

# 2024-2025 FCCLA/ LifeSmarts Knowledge Bowl



**LifeSmarts**  
*Learn it. Live it.*

The FCCLA/LifeSmarts Knowledge Bowl is a team competition that tests FCCLA members' knowledge in six content areas.

1. Personal Finance
2. Consumer Rights & Responsibilities (to include Family, Career & Community Studies)
3. Technology (to include Fashion Design)
4. Health and Safety (to include Food Science & Nutrition and Early Childhood & Human Development)
5. Environment (to include Hospitality, Tourism & Recreation)
6. FCCLA Knowledge

## Competition Rounds

### Round 1:

FCCLA Fall TeamSmarts NLC  
Qualifier Quiz

### Round 2:

Top 41 teams compete at FCCLA  
Spring Knowledge Bowl  
TeamSmarts Quiz.

### Round 3:

Top 41 compete for pool play at  
National Leadership Conference.

## Important Dates

**October 21-November 24, 2024:** Fall TeamSmarts NLC  
Qualifier Quiz.

**March 1-31, 2025:** Spring  
Knowledge Bowl TeamSmarts  
Quiz

**March 31, 2025:** RSVP  
deadline for qualified teams

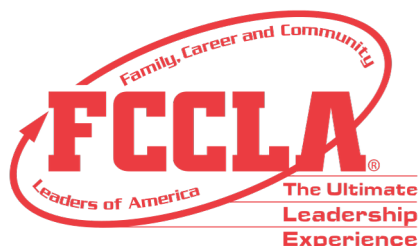
**July 5-9, 2025:** National  
Leadership Conference  
Championship

## National Leadership Conference Pool Play Competition

Top 16 teams with the highest  
cumulative scores will move on to  
the knockout rounds.

The final two teams will advance to  
the championship match.

The third-place winner will be  
decided through a playoff  
between the semifinal teams that  
did not advance to the final.



## Awards:

1st, 2nd, and 3rd place event winners will receive awards during one of the National Leadership Conference General Sessions. Finalists are listed on the National FCCLA website.