

“One Small Visit” is a captivating 30-minute film about the incredible true story of an immigrant Indian family who unexpectedly passes through the quaint Midwest hometown of Neil Armstrong amidst the backdrop of the 1969 moon landing and the civil rights movement. Their unexpected arrival leads them to the doorstep of the Armstrong family.

To enrich your teaching experience and engage your Family and Consumer Sciences (FCS) students and Family, Career and Community Leaders of America (FCCLA) Members, FCCLA has created a comprehensive lesson plan aligned with the National FCS Standards. This lesson plan acts as a powerful tool for nurturing a sense of community within your classroom and chapter, inspiring everyone to share their own stories.

The lesson plan, film, and panel discussion video package are available for an exceptionally low, one-time fee of \$30, with access until July 31, 2025.

To purchase the Lesson Plan & Video Package,
visit the E-Store / Publications tab in the FCCLA Portal.

The Lesson Plan & Video Package Includes:

- Five (5) activities
- Access to the “One Small Visit” film and thought-provoking panel discussion
- Approximately 6-8 class periods’ worth of enriching content and activities
- Alignment with the Families First National Program
- Connection to Digital Stories for Change STAR Event
- Numerous options and teaching strategies
- Optional supplementary elements to integrate FCS courses

“One Small Visit” and FCS connect in many ways...

- Cultural Diversity and Inclusion
- Family Dynamics and Relationships
 - Nutrition and Food Culture
- Housing and Home Environment
- Communication and Conflict Resolution
 - Community and Social Responsibility
 - Life Skills and Resilience



To watch the trailer for the “One Small Visit” film, visit <https://www.youtube.com/watch?v=2zIY42TBnMg>