The FCCLA/LifeSmarts Knowledge Bowl is a team competition that tests FCCLA members’ knowledge in six content areas.

1. Personal Finance
2. Consumer Rights & Responsibilities (to include Family, Career & Community Studies)
3. Technology (to include Fashion Design)
4. Health and Safety (to include Food Science & Nutrition and Early Childhood & Human Development)
5. Environment (to include Hospitality, Tourism & Recreation)
6. FCCLA Knowledge

Direct Qualifying (must complete Parts 1 & 2)

**Part 1:**
Online test at www.lifesmarts.org

**Part 2:**
Top 40 teams participate in virtual Team Interviews

16 teams + 2 alternates qualify to the National Leadership competition

Online Team Smarts Round

All qualifying teams and identified alternates will take the Online Team Smarts Quiz

National Leadership Conference Pool Play Competition

Top 8 teams compete in Knockout Bracket

Two finalist teams play for the National FCCLA LifeSmarts Knowledge Bowl Championship

**Awards:**

1st, 2nd, and 3rd place event winners will receive awards during one of the National Leadership Conference General Sessions. Finalists are listed on the National FCCLA website.