

## CAREER INVESTIGATION

An *individual event* recognizes participants for their ability to perform self-assessments, research and explore a career, set career goals and create a plan for achieving them. Participants must prepare a *portfolio* and an oral presentation.

### ELIGIBILITY & GENERAL INFORMATION

1. Review the Requirements and Policies as outlined in the STAR Events Front Pages prior to event planning and preparation.
2. Participants are encouraged to bring fully charged devices, such as laptops, tablets etc., to use for audiovisual *electronic portfolio* presentation at competition.
3. Chapters with multiple entries in this event must submit different projects for each entry. All projects must be developed and completed during a one-year span beginning July 1 and ending June 30 of the school year before the National Leadership Conference (NLC) and must be the work of the participant(s) only.
4. **Online Orientation** - National Leadership Conference (NLC) participants are **encouraged** to view the online orientation video and submit the STAR Events *Online Orientation Form* to ensure they are fully prepared for NLC. The video and form will be on the FCCLA Student Portal and can be found under Surveys Applications. The video and form cannot be completed through the FCCLA Adviser Portal. Only one form per entry is required. **Contact your State Adviser for orientation procedures for competitions held prior to the National Leadership Conference (NLC).**
5. **STAR Events Schedule Confirmation** – It is **strongly suggested** that Chapter Advisers confirm National Leadership Conference competitors' STAR Events Schedule in the FCCLA Portal by the date outlined on the FCCLA Website (Competitive Events Dates & Deadlines) Advisers can review students' schedules in the FCCLA Adviser Portal by visiting the Meetings & Events tab, selecting the National Leadership Conference, and choosing "Confirm STAR Competition." **Confirmation of students' schedules ahead of time will prevent issues with being qualified and registered for the conference and ensure students are competing in the correct STAR Event.**
6. Participants who do not follow the event guidelines or the definition of the event, their project will not be considered for evaluation. However, the participant can still participate in the competition by giving an oral presentation and will only be evaluated based on that presentation.

[CLICK HERE TO VIEW NATIONAL DEADLINES](#)

### CAREER CLUSTERS ALIGNMENT

Arts & Design	Education & Training	Financial Services
■	■	■
Hospitality & Tourism	Human Services	Public Service
■	■	■

### EVENT LEVELS

Level 1: Through Grade 8	Level 2: Grades 9–10	Level 3: Grades 11–12	Level 4: Postsecondary
■	■	■	■

Review the "Event Description and Levels" section of the policies in the front of the guidelines for more information on event levels.

### GENERAL INFORMATION

Number of Participants per Entry	Prepare Ahead of Time	Equipment Provided for Competition	Competition Dress Code
1	<i>Portfolio</i> and Oral Presentation	Table—Yes Electrical Access—No Wall Space—No Supplies—No Wi-Fi – No	FCCLA Official Dress

### PRESENTATION ELEMENTS ALLOWED

Audio	Easel(s)	File Folder	Flip Chart(s)	Portfolio	Props/ Pointers	Skits	Presentation Equipment	Visuals
	■			■			*	

\* *Presentation Equipment* is allowed only for the presentation of an *electronic portfolio*.

#### TOP 5 SKILLS STUDENTS REPORT LEARNING THROUGH PARTICIPATION

Leadership	Responsibility and Time Management
Communication and Public Speaking	Working with Adults
Self Confidence	

#### BAKING AND PASTRY BY THE NUMBERS: 2024 - 2025

Participants Nationwide	Type of Event	Nationwide Impact
912	Foundational	18,977

94% of Career Investigation participants indicated this event is extremely or very useful to their future.  
83% of Career Investigation participants indicated they would pursue higher education related to the career chosen in their project.

#### PARTICIPANT TESTIMONIALS

*"I am doing research on being a Registered Nurse. I am setting goals and planning steps on how to achieve my goal. I took interest inventories, aptitude, and personality tests. Part of my research included conducting interviews with RNs, as well as research on different places of employment." - Alabama FCCLA Member*

*"I chose to research what it would take to be a real estate agent, specific details of this career, its ties to Family and Consumer Sciences, education requirements, and salary potential. Colorado FCCLA Member My project is over the career opportunities in childcare. It consists of hands on experiences with children as well as research. I can see how what I am doing now will help me prepare for my career as a caregiver for children." - Georgia FCCLA Member*

*"I looked into what kind of education it takes to be a manager of hotel and how to move up through the hotel management career. I researched working conditions, average salary range, hours, and more. I had to evaluate myself and decide whether or not this career would be fitting for my hobbies, goals for the future, and whether or not it matched my preexisting skills." - Indiana FCCLA Member*

#### SCHOLARSHIPS

Each year FCCLA's collegiate partners award over 13 million in scholarships to the Top 3 placing Level 3 teams/individuals annually at the National Leadership Conference. Scholarship details can be found on the FCCLA Website.

#### CAREER INVESTIGATION GUIDELINES AND RUBRICS

The STAR Events Guidelines and rubrics are updated annually, and they are an exclusive benefit for FCCLA members. Advisers and members can access and download the guidelines from the FCCLA Portal.

ADVISER PORTAL

MEMBER PORTAL