

### CAREER INVESTIGATION

An *individual event* recognizes participants for their ability to perform self-assessments, research and explore a career, set career goals and create a plan for achieving them. Participants must prepare a *portfolio* and an oral presentation.

#### ELIGIBILITY & GENERAL INFORMATION

1. Review “Eligibility and General Rules for All Levels of Competition” on page 8 prior to event planning and preparation.
2. Participant(s) are encouraged to bring fully charged electronic devices, such as laptops, tablets, etc., to use for *electronic portfolio* presentation at competitions.
3. Chapters with multiple entries in this event must submit different projects for each entry. All projects must be developed and completed during a one-year span beginning July 1 and ending June 30 of the school year before the National Leadership Conference (NLC) and must be the work of the participant(s) only.
4. National Leadership Conference (NLC) participants are required to view the online orientation video and submit the STAR Events *Online Orientation Form* by the deadline. The video and form will be on the FCCLA Student Portal and can be found under Surveys Applications. Only one form per entry is required. **Contact your [State Adviser](#) for orientation procedures for competitions held prior to the National Leadership Conference (NLC).**
5. Participants who do not follow the event guidelines or the definition of the event, their project will not be considered for evaluation. However, the participant can still participate in the competition by giving an oral presentation and will only be evaluated based on that presentation.

[CLICK HERE TO VIEW NATIONAL DEADLINES](#)

#### CAREER PATHWAYS ALIGNMENT

Human Services	Hospitality & Tourism	Education & Training	Visual Arts & Design
■	■	■	■

#### EVENT LEVELS

Level 1: Through Grade 8	Level 2: Grades 9–10	Level 3: Grades 11–12	Level 4: Postsecondary
■	■	■	■

\*See page 7 for more information on event levels.

#### GENERAL INFORMATION

Number of Participants per Entry	Prepare Ahead of Time	Equipment Provided for Competition	Competition Dress Code
1	<i>Portfolio</i> and Oral Presentation	Table–Yes Electrical Access–No Wall Space–No Supplies–No Wi-Fi – No	FCCLA Official Dress

#### PRESENTATION ELEMENTS ALLOWED

Audio	Easel(s)	File Folder	Flip Chart(s)	Portfolio	Props/ Pointers	Skits	Presentation Equipment	Visuals
	■			■			*	

\* *Presentation Equipment* is allowed only for the presentation of an *electronic portfolio*.

## TOP 5 SKILLS STUDENTS REPORT LEARNING THROUGH PARTICIPATION

Leadership	Responsibility and Time Management
Communication and Public Speaking	Working with Adults
Self Confidence	

## BAKING AND PASTRY BY THE NUMBERS: 2023 - 2024

Participants Nationwide	Type of Event	Nationwide Impact
858	Foundational	22,292

92% of Career Investigation participants indicated this event is extremely or very useful to their future.  
81% of Career Investigation participants indicated they would pursue higher education related to the career chosen in their project.

## PARTICIPANT TESTIMONIALS

*"I am doing research on being a Registered Nurse. I am setting goals and planning steps on how to achieve my goal. I took interest inventories, aptitude, and personality tests. Part of my research included conducting interviews with RNs, as well as research on different places of employment." - Alabama FCCLA Member*

*"I chose to research what it would take to be a real estate agent, specific details of this career, its ties to Family and Consumer Sciences, education requirements, and salary potential. Colorado FCCLA Member My project is over the career opportunities in childcare. It consists of hands on experiences with children as well as research. I can see how what I am doing now will help me prepare for my career as a caregiver for children." - Georgia FCCLA Member*

*"I looked into what kind of education it takes to be a manager of hotel and how to move up through the hotel management career. I researched working conditions, average salary range, hours, and more. I had to evaluate myself and decide whether or not this career would be fitting for my hobbies, goals for the future, and whether or not it matched my preexisting skills." - Indiana FCCLA Member*

## SCHOLARSHIPS

Each year FCCLA's collegiate partners award over 13 million in scholarships to the Top 3 placing Level 3 teams/individuals annually at the National Leadership Conference. Scholarship details can be found on the FCCLA Website.

## CAREER INVESTIGATION GUIDELINES AND RUBRICS

The STAR Events Guidelines and rubrics are updated annually, and they are an exclusive benefit for FCCLA members. Advisers and members can access and download the guidelines from the FCCLA Portal.

[ADVISER PORTAL](#)

[MEMBER PORTAL](#)