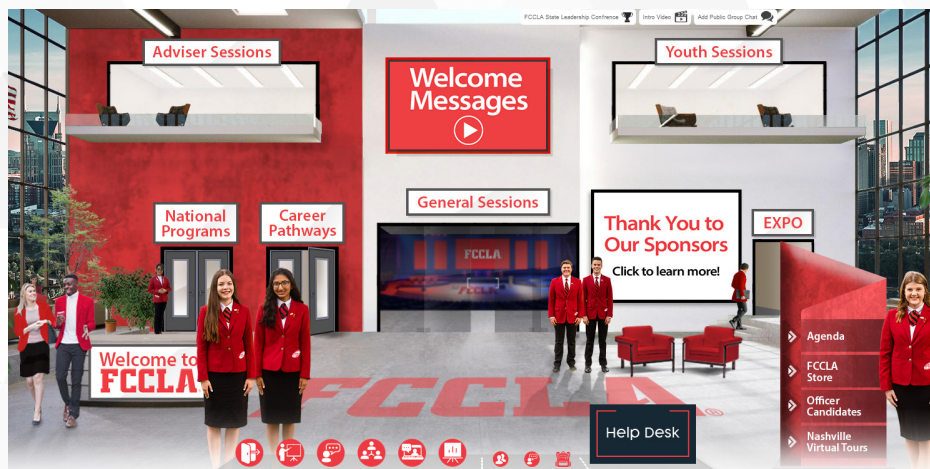


DAY
1

Sunday, June 27

Sunday content and sessions will open at 5:30 PM CT. Sessions that are live streamed in Nashville will only be viewable at the times indicated. Live streamed sessions will be recorded and uploaded to the virtual platform by July 7, 2021.



Content available at 5:30 PM CT

Chapter Adviser Board Representative Election Candidates

Adviser Sessions Room

View the adviser candidates for the new Local Adviser Board of Directors Representative. Chapter Adviser representatives will cast their vote electronically on Tuesday, June 29 at 5:30 PM CT.

National Officer Elections

Youth Sessions Room

Preview the 2021 National Officer Candidates and Nominating Committee with these handouts. Election voting delegates will cast their vote electronically on Tuesday, June 29 at 5:30 PM CT.

EXPO

EXPO Room

Navigate all 28 booths at the EXPO to connect with college and industry representatives from across the country.

CareerSafe Employability Skills Free Courses Information Sheet

Youth Sessions Room

CareerSafe is honored to offer all student participants of the FCCLA National Leadership Conference an opportunity to access CareerSafe Employability Skills Training until August 1 free of charge. Any student that completes all of the course topics will be entered in a chance to win a \$500 scholarship. There is also an opportunity for educators to win a \$500 gift card.

Live Streamed Session

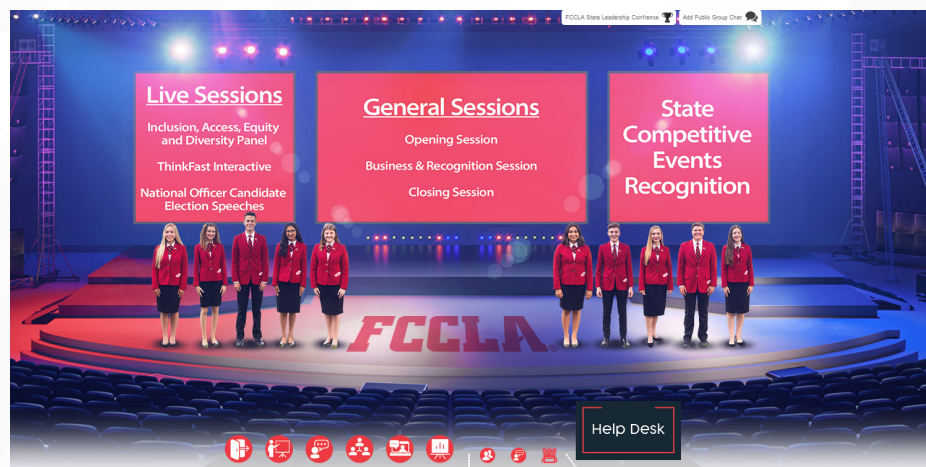
Be sure to watch at the time listed below.

5:30 PM - 8:00 PM CT

Opening General Session

General Sessions Room

Watch LIVE as the NEC leads us through an energy-packed session featuring award presentations, National Program updates, and keynote speaker, Sabrina Thompson Mitchell.



**DAY
2****Monday, June 28**

Monday sessions that are live streamed in Nashville will only be viewable at the times indicated. Live streamed sessions will be recorded and uploaded to the virtual platform by July 7, 2021.

Live Streamed Sessions

Be sure to watch at the times listed below.

9:00 AM - 9:30 AM CT

Get Your Students Career Ready

General Sessions Room

CareerSafe is excited to offer an exclusive opportunity to try our entire employability skills package. Learn skills in resume building, interviewing, communication, time management, teamwork, financial management, and more. Any student that completes the training will be more prepared for their career plus have a chance to be awarded a \$500 scholarship. Educators also will have an opportunity to receive \$500 for their classroom.

Presented by: Katie George, CareerSafe Youth; Advisers

10:45 AM - 12:15 PM CT

General Session: Inclusion, Access, Equity, & Diversity Panel

General Sessions Room

National FCCLA is proud to facilitate a discussion on diversity and equity, the impact on society, and how we can lead change in our local communities.

Moderated by Sabrina Thompson Mitchell
All Attendees

**DAY
2**
Monday, June 28

Career Pathways Room - Sessions available 8:00 AM - 5:30 PM CT

Education and Training

Be Inspired to Say Yes to FCS Education

This presentation will cover different aspects of FCS Education. Sample lesson plans will be shown as well as FCCLA integration into the classroom. Current teachers will be able to gain new ideas and ask questions receiving feedback from a student's perspective. Current students will be able to see teachers' plans for the FCS classroom and possible gain a desire to enter the field in their future. There is something for everyone in this presentation from advisers to students.
Presented by: Landri Burgart, Waverly-Shell Rock High School FCCLA Youth; Advisers

Why Choose FCS

UGA's College of Family and Consumer Sciences mission is to advance the well-being of diverse individuals and families over their life span and strengthen communities through the knowledge, development of professionals, and provision of research-based programs. This presentation will highlight and discuss the opportunities for students, highlight the majors, and the Career Pathways they can lead to.
Presented by: Debra Peavier, College of Family and Consumer Sciences at UGA Youth; Advisers

Human Services

Searching for Positivity

The COVID-19 pandemic has affected everyone in some way. How can FCCLA help people through challenges and changes associated with COVID? In this workshop, Wessington Springs Adviser and FCCLA members will share their Searching for Positivity Project through activities such as the Woot Woot Wagon, activities for essential workers, and activities with the elderly who were homebound. Attendees will write notes and create positivity bags to be delivered to a local nursing home.
Presented by: Charlotte Mohling, FCCLA Adviser Youth; Advisers

Personal Finance Resources for Your Classroom

The AFSA Education Foundation will be providing a demonstration of our online personal finance curriculum, MoneySKILL. MoneySKILL is a free resource for educators and is designed to educate youth about money management fundamentals and provide them with the skills and knowledge necessary to make sound financial decisions. We will also share teacher testimonials about the benefits of MoneySKILL as well as a variety of other personal finance teaching resources that we offer.
Presented by: Olivia DiBiase, AFSA Education Foundation Youth; Advisers

Adventure Capital: Funding & Resources to Empower Student Leaders & Support Your FCCLA Projects!

With over \$100,000 in grants and support awarded in 2020, we'll share how youth were able to successfully implement their AdVenture Capital projects virtually to create healthier communities around the country. We will also share more about how FCCLA chapters can use AdCapYOUTH.org to request funding for to bring their ideas to life. AdCap can help them project plan, organize themselves, set goals, and apply for funding or leadership experiences (all students must be 13 to 17-years-old).
Presented by: Sophia Curcio, AdVenture Capital Director of Partnership Development Youth; Advisers

S.M.I.L.E

Hear Taylora Scholsser's message which honors her daughter, Taylor Rae Nolan, a former KY FCCLA Vice President. This message emphasizes the warning signs of mental health issues. Taylora teaches strategies for empowerment, identifying the difference between feeling sad and being depressed, and challenges everyone to S.M.I.L.E., an acronym encompassing hope and empowering others to spread sunshine in the world.
Presented by: Taylora Schlosser, Rae of Sunshine President Youth; Advisers

Hospitality and Tourism

Baking Ingredient R&D

Research and development (R&D) skills are highly sought by employers. These skills can be built when you identify food, diet, and ingredient myths, trends and costs, and test them. In baking, FCS classrooms and labs can develop baking STEAM skills to be the R&D or test kitchen to address or develop food and ingredient trends for families, schools, and communities. This session identifies three current baking ingredient trends or myths and how to build R&D labs to test ingredient substitutions.
Presented by: Sharon Davis, Home Baking Association, FCS Education/Director Program Development Youth; Advisers

Measurement Matters

Home or career, measurement matters in baking. Bridge from accurate home volume measurement to use of the scale for preparing batters and dough, portioning, value-added products, and cost control. This demonstration will help build both home and career skills and methods with scale use.
Presented by: Sharon Davis, Home Baking Association, FCS Education/Director Program Development Youth; Advisers

**DAY
2****Monday, June 28**

Career Pathways Room - Sessions available 8:00 AM - 5:30 PM CT

Real World Skills

Success in College from the Professors

This session will give you tips and tricks on how to be a successful college student. A current professor shares ideas and strategies gathered from colleagues at a four-year institution. We will be discussing areas of wellness with both positive and negative practices for wellness and how that relates to student success. Additionally, time and freedom management will be analyzed.

Presented by: Dr. Carol Erwin Wayne, State College, FCS Teacher Educator
Youth; Advisers

Journey into Leadership & How to Overcome Obstacles

Lisa and Tara will talk about their experiences in CTSOs and how their involvement guided them into the interest of holding leadership positions in college. They also talk on how the COVID-19 pandemic impacted their college student organization and what they did to overcome the obstacles they encountered. The key takeaway from the presentation is to be involved and that life brings obstacles, and we are prepared as leaders to overcome those obstacles.

Presented by: Dr. Diane Klemme, Tara Weber, and Lisa Driver, University of Wisconsin-Stout
Youth; Advisers

Self-EsteeMEaning

This presentation breaks down a complex word that we see as unreachable: self-esteem! By defining this hyphenated word and coming to understand the meaning of each of the four components that make up self-esteem we not only find guidance on a difficult journey, but we are understanding that we are worthy of building a positive sense of self-worth. Leaders spread love and kindness not only out towards others but to themselves.

Presented by: Thahec Arreola, Centennial High Hawks FCCLA, Chapter President
Youth; Advisers

Mindfulness in School Settings

Hear a foundational explanation of what it means to be mindful and why mindfulness is especially valuable to students today. We'll discuss some of the mental health challenges facing students and teachers, and how mindfulness can help. We will review data from school-based mindfulness programs and teach you mindfulness practices to use in your everyday life.

Presented by: Phil Kreutzer, Supporter
Youth; Advisers

Mindfulness Moment

In this brief rest and rejuvenation exercise, we will provide a guided mindfulness practice designed to bring us into the present moment, reduce stress, nourish our nervous system, and clear our minds to help us get the most out of HNLC.

Presented by: Phil Kreutzer, Supporter
Youth; Advisers

**DAY
3****Tuesday, June 29**

Tuesday sessions that are live streamed in Nashville will only be viewable at the times indicated. Live streamed sessions will be recorded and uploaded to the virtual platform by July 7, 2021.

Live Streamed Sessions

Be sure to watch at the times listed below.

9:00 AM - 9:30 AM CT**Clarifying Your Career Path**
General Sessions Room

Whether you are in middle school or high school, it is never too early to think about your future career. In this session, participants will explore their interests and life vision and how those intersect with labor market information to sketch out a career development plan. This session requires participants to complete the following assessment prior to the session. Save the results on your phone to access during the session. Interest Finder (<https://nccareers.org/find-career/interest-finder>)

*Presented by: Reno Palombit,
CTE Workforce Development Specialist,
Johnston County Public Schools*
Youth; Advisers

10:30 AM - 11:00 AM CT**Real World Skills through the Lens
of the Story of Batch****General Sessions Room**

In this interactive session, attendees will learn how to start something new as Sam Davidson walks them through the core processes of starting and growing a successful business. These processes and principles apply to more than the business world and can be used by anyone of any age to begin anything new: a volunteer effort, a product line, a community event, or anything else that they believe is needed to make the world a better place. We may not all become entrepreneurs, but in today's world, we all need to know how to think like an entrepreneur.

*Presented by: Sam Davidson, Batch;
Co-founder*
Youth; Advisers

1:30 PM - 2:45 PM CT**National Officer Candidate
Speeches - Group A****General Sessions Room**

2021-2022 National Officer Candidates will demonstrate their public speaking skills and ability to think on their feet by presenting their speeches and answering an on-stage question.

Youth**3:00 PM - 4:15 PM CT****National Officer Candidate
Speeches - Group B****General Sessions Room**

2021-2022 National Officer Candidates will demonstrate their public speaking skills and ability to think on their feet by presenting their speeches and answering an on-stage question.

Youth

National Programs Room - Sessions available from 8:00 AM - 5:30 PM CT

Career Connection

Career Connection - Winner: Web Cam Wisdom

Job interviews can be intimidating - especially virtual ones. Discover how to improve your screen presence to prepare for virtual interviews and land the jobs.

Presented by: Lauren Williams, McCracken FCCLA

Youth; Advisers

Career Connection - Middle School Winner: Learning about our Career Success

Learn how members helped guide themselves and others through learning about careers and how to prepare for future careers. Members learned about FCS related jobs, improving our "soft skills," comparing salaries, job interviewing dress, as well as researching careers that students were interested in for the future.

Presented by: Jenny Watson, Southeast Middle School

Youth; Advisers

Community Service

Making the Switch: Taking Our In-Person Chapter to Virtual

Our presentation will cover our journey as we took our chapter from completely in-person to virtual. This will include the trials, errors, and challenges we faced as we worked to keep members engaged and allow them to serve their community. We are middle school students ourselves, and worked to keep meetings engaging for our middle school aged group. In conclusion, this presentation will be a summary of our past year and the tips, challenges and moments in switching a chapter to virtual.

Presented by: Alaina Smith, New Glarus Junior FCCLA, Student Member

Youth; Advisers

Hungers' Heroes

Our project, Hungers' Heroes, aids in providing food security to people in Boyd County Nebraska. Through this project, we worked to spread awareness beyond our community, since hunger is a global problem. Within our community, we hosted food drives to collect canned goods for people in need.

Presented by: Natasha Zeisler, Boyd County FCCLA, Student Member

Youth; Advisers

Sunshine and Smiles

Because of the pandemic we felt like we needed to reach out to all of our students to let them feel connected. We wrote hand written cards to every student in our school and our adviser sent them in the mail to all remote students.

Presented by: Jemma Richards, North Buncombe Middle FCCLA, Chapter President

Youth; Advisers

Mostly Monsterly

In September, our FCCLA chapter was feeling bad for our younger students when we learned that our city of Caney had banned "Trick or Treating." Covid-19 was ramping up in our area and state and so we decided to spring into action. We partnered with our librarian and after-school program to promote childhood literacy. This project impacted our community in a positive way.

Presented by: Olivia Brown, Caney FCCLA, Chapter President

Youth; Advisers

Community Service Runner-Up: One Call Away

Learn how chapter members recognized and supported first responders that were not receiving proper recognition and appreciation during the pandemic. Members wanted to make sure the community was aware of the daily sacrifices being made, such as long hours, exposure to high risk patients and conditions, as well as added precautions and safety measures are also adding to the stress of an already demanding job.

Presented by: Morgan Kipker Jackson Center/UVCC FCCLA, Student Member

Youth; Advisers

Hungers' Heroes

Our project, Hungers' Heroes, aids in providing food security to people in Boyd County Nebraska. Through this project, we worked to spread awareness beyond our community, since hunger is a global problem. Within our community, we helped residents receive the needed nutrition to live a healthy life by hosting food drives to collect canned goods for people in need.

Presented by: Natasha Zeisler, Boyd County FCCLA Chapter, Student Member

Youth; Advisers

**DAY
3**
Tuesday, June 29

National Programs Room - Sessions available from 8:00 AM - 5:30 PM CT

FACTS

Buckle Up for Safety

The Howells-Dodge FCCLA Chapter will highlight their 2020-2021 FACTS project that focused on seat belt safety. Their chapter was named National Runner Up as the Nebraska State Level FACTS winner.

Presented by: Marla Prusa, Howells-Dodge FCCLA, Adviser
Youth; Advisers

FACTS - High School Winner: S.M.A.R.T.S - Small Meaningful Actions Result in Traffic Safety!

Educating and spreading the word about safe driving choices is something we "can do" so we accepted the challenge to bring awareness to this issue. We addressed the choices that students make that impact the safety of all.

Presented by: Maleah Kipker, Student Member
Youth; Advisers

Families First

Rooks to Cooks

Parents, grandparents, and youngsters cooking together in the kitchen, sharing family recipes passed from one generation to the next, is a lost art in so many households across America. These days, it's hard for busy parents even to take time out to teach their kids basic cooking techniques. We chose this issue because we recognized that family unity is the cornerstone of our nation. Cooking in schools promotes the lifetime skill of healthy cooking starting at a young age.

Presented by: Olivia Brown, Caney FCCLA, Chapter President
Youth; Advisers

Just Keep Swimming - Breaking Out of the Aquarium

Are you ready for a virtual field trip? Join your FCCLA members as they visit the local aquarium on Family Day. Chaos ensues when the lights go out in the aquarium. Can your FCCLA members use their knowledge of families unlock the exhibits and free the families they find? Come learn how a digital escape activity was used to teach middle school students about different family structures and ways to strengthen families.

Presented by: Heather Jones, South County Middle School FCCLA, Adviser
Youth; Advisers

Families First - National Program Runner Up: "You-Me-Us"

This project was all about strengthening family relationships throughout the family life cycle. Teen Talk let teens know that it is okay not to be okay and encouraged them to choose positive friendships, talk it out, and overcome obstacles together. Mummy and Me Meal Boxes took the prep out of family fun as a way to balance the parents' time out of their career, and get them in the kitchen with their kids. Laying the groundwork for strong relationships as children grow older. Christmas Countdown Activity Stockings and Sugar Cookie Decorating Kits took the planning and preparation out of learning activities which nurture child development at all ages.

Presented by: Cheyenne Elder, Hermann High FCCLA Chapter
Youth; Advisers

Financial Fitness

Financial Fitness - Runner Up: Not So Fast... That's My Money

Members discover how much waste appears in the fast fashion industry and alternatives to buying clothes.

Presented by: Lauren Williams
Youth; Advisers

Financial Fitness - High School Winner: Credits Cards 101

FCCLA can help prepare you for all elements of adult life. Members were able to use their FCS skills by understanding and helping others make informed decisions. Members show how they educated others about the negative consequences of having a bad credit score and how it affects your life.

Presented by: Jessica Monfils, Ingraham High School
Youth; Advisers

Financial Fitness - Middle School Winner: Becoming "FutureSmart"

Middle School students don't always understand basic financial literacy topics such as the difference in needs and wants, comparison shopping, banking, credit, college information and spending, FAESA, investing, saving, and everything else that will help us financially in the future. Members decided to have Financial Fridays to focus on financial literacy and becoming more aware of these topics.

Presented by: Jenny Watson, South East Middle School
Youth; Advisers

**DAY
3**
Tuesday, June 29

National Programs Room - Sessions available from 8:00 AM - 5:30 PM CT

Stand Up

Cyberbullying, Delete It!

Stand Up project on cyberbullying and online drama that was presented in health classes at our school over three virtual learning lessons.

Presented by: Genavieve Gamache, Selah Middle School

Youth; Advisers

Stand Up - High School Winner: Stand Up to Tobacco

Members advocated for local control laws to regulate the sale, distribution, and advertising of tobacco products.

Presented by: Lauren Williams, McCracken FCCLA

Youth; Advisers

Stand Up - Runner-Up: Eating Local on the Central Coast

This presentation shares the advocacy efforts of two FCCLA members who created a website, social media platforms, and research project to support local farmers during the pandemic and encourage the community to eat local.

Presented by: Emily Pan, Region 7 California FCCLA

Youth; Advisers

Student Body

You Matter To Me - Suicide Awareness

This presentation is about suicide awareness. It informs students about statistics, prevention, and ways to help students dealing with suicidal thoughts/actions.

Presented by: Taylor Dixon, Vilonia High School FCCLA, Chapter Officer

Youth; Advisers

Too Smart Too Start

Alcohol and tobacco are the drugs most commonly abused by adolescents, followed by marijuana. The next most popular substances differ between age groups. Young adolescents tend to favor inhalant substances whereas older teens are more likely to use synthetic marijuana ("K2" or "Spice") and prescription medications - particularly opioid pain relievers like Vicodin and stimulants like Adderall.

Presented by: Olivia Brown, Caney FCCLA, Chapter Member

Youth; Advisers

Take Down Tobacco with FCCLA

In this session, you will learn the history of tobacco control as a social justice issue, what is going on currently with tobacco and vaping products, and how you can get involved in advocacy work digitally with the Campaign for Tobacco-Free Kids.

Presented by: Sophia Patel, Edison FCCLA, NJ FCCLA President

Youth; Advisers

Mental Health Matters

This workshop will explain the modules of the Student Body National Program, in particular the topics of emotional and mental health. The goals are to help end the stigma surrounding mental health, teach mindfulness strategies that will help members cope with stress, and explore a project done by a high school for their community during the COVID-19 pandemic.

Presented by: Breauna Jewell, President & CTFK Ambassador

Youth; Advisers

You Matter To Me - Suicide Awareness Professional Presentation

This presentation is about suicide awareness. It informs students about statistics, prevention, and ways to help students dealing with suicidal thoughts/actions.

Presented by: Taylor Dixon, Vilonia High School FCCLA, Chapter Officer

Youth; Advisers

**DAY
4****Wednesday, June 30**

Wednesday sessions that are live streamed in Nashville will only be viewable at the times indicated. Live streamed sessions will be recorded and uploaded to the virtual platform by July 7, 2021.

Live Streamed Sessions

Be sure to watch at the times listed below.

9:00 AM - 9:30 AM CT**ThinkFast Interactive****General Sessions Room**

ThinkFast Interactive will expose participants to and educate them on important information on hard-to-tackle topics like bullying, traffic safety, and distracted driving while simultaneously entertaining them in a safe, relaxed and fun environment. You don't miss out on this incredible session!

Presented by: ThinkFast Interactive
Youth

6:30 PM - 9:00 PM CT**General Session: Business****& Recognition Session****General Sessions Room**

Join peers from across the nation to celebrate the successes and outstanding accomplishments of fellow members, advisers, and chapters. Attendees will also have a chance to see incredible designs from youth members in FCCLA's 5th Annual NLC Fashion Show.

Youth; Advisers; General Session

1:30 PM - 2:30 PM CT**Chef Dominic Tardy Creates a****Tropical Parfait****General Sessions Room**

Chef Tardy will show you his fun twist on a summertime classic. Chef Tardy will also go over food photography and tips for posting on social media.

Presented by: Domonic Tardy,
Sullivan University, Regional Chef
Representative

Youth; Advisers

Youth Sessions Room - Sessions available from 8:00 AM - 5:30 PM CT

Be Me, Be We, Be Bold "Beyond Measure"

Leadership is a word we hear a lot but what does it mean to you? If you had to rate your leadership on a scale of 1-10, what would you say? You might be a better leader than you think. Let's explore Leading "Beyond Measure." In this presentation Be Me, Be We, Be Bold "Beyond Measure" we'll explore how you can increase your leadership skills.

Presented by: Lisa Costa, Idaho Division Career Technical Education Assistant Director of Student Leadership for all Idaho CTSOs

Youth

Communication is Key

Spend time with the 2020-2021 National Executive Council and learn three key elements of communication. This workshop includes three short presentations from different members of the NEC. The three key topics covered include professionalism, public speaking, and conflict resolution. There will be time for a Q&A with the NEC at the end of each group's presentation!

Presented by: FCCLA National Executive Council

Youth

Mindful Eating

An introduction to mindfulness meditation, with specific application to mindful eating. Session activities include guided sitting meditation, mindful eating experience, evaluation of hunger/satiety cues.

Presented by: Mary Wilson, Eastern Kentucky University, Department of Applied Human Sciences, Associate Professor, Director, Didactic Program in Dietetics (DPD)

Youth

Do Better, Do Less

Dare to cultivate a life that is centered on quality instead of quantity. This past year we have seen the lines between family time, school, work, and personal time blur as we've navigated the virtual world that has become our new normal during COVID-19. As we look ahead to life after the pandemic, let's take what we've learned this past year about time management and boldly declare to move forward only saying "yes" to things that help us grow and fuel our passions. It is not about the quantity of opportunities and experiences you say "yes" to, but the quality of work and time you put into them.

Presented by: Michaela Mineer, University of Kentucky Assistant Director of Admissions for Recruitment

Youth

Leadership is a Choice

This session will provide individuals with the understanding that leadership is not about a title rather a choice. Effective leaders lead through moral influence, not positional power. Participants will also learn strategies and tools to re-connect to the importance of effective communication with peers and clients; where individuals feel valued and wish to bring their best efforts every day. Participants will connect to leadership principles such as: integrity, commitment, respect, and empathy.

Presented by: Gary McGuey, FranklinCovey High School Practice Leader

Youth

Rules to Live By

What would you do when faced with making a decision that has a right or wrong choice? What if you had a basic set of principles to help you make your decisions? Understanding ethics and following ethical principles can help you in your decision-making process. Join me as we walk through the concept of ethics and the eight ethical principles that can be used to help you when faced with making tough decisions.

Presented by: Tammy Cyrus, MBA Research & Curriculum Center Director of Professional Development

Youth

Leading Beyond Measure: The Social Media Edition

Now more than ever, social media has become an integral part of our lives. Learning some tools for success to amplify your own social media handles, and your chapters, will help you lead "Beyond Measure" into the future!

Presented by: Amitoj Kaur, FCCLA LTT

Youth

All About That Servant Leadership: The Guide to Leading with Meaning

Learn all about what servant leadership is, how you are already using it (without knowing it!), and how to further integrate this form of leadership into your life!

Presented by: Morgan Kirchman, FCCLA LTT

Youth

Prioritize & Organize

Learn how to prioritize important tasks and organize your calendar in this engaging workshop that is sure to help to balance your work, social life, and recreation time. Through visualization activities and group forums, you will leave this workshop with time management tips that will streamline your schedule

Presented by: Tyler Lemley, FCCLA Past National President

Youth

**DAY
4**
Wednesday, June 30
Sessions available from 8:00 AM - 5:30 PM CT

Youth Sessions Room

Sounds Like a Plan: Using the FCCLA Planning Process to Develop Chapter Projects

Do you want to make a difference in your school or community, but don't know where to start? The FCCLA planning process is here to help! Discover how you can use the planning process to create chapter service projects. You'll also develop some project ideas for your chapter to implement in the upcoming school year.

Presented by: Brooklynn Gross, FCCLA LTT Youth

State Officer Training

A dynamic and immersive training where state officers will sharpen their communication and teamwork skills while also developing tools to have a productive and impactful year in office!

Presented by: Leadership Training Team State Officers

One Love: Healthy & Unhealthy Relationships

Join One Love, a national leader in relationship health education, to discuss healthy versus unhealthy relationship behaviors and how they show up in all friendships, dating situations, & other types of relationships. Participate in video-and-discussion-based dialogue and learn about tools to help you start the conversation at your school. This session will explore One Love's 10 Signs of a Healthy and Unhealthy Relationship, "gut check" scenarios, short videos, and tips for how to help a friend – because we can all learn to love better.

Presented by: Annie Forrest, One Love Foundation Engagement Manager Youth

Adviser Sessions Room

Bringing Ethics into the Classroom

Ethical decision making is hard. Research shows that ethical decision-making can be taught. Come learn about the three stages of moral development and the free resources that are available from the Daniels Fund High School Ethics Initiative to bring ethics into the classroom or offer as a stand-alone course.

Presented by: Tammy Cyrus, MBA Research & Curriculum Center, Director of Professional Development Advisers

How to Lead after a Pandemic

This engaging session will explore how the principles embodied in the 4 Roles of Leadership and the 7 Habits will provide the necessary foundation for leaders moving forward after a challenging year. Participants will gain a deeper understanding of Trust, Vision, Execution, and Coaching Potential as the key imperatives to leadership. We will also explore the timeless principles embodied in the 7 Habits of Highly Effective and the power of establishing a common language.

Presented by: Gary McGuey, FranklinCovey, High School Practice Leader Advisers

Raise Up Leaders Beyond Measure

Strengthen your skills in helping to shape leaders in FCS classrooms and FCCLA chapters by empowering students to take the next steps in leadership. Help your students discover their strengths, communication style, and how to work well as a team.

Presented by: Lisa Costa, Idaho Division Career Technical Education, Assistant Director of Student Leadership for all of Idaho CTSOs Advisers

Virtual Breakout Rooms and Field Trips

Learn how to structure experiences that set the stage for student achievement and FCCLA engagement without breaking the bank. Supportive education technology tools and strategies for engaging students in the context of virtual or hybrid environments will be shared with attendees. Bring your ideas and be ready to start building your own virtual field trip or breakout experience.

Presented by: Heather Jones, South County Middle School FCCLA FCS Teacher/ FCCLA Adviser Advisers

USDA Grant: New Partnership Resources

The National Partnership for Recruiting, Preparing, and Supporting Educators will identify new resources and state action team successes. The USDA grant is in the third year and the partners have continued to develop new resources and engage state action teams in conducting activities to support their local and regional needs.

Presented by: Karen Bergh, National Partnership for Recruiting, Preparing, and Supporting FCS Educators, Retired Advisers

Time Saving Technology

Master integrating technology to enhance your students' learning without spending hours and hours creating. This session will highlight: Canvas tips, Google Jamboard, Quizizz, and additional technology shortcuts to make your life easier! All tips and tricks can be used in both an in-person and virtual classroom setting.

Presented by: Michelle Galles, Wakefield Community Schools - Wakefield FCCLA Chapter, FCS Teacher and FCCLA Adviser Advisers

Adviser Sessions Room - Sessions available at 8:00 AM - 5:30 PM CT

Leaders for Tomorrow

Discover the Leaders for Tomorrow curriculum and how to integrate into your curriculum or chapter. This curriculum is directly aligned to the AAFCS PrePAC for Leadership. The Leaders for Tomorrow curriculum is available through the Curriculum Center for Family and Consumer Sciences.

*Presented by: Robert Van Dyke
NC Department of Public Instruction,
Career & Technical Education, FCS
Education Consultant*

Advisers

Expand School Leadership Support for Your Chapter

Learn how you can use the National FCCLA Advisor Standards to strengthen school board and building administrator support. These standards will show why YOU need to be attending state and national meetings and why YOUR CHAPTER is the best project based learning experience to build CTE and employability skills.

*Presented by: Theresa Golis, Idaho
FCCLA, State Adviser*

Advisers

Everything You Ever Wanted to Know About Earning a CDA Credential in High School

In this presentation, you will learn the process for students seeking the Child Development Associate® (CDA) Credential in high school. You will hear about the benefits for students and faculty, learn about the assessment and credentialing process, and tips for success. Information will also be shared about the new Child Development Associate® (CDA) Handbook for High School: A Guide to Advocacy and Implementation. Includes planning/ design tools, resources and individualized instruction to create a sustainable High School CTE program. The CDA is the most widely recognized credential in early childhood education. Earning a CDA while in high school jump-starts successful careers and channels faculty expertise!

*Presented by: Sandra Kowalchek, CDA
Council, Manager, Growth and Business
Development*

Advisers

Deep Dive into FCCLA

Rock your red scuba gear and dive in to rediscover old resources and explore new ones for chapter management. Walk away with confidence, tools, and support to keep your chapter up and running.

*Presented by: Savannah Wegner, East
Union High School, FCS Teacher and
FCCLA Adviser*

Advisers

Promote and Publicize FCCLA through the Pandemic and Beyond

Seeking new ways to promote and publicize FCCLA? This session shows how FCCLA chapters have adapted during the pandemic to promote and publicize FCCLA and FCS programs. Learn the best tips and tricks from a chapter that won the National Public Relations Awards in 2015 and 2018.

*Presented by: Felicia Williams, Horseshoe
Bend FCCLA, Chapter Adviser*

Advisers

One Love: An Innovative Approach to Relationship Health Education

Join One Love, a national leader in relationship health education, to discuss how to bring conversations about healthy and unhealthy relationships to FCCLA. We create innovative video-and-discussion-based workshops and tools to help you start the conversation at your school in the easiest way possible – all of which are provided at no cost. This session will explore One Love's 10 Signs of a Healthy and Unhealthy Relationship, our key learning objectives, and how to implement these resources where you are via our online Education Center because we can all learn to love better.

*Presented by: Annie Forrest, One Love
Foundation, Engagement Manager*

Advisers

Power of One in the Classroom

This presentation is designed to show how to incorporate the first and second units of Power of One in middle school classrooms. The interactive tool, NearPod, will be used and will allow advisers to actively participate. Materials will be provided for those advisers who want to use them within their own classrooms.

*Presented by: Ashley Sailer, Midway Public
School, Chapter Adviser*

Advisers

Body of Knowledge and Teacher Shortage

Watch this presentation for ideas on how to communicate to others about the Family and Consumer Sciences Body of Knowledge and the teacher shortage. Talking points that were used in a recent Zoom presentation to faculty and community members will be shared.

*Presented by: Theresa Golis, Idaho FCCLA
State Adviser*

Advisers

**DAY
5****Thursday, July 1**

Thursday sessions that are live streamed in Nashville will only be viewable at the times indicated. Thursday live streamed sessions will be recorded and uploaded to the virtual platform by July 7, 2021.

Live Streamed Sessions

Be sure to watch at the times listed below.

10:00 AM - 11:00 AM CT**Goo Goo Cluster Story & Chocolate Making Demo****General Sessions Room**

A historical introduction to the first known combination candy bar in the U.S. followed by its revival in 2010 as it celebrated its 100th anniversary. You'll hear insider information on the business, its growth strategies and transformation over time. Mike Colón, Goo Goo's Pastry Chef and Culinary Director, will share what it's like in the Goo Goo kitchen, including a chocolate demonstration. *Presented by: Beth Sachan, Goo Goo Cluster, Vice President of Sales and Marketing*

Youth; Advisers**2:00 PM - 3:00 PM CT****Sous Vide Cooking in a Commercial Kitchen with Chef Mandriota****General Sessions Room**

Join Chef Mandriota of NOSSI College of Art, for a demonstration of the principals of Sous Vide cooking in the commercial kitchen, prepare Gingered Shrimp with Lemongrass over Cellophane noodles. *Presented by: Chef Anthony Mandriota, MS. CEC, NOSSI College of Art, Culinary Department Chair*

Youth; Advisers**6:00 PM - 7:30 PM CT****Closing General Session****General Sessions Room**

Join us as we recognize our scholarship recipients, award recipients, and watch as the 2020-2021 NEC say farewell and welcome in the new 2021-2022 NEC.

Youth; Advisers**State Competitive Events Recognition****General Sessions Room**

Join your state for the State Competitive Events Recognition session. Content will be available beginning at 8:30 AM CT on Thursday, July 1.

Youth; Advisers

Missed something Monday, Tuesday, or Wednesday? Workshops and content will be made available for viewing starting at 8:30 AM CT on Thursday, July 1, 2021. Any sessions that were live streamed will be recorded and available by July 7, 2021. All content and sessions will then remain open until the virtual platform closes at 11:59 PM CT on August 20, 2021.