

*Cumberland 5&6, Level Three*  
*FCCLA Red Talks = 15-minute presentations on various STAR Events and National Programs*

**Youth; Advisers**
**1:30 PM - 5:00 PM**
**EXPO**

*Broadway Prefunction (G-K), Level Two*  
**All Attendees**

**1:30 PM - 2:30 PM**
**2:45 PM - 3:45 PM**
**4:00 PM - 5:00 PM**
**Career Pathway Demonstrations**

*\* Some presentations repeat. See times listed below.*

**Summer Vegetable Spring Rolls Demonstration**
*Legends EFG, Level Two*

These summer spring rolls are fresh and veggie packed. Inspired by Vietnamese spring rolls I find, they are not 100 percent authentic. Most spring rolls have at least one protein or two, but these I have kept completely veggie forward to utilize the summer bounty. I will demo how to pack these spring rolls with beautiful julienned vegetables and take the mystery out of rice paper. I will show how just a few seconds can turn rice paper from the perfect vehicle for your next picnic food to something mushy unusable. I will also make an irresponsible sauce to accompany this bright and tasty dish.

*Presented by: Chef Paola Tello, Chef Presenter, Auguste Escoffier School of Culinary Arts*

*\*Presented at 1:30 PM only*

**Youth; Advisers**
**Food Photography 101**
*Cumberland 1&2, Level Three*

Whether we're eating at home or eating out, we've all taken pictures of our meals before enjoying them. This hand-on demonstration is a basic overview of what it is like to be a food photographer with helpful instruction of how to best use your iPhone for food photography.

*Presented by: Nick Bumgardner, NOSSI College of Art*

**Youth; Advisers**

*\*Presented at 1:30 PM only*

**Dominic Tardy Creates a Tropical Parfait**
*Legends Ballroom ABCD, Level Two*

Chef Tardy will show you his fun twist on a summertime classic. Chef Tardy will also go over food photography and tips for posting on social media.

*Presented by: Domonic Tardy, Sullivan University, Regional Chef Representative*

**Youth; Advisers**

*\*Presented at 1:30, 2:45 and 4:00 PM*

**Defining Interior Design Styles: The Past, Present, and Future of Interior Styling**
*CMA Theatre, Level Two*

This hands-on demonstration will teach students and advisers about the traditional, transitional, and modern interior design styles, with examples of sub-design styles within each category. We will review interior design styles, highlighting key features of each, with examples of how to incorporate elements into a space to reflect that style. Participants will then be tasked with putting their new knowledge to the test – in the form of a 15-minute interior styling challenge.

*Presented by: Hannah Upole, PhD, Tennessee Tech, College of Agriculture and Human Ecology, Assistant Professor*

**Youth; Advisers**

*Presented at 1:30, 2:45 and 4:00 PM*

**Restaurant Wars, Mission Impossible**
*Cumberland 3&4, Level Three*

Develop and practice interior design knowledge, menu planning skills, and organization while battling other teams for top ranking in this interactive hands-on workshop. Members will create a restaurant concept and plan a menu based on a scenario.

*Presented by: Nicki Pedeliski, Santa Maria FCCLA, FCS Teacher and Chapter Adviser*

**Youth, Advisers**

*\*Presented at 1:30 and 2:45 PM*



**DAY  
5**
**Wednesday, June 30**
**I Play With Our Food...Do You?**
*Legends Ballroom EFG, Level Two*

David always did what his mother told him to do, but this time his rebellious ways paid off. In this seminar learn how to turn your favorite edibles into works of art. In just a few easy steps you will learn how to 'wow' your friends and family.

*Presented by: David Leather, Foodsmith, Chef and Food Artist*

**Youth; Advisers**
*\*Presented at 2:45 and 4:00 PM*
**Interviewing Skills and Resume Tips**
*Cumberland 1&2, Level Three*

Join us to learn useful interviewing skills and resume tips to prepare for your future, along with ways to interact with potential employers to help secure that interview in the digital age. Discover digital resume tools, like Tallo, with tips to help you build and share your resume to catch a company or college's eye. This session is best geared toward recent high school graduates & rising 12th graders.

*Presented by: Channelle Ragland-Refuge, VP of Tallo Partnerships*

**Youth; Advisers**
*\*Presented at 2:45 PM*
**It's Not Just a Sofa!**
**The Secret Power of Furniture**
*Cumberland 3&4, Level Three*

The average life-span of a sofa is 2,958 days and, during that period, the sofa will hold roughly 782 visitors. Furniture creates emotion, it tells a story, and it can have a major impact on our mood. In this workshop we will discuss the secret power of furniture and how some businesses are selling the power of furniture as a service.

*Presented by: Adam Howard, Group Vice President, Residential Sales & CORT Global CORT*

**Youth; Advisers**
*\*Presented at 4:00 PM*
**FCS – The Original Makerspace**
*Cumberland 5&6, Level Three*

Makerspaces are all about hands-on learning. Fusing the digital and physical worlds together. Blending content areas together. Notice any similarities between FCS and makerspaces? In this workshop, attendees will explore the connections between FCS and maker education while making a conductive sewing project.

**Youth; Advisers**
*\*Presented at 2:45 and 4:00 PM*
**5:00 PM - 6:30 PM**
**Dinner & Networking Break**
*Off Site*
**7:00 PM - 9:00 PM**
**General Session: Business & Recognition Session**
*Broadway Ballroom, Level Two*

Join peers from across the nation to celebrate the successes and outstanding accomplishments of fellow members, advisers, and chapters. Attendees will also have a chance to see incredible designs from youth members in FCCLA's 5th Annual NLC Fashion Show.

Doors open at 6:30 PM

**All Attendees**
**9:30 PM - 10:30 PM**
**State Meeting: Utah**
*Mockingbird 1, Level Three*
**Utah Youth; Advisers**

DAY  
6

Thursday, July 1

8:00 AM - 5:00 PM

**FCCLA Registration/Information**

*Broadway Prefunction (G-K), Level Two*  
**Youth; Advisers**

8:30 AM - 10:00 AM

**State Officer Training**

*Cumberland 1&2, Level Three*

A dynamic and immersive training where state officers will sharpen their communication and teamwork skills while also developing tools to have a productive and impactful year in office!

*Presented by: Leadership Training Team*  
**State Officers**

9:00 AM - 5:00 PM

**We Help Two Community Service**

*Broadway Prefunction (G-K), Level Two*

This year National FCCLA is partnering with WeHelpTwo to make a positive change by selling funky socks. Yes, funky socks can change lives! For every pack of socks sold, one pair of socks will be donated to a local community homeless shelter. Attendees will also have the ability to decorate donated leg braces.

**Youth; Advisers**

10:00 AM - 11:00 AM

11:15 AM - 12:15 PM

**Career Pathway Demonstrations**

*\* Some presentations repeat. See times listed below.*

**Applied Arts: Exercises in Design/Textiles and Fashion Illustration**

*Legends Ballroom EFG, Level Two*

This presentation explores a variety of careers in design and the field of Applied Arts, specifically in Textiles and Fashion Design. Students will participate in a hands-on activity where they will create an original textile design that could be used for a variety of applications and will be given a beginning lesson on fashion illustration. Students should bring their own pencils for this activity.

*Presented by: Candice Chancellor, Central Southeast Regional Manager and College Representative, FIDM/Fashion Institute of Design and Merchandising*  
**Youth; Advisers**

**Goo Goo Cluster Story & Chocolate Making Demo**

*Legends Ballroom ABCD, Level Two*

A historical introduction to the first known combination candy bar in the U.S. followed by its revival in 2010 as it celebrated its 100th anniversary. You'll hear insider information on the business, its growth strategies and transformation over time. Mike Colón, Goo Goo's Pastry Chef and Culinary Director, will share what it's like in the Goo Goo kitchen, including a chocolate demonstration.

*Presented by: Beth Sachan, Goo Goo Cluster, Vice President of Sales and Marketing*

**Youth; Advisers**

**Fashion Industry Garment Fitting**

*Cumberland 3&4, Level Three*

Every garment you see, try on, or purchase go through an analytical look which include a careful look at balance, proportion, and fit. The fitting part of this process includes a deep understanding of garment construction and pattern making. I will walk you through a garment fitting and show the different elements that are analyzed and how they are corrected prior to the production step.

*Presented by: Dawn Sommers, Designer and Founder of Dawn Sommers Fashion Studio*

**Youth; Advisers**

**Leadership is a Choice**

*CMA Theatre, Level Two*

This session will provide individuals with the understanding that leadership is not about a title rather a choice. Effective leaders lead through moral influence, not positional power. Participants will also learn strategies and tools to re-connect to the importance of effective communication with peers and clients; where individuals feel valued and wish to bring their best efforts every day. Participants will connect to leadership principles such as: integrity, commitment, respect, and empathy.

*Presented by: Gary McGuey, FranklinCovey, High School Practice Leader*

**Youth**

**What Does a Career in the Fashion Industry Look Like and Interior Design as a Social Art?**

*Cumberland 5&6, Level Three*

Two sessions in one! We will discuss the process of fashion design and providing product to the end consumer, and how it can positively impact the lives of others. Career opportunities and the growth of Nashville in the area of fashion will also be intertwined into the discussion.

We will also discuss the role of the interior designer is not only to create an aesthetically pleasing space, but spaces that are functional, safe, and meet the needs of the user. This presentation will cover the responsibilities of an interior designer, how to become an interior designer, and the meaning of "social art."

*Presented by: Belmont University*  
**Youth; Advisers**

**Bringing Ethics into the Classroom**

*Cumberland 1&2, Level Three*

Ethical decision making is hard. Research shows that ethical decision-making can be taught. Come learn about the three stages of moral development and the free resources that are available from the Daniels Fund High School Ethics Initiative to bring ethics into the classroom or offer as a stand-alone course.

*Presented by: Tammy Cyrus, MBA Research & Curriculum Center, Director of Professional Development*  
**Advisers**

*\* Presented at 10:00 and 11:15 AM*

**DAY  
6**
**Thursday, July 1**
**11:00 AM - 12:00 PM**
**2021-2022 National Executive Council Adviser Meeting**
*Music Row 3, Level Two*
*Presented by: Sandy Spavone, Executive Director, National Staff*
**NECA**
**12:30 PM - 2:00 PM**
**Lunch & Networking Break**
*Off Site*
**12:30 PM - 2:00 PM**
**Make Your Own Goo Goo Cluster Activity (Pre-registration required)**
*Music Row 5, Level Two*

Back in 1912, America's first combination candy bar - the Goo Goo Cluster - was invented in downtown Nashville. Now you can use your creative skills to make your own combination chocolate bar! At our Make Your Own Goo Goo activation station, you will be able to get hands-on as you build your sweet treat. The result will be a decadent four-ounce confection meant to be shared, but don't worry - we won't tell anyone if you decide to keep it all for yourself!

**Youth; Advisers; By Ticket Only**
**2:00 PM - 3:00 PM**
**3:15 PM - 4:15 PM**
**Career Pathway Demonstrations**
*\*Presentations repeat.*
**Sous Vide Cooking in a Commercial Kitchen with Chef Mandriota**
*Legends Ballroom ABCD, Level Two*

Join Chef Mandriota of NOSSI College of Art, for a demonstration of the principals of Sous Vide cooking in the commercial kitchen, prepare Gingered Shrimp with Lemongrass over Cellophane noodles.

*Presented by: Chef Anthony Mandriota, MS, CEC, NOSSI College of Art, Culinary Department Chair*
**Youth; Advisers**
**Ethics - Rules to Live By For Students**
*Legends Ballroom EFG, Level Two*

What would you do when faced with making a decision that has a right or wrong choice? What if you had a basic set of principles to help you make your decisions? Understanding ethics and following ethical principles can help you in your decision-making pro...

*Presented by: Tammy Cyrus, MBA*
*Research & Curriculum Center, Director of Professional Development*
**Youth**
**Words & Music for Pre-K**
*CMA Theatre, Level Two*

Since 1979, the Country Music Hall of Fame and Museum has helped more than 100,000 students tell stories through its innovative Words & Music lyric writing program. In 2018, the Museum developed partnerships with the Nashville community to develop Words & Music for Pre-K, which served over 1,000 students in its first pilot year. Come listen to members of the Museum's education team discuss this innovative program and the career pathways that lead to its success, and witness the program in action!

*Presented by: Aaron Helvig, Country Music Hall of Fame, Words & Music Manager*
**Youth; Advisers**
**Get a Taste of Teaching with Kentucky FCS Teacher Education**
*Cumberland 3&4, Level Three*

Do you love FCCLA? Have you ever thought about becoming a FCS teacher? If so, join two Family and Consumer Sciences teacher educators to learn more about the FCS field and the steps you can take now to be a successful teacher educator in the future.

*Presented by: Angela Gott, Western Kentucky University, Family & Consumer Sciences, Teacher Educator*
**Youth; Advisers**
**Prioritize & Organize**
*Cumberland 5&6, Level Three*

Learn how to prioritize important tasks and organize your calendar in this engaging workshop that is sure to help to balance your work, social life, and recreation time. Through visualization activities and group forums, you will leave this workshop with time management tips that will streamline your schedule.

*Presented by: Tyler Lemley, FCCLA Past National President*
**Youth; Advisers**
**How to Lead after a Pandemic**
*Cumberland 1&2, Level Three*

This interactive, engaging session will explore how the principles embodied in the 4 Roles of Leadership and the 7 Habits will provide the necessary foundation for leaders moving forward after a challenging year. Participants will gain a deeper understanding of Trust, Vision, Execution, and Coaching Potential as the key imperatives to leadership. We will also explore the timeless principles embodied in the 7 Habits of Highly Effective and the power of establishing a common language.

*Presented by: Gary McGuey, FranklinCovey, High School Practice Leader*
**Advisers**
**4:30 PM - 5:30 PM**
**Dinner & Networking Break**
*Off Site*
**6:00 PM - 7:30 PM**
**Closing General Session**
*Broadway Ballroom, Level Two*

Join us as we recognize our scholarship recipients, award recipients, and watch as the 2020-2021 NEC say farewell and welcome in the new 2021-2022 NEC.

*Doors open at 5:30 PM*
**All Attendees**
**8:00 PM - 11:00 PM**
**NLC After Party**
**(Pre-registration required)**
*Rocketown*

Come celebrate the end of the National Leadership Conference and hang out with all the friends you met during the week. Dress casually and relax before heading home with all that you have learned.

**By Ticket Only**