Below are the names of the 33 National Officer Candidates. Click one of their names to go to their application materials.

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The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Faith Honey Anderson  
State: Wyoming

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

In the words of Leslie Knope, "Slowing down is not really my jam," and my life has been that way for several years. As an online public school student, I have had the opportunity to learn valuable life skills in my Family and Consumer Sciences classes that have helped influence my family, future career, and community. Online public school has allowed me to take advantage of many opportunities that I would not have if I was in a traditional public school setting. Because of my schedule flexibility, I have been able to travel to many FCCLA events without missing a beat in school. My virtual classroom has taught me how essential self-motivation and time management skills are in order to maintain a healthy lifestyle while balancing a busy schedule.

I have been juggling many responsibilities since my seventh grade year, when I started FCCLA. Two weeks before my first State Leadership Conference, I told my mom I didn't want to do a project, and that I considered FCCLA my sister's thing, not mine. I still remember my mom telling me, "Just go to state, and if you don't like it, I won't say another word about it." I am so thankful I took that advice, because it opened up an entirely new path for my life. After receiving a gold medal at state that year, I was absolutely thrilled to attend my first NLC in Nashville. I was beyond amazed as I experienced everything FCCLA had to offer that week. I remember coming home with the vivid memory of watching the 2017-2018 National Executive Council walk across the stage, and thinking "that is going to be me one day." I realized there was much work to be done in order for me to get to the point of being a National Officer Candidate. I ran for District Office the following year and became one of the 2018-2019 Wyoming District Officers. In 2019 I was honored with the opportunity to serve my fellow members as the 2019-2020 Wyoming State Parliamentarian. Just over one year later, I am reflecting at what an impact this organization has had on my life. I have had the opportunity to learn about what servant leadership is and how to effectively communicate and connect with others. I have learned that courage is not the absence of fear, but the understanding that something else is more important than fear - thus tackling my nerves while public speaking. I have learned that listening is one of the many ways you can help others – simply lending an ear can make a world of difference.

If you would have asked me four years ago what I wanted to do with my life, I would have said hands-down interior design. I had a passion, and although I knew it would be difficult, I made a plan to become a successful interior designer by the age of 30. FCCLA redirected my career plans after I realized my true passion for serving others. Without the incredible opportunities and lifelong friendships I have gained through my experiences in FCCLA, I would not have realized my true calling. This organization and the servant leadership skills I have learned have led me to pursue a career in human services or social work.

I strive to be the best version of myself that I can, and I have a heart for helping others do so. FCCLA has taught me how good it feels to serve others, and what a profound impact one life can have. I have learned essential networking and communication skills to be able to effectively serve my family and community through my future career in the years to come.
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Faith Honey Anderson          State: Wyoming

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

Mahatma Gandhi once said, "The future depends on what we do in the present." FCCLA has come a long way in the last seventy-five years and I believe it has the potential to change even more lives in the years to come.

The leaders of FCCLA in the past set a standard of excellence and served as an example of what ultimate leadership should look like. Throughout the years many aspects of FCCLA have changed; the different uniforms, program refinements, and even a name change - yet the central focus - the family - has remained constant. I believe that family is an integral part of what has made this organization so successful.

Although family life has changed significantly since 1945, the importance has remained the same. I believe that the future success of this organization rests fully on its members' ability to come back to the foundation that Family, Career and Community Leaders of America (as well as our society) was built upon.

Family and Consumer Science is the backbone of FCCLA, and the skills learned are an integral part of modern-day society. In recent years, funding for FCS has been cut, reducing the number of FCS programs offered to students. Without the lifelong skills taught in many of these courses, students may be walking into the 'real world' unprepared. This is why FCCLA is vital to the success of our students in their lives beyond high school.

The future of this organization has truly unlimited possibilities. The appeal of the ultimate leadership experience and the fact that FCCLA encompasses many students' interests, will continue to grow our membership. It is important that students understand their true potential, and in our organization they have the opportunity to believe in themselves, as well as discover and enhance their skills.

With a virtual National Leadership Conference, I anticipate our organization utilizing more virtual meetings in the future. Online trainings, although not the same as in-person meetings, can still inspire students to become more involved, and share their stories. One of the most encouraging aspects of this organization is that students can open new doors for their future when learning about the different career pathways that FCCLA promotes.

The way FCCLA encourages students to share their stories has motivated me to push myself out of my comfort zone, and believe that I can inspire others in this organization. One part of our organization that I love most is the ability to form your own unique story. Before joining FCCLA, I was concerned that I would simply be following in others' footsteps, and unable to create a name for myself. However, I realized that one of the beauties of the Ultimate Leadership Experience is that members can pave their own way by writing their individual, unique story.

This organization has been changing lives for the past seventy-five years and thus has remained strong. I am confident FCCLA will continue to grow and change for the better, developing leaders and setting a standard of excellence for the years to come.
FAITH HONEY ANDERSON  
State: Wyoming  School: [Redacted]  Chapter: [Redacted]  High  
Affiliation: Comprehensive  Year in School: Sophomore (10th grade)  
Years in FCCLA: 4  Years of FCS instruction: 3  

**FAMILY AND CONSUMER SCIENCES COURSES TAKEN AND CREDIT EARNED**  
2017 – 8th grade: Family and Consumer Science, 0.5  2019 – 9th grade: Reaching Your Academic Potential, 0.5  2019 – 10th grade: Culinary Arts, 0.5  

**INvolvement**  
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| 2019/20 FCCLA Representative on Student Council |  |

**OFFICES HELD**  
· 2017-18 Chapter Public Relations Officer  · 2019-20 Wyoming State Parliamentarian  
· 2018-19 Wyoming District Officer  · 2019-2020 Chapter President  

**CONTRIBUTIONS TO FAMILY AND CONSUMER SCIENCES EDUCATION**  
2017- Capitol Leadership: Advocated for FCS Education and FCCLA on Capitol Hill  
2019- Advocated for FCS Education and FCCLA to State Legislators at WY State Capitol  

**SCHOOL OR COMMUNITY INVOLVEMENT** (number indicates years of involvement)  
- 400 hours of public service (2)  
- National Honor Society Secretary, President (2)  
- Concurrent Enrollment Student through Eastern WY College (2)  
- TeenPact Leadership Schools (5)  
- American Legion Jr. Aux. Member (7)  
  - Oratorical Contest State 2nd (1), Americanism Essay (4), Poppy Poster Contest (5)  
- Job Experience (2) outside maintenance and housekeeping  
- 4-H: (8) Past president, secretary, reporter, VP, treasurer, Teen Leaders, 2020-21 WY State 4-H Leadership Team, selected for International Student Exchange Trip  
- Sports:  
  - 2017-18 Basketball, Track  
  - 2018-19 Basketball, Track  
  - 2019 Golf
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Taylor Aragon

State: New Mexico

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

My experiences in the Family and Consumer Sciences classroom have not only helped me write my FCCLA story, but my life story as well. Without Family and Consumer Sciences and FCCLA, I wouldn’t be able to look into the mirror and recognize the person staring back at me. The three words that describe my relationship with FCS and FCCLA are Focus, Commitment, and Service.

-FOCUS-
FCCLA and FCS education have been a huge focus of mine since the 6th grade. I've never felt so passionate about an organization or a field of study. Before I began my FCCLA journey, I was shy and self-conscious because of speech therapy and wasn't willing to push myself out of my comfort zone. Through the support system of my FCCLA family and the Power of One, I was able to break out of that shell and achieve my goal of growing confident when connecting with others. I also enjoy community service and trying to better my small town, but I wouldn't have found this endearment for my community without FCCLA. Within my FCS classroom, I've gained more independence by acquiring skills in cooking, sewing, forming a budget, maintaining a healthy lifestyle, and presenting myself professionally. I'm thankful for the academic skills, soft skills, and critical thinking skills learned through my FCS classrooms that I use everyday.

-COMMITMENT-
Involvement in National Programs is one of my favorite ways to further enhance connections with FCCLA. Through the National Program, Families First, I learned the importance of understanding the dynamics of how families work. My FCS class taught the power of effective communication. When combined with Families First, it created an opportunity to strengthen bonds within my separated family, which led to a healthier system for my loved ones. I'm committed and determined to share these lessons with fellow and future leaders.

-SERVICE-
Service is the chapter of My Story that I hold most dear to my heart. I've learned the true meaning of being a servant leader which has helped create goals to do what's best for FCCLA, FCS, and the members. One of my favorite FCS classes is in the Hospitality and Tourism Career Pathway, and it has created a passion to serve and inspire future members as a culinary arts teacher and FCCLA Advisor. Through my culinary arts class, I look forward to teaching my students how to give back to those around them by having them perform service learning projects such as volunteering at local food pantries, preparing affordable meals to serve their families, and catering meals to meet peoples' specific dietary needs.

Within just 5 years, I've seen how FCCLA and FCS has help members, like me, blossom into poised, community focused, and family oriented leaders. Members and students across America have taught me that we have the power to be the change that we want to see in our world. The Focus, Commitment, and Service I've developed through My Story makes me eager to expand my FCCLA family and learn Your Story!
National Officer Candidate: Taylor Aragon

State: New Mexico

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

Ninety-four years ago, the American Association for Family and Consumer Sciences (AAFCS), introduced the association symbol, the Betty Lamp. The Betty Lamp gave early American colonists light and the ability to see when nighttime arrived. AAFCS members became a Betty Lamp to those around them and this light is extended to Family and Consumer Sciences (FCS) and FCCLA. For 75 of these years, FCCLA has shined upon American homes.

FAMILY: FCCLA was founded in 1945 and was known as Future Homemakers of America until 1999. Today, FCCLA is the only student-led organization to have family as its central focus. As family units expanded, FCCLA implemented a National Program, Families First, to help members understand how families work, all while creating fair, loving, and secure homes for America's future. FCS classes teach students how to recognize the needs of different families. As families continue to progress, I anticipate FCCLA and FCS to teach members to continue working through changes within their family as a whole.

CAREER: The four career pathways that FCCLA focuses on are Human Services, Education and Training, Hospitality and Tourism, and Visual Arts and Design. Our FCS education helps FCCLA members participate in STAR Events and National Programs, which enhance our work-based learning, real-world skills, and understanding of businesses and industries. FCCLA and FCS will continue making updates and revisions to curriculum in order to stay on top of current societal demands and prepare members and students for today's world.

COMMUNITY: One of the best ways that FCS and FCCLA help us better our communities is by training us how to become servant leaders. The FCCLA National Program FACTS helps build a safer community by creating a better understanding of traffic safety and its importance. Two other programs, Community Service and STAR Events, allow members to identify local concerns, form an action plan, and solve problems in order to serve community members and advance life quality. The more members take matters into their own hands to improve their communities, the more people will be interested in joining FCCLA and FCS education thus serving our future communities and endeavors.

LEADERS: FCCLA's tagline "The Ultimate Leadership Experience" was introduced in 2003. FCCLA teaches members how to lead by allowing members to inspire, serve, and determine the future of our student-led organization. FCCLA members across the nation STOP the Violence, make healthy choices with Student Body, and Take the Lead and Speak out for FCCLA through Power of One. As the Betty Lamp enlightens those in the dark, FCCLA leaders will be strengthened by utilizing their leadership qualities. The new competitive events levels will allow more members the opportunity to attend state and national leadership conferences, which will further advance FCCLA's leadership and development.

AMERICA: FCCLA and FCS have built themselves from the ground up, and the growth they have made through the years is admirable and inspiring. In the years to come, I'm excited to see FCCLA evolve by engaging new members and preparing current members for jobs in FCS. Advocating and spreading our knowledge about the classes and careers that FCS and FCCLA prepares us for will build a brighter future. The more people who are interested in FCS and FCCLA, the better! Although we can't predict what the future holds, we can count on FCCLA and FCS to continue adapting to the changes that our nation faces. Just as the Betty Lamp lit the way for early colonists, FCCLA members will light the path for the future of FCS!
State: New Mexico
School/Chapter: [Redacted]
Affiliation: Comprehensive
Grade: 10th (Class of 2022)
Years in FCCLA: 5 years

Offices Held
Chapter Officer
- VP of Community Service (2015-2016)
- First Vice President (2016-2017)
- VP of Public Relations (2018-2019)
State Officer
- VP of Finance (2017-2018)
- VP of Membership (2019-2020)

Contributions to FCS Education
- Served as an Honorary Page for the New Mexico House of Representatives on behalf of FCCLA and CTE (2018)
- Promoted FCS and FCCLA to local school board (2015-2019)
- Promoted FCS and FCCLA on local radio station (2015-2019)
- Promoted FCS during CTE/CTSO Day at New Mexico State Capital (2018-2020)

School Involvement
- Honor Roll (2015-Present)
- Yearbook Staff (2016-2017)
- FCA (2018-Present)
- Student Senate (2019-Present)
- Lettered in Varsity Volleyball, Basketball, and Track & Field

Community Involvement
- City of [Redacted] Back to School Bash (2013-Present)
- [Redacted] Youth Continuum Board (2017-2018)
- Coats for Kids (2017-2018)
- DWI Prevention and Awareness Week (2018)
- Operation Santa (2019)
- 316 Youth (2019-Present)
- Elementary Reading Program (2018-2020)

FCCLA Local Involvement
- FCCLA Week Participant (2015-2020)
- FCCLA Activities Committee (2015-2016)
- Thanksgiving Canned Food Drive (2015-2017)
- Pink Week (2017)
- FCCLA Chocolate Factory (2016-2018)
- FCCLA At the Table Committee (2018)
- Domestic Violence Awareness Week Committee (2018-2019)
- Domestic Violence Awareness Drive (2018-2019)
- Membership Campaign Committee (2019)
- Membership Committee (2019-2020)

FCCLA District Involvement
- STAR Event Participant - Entrepreneurship (2016)
- Room Consultant (2017-2018)
- STAR Event Judge (2019-2020)

FCCLA State Involvement
- C.O.R.E. Training (2015-2016)
- STAR Event Participant - Entrepreneurship (2016)
- State Leadership Conference (2016-2020)
- CTSO Advocacy Training (2018-2019)
- CTSO Fall Clusters (2017)
- June Retreat (2017, 2019)
- CTSO FALL Leadership Rally (2018-2019)
- CTSO Advocacy Training Presenter (2019)

FCCLA National Involvement
- National Cluster Meeting - Denver (2016)
- STAR Event Participant - Entrepreneurship (2016)
- Parliamentary Procedure (2017)
- National Fall Conference (2019)
- FCCLA National Program Evaluator (2020)
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Charlotte Brockman  
State: Idaho

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

FCCLA and the Family and Consumer Sciences Classroom work hand-in-hand to ensure each student is prepared for the future. In the classroom students learn skills that will help them succeed no matter their career choice. However, the most important skills gained are those which will help students be successful outside of their careers, within their family and communities. FCCLA provides opportunities to use the knowledge students gain in the classroom to provide a hands on leadership experience, which allows them to gain real world skills for the future. FCCLA also allows students to collaborate with each other in order to assist their communities and create a positive impact on those around them.

FCCLA has shaped me into the person I am today and helped write my story. This organization has given me an outlet to develop my leadership skills. Through Culinary and Foods and Nutrition Classes I have learned how to work with multiple teams to accomplish tasks. This skill has proved to be very useful in FCCLA while working as a state officer and other parts of my life. Through developing leadership skills and working with others, I have also developed a passion for serving those around me.

Through several National Programs in Action projects with my chapter, I have been able to help my community and strengthen families. In my freshman year I was able to help lead a suicide awareness project, which sparked my passion for helping others, and truly shaped my FCCLA experience going forward. During this project I worked with teachers, students and community members to spread awareness about mental health and suicide prevention. This was the first project I had done that I felt truly made an impact on those around me, and inspired me to run for a state office.

In my time as a state officer I have learned even more about the impact of FCCLA, and Career and Technical Education. In my experiences working with different organizations, and FCCLA I truly have developed a love for the power CTE (Career & Technical Education) has to change a student's life. This has inspired me to go into a career where I can continue to help provide opportunities for students through Career and Technical Education. In the future I hope to pursue a career in education policy, to advocate for all Career and Technical Student organizations, and their curriculums.

FCCLA has shaped the way I see the world, although in my time as a member and state officer I have seen the impact that other organizations can have on students. I have found FCCLA to be inclusive, and have never felt out of place at any event. I have met people from all over the country that have become more than friends and motivate me every day to be a better leader.

FCCLA has given me more than just opportunities to expand my horizons. It has also given me opportunities to work with adults, to create connections that may be useful in the future, as I pursue a career. I have also been able to meet people from all over the country that have become family, and even though we may only see each other but once or twice a year, the connection is very strong. I have also found this in my state officer teams, where we come together because of FCCLA. As we leave the experience, we have grown together, and created strong relationships. FCCLA has shown me that family can come from anywhere, and how important it is to have encouraging people around, FCCLA has shown me that no matter the background people can come together with different perspectives in order to fill one vision.
In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

Family and Consumer Sciences (FCS) values the family as the basic unit of society. FCCLA or FHA has provided opportunities for students to make this basic unit stronger within their communities, creating better lives for themselves and those around them. FCCLA has continually taught members that stronger families create stronger communities, and that holds true today. In the future this will become increasingly important, as the family unit is ever changing and adapting.

Since its founding, Future Homemakers of America (FHA), allowed its members opportunities to become more aware of the world around them, in order to build strong families and communities. Although, the intention was to be the best for an individual's family, leadership was just as important. Then opportunities were provided in order to better future families. Today we focus on balancing a career, and building strong communities by meeting the needs of others. FHA created a foundation for developing leaders within families all over the country, and that spirit was not lost when the name was changed.

Family, Career and Community Leaders of America continues to prepare students for their future by equipping them to lead in all aspects of their life. Today we focus on career paths and ways to serve the community. The family has never ceased being a basic unit of society, but it has adapted and changed just as FCCLA has.

While one may often think of leadership in the form of a title, or position it is important to remember that the leadership of a mother or father is just as important as the leadership of a president. Having strong leadership skills as a parent, allows the family unit to thrive, as you work with different personalities, to help everyone grow and discover their true potential. Stronger family units help communities grow, and become stronger. FCCLA prepares students not only to be the leaders in many career fields but within their families, and ultimately America's communities.

In the future, FCCLA and FCS will become increasingly important as we will need more leaders. We need more people who are understanding of the changing family unit, but understand its importance. In the future, FCCLA will grow by continuing to provide opportunities for students to develop leadership skills, in a safe environment. FCCLA will stay relevant because it provides students a way to connect and grow with all kinds of people from all over the country.
FCS COURSES
Freshman
- Foods and Nutrition - 1 Credit
- Fashion and Interior Design - 1 Credit

Sophomore
- Culinary 1A - 1 Credit

FCCLA OFFICES
Local
- 2017-2018, Secretary

State
- 2018-2019, Vice President of Public Relations
- 2019-2020, President

CONTRIBUTIONS TO FAMILY AND CONSUMER SCIENCES EDUCATION
- Advocated at Idaho Capitol for FCCLA, FACS, and CTE
- Advocated for FCCLA, FACS, and CTE on Capitol Hill
- Idaho FCCLA Board of Directors
- Guest Speaker, 8th Grade FCCLA Recruitment
- Idaho Alumni Association Foundation Board

SCHOOL AND COMMUNITY INVOLVEMENT
- Trap Team Captain (2018-Present)
- National Honor Society Member (2018-Present)
- FFA Chapter Reporter (2018-2020)
- Idaho FFA State CDE three time qualifier
- Idaho FFA Meat Science, 2nd High Individual, 1st High team
- Idaho Make It With Wool Champion (2018, 2019)
- National Make It With Wool Contestant (2018, 2019)
- National 4-H Shooting Sports Championship (2019)
- Helping Hearts and Hands Volunteer
- Trailing of The Sheep Educational Booth Leader (2015-Present)
- Gooding CTE Scholarship Dinner Coordinator

FCCLA PARTICIPATION
Local
- 2017 Building and Achieving Success in Idaho Chapters (B.A.S.I.C.), Chapter Officer Training
- 2017 STOP the Violence, Suicide Awareness Week, Organizer
- 2017 Catered Dinner, Raised $300 for Suicide Awareness Campaign
- 2017 Dinners on the Go, Chapter Fundraiser
- 2017 Soup Kitchen, Community Service
- 2018 First Aid Kit Assembly, Community Service
- 2018 Tired Blanket for Hospital, Community Service
- 2018 Dinners on the Go, Chapter Fundraiser
- 2019 Soup Kitchen, Community Service
- 2019 Dinners on the Go, Chapter Fundraiser

District
- 2017 District Kickoff
- 2017 District STAR Events, National Programs in Action, Silver
- 2018 District Kickoff, Presenter
- 2018 District STAR Events, Fashion Construction, Gold
- 2019 District Kickoff, Presenter
- 2020 District STAR Events

State
- 2018 State Leadership Conference National Programs in Action, Top Gold
- 2018 B.A.S.I.C. Training, Pocatello, Presenter
- 2018 B.A.S.I.C. Training, Twin Falls, Presenter
- 2019 State Leadership Conference Fashion Construction, Top Gold
- 2019 B.A.S.I.C. Training, Twin Falls, Presenter

National
- 2018 National Leadership Conference Idaho voting Delegate
- National Programs in Action, Silver
- STOP The Violence Program Runner up
- 2018 National Cluster Meeting, Louisville, KY Leadership Academy State Officer Training
- 2019 National Leadership Conference Nominating Committee Fashion Show, Selected Participant Fashion Construction, Silver Power of One Recipient
- 2019 Capitol Leadership
- 2019 National Fall Conference Community Service Workshop Presenter Knowledge Bowl Demonstration Participant
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

**National Officer Candidate**: Weston Buhr  
**State**: Colorado

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

Everyone loves a good story. Growing up children are told stories before bedtime, teenagers tell stories to get out of trouble, and adults share stories over coffee. "When writing the story of your life, don't let anyone else hold the pen." -Audrey Drake Graham. As a pianist and well-known musician in my community, I know that some of the best stories are actually songs. Being an active member of Family, Career and Community Leaders of America has helped me to pen my own song. I have learned that though I write my own song, the notes I choose are shaped by the wonderful mentors, leaders, and lessons I gather along the way.

The lyrics include my early experiences in FCCLA; how it has helped me achieve my current goals, and how it has prepared me to boldly pursue dreams of becoming a National Officer and professional pianist.

The first verse of my song would describe my early adventures in FCCLA. As a freshman, my adviser encouraged me to join Family, Career and Community Leaders of America. Not particularly understanding what I was getting into (which is normally how the story goes) I competed in a "National Programs in Action, Power of One" project in a team of three. After many busy months of service, effort, and commitment, we qualified for the 2018 National Leadership Conference in Atlanta, Georgia. Gold medal in hand, this experience "Inspired" me to strive to accomplish more goals. My sophomore year had me completing an extensive individual community service project which was a free community concert with four hundred people in attendance. Gold medals at both the state and national conferences show when you "Believe in yourself" you can make an impact.

The second verse of my song expresses my current journey in FCCLA. Serving as the 2018-2019 Arkansas Valley District President and as the 2019-2020 Colorado State 2nd Vice President has been an amazing experience, and has helped shape me into a leader that can serve as an outstanding National Officer. Thinking creatively, advocating for FCCLA, and speaking publicly have helped my story not only continue, but create a beautiful melody.

Finally, with two verses of my FCCLA song complete, the third verse of my masterpiece is still being written. My future aspirations of becoming a National Officer and professional pianist stem from my desire to share my song and talents with the world. At Capitol Leadership in Washington, D.C. this past fall, my eyes were opened to the essential and awesome responsibilities of the National Executive Council. the chorus of voices create by this organization is weaved throughout my song; character, confidence, service, expression, and community. With the help of so many exceptional experiences and people, I am confident my song will harmonize with other FCCLA members across the country. This fabulous organization has provided me with the courage to pick up that pen and start writing my song in the first place. Working as a National Officer will allow me to fulfill my passion for service on the national level and will add another verse to the melody of my life's song.
National Officer Candidate: Weston Buhr

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

In 1917, when President Woodrow Wilson signed the first vocational act into law, he had no idea that it would change the lives of teenagers in the 1940s, present-day, and continue to do so in the years to come. That one event set into motion thousands of events than changed millions of lives.

E.E. Cummings said, "It takes courage to grow up and become who you really are." FCCLA in 1999 dared to change and become the amazing organization we all love today. Our beloved organization started out as FHA. FHA stood for Future Homemakers of America. It was made up of all women, membership dues were a mere ten cents, and FHA didn't even have a creed. That's not the only change; in 1971, FHA expanded the organization to include HERO (Home Economics Related Occupations). The expansion of HERO provided greater opportunities for young women and men to participate in FHA/HERO. Members who were not going to be "homemakers" were most likely involved in Home Economics Related Occupations. As well as adding HERO, men could join in the 1970s. Shortly thereafter, STAR (Students Taking Action with Recognition) Events were introduced! Followed by the addition of National Programs, STAR Events was a special milestone in the growth of this organization. On a personal note, I am particularly thankful that men have had the opportunity to affiliate themselves in this phenomenal organization. If not, I would not have the pleasure of running for the FCCLA National Executive Council. (Or to write this essay.)

Today, with more than 175,000 members in more than 5,300 chapters, FHA has evolved in many ways. In 1999, our name changed from Future Homemakers of America to Family, Career and Community Leaders of America. Our name change is one of the biggest changes in the history of this organization. When FHA was first founded, only 29 states were affiliated. Today, not only are all 50 states affiliated, but also Puerto Rico, the Virgin Islands, and the District of Columbia.

As our organization continues to articulate technical education, student leadership, and move toward new horizons, it is important that our morals and goals remain intact. After our organization was founded in 1945, even though we as a nation underwent a series of changes, the core of our organization has not changed. And, as we continue to face the future with warm courage and high hope, even though nothing is for certain, we can agree on this: no matter how we change in the future, this organization will continue to change the lives of young men and women all around the nation. As long as this organization is in existence, young men and women will continue to harvest the benefits: character development, creative and critical thinking, interpersonal communication, practical knowledge, and career preparation.

This organization has grown in beautiful ways. I am certain our organization will continue to grow for future years to come. It is impossible to guess what those changes will be, but I know for a fact that FCCLA and FCS will grow bigger and stronger. I envision our membership growing and chapters as well. Even as a mere seedling, with the proper care and attention, this organization was able to put down roots when it was first founded. From there, as it was nurtured by countless outstanding leaders, it changed and adapted to embrace the fast pace of day-to-day life. When E.E. Cummings said, "It takes courage to grow up and become who you really are," he must have been talking about FCCLA.
Weston Buhr  
Colorado | High School | Comprehensive Affiliation | 3 Year Member  
**Total FCS Credits: 2.0, Health (Grade: 7th: 0.5 • 8th: 0.5 • 9th: 1.0)**

<table>
<thead>
<tr>
<th>FCCLA OFFICES HELD</th>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>♦ Arkansas Valley President</td>
<td>District</td>
<td>2018-2019</td>
<td>LOCAL</td>
</tr>
<tr>
<td>♦ 2nd Vice President</td>
<td>Colorado FCCLA</td>
<td>2019-2020</td>
<td>STATE</td>
</tr>
<tr>
<td>♦ Committee Chair</td>
<td>Alumni &amp; Associates</td>
<td>2019-2020</td>
<td>STATE</td>
</tr>
<tr>
<td>♦ Executive Council Voting Delegate</td>
<td>Colorado FCCLA</td>
<td>2019</td>
<td>NATIONAL</td>
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</tbody>
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### LOCAL

<table>
<thead>
<tr>
<th>Local Activity</th>
<th>Position</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arkansas Valley District Conference</td>
<td>Workshop Presenter</td>
<td>2019</td>
</tr>
<tr>
<td>Toy &amp; Food Drive</td>
<td>Chairman</td>
<td>2019</td>
</tr>
<tr>
<td>Arkansas Valley District Conference</td>
<td>Workshop Leader</td>
<td>2018</td>
</tr>
<tr>
<td>Game On Membership Campaign</td>
<td>Co-Chairman</td>
<td>2018</td>
</tr>
<tr>
<td>Free Community Piano Concerts</td>
<td>Community service</td>
<td>2017-2019</td>
</tr>
<tr>
<td>County Leadership Award</td>
<td>3-year recipient</td>
<td>2017-2019</td>
</tr>
<tr>
<td>Community Halloween Party</td>
<td>Community service</td>
<td>2017-2019</td>
</tr>
<tr>
<td>Pink Night</td>
<td>Community service</td>
<td>2017-2019</td>
</tr>
<tr>
<td>Exceptional Rodeo</td>
<td>Community service</td>
<td>2015-2019</td>
</tr>
<tr>
<td>We Bleed Purple Campaign</td>
<td>Community service</td>
<td>2015-2019</td>
</tr>
<tr>
<td>Jay’s Christmas Dinner</td>
<td>Community service</td>
<td>2014-2019</td>
</tr>
<tr>
<td>Park Luminaries</td>
<td>Community service</td>
<td>2014-2019</td>
</tr>
<tr>
<td>Project Linus</td>
<td>Community service</td>
<td>2014-2019</td>
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### STATE

<table>
<thead>
<tr>
<th>State Activity</th>
<th>Position</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Colorado FCCLA Kick Off</td>
<td>Workshop Leader</td>
<td>2019</td>
</tr>
<tr>
<td>CACTE (Colorado Association for Career and Technical Education) Workshop Host</td>
<td>2019</td>
<td></td>
</tr>
<tr>
<td>CTE (Career and Technical Education) Fall Conference Workshop Presenter</td>
<td>2019</td>
<td></td>
</tr>
<tr>
<td>Chapter Service Project Display First Place Finisher &amp; Gold Medalist</td>
<td>2019</td>
<td></td>
</tr>
<tr>
<td>National Programs In Action First Place Finisher &amp; Gold Medalist</td>
<td>2018</td>
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### NATIONAL

<table>
<thead>
<tr>
<th>National Activity</th>
<th>Position</th>
<th>Year</th>
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</thead>
<tbody>
<tr>
<td>Chapter Service Project Display</td>
<td>Gold Medalist</td>
<td>2019</td>
</tr>
<tr>
<td>Attended two state officer workshops</td>
<td>State Officer Workshop</td>
<td>2019</td>
</tr>
<tr>
<td>Colorado State Meeting</td>
<td>POW (Program Of Work) Presenter</td>
<td>2019</td>
</tr>
<tr>
<td>National Programs in Action</td>
<td>Gold Medalist</td>
<td>2018</td>
</tr>
<tr>
<td>DOOR (Discovering Opportunities for Outreach and Reflection) Mission Trip</td>
<td>2017</td>
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</table>

### SCHOOL INVOLVEMENT

<table>
<thead>
<tr>
<th>School Activity</th>
<th>Position</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Choir Accompanist</td>
<td>Show Choir</td>
<td>2019-2020</td>
</tr>
<tr>
<td>Peer Tutor</td>
<td>High School</td>
<td>2019-2020</td>
</tr>
<tr>
<td>Choir Accompanist</td>
<td>Ark Valley Choral Fest</td>
<td>2019</td>
</tr>
<tr>
<td>Secretary</td>
<td>Student Council</td>
<td>2018-2019</td>
</tr>
<tr>
<td>President</td>
<td>Student Council Class of 2021</td>
<td>2018-2019</td>
</tr>
<tr>
<td>FCA (Fellowship of Christian Athletes)</td>
<td>3-year member</td>
<td>2017-2019</td>
</tr>
<tr>
<td>Peer Leader</td>
<td>SOS (Sources Of Strength)</td>
<td>2017-2019</td>
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<tr>
<td>Track</td>
<td>Varsity athlete</td>
<td>2017-2019</td>
</tr>
<tr>
<td>First Chair Flute</td>
<td>Band</td>
<td>2017-2019</td>
</tr>
<tr>
<td>Choir Accompanist</td>
<td>Children’s Choral</td>
<td>2017-2019</td>
</tr>
<tr>
<td>Actor</td>
<td>Children’s Theater</td>
<td>2009-2019</td>
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National Officer Candidate: Vallie Cantrell  
State: Arkansas

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

Family and Consumer Sciences (FCS) has inspired me to reach out of my comfort zone and explore new horizons. By taking FCS classes, I have learned leadership skills that I will take with me in the future. These classes have opened my eyes to all the opportunities FCS can provide. One of the many skills that these classes have taught me is healthy eating habits. To this day, I still use this skill to plan my meals and teach others the importance of healthy eating and how unhealthy foods can negatively affect your health in the future. Another thing I have learned is how to budget and manage money wisely. I would have never known how much I loved cooking until I took an FCS class. Not only did I enjoy learning this skill, but I also learned so much about the different cultures and types of cooking there are.

I remember learning about FCCLA in 7th grade and how the central focus was the family - I joined right away! FCCLA has made the greatest impact on my life through its co-curricular activities. At the beginning of my FCCLA journey, I was terrified to even walk across the stage for STAR Events recognition, and now I love public speaking! I can't even express the amount of change I have seen in myself through this organization; from the amount of confidence, to the leadership skills I have developed.

I have also used many of the National Programs to stay involved in all areas of FCCLA. For example, with Power of One I have learned to set goals and follow through and evaluate on plans. Through STAR events, I have used the Families First and Student Body to teach kids the importance of brushing their teeth and personal hygiene. We were able to collaborate with all the local dentists and collect hygiene products to give to all the kids. Another important aspect of FCCLA is community involvement. Since joining FCCLA, my desire to participate and volunteer it the community has greatly increased, and my enjoyment in making a contribution has expanded. I have learned that I love giving back to others thanks to this organization.

At my first National Leadership Conference, I was astonished at the leaders and they inspired me to run for an office. I started off by running for District President. I went in with very little confidence and a cute little speech I had prepared. After being district President, I wanted to challenge myself to go to the next level. Running for State office was a great experience, and getting VP of Public Relations was even better. Little did I know all of the wonderful opportunities that FCCLA had in store for me and my State officer team, such as, visiting Washington DC and laying the wreath at the Tomb of the Unknown Soldier, running meetings, growing closer to my FCCLA family, and creating lifelong friendships. This experience taught me how to work as a team and express my ideas. I learned "no idea was a bad idea", and "FCCLA was a safe place to fail".

I am ready for the next chapter and will continue using these skills while writing my story. Life is a competition, and knowing my strengths and weaknesses has allowed me to improve upon both through FCCLA. I now have career goals, confidence, leadership skills, and most importantly, believe in myself. I'm thankful FCCLA has given me opportunities to grow in my personal development and has prepared me for adult life, where truth, love, security and faith will be realities not dreams.
In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

Looking back at FCCLA and FCS 75 years ago, I can say that this organization has changed tremendously over time. In 1945, the student-led organization known as Future Homemakers of America (FHA) was founded. Since then, FCCLA has become more than a club- it has become a family.

In 1945, FHA was officially founded at a convention center in Chicago, IL. Originally it was only open for female members with a focus on the traditional role of the homemaker. In 1974, boys started joining FHA with 178 members the first year. STAR events were created in 1983 with only 3 events: Job interviews, illustrated talk, and chapter activities. Given the changes in roles that men and women play in today’s society, the name was changed to reflect the multiple facets of the family. In 1999, the name changed to Family, Career, and Community Leaders of America (FCCLA), broadening the scope and eliminating perceptions that it was only a club for girls and homemakers. Many more eyes were opened to the opportunities and experiences you could gain from this organization. For example, community service has magnified since 1945, and many more students are learning skills to give back to others. FCCLA has also become more involved in helping members find their future careers and develop skills to enable them to excel in the future. As society changes every day, FCCLA adapts. FCCLA has become more technologically advanced, by incorporating technology in its competitions, communications, and operations, giving members the skills to compete and lead the nation. STAR Events has grown each year and now offers 33 categories for students to compete and help them get started on their future careers. Getting involved in STAR events now can result in many scholarships for higher education and trades that can give members lifelong opportunities. FCCLA has become more diverse as well, with boys representing 32% of the total members.

FCS classes have changed over the past 75 years, with FCCLA giving students more educational opportunities and career options. FCS classes used to teach the basics of how to cook, clean, and sew. But now FCS classes have become so much more than that. We went from teaching how to cook, to teaching different cultures, styles of cooking, and nutritional planning. FCS classes also give the students opportunities to complete certifications in their class. This gets them one step closer to their future career. Taking these classes today teaches students how to manage money, excel at public speaking, set goals, and prepare a plan for accomplishing them. FCCLA has evolved from Home to Workplace to the Community of the world. With FCS classes, community service has evolved by giving students more opportunities to serve their community, learning networking and leadership skills.

Looking back, I have seen FCCLA and FCA classes evolve into a Nationwide student-led organization that prepares students for the future and provides unlimited opportunities. I am confident FCCLA will keep growing and become more advanced in the future, creating more ways to get involved in your community, learn leadership, and create career goals. Today, over 175,000 members are associated with this organization, learning about a variety of youth concerns, such as Parenting, family relationships, substance abuse, peer pressure, teen violence, etc. FCCLA is constantly changing, but the one thing that will remain the same is our central focus, the family and facing the future with warm courage and high hope.
Vallie Cantrell

State: Arkansas  
School: High  
Chapter: High FCCLA

Affiliation: Comprehensive  
Grade: 10  
Years in FCCLA: 4  
Years of FACS Instruction: 3

Family and Consumer Science Courses Taken
7th Family and Consumer Science Investigation-1/2 credit
9th Family and Consumer Sciences-1 credit
10th Food Safety and Nutrition-1 credit

Participation in FCCLA

Local:
-Served Breaking Bread Soup Kitchen (2016-2020)
-Greers Ferry Lake Cleanup (2016-2018)
-MC Pageant (2018-2019)
-STOP the Violence Anti-Bullying Campaign (2015-2016)
-Drive for Ford Campaign (2016-2018)
-Participated in Veterans Day service for Veterans in our community (2018)
-Advocated for FACS, FCCLA, at School Board Meeting (2018)
-Tobacco Free Kids Pledge (2019)
-Food Drive for CAPCA (2019)
-Service Projects/Fundraisers (2016-2020)
-Promoted FCCLA at event for incoming freshmen (2019)
--Planned FCCLA Week Activities (2019-2020)

-National:
-Gold Medal STAR Events (2017-2018)
-Attended Cluster Meetings (2017-2019)
-Attended NLC (2017-2019)
-Power of One Completer (2019-2020)
-Go for the Red Award (2019-2020)
-Skills Demonstration Event (Toys That Teach) First Place (2018)
-Attended Capitol Leadership (2019)
-Arkansas Voting Delegate (2017)

-District:
-Gold Medals STAR Events (2017-2018)
-District President (2018-2019)
-Led a District Training (2019)
-Fall Conference (2016-2019)
-STAR Events Evaluator (2018-2019)
-Planning/Election Meetings (2017-2018)

-Contributions to FACS Education:
-Spoke at the school board on the importance of CTE and FACS in our school.
-Advocated for FCCLA, CTE, FACS on Capitol Hill to Arkansas Legislators

-State:
-Gold Medals STAR Events (2017,2018)
-State Leadership Conference (2017-2020)
-State Executive Council (2018-2020)

-FCCLA Offices held:


District: President (2018-2019) (1 year limit)
State: VP of Public Relations (2019-2020) (1 year limit)

School and Community Involvement:
-Beta Club (2016-Present)
-Honor Roll (2016-Present)
-Student Council (2019-2020)
-Church Youth (2013-present)
-God Pleasers Mission Choir (2016-2020)

-XCTF (2016-2020)
-High School Softball Team (2018-2020)
-Travel Club (2018-2020)
-FCA (2016-2020)
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Alexis Cherry
state: Nebraska

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

"The only source of knowledge is experience," Albert Einstein once stated. As a true lover of literature, I couldn't think of a better way to sum up all of my experiences in the Family and Consumer Sciences classroom and in FCCLA. Each and every experience that I've had comes more and more opportunities for knowledge and personal growth. This growth of knowledge has led me to making the tough decisions that come with opening up the next chapters of my life, specifically in my family, career, and community. Without those experiences, I truly believe that I would neither be where I am at today nor be where I see myself in the next chapters of my life.

As a State Officer, my first opportunity where I realized the impact of FCCLA was the interaction with members during chapter visits. The conversations provided me with a new perspective and gave me drive for my year in this position. Being able to support those chapters on behalf of the state association is an honor that I never took for granted. My most memorable visit was to a chapter that was going through a very difficult time. They recently lost someone that was very special to their hearts, and as a friend from their district that saw them grow each year, I couldn't bear to see them fall during their most important year yet. While on that first visit, I met with their members, assisted them with projects, helped them apply for awards and officer positions, and even was able to meet their support system at school. Seeing them heartbroken and losing hope, I knew then that I wanted to come back again and be a part of the support to their foundation. This experience has prepared me for my next chapter in my community through the demonstration of support for the growing youth leaders of tomorrow.

My second encounter of personal growth and knowledge came from my high school student life. I received the opportunity to shadow a Family and Consumer Sciences teacher from a nearby school. Throughout the day, I was able to network with many of her students and even teach a little bit of class. This opportunity allowed me to see the quality that my adviser saw in me the first day of class: leadership. Each and every one of her students had a sliver of leadership hidden within them waiting to be unveiled, so I asked her if I could try an exercise that I do with fellow members at FCCLA conferences. She was all for it and even joined in with us. Throughout the exercise, I saw that leadership reveal itself; it was truly breathtaking as a continually developing leader to see that in them. This experience wholeheartedly has prepared me for my next chapter in my career. As I continue to weigh out my career options, my heart keeps telling me to go for it: Family and Consumer Sciences Education. After this, there's no denying how much I love FCCLA and want to continue to grow the new leaders of tomorrow; that's why I have chosen to pursue Family and Consumer Sciences Education as my future career.

There is no one single experience alone that has prepared me for my next chapter in my family. Every experience in FCCLA and in the Family and Consumer Sciences classroom has prepared me to live on my own, to support myself, and to be happy in life when obstacles come my way. I know that this next chapter in my family will be one where I am on my own and pursuing my dream until I meet that special someone and move into a new chapter. Until then, I believe that my knowledge thus far has prepared me to take this next step in my family.
National Officer Candidate: Alexis Cherry

State: Nebraska

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

FCCLA and Family and Consumer Sciences (FCS) have evolved like a fruit tree. Seventy-five years ago, we had just become an organization; our tree sprouted. As the years turned into decades, we changed and kept improving on the basis of each organization’s meaning; we grew our trunk and began to evolve into a sight of beauty. But between sprouting and flourishing into a tree of delectable fruit, there’s a lot of hard work that has gotten us to where we are today and more that will continue to keep our organization growing.

On June 11, 1945 in Chicago, Illinois, the organization of the Future Homemakers of America (FHA) was brought to life. Their main focus was on building the profile of a homemaker. The organization was nothing without its adviser, the Home Economics teachers. Just like FHA, the education from Home Economics had a core base that covered many units relating to strengthening students’ skills to build a foundation in the home. Some of the core areas include: home management and design, health and hygiene, and even budgeting and economics.

Continuing the journey from the sprouting stage comes the growth of our trunk, or our backbone. As the organization continued to grow, we had peaks in membership, our 50th anniversary, and even built our national headquarters. With our growth and development, we began to see obstacles. We were often seen as a female-dominated organization that only focused on cooking and cleaning, even though that’s not what we stood for. Trying to break through the obstacles was the most difficult and, often, most defining times of our organization.

Even with obstacles in our way, we persevered and never gave up. In 1994, the Home Economics profession officially changed its name to Family and Consumer Sciences (FCS), in order to combat the impression of teaching ladies how to be housewives. As they fought to change the stereotypes, the organization soon followed suit to support their advisers. In July 1999, at the National Leadership Conference, we changed our name to the Family, Career and Community Leaders of America (FCCLA). The main focus of our organization shifted to the family. Within the next years and decades, we saw the steady disappearance of the stereotype. We started to see a growth in male membership, and we continued to blossom from the strength of our members and leaders.

Upon the completion of our blossoming stage, we have harvested the fruit which are the amazing leaders that we have today. As we continue to grow each year and produce more fruit, we can’t help but wonder what will happen to us in the future. FCCLA is an amazing organization today, and I expect it to be nothing less in the future. It’ll evolve to create even more precious leaders, continue to give members more opportunities for self-exploration, and create a home for all students across the globe. Each of these three evolutions will come with great leaders that will lead us towards these new horizons, and they will continue to support the organization’s most prized possessions, the members. In 75 years, FCCLA will become a home for all leaders alike, partnering with other Career and Technical Student Organizations to achieve common goals, and evolving the world of Career and Technical Education, as we know it.
Alexis Cherry  
Nebraska

School/Chapter:  
Affiliation: Comprehensive  
Years in FCCLA: 5  
Grade: 11th (Class of 2021)  
Years of FCS Instruction: 4

Family and Consumer Sciences Courses
- Fundamental Food and Nutrition/Culinary Skills I (11th grade, 10 credits)
- Child Development/Early Childhood Services (10th grade, 10 credits)
- Family and Consumer Sciences (7th and 8th grade, no high school credit)

Contributions to Family and Consumer Sciences Education
- Advocated for FCS Education and FCCLA through Capitol Leadership 2019, Nebraska CTSO Legislative Workshop with Nebraska Senators, and monthly school board meetings
- Shadowed and taught in an FCS classroom through the “A Day in Your Future” Nebraska FCCLA program
- Assisted surrounding FCCLA chapters through visits during their FCS classes to promote FCS education and FCCLA membership
- Continually promote FCS and FCCLA to incoming middle school students

Participation in FCCLA

Local:
- Organized, promoted, and participated in various chapter service projects, meetings, food drives, and fundraisers for the chapter and community members

District:
- Presented breakout session speeches at four different District Leadership Conferences across the state (2018-2020)
- Facilitated and organized District Leadership Conferences (2016-2017)
- Hosted District STAR Competition (2015-2016)

State:
- Assisted in conferences year-round as a state officer and state peer officer
- Presented breakout session speeches at various regional state-wide conferences

National:
- 2019 Capitol Leadership attendee
- 2019 NLC attendee, STAR Competitor, and State Officer Training participant
- Power of One Award Recipient (2019)
- 2018 NLC attendee and SPOTlight on Projects presenter
- 2018 National Cluster Meeting – Louisville, Kentucky attendee
- 2017 National Cluster Meeting – Oklahoma City, Oklahoma attendee
- 2016 National Cluster Meeting – Denver, Colorado attendee

Offices Held:

Local
- Chapter Vice President of Historical Records (2019-2020)
- Chapter Vice President of STAR (2017-2019)
- Chapter FACTS Team Member (2015-2016)

District
- District 5 Vice President (2016-2017)

State
- State Secretary (2019-2020, limited to one term)
- State Board of Directors Ex-Officio Member (2019-2020, limited to one term)
- State Peer Education Officer – Family Leader Team Vice President and Overall Council Vice President (2018-2019, limited to one term)

Participation in School and Community:
- National Honors Society (2018-present)
- Softball, Speech, Spring Play, FBLA (2017-present)
- Student Council Member (2015-current)
- Part-time employee at my local café and nursing home (2019-present)
- Summer Softball League 12 and Under Assistant Coach and Little League Official (2017-present)
- Alter server at my local church and member of the church youth group (2007-present)
- Volunteer judge for various youth groups (2018-present)
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Janelle Dickau

State: South Dakota

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

Fun, Food, and FCCLA. Much like many others, these are the three words that drew me into the organization. The start of my FCCLA story is similar to many other members within this organization but my story has continued to grow and change from its first page. As a seventh grader, I wanted to be involved in something. I was not athletic and did not enjoy sports as much as my other classmates. With that mentality, I felt lost until I took my first FCS class. My advisor saw a potential in me that I never did. She enticed me to join FCCLA with those three little words - fun, food, and FCCLA. Little did I know, I was in for way more. In my first ever FCS class, as a co-curricular activity, we had to complete an Illustrated Talk (now known as a Professional Presentation). I learned how to use the planning process for the very first time. The process taught me planning skills that I had never knew I possessed. This is just one of the things that FCCLA and FCS education has taught me. I took that project to region meeting and received a gold rating. I was astonished that I had found something that I could excel at and was excited to continue to grow within the organization.

I was amazed by FCCLA after competing at the South Dakota State Leadership Conference. With a little encouragement from my advisor, I decided to run for a state officer position. My eighth grade year was when I took a leadership leap by choosing to first run for region junior high representative. I didn't know what to expect or how to even prepare when running for office. Due to this, I did not do well in the selection process and didn't get the position. I was slightly discouraged. However, all the amazing people that I had met that far through FCCLA encouraged me to keep moving forward and to run for state junior high representative. I knew I needed to put more effort and time into preparing this time around. I spent many weeks preparing and ended up being selected to hold the position. My year as a state officer taught many skills that I use, not only within the organization, but also in my everyday life. I learned how to be a better speaker, became more organized, improved my interpersonal communication, and gained valuable career skills that I never would have learned without my year of service. After having such an amazing experience as a state officer, I wanted to keep going with FCCLA. I served on a state leadership team my sophomore year to gain new experiences and to continue serving the state of South Dakota. After this I felt more prepared to run again for state office and began the process of running. Over the 2019-2020 school year I served as South Dakota FCCLA's Vice President of Public Relations. Throughout my year of service, I learned that you never really stop gaining new skills and experiences through FCCLA. As I apply and prepare for college, I have found that FCCLA and FCS education has provided me with many skills that I will use for the rest of my life. I have found that because of FCCLA and FCS, I can more easily speak, prepare, write, and communicate in a personal or professional setting. I honestly don't think that without FCS and FCCLA I would be the person that I am now... and I am so grateful for that.
National Officer Candidate: Janelle Dickau  
State: South Dakota

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

75 years. Many things change over the span of 75 years. Fashion evolves, society develops, people age. Within FCCLA and FCS many things have changed as well. From our name, goals, and competitions, FCCLA has evolved into something much greater than we ever could have imagined. From our humble beginning in 1945 to our now astronomical membership numbers, the organization has skyrocketed to new heights. STAR events were first introduced in 1983, and we have come a very long way since then. In fact, we had a record amount of STAR event participants at the National Leadership Conference in Anaheim, CA this past summer – 4,744! Family and Consumer Sciences education as a whole had a very modest beginning as well, with only 11 people meeting in New York in 1899, with hopes of developing a field of study related to home making. This is when home economics was first introduced. In the beginning home economics classes were thought to be only for females but with the introduction of Title IX in schools in 1972, it became evident that FCS was available for everyone. At first home economics was about sewing, cooking, and ensuring that you keep a good home. It has changed and developed into so much more. One of the biggest changes in both FCCLA and FCS in recent years is the shift to a focus on careers in relation to career pathways. With these many changes being implemented, students now have more access than ever before to skills necessary for career readiness. Students have even more opportunities to learn career and life skills such as how to file taxes, how to craft a resume, and how to be successful in an interview setting. For 75 years FCCLA and FCS have been providing young students with the skills and opportunities needed to become successful members of society.

As we move forward past this 75 year mark in FCCLA, we look forward towards new horizons. I anticipate that FCCLA and FCS will continue to grow and develop to meet the changing needs of students in a new society. I believe that as FCCLA develops as an organization, so will our goals, our membership, and our accomplishments! FCCLA will continue to show young members how to take their interests and skills and develop them throughout our organization by utilizing tools such as STAR events, leadership teams, and National Programs. By taking advantage of the tools and opportunities provided, the members will be more prepared for life after high school and to strive towards achieving their goals. I also believe FCS, as a whole, will continue to change and develop through time. FCS will continue to teach students necessary skills for life that they would not learn in a classroom setting otherwise. By teaching students these lucrative skills, FCS will aid in creating a more developed and self-sufficient society that is confident in their abilities. Not only will this benefit the students, but also those around them and society as a whole. If students and members continue to take advantage of the opportunities provided to them from FCCLA and FCS education, they will continue to grow as people and develop their leadership abilities. I anticipate some really great things in the future for both FCCLA and FCS. I am so looking forward to what the next 75 years have in store for the organization and its members.
Janelle Dickau
South Dakota
High School
Comprehensive Member
11th Grade

FCCLA Offices Held:
     - Region VI President (2019-20)
     - State VP of Public Relations (2019-20)
     - Chapter State Officer Liaison (2019-20)
     - Chapter President (2018-19)
     - Chapter State Officer Liaison (2017-18)
     - State Junior High Representative (2017-18)

Contributions to FCS:
     - Legislative Shadowing (2018, 20)
     - Promotion of FCS to Prospective Junior High Students (2018-20)
     - South Dakota Department of Ed CTSO Training (2018, 19)
     - Service to South Dakota FCS Education Through FCCLA Office (2017-20)
     - School Board Presentation (2017-20)

Involvement in School and Community:
     - National Honor Society (2019-20)
     - Dual Credit, Student (4 Courses) (2019-20)
     - Thankful Thursdays, Director (2019-20)
     - Tutor for Junior High Students (2019-20)
     - Miss SD Teen USA, Finalist (2019)
     - Oral Interpretation District Champion (2018, 19)
     - Miss SD Teen USA, Top 10 (2018)
     - Miss Outstanding Teen (2018-19)
     - Afterschool Program, Employee (2018-20)
     - Book Club Member (2018-20)
     - Volunteer at Dinner Theater (2018-20)
     - Preschool Story Hour (2018-19)
     - School Play, Participant (2017-20)
     - Oral Interpretation, Participant (2017-20)
     - Oral Interpretation Region Qualifier (2017-19)
     - Track, Participant (2016-18)
     - Track, State Qualifier (2016)
     - Student Council Representative (2015-17)
     - Girls Basketball, Team Manager (2015-20)

Participation in FCCLA:
Local:
     - Princess Ball, Event Coordinator (2020)
     - Mr. A. Hudson, Coordinator (2019, 20)
     - Buck$ 4 Baby$, Chairperson (2018)
     - Christmas Party Chairperson (2018, 19)
     - After School Program, Presenter (2017)
     - Halloween Carnival, Chairperson (2015-20)
     - Senior Citizens Meal, Server (2015-20)
     - Christmas Tree Committee (2015-20)

Region:
     - Region VI President (2019-20)
     - Advocacy Team Workshop Presenter (2019)
     - State Officer Liaison (2017-18)
     - Jr. High Representative Candidate (2017)
     - Illustrated Talk STAR Event, Gold (2016, 17)

State:
     - South Dakota FCCLA National Officer Candidate (2020)
     - College Fair Planning Committee (2019)
     - Advocacy Team "Baby Shower" Drive Chairperson (2019)
     - Vice President of Public Relations (2019-20)
     - Developed PSA Contest/Award (2019)
     - Developed Junior High Award (2018)
     - Chapter in Review Display STAR Event, Gold (2018, 19)
     - "Joys of JH" Workshop Presenter (2018)
     - Jr. High Representative (2017-18)
     - Lead Rookie Training at State Fall Conference (2017, 19)
     - Illustrated Talk STAR Event, Gold (2016, 17)

National:
     - Online STAR Event, Evaluator (2020)
     - National Fall Conference Attendee (2019)
     - Listening Session Stand-In for State President (2019)
     - National Fall Conference South Dakota On Stage Representative (2019)
     - NLC Attendee (2017, 19)
     - NLC State Officer Training (2017, 19)
     - NLC Leadership Academy (2017)
     - Power of One Participant (2015-20)
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Ireland Fitzer

State: Oklahoma

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

My Family and Consumer Sciences classes have provided me so many opportunities to learn and develop life skills, as well as making decisions based on my values, goals, and standards. The things I have learned in my FCS classes have improved my ability to succeed in my family, my future career, and my community. Learning ways to strengthen the well-being of individuals and families becomes more important the closer I get to adult life. A consistent lesson through all FCS classes, and FCCLA, is the importance of teamwork. It is very important for students to learn how to work in a team environment in order to learn teamwork skills.

One of the main things I still thank my adviser for is the team work she forced me into (in the best way of course). My first year of high school I took the "Fundamentals of Cooking". In this class you have to have at least three people in your cooking group. I have always been the type who did school work, or any work, alone. I never really needed anyone to help me. Through letting people do tasks that I usually would do, and communicating with them about what ingredient needed to be added, or who was going to mix it all together, I learned to let go. I was taught that I don't always have to be in control which causes stress. I learned that people are there to get things done, and they usually have really good ideas if you stop talking long enough and just listen. I know it might not sound like much, but it helped me in other activities I participated in.

I carried what I learned about team work over into my STAR Events, into Student Council, and into Drama class. Through that FCS class, I learned that self-control was at the root of any successful team, or group activity. It helped me work better with any team I was on, and made me want to listen to what others had to say. I was now more open minded to others, instead of doubting those around me. Not only did this help in my school, I would go as far as to say it really helped in my family relationships as well. Indirectly, what I have learned allows me to have more respect for what others have to say.
In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

From the beginning, Home Economics (Family and Consumer Sciences) has always been interested in improving the quality of life for all. When it began in the mid-nineteenth century, the main focus was teaching young girls domestic skills in order to take care of the family. Moving to the twentieth century, family and consumer sciences changed in order to meet the needs of a more diverse population. As women began to enter the workforce, rather that focus on homemaking skills, they focused their attention of problem solving, critical thinking, and interpersonal skills. They focused on skills that would move them into their future jobs more easier, and prepare them for things that aren’t just home based.

Moving into the twenty-first century our transition was aimed at our aging population, the digital age, non-traditional families, and ethnicity. FCS will continue to meet the needs of every student, making a difference in their lives no matter their religion, ethnicity, or home life.

New National Programs will be put in place no doubt with the inevitable trends and needs of everyone. New STAR Events will be made. Things will become more digital, and I think FCCLA and FCS will become more involved in the technology field than ever before.

In the near future, I see FCS classes being drilled harder into the school curriculum because of the lack of family awareness, and basic skills, everyone needs to be taught.

Common things such as boiling water, and sex ed are not so common among our generation anymore. With this class becoming a necessity to take, I believe it will make us more equip for our families, and future careers. We won’t be clueless to the simple, but prepared for the hard. Even with new beginnings coming, FCCLA and FCS classes still have core values in mind. Just as it states in our creed, we have the clear consciousness of seeking old and precious values. No matter how different and hard it may seem, we FCCLA members will face the future with warm courage and high hope.
Ireland Fitzer  
FCCLA Resume

Name: Ireland Fitzer  
State: Oklahoma  
School: High School  
Chapter: FCCLA  
Affiliation: Comprehensive  
Year in school: 11th  
Number of years in FCCLA: 3 years  
Total years of FACS instruction completed: 3 years

Family and Consumer Sciences Courses Taken:  
- Family and Consumer Science I, 1 credit 9th grade  
- Nutrition/Food Prep, 1 credit 10th grade  
- Art of Baking, 1 credit 11th grade

Participation in local, district, state, national:  
- Planned and led local chapter meetings  
- Planned and led local membership campaigns  
- Broadcasted various public service announcements about local FCCLA activities  
- Planned and implemented local projects for national programs such as STOP the Violence, F.A.C.T.S. and Student Body  
- Participated in district, state, and national Star Event projects such as Career Investigation, Job Interview, Focus on Children, and Community Service Project  
- Elected as District Officer and attended District Officer Training  
- Planned and led Lead Conference and District Leadership Meeting  
- Attended state conventions three consecutive years  
- Elected to the Oklahoma State Executive Council  
- Attended National Cluster meeting in Louisville, Kentucky and Dallas, Texas

Offices in FCCLA:  
- Oklahoma National Officer Candidate 2020-2021  
- Oklahoma 1st Vice President 2019-2020  
- District Vice President of Membership 2018-2019  
- Chapter President 2018-2019

Contributions to FCS Education:  
- Spoke with Oklahoma legislators about the importance of Career Tech and FCS Education  
- Spoke with administration and school board members about the importance of FCS education and FCCLA in school

Participation in Community and School:  
- Angel Tree participant  
- Canned Food Drives  
- Member of National Honor Society  
- Student Council 1st Vice President  
- Freshman Class officer
National Officer Candidate:  Kaden Fox  
State:  Kansas

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

The realm of Family and Consumer Sciences offers students a broad spectrum of coursework, opportunities, and a wealth of knowledge on a variety of subject matters – a combination of classes designed to be relevant for all students. When you add Family, Career and Community Leaders of America to the opportunities offered through Family and Consumer Sciences education, the possibilities for student growth and success are endless.

Throughout the last five years, as a member of FCCLA, I am certain that the experiences I have gained through my coursework and organizational involvement will assist me in writing a lifelong story that impacts the lives of countless individuals. First, FCS coursework and FCCLA’s national programs have given me the knowledge and experience to ensure a stable and healthy relationship with my family. This knowledge has assisted in growing relationships with my family members and has taught me various ways to develop healthy familial environments. I have learned countless methods to build a successful, well-functioning family – one that values love and empathy, and that effectively cares and listens to one another. These qualities I seek in family require skills I am gaining, such as the use of more effective communication, the acceptance of different views or opinions, and establishment and continuous work towards family goals.

Second, in terms of my future career, my FCS courses and FCCLA’s tools, such as the Career Pathways Resources and Career Connection national program, have provided examples of how to create success on my own and helped me begin to mold a successful career plan within my desired future major in the dentistry field. Additionally, I have learned how to effectively communicate with coworkers, provide valuable input, and build healthy relationships for the betterment of the workplace.

Finally, my FCCLA and FCS work with community service and community development has given me the knowledge and experiences to be an integral leader in the communities of my current and future chapters. I have grown to be an effective contributor and have experience increasing volunteerism, generating participation in a variety of forms of donation, and implementing assistance for those in need; all for the betterment and growth of my community. Because of FCS and FCCLA, I have a strong ability to organize and implement community-focused projects, build lasting relationships with a wide-range of people, and mobilize others to impact my community now and in the future.

The opportunities provided by Family, Career and Community Leaders of America and Family and Consumer Sciences coursework have truly made an impact on my life and given me skills that will certainly prepare me for the next chapter of my family, career, and community. The experiences I have encountered through my FCS classes and participation in FCCLA have assisted in the writing of My Story – an opportunity that I am indebted with.
In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

Seventy-five years ago, on June 11, 1945, the Future Homemakers of America (FHA) was established in Chicago, Illinois. Built upon the foundation of the Home Economics coursework and the ideals of preparing its members to be successful homemakers, FCCLA has drastically morphed into a leadership-driven organization preparing its members for their future.

Having transformed multiple times through its name; from “Future Homemakers of America” to “Future Homemakers of America-Home Economic Related Occupations” to present-day, “Family, Career and Community Leaders of America,” the evolution is evident. Many of these changes to the organizations still reflect many of the basic skills and values of the organization at the time of its founding; these values include developing students by preparing them to be successful for their role in society while acknowledging that it starts at home, with a healthy family, and by practicing skills and active involvement in the community. As society changed the needs and expectations of success – both inside and outside the home – Home Economics coursework and FHA programming expanded to prepare students for jobs related to the foundational skills originally taught to future homemakers. For example, sewing is still an essential skill for the role of a fashion designer in a world where most people now purchase their clothing instead of making and mending it at the home. The realms of FCCLA and FCS have drastically changed over the past 75 years by broadening its horizons to better prepare and impact today’s youth to become the strong leaders of tomorrow.

As our environment continues to shift, in terms of technical growth and the roles of humans in society, I foresee these changes also altering how FCCLA members and FCS students are prepared for the future. I anticipate FCCLA continuing to innovate and “broaden its horizons” to ensure changes are identified and addressed for the betterment of students. In terms of FCS coursework, I anticipate there being a shift in the coursework and how it is taught to students as our society begins to become more technologically advanced. In addition to technology there will also be changes in demographics, global issues, and how the world works, overall. However, I am certain that the organization will pursue evolution and will continue to prepare its members to make a difference in their families, careers, and communities “by addressing important personal, work, and societal issues through Family and Consumer Sciences education.”

Family, Career and Community Leaders of America is a dynamic organization that is truly bound for the future. Since 1945, the organization has undergone many changes, such as shifting to prepare all students for the future, not just women. FCCLA has also developed programs and resources that allow the organization to prepare students for all aspects of life, not just within the home. FCCLA is a dynamic organization that is truly “bound for the future.” The organization will continue to grow and changes as it adapts to an ever-evolving society. No matter what, I am confident that the organization will continue to offer members opportunities to expand their leadership potential and develop skills for life.
Kaden Fox

- State: Kansas
- School: [Redacted] High School
- Chapter: [Redacted] FCCLA
- Affiliation Type: Comprehensive

Family and Consumer Science Courses
- General FCS Education (0.5 Credit): 2015-2016 School Year: Comprehensive FCS Education 1.0
- General FCS Education (0.5 Credit): 2016-2017 School Year: Comprehensive FCS Education 2.0
- Quick Cuisine (0.5 Credit): 2017-2018 School Year: Food Preparation and Training
- Leadership (0.5 Credit): 2018-2019 School Year: Life Preparation and Leadership Improvement
- Global Cuisine (0.5 Credit): 2019-2020 School Year: Advanced Food Preparation and Training

Participation in Family, Career and Community Leaders of America

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<tr>
<th>Local</th>
<th>District</th>
<th>State</th>
<th>National</th>
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<tr>
<td>Organized Lead2Feed Events, Seatbelt Checks, Power of One Workshop</td>
<td>Fall Conferences</td>
<td>Attendance at State</td>
<td>- Capitol Leadership Attendee (2019)</td>
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<td>- Made chapter visits to various non-affiliated and inactive chapters — resulting in membership</td>
<td>- Coordinated the Keynote at District EWest FLC (2018)</td>
<td>- Attendance at Kansas SLC (2017-2020)</td>
<td>- State Officer Training (2019)</td>
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<td>- District President Training (2018-2019)</td>
<td>- 2019 Teen Times Interviewee</td>
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<td>- 2020 Power of One Completer</td>
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Leadership Positions in FCCLA
- 2016-2017 Chapter VP of Membership
- 2017-2018 Chapter VP of Records and Finance
- 2018-2019 District EWest President
- 2019-2020 Kansas FCCLA State VP of Corporate Relations and Finance
- 2020-2021 Kansas FCCLA First Vice President

Contributions to Family and Consumer Sciences Education
- Advocated in Washington DC for FCS, CTE, and CTSO to Congressional Members
- Advocated for FCS Programs and Related Activities to Seaman USD 345 Administration and Staff
- FCS Class Visits (Olathe North HS & Oskaloosa HS)
- Advocated and Spoke to Kansas State Board of Education Members about the importance of FCS, CTE, CTSO’s, and specifically, FCCLA

Participation in School and Community Activities
- Extensive Volunteer Participation and Organization at Silverbackts, GracePoint Church, and various school organizations (January 2015 – Present)
- Marching Band Section Leader (2018, 2019)
- Participation in a Variety of Clubs and Organizations:
  - Key Club (2017 – 2018),
  - Math Club (2019 – Present),
  - The Writing Center (2017 – Present),
  - National Honor Society (2019 – Present),
  - Marching Band / Wind Ensemble (2018 – Present)
- President (2019 – Present)
- STUCO Class Representative (2018 – Present)
- STUCO Vice President (2019 – Present)
- Viking Marching Band Drum Major (2019, 2020)
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Caleb Gann

State: Texas

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

"For we are the builders of homes, homes for America's future."

FCCLA is more than "My Story", it is my family scrapbook. I am a fourth generation FCCLA member. My great-grandmother was a member in the early years of FHA. My Nana was a member of FHA and later became a Family and Consumer Sciences teacher and adviser for FHA/HERO and FCCLA. My mother was a Texas Region IV Officer during the 50th Anniversary of FHA. She also went on to major in Family and Consumer Sciences education and has been one of my teachers in high school. My aunt was a Texas FCCLA State Officer for two years while she was in school. FCCLA has been part of my family for many years, creating a legacy of leaders. The values instilled in the members of this organization have truly helped to build the homes and hearts of my family. This gave me a foundation to form a clear vision to set goals and stay on the right path.

My first encounter in a Family and Consumer Sciences course was in seventh grade. Although my junior high did not have FCCLA, this course introduced me to possibilities that would shape my future. Upon entering high school, I quickly chose Culinary Arts as my endorsement and have taken courses in that pathway each year. I also finally got the opportunity to join FCCLA. Even though I was a new member, I had been to FCCLA events with my mom for my entire life. I took the chance and decided to run for Region Officer, a goal I had set many years prior. I began adding multiple pages to the story in my family scrapbook.

Family and Consumer Sciences courses really opened my eyes to the multitude of career opportunities represented by our career pathways. My high school offers Culinary Arts, Education and Training, and Human Services courses. I chose to specifically focus on the Culinary pathways due to my love for cooking that cultivated early in life. From a young age, I felt like it was my calling to become a chef. Cooking allowed me to express my creativity in my younger years. I experimented in many ways which eventually led to culinary becoming a hobby and a passion.

My story continues to be written every day. I plan to use the leadership skills I have acquired through FCCLA and the career knowledge I have learned in my FCS classes as I work toward my life goal of studying Food Science and Business with the anticipation of one day opening my own restaurant. My story and the pages of my family scrapbook will continue as I grow and build my own family and home in the years to come.
In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

FCCLA and FCS has evolved over the past 75 years in many ways. The biggest change that we all see is the name change that happened twenty-one years ago in Boston, Massachusetts, but FCCLA has changed much more than that. In 1965, Future Homemakers of America and New Homemakers of America merged and fell under the same name of FHA. This was an unprecedented move for student organizations during that time period. In 1979, FHA merged with Home Economics Related Occupations to become FHA/HERO. That same year, the logo was updated to an eight-sided logo with FHA/HERO inside of it. In the 1980’s, STAR Events were introduced. Home Economics transitioned into Family and Consumer Sciences. FCS and FCCLA also adapted to the technological changes of the times.

Family and Consumer Sciences courses have also made major alterations to their curriculum. Schools now offer a wide variety of classes to include the four career pathways - Hospitality & Tourism, Education & Training, Visual Arts & Design, and Human Services. Students are empowered to explore career opportunities, gain important job skills and even earn industry certifications in their desired field. This changes the landscape of post-secondary education and employment. FCS students are enabled with skills to compete for scholarships and in the job market on higher levels than ever before.

Moving forward, I anticipate that FCS and FCCLA will continue to be front-runners to meet the needs of our ever-evolving world. Daily, we are faced with new opportunities and challenges. We must continue to strive to meet the needs of families, careers and communities to remain relevant as a significant student-led organization. Our motto is "Toward New Horizons". We are tasked with this each and every day. We face the future with warm courage and high hope.
Family and Consumer Sciences Courses Taken
- Career Portals, 2015-2016 (7th grade, not on transcript) 0.5 credit
- Introduction to Culinary Arts, 2017-2018 (9th grade) 1.0 credit
- Culinary Arts, 2018-2019 (10th grade) 2.0 credits
- Advanced Culinary Arts, 2019-2020 (11th grade) 2.0 credits

Past Offices Held
- 2017-2018 FCCLA Vice President
- 2018-2019 FCCLA President
- 2018-2019 Region IV Vice President of Programs
- 2019-2020 Region IV President

FCCLA Events and Projects
- Attended Peer Education Conference, 2016, 2018
- Step One FCSA, 2016
- Attended and presented at Fall Leadership Workshop, 2016, 2018, 2019
- Teen Road Safety Assessment, 2017
- Membership Recruitment Week, 2017, 2018, 2019
- Teacher Appreciation, 2017, 2018, 2019
- Completed all units of Power of One, 2017, 2018, 2019
- Region Officer Training, 2018, 2019
- Attended Region and State Leadership Conferences, 2018, 2019, 2020 (Virtual)
- Attended National Leadership Conference, Atlanta 2018; Anaheim 2019
- FCCLA Pumpkins with Friends, 2019
- Attended and volunteer - National Fall Conference, Dallas 2019

Honors
- National Junior Honor Society, 2016-2017
- National Honor Society, 2019-2020
- Top 11% Student, 5.29 GPA
- All-District Academic Team Golf; 2019, 2020
- All-District Academic Team Football; 2019

Extra-Curricular Involvement
- Academic UIL Math
- FCCLA
- Student Council
- Freshman Class President
- Tennis
- Lion Football
- Powerlifting
- Golf

Community Involvement
- First Student Ministries, various community service projects, 2015-2020
- FCCLA, Region IV and State Service Learning Projects 2017-2020
- Served meals and donated clothing to Hurricane Harvey victims and first responders, 2017; County Tornado victims, 2020
- Rotary Youth Leadership Award camp, 2020
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Maddie Gilloran  
State: Arkansas

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

An author once said that “Every voice we hear, every face we see, every hand we touch could become story fabric.” My story fabric began being woven when I was in the ninth grade and took my first Family and Consumer Sciences Class. My life has been enriched tremendously by adding that class to my schedule. I jumped right in to FCCLA and it felt like the perfect fit, like I had found my home. Starting with participation in my local chapter, I was inspired to become more active. Not only did I become a local chapter officer, but I was inspired to run for District office, and eventually State office. These experiences began to mold me into the leader I am today.

Preparing for my STAR events at each level, working on chapter service projects, and planning District and State events have all given me an opportunity to serve. I have gained valuable employability skills as I applied FCS technical skills to FCCLA activities. Collaboration, teamwork, time management, and creativity are just a few. As Arkansas FCCLA State President and the leader of our State Executive Council, I had to practice active listening to ensure that our meetings were productive and that everyone was able to contribute. Professionalism, public speaking, and advocating are now a permanent part of my resume. For example, last fall I was able to attend Capitol Leadership Training in Washington, DC where I advocated for Career and Technical Education, Student Leadership Organizations, and funding for CTE programs.

FCS and FCCLA have instilled in me the drive to know that I can accomplish my goals and dreams, no matter how big they are. The interpersonal and communication skills I have learned from my years in FCS have given me the tools I need to be successful. Not only do they benefit my chapter, but they equip me to serve my community. I believe now is the time to make a difference, not later, after we become adults, or graduate from college. As students we have so much to offer and it is never too early to start. My involvement in chapter service projects and national programs has helped me make a difference. FCCLA has given so many of us an opportunity to serve, and our communities are better because of it.

Leading Arkansas at National Leadership Conference last summer helped me decide what I hope the next step in my story will be, serving FCCLA as a member of the National Executive Council. I want to take what I have learned in Atlanta, Anaheim, DC, and across the state of Arkansas, and share with others to ensure that our story continues. FCCLA has offered me so much and I know it can continue to change lives and build leaders for generations to come. Each person I have met through FCCLA has become a part of my story fabric, and I hope that I will have the opportunity to spread this fabric even farther during this next year.
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Maddie Gillerin
State: Arkansas

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

I have been fortunate to hear about FCS for as long as I can remember. I am a third generation member, my mother & grandmother both being members of Future Homemakers of America. FCCLA has changed tremendously since their era, now providing vital leadership, interpersonal, and career preparation skills. I am proud that much of what we stand for remains, but even more proud of the changes FCCLA has made to stay relevant and provide the skills needed by our members.

My grandmother has always told me that FCS, or Home Economics as she called it, was her favorite class. She took six years of classes while in school. She still has her textbook, a Better Homes and Gardens Cookbook from the sixties. Family meals are still made from that book. FCS and FCCLA have continued the focus on meals, but what they have added is even more important. We now emphasize why meal time is so important to families, how it can mean so much more than nutrition. We are taught food safety guidelines not only for our homes, but we are educated on industry standards. Health and fitness are still priorities, but now we do not focus only on physical health. Mental health and wellness are now also at the forefront. This focus on the whole person has been a change that is very beneficial to students. It reflects the reality of what our society needs.

The structure of the family and our community has changed over time. FCCLA has evolved to recognize those changes and meet the needs of all families, and all communities. As our focus has shifted to leadership, FCCLA now emphasizes the importance of being the best we can be not only for our family, but also for what we can contribute to others. By highlighting career pathways for members we are able to develop real world skills through our coursework, and national programs. Mahatma Gandhi once said that “The best way to find yourself is to lose yourself in the service of others.” FCCLA has made community service a priority. Our National Programs have been developed to give chapters guidance to make an impact in their community. FCCLA has given us a mission, and if we serve together, we can improve the lives of future generations. We can gain so much while we serve our schools, our communities, and our world.

As we are in the middle of a worldwide pandemic, I see so much that has been affected by FCS and FCCLA. Community members are using personal finance skills to make ends meet during hard economic times, families are cooking more at home while searching for alternate ingredients for things that are scarce, and those who sew have played an extraordinary part in protecting our country by recycling materials to make masks. And most important of all, everyone has been enlightened on thorough hand washing and awareness of contact which was instilled in me through FCS classes, reinforced by FCCLA culinary fundraisers, and practiced automatically the last few months. It has made me very proud that my chosen program of study, and the student organization that I am so passionate about has played an integral part in the recovery of our nation and world. The pillars that FCCLA was built on are supporting so much right now. I foresee FCCLA continuing to evolve to meet the needs of our society. I think the use of technology to reach our members will increase. The current situation has allowed us to see that we do not have to be in the same location to collaborate and work together. By partnering with members outside your chapter, we can capitalize on our strengths and skills, becoming even more productive.
**Maddie Gilleran**  
Arkansas  
[Name Redacted] High School  
3rd Year Comprehensive FCCLA Member  
Senior 2021  
3 Years of Family & Consumer Sciences Instruction

| Family & Consumer Sciences Education | Family & Consumer Sciences - 1 credit (9th Grade)  
Clothing & Textiles Management I - 0.5 credit (10th Grade)  
Clothing & Textiles Management II - 0.5 credit (10th Grade)  
Child Development & Parenting - 1 credit (10th Grade)  
Food Safety & Nutrition - 1 credit (11th Grade) |

| FCCLA Leadership Experience | FCCLA Chapter 10th Grade Representative (2018-19)  
FCCLA District VI Secretary (2018-19)  
FCCLA Chapter 1st Vice President (2019-20)  
FCCLA State President (2019-20) - only 1 State term allowed  
FCCLA Chapter President (2020-21) |

| Local FCCLA Participation | Hillcrest Children’s Home Birthday Room Collections (2017); Fundraising for The CALL (2017); Families First, You-Me-Us (2018); Family Care Packs for Arkansas Children’s Hospital (2019); Chapter Fundraising (2017, 2018, 2019 & 2020); Chapter Officer Retreat (2018 & 2019); Donated time to Arkansas Foodbank (2020) |

| District FCCLA Participation | Competed in STAR Events (2017-18 & 2018-19); Fundraising for PATH (2018); Item Collection for Mercy Child Advocacy Center (2019); Implemented District Leadership Retreat (2018); Planned District Leadership Meetings (2018) |

| State FCCLA Participation | Advanced to State STAR Events (2017-18 & 2018-19); Donated time and items to the Arkansas Food Bank (2019); Attended Arkansas Leadership Retreat (2019); Attended Arkansas Leadership Conference (2018, 2019, 2020); Helped lead Arkansas CTOSD Day at the Fair (2019) |

| National FCCLA Participation | Advanced to National STAR Events (2017-18 & 2018-19); Attended National Leadership Conference (2018 & 2019); National Executive Council Election Voting Delegate (2019); Advocated on Capitol Hill for FCS and CTE Education (2019); Attended National Fall Conference (2019); Completed Power of One (2020); Community Service National Program (2019-20) |

| Contributions to Family and Consumer Sciences | Advocating for FCS & CTE Education on Capitol Hill (2019); Attending and advocating for FCS at the Arkansas CTE Day at the State Capitol (2020); Promoted FCCLA & FCS during FCCLA Week (2018, 2019 & 2020); Presented to local school board (2019 & 2020) |

| School and Community Involvement | Arkansas Foodbank  
Miracle League of Arkansas  
Arkansas Children’s Hospital  
Operation Christmas Child  
Samaritan’s Feet  
[Name Redacted] Parent Center  
Leadership Positions | Choir President (2016-17)  
FCA Huddle Leader (2016-Present)  
Beta Historian (2017-18)  
Kiwanis Builders Treasurer (2017-18)  
EAST Initiative Ambassador (2019-20) |
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

**National Officer Candidate**: Karlyn Gustin  
**State**: KS

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

As Dorothy, from the classic Wizard of Oz, says “There’s no place like home.” For me the FCS classroom at my school has become my home away from home. I started my FCCLA story as a Freshman when I joined my school’s chapter. As I attended my first conference, I knew that this organization was something special. In my first year in FCCLA I learned all about how to become a better leader and how I could make a difference in my community. I very soon became really involved in my chapter, as a chapter officer I even competed in my first STAR Event and that really showed me all the positive things that I can do through this organization. FCCLA is my “somewhere over the rainbow,” where I discovered my dreams.

Throughout my second year of FCCLA I was able to use heart, brains, and courage to develop as a leader. This organization has taught me how to use my voice to advocate for Family and Consumer Sciences Education. I have learned to tell others what makes this organization so special and how much students, advisers, communities, and the world can benefit from the amazing things that FCCLA members are doing and will continue to do in the future. Within my story I have learned so much about myself and others. In my community I have gotten to know so many people through community service projects. Through a variety of different projects I have gotten the chance to meet many younger students in my community and teach them all about FCCLA and why they should get involved when they are older. I have also learned how to be a leader in finding my way home to a successful career. Through FCCLA I have become a better public speaker, gotten closer with people in my community, and have even been able to learn so much about the values of a family and the importance of FCS education and FCCLA.

Going into my freshman year of high school I was sure that I would want to study law in college but FCCLA and FCS have changed that. I am now wanting to become a Family and Consumer Sciences Educator and FCCLA adviser. I have been able to research my career, shadow teachers with the same job, and even have had the opportunity to teach a lesson to younger students in the FCS classroom. I have been able to plan for the future down the path of the yellow brick road to success as being a Family and Consumer Sciences Educator. FCS Education is something that has taught me lifeskills, public speaking skills, and transferable job skills. I want to be able to teach students the same skills that I learned from FCCLA and give students the opportunity to become apart of this amazing organization. As I begin the next chapter of my story in this upcoming school year I am thrilled to be able to continue to write my story as I go through the Ultimate Leadership Experience. FCCLA has shown me how to be a strong leader, and has also given me the tools that I need in order to find my way down the yellow brick road to success!
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

**National Officer Candidate:** Karlyn Gustin  
**State:** KS

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

Picture it. It's 1944 and a group of leaders in the field of Home Economics gathered in Chicago, Illinois. Maybe they were talking about recipes they could share. Maybe they were discussing how they could get more students involved in their classrooms (who were focusing on skills like cooking, sewing, and caring for children at the time). During that meeting, they came up with the idea of an organization that would be based around the same goals that they had for their students. A year later, Future Homemakers of America was founded. Over the years the membership in this organization began to grow as more and more people across the nation were getting involved in FHA.

It was 1980 when it was voted on and approved that FHA would purchase land to build a national headquarters and leadership center in Reston, Virginia. While we currently have over 30 STAR Event choices, in the year they were introduced, there were only three options. Every great story needs to be written and the story of FCCLA and updates for members can be found in Teen Times the official FCCLA magazine which was created in 1984 and sent to every member nationwide.

In 1999, FHA voted to change the name of their organization to the present name, Family, Career and Community Leaders of America. Not only did the organization change their name, but over the next few years the focus of the organization shifted to focus on leadership skills such as public speaking, creative thinking, interpersonal communications, and practical knowledge to get them prepared for their careers. FCCLA over the years has shaped young students into amazing leaders that not only learn skills for the future but also learn about themselves as well. This organization has become a voice for students, given them once in a lifetime opportunities, and has created lifelong memories, too.

In the future, this organization will continue to grow and help students learn. Members from all 53 state associations will continue on with the Ultimate Leadership Experience and give members the amazing skills, and memories that are gained through FCCLA. Family and Consumer Sciences Education will continue to be able to equip students for life today and the world tomorrow. I hope that students can find their FCS classrooms as a fun learning environment. This story is not over yet, it is continuing to be written for years to come. There are many more stories, and memories to be written about FCCLA. So here we are, 75 years later, and things have changed a lot—not only the name of the organization, but also what members are learning through this organization. Now picture it. The year is 2095 and there is a group of Family and Consumer Sciences Educators meeting to discuss how far we have come in 75 years and where we will go from here. Isn’t it crazy that maybe they’ll be saying our names, talking about our accomplishments, or how we influenced the future of FCCLA? Let’s make them proud.

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Karlyn Gustin

Kansas | Sophomore
High School
FCCLA
Comprehensive Membership
Two Years in FCCLA
Three Years of FCS Instruction

FCS Courses:
10th Grade:
  Family & Community Leadership; 1 credit
  Fashion & Interior Design, ½ credit
9th Grade:
  Human Growth & Development; ½ credit
  Family Studies; ½ credit
8th Grade:
  Introduction to Family & Consumer Sciences; ½ credit

School & Community Involvement:
  Student Council | 4-H | Forensics | FFA
  Cheerleading | Dance | Basketball | Track
  Volleyball | Softball | Choir | Babysitting
  Viking Leaders Youth Mentoring
  KAY: Kansas Association for Youth
  SAFE: Seatbelts Are For Everyone
  JVCL: Junior Viking Career Leaders

FCCLA Involvement:

Local:
  Nursing Home Visit, Concession Stands, Ronald McDonald House
  Cleaning, Helped Teachers with Classroom Set-Up, STAR Event Volunteer,
  Parents Night Out Coordinator, Power of One, Officer Retreat, Childcare for Parent-Teacher Conferences

District:
  Fall Leadership Conference, Summer Leadership Training, STAR Event Competitor, Workshop Presenter,
  District Officer Team Liaison

State:
  State Leadership Conference, STAR Event Qualifier, State Executive & Advisory Council, Citizenship Day

National:
  National Leadership Conference, Capitol Leadership, National Cluster Meeting, Leadership Academy,
  National Executive Council Voting Delegate

FCCLA Offices:
2020-21: State VP of Public Relations
2019-20: State VP of Peer Education
2019-20: Chapter VP of Star Events
2018-19: Chapter VP of Community Service

FCS Education Contributions:
• Advocated for FCS Education & FCCLA on Capitol Hill in Washington, D.C.
• Visited five high schools and one middle school around Kansas to promote FCS education & FCCLA
• Presented to school board about FCCLA funding & benefits to students
• Taught a class about FCS Education to 8th grade Intro to FCS class
• Presented to Kansas Farm Bureau Board of Directors about FCS partnership

School & Community Leadership:
4-H: Vice President, Historian, Secretary
Cheerleading: Captain
Dance Company: Student Teacher
Student Council: Class Representative
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Jannica Johnson  
State: Utah

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

My story began Freshmen year. Imagine a five foot girl with a missing pointer finger ready to take on High School. Like all freshmen I needed to find where I fit in. After attending club rush I decided to join FCCLA. Being apart of FCCLA helped me grow and believe in myself. Freshmen year I competed in my first STAR Event and came to see that I had a love to serve others and make a difference. At region conference I saw State Officers on the stage and said to myself "that's going to be me next year!"

My passion for FCCLA grew stronger after I attended the National Leadership Conference (NLC) in Atlanta Georgia Freshmen year. After seeing National Officers at NLC my desire to become a state officer was stronger than ever. Sophomore year I became the Chapter Vice President over STAR Events and National Programs. I competed in the Leadership STAR Event and was able to evaluate the leadership skills I had and also the ones I needed to improve on. My evaluation showed me that I had the skills needed to be a State Officer. That year I ran for State Officer and accomplished a goal to accept the opportunity to be a State Officer for Utah FCCLA.

My year as State Officer is a year I will never forget. I was able to serve others, be a voting delegate, present a workshop, plan a region activity, help with region conference and attend leadership training’s.

FCCLA has helped me improve my leadership skills and accomplish goals but FCS classes have given me opportunities to explore careers and the skills needed in related occupations. After taking Interior Design my Junior year I was able to see the skills I lacked to pursue Interior Design as a career. After taking Prostart, Food and Nutrition I & II I have been able to improve my Culinary Arts skills and see first hand how leadership plays a big role in being successful in the Culinary Industry.

Through FCCLA projects and FCS classes I have been able to grow my leadership skills and write my own story!
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Jannica Johnson  
State: Utah

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

Something that I love about FCCLA, is that it is always ready for the next big step in becoming a better organization. Let me take a step back in history so I can show you what I mean.

In 1945 Home Economics classes and Future Homemakers of America (FHA) focused on helping young girls prepare for the roles they would have as homemakers, mothers and caregivers.

Skip to 1999 and we find that FHA changed its name to FCCLA; Family Career Community Leaders of America. In July of 1999 at the National Leadership Conference in Boston, MA, FCCLA changed to accommodate changing roles of men and women. In September of 2003 FCCLA adopted our tagline: "The Ultimate Leadership Experience."

The list of changes could go on to fill this page and then some. But the question was not just how FCCLA changed but how I see FCCLA and FCS evolving in years to come. Since FCCLA's start in 1945 we've faced many challenges but have always overcome those obstacles and kept our organization strong. We have been able to add more competitive events for more leadership opportunities, technology-based online STAR Events, and this year we will be holding our very first Virtual National Leadership Conference! Although these obstacles come with adversity and doubt, they will not break the foundation of FCCLA, in fact they will make it stronger.

I anticipate FCCLA and FCS to keep their strong value that family is the basic unit of society. Continuing to provide students with leadership skills to grow and become successful in future careers and teach the importance of service in the community. As FCCLA continues to be led by students year after year I see future FCCLA members being taught these skills by past FCCLA family members or Alumni. With FCCLA's strong foundation that has been built on for over 75 years I see FCCLA continuing to grow and make their foundation stronger as people realize the importance of family, careers, and the community.

If I were on the National Executive Council, I would bring a great work ethic to help FCCLA continue to grow and build off their strong foundation while helping students become leaders.
Jannica Johnson
National Officer Candidate

Profile:
State: Utah
School: High School
Chapter: High Chapter
Affiliation: Occupation
School Year: 11th Grade Class of 2020
Years of FCCLA: Three Years
FCS instruction: Five Years

Family and Consumer Sciences Courses:
11th Grade Foods and Nutrition I .5 Credit
11th Grade Interior Design .5 Credit
11th Grade Prostart (Food Service Occupational) 1 Credit
10th Grade Apparel and Design and Production .5 Credit
9th Grade Foods and Nutrition II .5 Credit
8th Grade FCS Exploration .5 Credit
7th Grade College and Career Awareness 1 Credit

Local Participation
- Children Books Parade 2018-2019
- Club Rush 2018-2019
- Teacher Appreciation 2017-2019
- 12 Days of Christmas 2017-2019

Region Participation
- Interpersonal Communication (silver) 2020
- Region Activity 2019
- Region Conference 2020
- Region Conference 2019
- Leadership (silver) 2019
- Region Conference 2018
- Advocacy (silver) 2018

Work Experience
- Landscaping 2020- Present
- Trail Rides 2016- Present wrangler, office manager and photographer

State Participation
- State Service Project 2020 Raised $200
- Fall Leadership 2019 presented a workshop
- Leadership (Gold) 2019
- State Conference 2019
- Fall Leadership 2018
- Advocacy (silver) 1st place 2018
- State Conference 2018

National Participation
- Nationals Leadership Conference 2019
- Voting Delegate 2019
- National Fall Leadership 2019
- National Leadership Conference 2018
- Advocacy Participant 2018

Contributions to Family and Consumer Sciences
- Presenter at FCS summer conference 2020
- Student aid for FCS department

Offices held in FCCLA
Chapter Officer
- Vice President of Membership 2019-2020
- Vice President of National Programs and Competitive Events 2018-2019

State Officer
- First Vice President 2019-2020

Community Activities
- Junior Golf Tournaments 2019
- Honor society 2018-2019
- Senior living solutions volunteer 2018
- Cedar ¼ marathon volunteer 2017
- Church class president 2015, 2018-2019
- Church counselor 2016-2017
- Southern Utah String Festival 2010-2018
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Brynley Jones             State: Georgia

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

As I've written and re-written this essay, nothing I wrote encompassed the story of who I am because of FCCLA. However, after much self-reflection, I realized the most powerful plot twist in my story is that my time with FCCLA is not just a few pages or chapters; rather, FCCLA became the central plot of defining who I am and is a journey in my story that will continue on forever! Reflecting on my start in the "Ultimate Leadership Experience", every second of my time in the Family and Consumer Sciences classroom and in FCCLA has led up to this pivotal leadership moment. Having only been an affiliated member for three years, my FCCLA story may not appear as long as others. However, FACS and FCCLA have been trailing through the pages of my story since sixth grade, leading to some of the grandest chapters of all. For the last six years, these small sentences have become meaningful chapters in my story.

Part of life is knowing your "character". I have always had a drive for leadership — I took initiative in group projects, attended leadership summits, and looked for ways to give back to my community. I thought my leadership potential was tapped, but FCCLA proved that there was much more to be discovered. Longing for identity and community, I gravitated towards FCCLA. By attending my first State Leadership Conference and participating in STAR Events, this life-changing story truly began. As my FCCLA chapters started, my advisers supported me in serving as a Region Officer and I found my leadership abilities soaring in unbelievable destinations. FCCLA helped me grow into a better person, writing more than just incredible memories, but the story of my life and who I am meant to be.

FCCLA allowed me to recognize a desire to dedicate my life to servant-leadership. With the public speaking skills, leadership traits, and networking abilities I gained, I will use these skills to better the world. Because of the legislative and advocacy opportunities FCCLA has provided, I have chosen to write my story as a politician — working to fight the good fight and advocate for the voices of all by using my experiences from FCCLA. In the future, I see unwritten chapters titled “FCCLA A&A", where I can continue my involvement and pay it forward by volunteering to serve this organization. As an Alumni member, you impact the lives of future members by continuing to encourage students to leave a positive, impactful legacy through FCCLA.

Being in FCCLA means having a community of 175,000 leaders that believe in you and want to see you succeed. It means having advisers who support and push you to serve with integrity and reach for bigger dreams. That has been OUR story for 75 years and will continue to be our story for the next 75 years and more. Although the chapters of my FCCLA story began a little later than others, they have been packed with memories and experiences that will last a lifetime. FCCLA builds the leaders of tomorrow, and I am so lucky to be a part of this organization! Over the last two years, I wrote my FCCLA story by hosting leadership workshops, speaking at conferences, making friends across the nation, and rediscovering who I want to be and the life I want to live. Throughout my FCCLA chapters, I centered my life around the phrase, "Exist Loudly", which is exactly how I plan to continue writing not only my FCCLA story but my life's story. Now, I aspire to help members across the nation "Exist Loudly" by writing an FCCLA story that will guide their future. FCCLA has rewritten my life story, how will you write yours?

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The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Brynley Jones
State: Georgia

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

Undeniably, the heart, principles, and purposes of FCCLA have remained constant over the last 75 years. However, the community, structure, and history of our nation have changed greatly. FCCLA did not begin as the Family, Career, and Community Leaders of America, but rather the Future Homemakers of America. In its humble beginnings, FHA was a female-dominated organization reflecting the time's gender roles. It was also an organization for white people — there was another similar, yet separate, organization called the New Homemakers of America primarily for African Americans, which reflected segregation rather than unity. However, fast forward 75 years, and our organization is unparalleled to its start on June 11, 1945. While FCCLA still impacts lives today as it did years ago, we find more strength in unity, diversity, and an all-encompassing vision to face the future with "warm courage and high hope".

In 1965, the New Homemakers of America and Future Homemakers of America became one, displaying unity and progressiveness in a time of civil inequality and reformation. 34 years later, in 1999, FHA became what is now known as the Family, Career, and Community Leaders of America. By erasing the term "homemaker", which gave a negative homage to the past female gender role as "housewives", our organization embodied inclusiveness by encouraging male membership, leadership, and roles for any race, age, and gender. Through imperative change, FCCLA found that "Home Economics" (respectively known as Family and Consumer Sciences) did not define FCCLA's potential to become a dynamic leadership organization that prepared youth of all backgrounds with the skills fit for modern-day opportunities.

FCCLA's story is one of progressiveness, acceptance, and adaptiveness. I have no doubt that in the evolving years to come, FCCLA will continue this as it lives out purposes such as “preparing for the multiple roles of men and women in today's society” and “providing opportunities for professional development and preparation for adult life”. FCCLA's vision has the ability to make us a world-renowned organization. With 175,000 members across the United States, we have 175,000 ways to positively impact families, careers, and communities across the world!

Today, we are experiencing a societal revolution with immigration, gender, racial, and LGBTQ+ equality. In its genuine integrity, FCCLA is an organization that builds community for all, and respectfully has no reservations on who can be a leader. I know that in the years to come, we will continue to adapt and accept members of ALL backgrounds and provide everyone with equal opportunities to experience all FCCLA has to offer.

FCS Education is a baseline for connecting students with FCCLA. One day, I hope to see the implementation of FCS in all schools to be a nationwide priority. All students deserve access to the skills taught by FCS and access to an FCCLA Chapter to discover their leadership potential! With consistent and mass advocacy on local, state, and national levels for mandated funding of FCS Education in all schools, I know it can be done. I plan to work on this as a future politician, as well as during my time in FCCLA – helping FCS and FCCLA to revolutionize the world!

In the next 75 years, I know that FCCLA will continue to grow - not just in numbers, but in purpose, mission, and the vast amount of lives impacted by it. As I reflect on how far FCCLA has come and how far FCCLA can go, I am even more humbled to be a part of its mission to change the world and countless lives.

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High School: Georgia  
Brynley Jones  
Type: Comprehensive  
Grade: 11

2nd Year Affiliation

**Family and Consumer Sciences Courses:**
FCS Education: 6th, 7th, and 8th Grade  
Early Childhood Education (1.0 Credits) 9th Grade

**Total Years of FCS Instruction:**
4 Years with 1.0 Credits

**Local/Regional:**
- Membership Committee (17-19)
- Communications Committee (18-19)
- Prom Committee Vice Chair (18-19)
- School Chapter Meetings (18-20)
- FCS Committee (17-18)
- Region 7 STAR Events Runner (17-20)
- Region 9 STAR Events Runner (17-20)
- Chapter Visits in Region 7 and 9 (19-20)
- Hosted Region 7 and 9 Meetings (19-19)
- Promoted FCCLA in Schools (19-20)
- Chapter Officer Team (19-21)
- BASIC Training (19-20)
- Region 9 Officer (19-20)
- Summer Leadership Camp Meeting (19-19)
- FCS Advisory Council (19-20)

**State:**
- Brochure Design ('17)
- Recruitment Display ('17-19)
- Chapter Fair Booth ('17-19)
- SLC 2019
- SLC Volunteer Usher ('19)
- Statesman Test ('19)
- Fall Conference Workshop ('19)
- DISCOVER Workshop ('19)
- Fall Leadership Rally ('19)
- Day at the Capitol (20)
- Legislative Connection (18-19)
- ROCK the Red (18-19)
- State Executive Council (19-21)

**National:**
- NFC 2019
- NLC 2019
- FCCLA Knowledge Exam
- Skill Demonstration ('19)
- Leadership Academy ('19)
- Chapter Website Design
- Online STAR Event ('19)
- Power of One (17-19)
- FACTS (17-19)
- Community Service (17-20)
- Student Body (18-20)
- Financial Fitness (18-20)
- Career Connection (18-19)
- Families First (18-19)
- STOP the Violence (18-19)

**School and Community Participation:**
- Honors, AP, and College student (14-20)
- Supporting role in the movie “Greenland” (19)
- “Actions Change Things” UGA Leadership Summit Attendee (19)
- Air Force Beach Teen Leadership Summit Attendee (18-19)
- Volunteer Tutor to low-income elementary students (19-20)
- Chief Marketing Officer of Studio 605 (19-20)
- National Honor Society member (19-21)
- Advanced and showcased art student (17-19)
- Varsity basketball photographer and editor (19-20)
- County High School Graphics Editor and Producer (18-20)
- Freelance Graphic Designer (18-20)
- Georgia Social Studies Fair (2017 and 2019)

**Family and Consumer Sciences Contributions:**
- Supported FCCLA through a variety of fundraisers (18-20)
- Created “ROCK the Red” posted for state-wide membership campaign (19)
- Represented FCCLA at the Summer Leadership Camp planning meeting (19)
- Advocated for FCCLA at industry and business partner meetings (19-20)
- Mentored prospective FCCLA officers considering running for office (19-20)
  - Mentored a new Chapter interested in STAR Events (’20)
  - Advocated for continued funding to GA Legislators (’20)
- Developed PR for social media and membership recruitment (17-20)
- County Family and Consumer Sciences Advisory Council (19-20)
- FCCLA state-wide chapter visits across Georgia (19-20)
National Officer Candidate: Hannah Jones          State: Kentucky

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

My story began in high school, when I decided to take Family and Consumer Sciences my freshman year. While in high school, my sister had spoken highly of the courses and teachers. I decided to follow in my sister’s footsteps but make this journey my own. On the first day of freshman year, I was nervous about starting my life for the next four years. My adviser, Mrs. Mainous, welcomed me with open arms and a big smile. I instantly felt at home. The second week of school, my adviser told our class that if anyone could tell her what the acronym FCCLA stood for, then we could be eligible to join. Since I was a confident freshman, I stood up and shouted, "Family, Career and Community Leaders of America!" She then replied with, "You’re in." Little did I know that those seven words would change my life forever.

In my Family and Consumer Sciences courses, I have gained real-world skills that I will take with me for the rest of my life. I have learned everything from doing laundry and following recipes to tying a tie and sewing. These skills will be crucial when I go to college and eventually live on my own or start a family. Family and Consumer Sciences Education has better prepared me for the future. These skills obtained in the classroom ensure students like myself to be independent and ready for life after high school.

The Family and Consumer Sciences skills are implemented in FCCLA. My skills were developed the past three years in this organization by competing in STAR Events on the regional, state and national levels in the Recycle and Redesign event. This opportunity provided me with fashion and design skills. The experience has prompted an interest in fashion designing in hopes that one day I will have my own line of recycled clothing. The leadership skills of being a chapter, regional and state officer have provided me with the ability to public speak, have a good work-ethic, gain amazing friendships that will last a lifetime and a passion for making a difference in the lives of others.

Family and Consumer Sciences and FCCLA have helped shape me into the confident leader I am today. I’ve come a long way since the beginning of my freshman year. My future is more goal oriented with a plan for success. This organization has made my story an incredible one. I know the experiences in this organization have prepared me for anything that comes my way and I can face the future with warm courage and high hope.
National Officer Candidate: Hannah Jones

State: Kentucky

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

Over the past 75 years, Family and Consumer Sciences and Family, Career and Community Leaders of America have endured many changes. A major change in 1999 was the name of Future Homemakers of America to FCCLA. This change was very important to allow leaders to set goals and accomplish amazing things in our families, careers and communities. This same change made the organization more politically correct and enticed more males to want to join. This was a huge step in proving that everyone needs to learn the same crucial leadership skills that FCCLA provides. As FCCLA has been through a multitude of changes, we still have the sense of integrity, passion and purpose for the organization that was founded on June 11, 1945 at a convention in Chicago, Illinois that continues to grow and be strong!

In 1994, what was commonly known as Home Economics was changed to Family and Consumer Sciences. Family and Consumer Sciences goes hand in hand to strengthen the function of FCCLA and it’s members. This profession’s name change to FCS is more accurately reflective of the complexity of the changing times. Family and Consumer Sciences career clusters now consist of Human Services, Hospitality and Tourism, Education and Training and Visual Arts and Design to better prepare students for the future issues of daily living. This provides each student opportunities to find their true calling and develop the skills needed to flourish in their families, careers and communities. The change in career clusters has created competitive strategies for Perkins funding that has become an important part of advocating for state and federal government funds.

These changes have made this organization what it is today. In order for us to evolve even more in the years to come, membership numbers will need to increase dramatically. It is important for members to continue to promote the organization and realize the impact FCS and FCCLA has on their lives in order to share their stories with others. Career pathways will need to broaden even more to fit the needs of society and our members. FCCLA will continue to grow as an organization that builds America’s best leaders in their families, careers and communities.

Family, Career and Community Leaders of America will continue to face anything the future throws our way. Family, Career and Community Leaders of America will always have the ultimate leadership experience and fuel fire within each generation to be the change we wish to see in the world. Family and Consumer Sciences will continue to be the launching pad for all career pathways and change the lives of anyone who steps into an FCS classroom. FCS and FCCLA will evolve in ways that will best benefit each of our members and the world around us. Family, Career and Community Leaders of America is THE ultimate leadership experience for the past, present and future!
Hannah Jones  
State: Kentucky  
Chapter: High School  
Affiliation: Comprehensive  
Grade: 11  
Years in FCCLA: 3  
Years of FCS Instruction: 3

**FCS Instruction:**
- 9th grade: FACS Essentials- 1 credit
- 10th grade: Early Lifespan Development- 1 credit, Foods and Nutrition- 1 credit
- 11th grade: Child Services 1- 1 credit, Child Services 2- 1 credit, Parenting- 1 credit

**Contributions to FCS Education:**
- Advocated for FCS and CTE on Capitol Hill in Washington, D.C.
- Advocated for funding for CTSOs at the Kentucky State Capitol
- Advocated for CTE funding at a school board meeting

**FCCLA Offices Held:**
- 2017-2018: Chapter Committee Chair
- 2018-2019: Chapter Vice President of Competitive Events
- 2019-2020: Region 15 President
- 2019-2020: Kentucky State Vice President of Individual Programs (one term allowed)

**Local:** Planned community service: park and school grounds clean-up, toy drive, military care package donations, Sweet Blessings cake drive, raised money for the scholarship fund, Sepsis Awareness, Pennies for Patients and March of Dimes fundraiser. Promoted STOP the Violence through an anti-bullying school wide lip-syncing video and brochures. Completed the Junior and Chapter Degree.

**Regional:** Won first place in both 2018 and 2019 regional STAR Events competition, sang the National Anthem at Fall Leadership Meeting and led a New Member Academy at regional meetings.

**State:** Won first place in both 2018 and 2019 state STAR Event competition, member of the State Competitive Events Committee 2018-2019, Chairperson of the State Achievement Committee 2019-2020, attended 2018 and 2019 Leadership Camp and led sessions promoting Power of One and National Programs. Advocated for CTE funding at the Kentucky State Capitol.


**School and Community:** Member of the dance team. Varsity volleyball captain for five years, winning awards such as District MVP, four-time All-Region Team and "Will to Win" awards. Involved in clubs such as FCCLA, BETA Club, Pep Club and Pirates for Paws. Active member in the Christian Church Youth Group, helping serve meals to the homeless at the HOPE Center, a nursery leader once a month, Vacation Bible School Teacher, Ladies Spring Fling volunteer, Coat Drive Volunteer, Team 412 Leader and an animal shelter volunteer. ‘Rae of Sunshine’ mental health ambassador. 2020 Central Kentucky Youth Salute recipient.
National Officer Candidate: Logan Justice  

State: Kentucky

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

Little did I know, my story would begin in room 607, as a sixth grader, enrolled in the Family and Consumer Sciences (FCS) Life Essentials class. During the nine weeks, we covered many units, including leadership and FCCLA. Aside from cooking, these were by far my favorite parts. During the units, we listened to Michaela Mineer and Taylor Stewart from the FCCLA Leadership Training Team. They explained all of the amazing benefits of joining FCCLA. I knew then ... I must join.

Throughout the past five years, I have been very fortunate to experience FCCLA as a middle school and a high school member. Attending regional, state, and national conferences as a middle school student created the perfect talking point at all meetings since very few middle school students were in attendance. Continuing my participation as a high school member has truly given me the ultimate leadership experience. The leadership conferences, STAR Events projects, presentations, chapter activities, and the FCS curriculum have all offered valuable learning experiences for me to develop the skills and qualities that are preparing me to contribute to my family, soar in my future career, and lead my community.

FCS has furthered my knowledge of finance, culinary skills, business management, and professionalism. FCCLA has substantially expanded upon my foundation through my FCS coursework by sharpening my communication skills, strengthening my ability to work with others, encouraging flexibility, and broadening my critical thinking skills. In particular, my first national STAR Event competition comes to mind. My board was mailed to the hotel and was expected to arrive a couple of days prior to my competition. The day before, I was still waiting. After getting started on an alternative board, I found out the delay was due to a train derailment and my original board was expected to be delivered the day of my competition. On my way to the check-in, my Dad went to the UPS store to see if it had arrived. He texted my Mom to let us know that it had. The judges had just called my name to compete. I went to explain my situation and asked the judges if they could wait and they kindly obliged. As my Dad was running down the hall, pulling my board out of the box, I met him to make the switch. I took it in, set it up, and started. Although this series of unexpected events happened, I placed gold and shared laughs and memories with the judges. I can say this experience helped to strengthen my skill sets which have laid the foundation for me to hold a national office and to excel in the workforce competitively.

FCCLA and FCS have provided me with encouragement and motivation to give back to my community. I volunteer weekly at the Ronald McDonald House of the [redacted] help to organize the middle and high school Dance Blue Mini Marathons to raise money for pediatric cancer, and work to eliminate the stigma of mental health by serving as a Rae of Sunshine Foundation Ambassador. These opportunities have refined my desire to let servant leadership be my leadership style of choice. I recognize the best way to make a difference in the lives of others is to help them grow individually and assist them in meeting their needs to the best of my ability.

In addition to serving in my community, I had a once in a lifetime opportunity to serve FCCLA on the 2019 Nominating Committee at the National Leadership Conference. I also served as a Kentucky Voting Delegate in 2018 and 2019. These opportunities have enhanced my personal development and time management skills by giving me responsibilities that I must uphold. As a state officer, I have been able to influence policymakers by advocating for the Perkins V legislation at Capitol Leadership in Washington D.C. and Career and Technical Education (CTE) funding at the Kentucky Student Leadership Day at the Capitol in Frankfort, KY.

Since I have been in FCS and FCCLA, my family has greatly benefitted. The small things like fixing a button and cooking dinner have allowed me to contribute to my family. My family has supported me through numerous conferences, competitive events, and office elections. It has strengthened my family ties and allowed us to share many great memories together.

After high school, I plan to attend a university and then further my education in law school. Although this career does not fall into one of the four FCS career pathways, the skills I have learned in the Hospitality Travel Tourism and Recreation pathway and FCCLA perfectly align with my plans after high school. The need for communication, time and business management, and flexibility are apparent. With the skills and qualities I have learned, I have the work ethic, passion, and confidence to take the lead. I look forward to giving back and gaining more from FCS and this great organization of Family, Career and Community Leaders of America.
National Officer Candidate: Logan Justice

State: Kentucky

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

Future Homemakers of America (FHA), a unique Career and Technical Student Organization (CTSO) that was centered around the family, was officially founded on June 11, 1945. In July 1999, the organization was renamed to Family, Career and Community Leaders of America (FCCLA). Although the name changed, our core values have remained the same, and I am proud to say that Kentucky received the very first charter of FHA.

The name change from FHA to FCCLA to better represent all students interested in becoming a member of the organization. In the future, I see the organization evolving with a more diverse population of members with varying backgrounds and ethnicities. Having members with a variety of stories just like Toney Bingham, who made history when he was inducted as the first male national officer, serving as the 1973 -1974 Vice President of National Projects. He paved the way for many more male national officers to come. Admittedly, yes, growing the FCCLA member population to have more diversity and ethnicities is a broad and bold idea. But what has FCCLA prepared its members to do over the past 75 years? It has certainly prepared us to be courageous and continue working toward new horizons.

It would be great if FCCLA became an international organization, just as other CTSOs have done. I would like to see the United States and Future Homemakers of Japan working together to make FCCLA a global platform for students around the world to join. This world would definitely benefit from having more leaders that are shaped and molded by the mission and purposes of FCCLA.

On the national level, I would like to see a plan to conquer the language barrier. In order to fully include all interested students, implementing Spanish subtitles and an American Sign Language (ASL) interpreter would greatly benefit our members and encourage a more diverse population of members. In the US, Spanish is the second most common language. Spanish subtitles and an ASL interpreter will enable the organization to expand our opportunities and grow our membership.

Say Yes to FCS is a campaign that was developed in 2014 by the National Association of State Administrators of Family and Consumer Sciences. I saw firsthand how Say Yes to FCS grew when Ms. Kayla Godbey, Chair of the Kentucky FCCLA Advisory Board and Kentucky Family and Consumer Sciences Program Consultant, created the pinning and signing ceremony in 2016 that was adopted in 2018 at the FCCLA National Leadership Conference in Atlanta, Georgia. The Family and Consumer Sciences (FCS) programs are vital for FCCLA to function. Say Yes to FCS will lead to more universities bringing back the FCS Education programs and ultimately more FCCLA members nationwide.

I look forward to contributing to this organization even more and hope to see a surge in membership by breaking the language barrier, becoming a global organization, and implementing FCS Education in universities across the nation. As the next 75 years come, we will face the future with warm courage and high hope.
Family and Consumer Sciences Courses:
- Foods and Nutrition (10th Grade) 1 credit
  - ServSafe Certification Received
- Life Skills Essentials (9th Grade) 1 credit
- Intro to Life Essentials (8th Grade) 1 credit
- Intro to Life Essentials (7th Grade) 1 credit
- Intro to Life Essentials (6th Grade) 1 credit

FCCLA Offices Held:
- Kentucky 1st Vice President (One Term Limit) (2019-20)
- Chapter President (2019-20)
- Kentucky Region 15 VP of Community Service (2018-19)
- Chapter VP of Membership (2018-19)
- Chapter President (2017-18)
- Chapter VP of Membership (2016-17)
- Chapter 1st Vice President (2015-16)

Contributions to FCS Education:
- Lobbied State/National Policymakers for CTE Funds
- HS FCS Ambassador and Liaison
- HS FCS Advisory Board Member
- Presented at 2020 8th Grade Scheduling Day
- Presented at Freshman Orientation 2020
- Presented FCS Spotlight at Faculty Meeting
- Aided in 2019 CTE Career Fair
- Assisted at the Kentucky FCS Conference
- MS FCS Student Liaison

Participation in School and Community:
- Co-President of the Sophomore Class
- Co-President of Community Service Club
- Volunteer Weekly: Ronald McDonald House
- Staff Reporter: Media Productions
- Rae of Sunshine Ambassador
- Attend Church of Christ
- Student Council Member
- Golf Team
- BETA Club Member
- Dynamic Cultural Society Club Member
- Science National Honors Society Member
- Spanish National Honors Society Member

Participation in FCCLA:
- Chapter
  - Organized Talent Show
  - Created the FCCLA Website
  - Assembled Meals for School Backpack Program
  - Organized 1st DanceBlue: Raised $5,100
  - Organized Donation for Arbor Youth Service Center
  - Helped Raise $3,500 for Pennies for Patients
  - Helped Raise $2,300 for Pennies for Patients
  - Helped Raise $1,700 for Pennies for Patients

Region Meetings Attended: 8
- Led member session (250+)
- Trained Chapter VP of Community Service
- 1st Place: Parliamentary Procedure
- 1st Place: Chapter in Review
- 1st Place: Food Innovations
- 1st Place: Sports Nutrition

State Meetings Attended: 4
- Received KY FCCLA State Degree
- Recognized by the KY Board of Education
- Presided as KY FCCLA President: Kentucky Ultimate Leadership Academy
- Led Region 1st Vice President Training
- Led the KY FCCLA Leadership Camp
- Inducted into KY FCCLA 1st Vice President
- 2nd Place: Parliamentary Procedure
- Attended KY FCCLA Leadership Camp
- Received Power of One
- 1st Place: Chapter in Review
- 3rd Place: Food Innovations
- 1st Place: Sports Nutrition

National Clusters: 3 Fall Conference: 1 Capital
Leadership: 1 National Leadership Conference: 3
- Completed 2 National Programs
- Attended Bylaws Meeting at NFC
- Impromptu Speaking at NFC
- Presided as State President at NLC
- State Officer Training at NLC
- Served as KY Voting Delegate at NLC
- Served on Nominating Committee at NLC
- Served as KY Voting Delegate at NLC
- Bronze: Chapter in Review
- 2nd Place: Impromptu Speaking
- Gold: Sports and Nutrition
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Lisa Kruger
State: Missouri

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

My Family and Consumer Sciences and FCCLA story started during my 8th grade year at [school name]. All 8th graders were required to take a FACS class, but it felt like my home. My adviser first introduced STAR events to me during our region’s fall conference, and I decided then I wanted to compete! At this point in my leadership my story was like a picture book, there weren’t too many details and plot twists. Every now and then you would have an exciting turn of events, but it was cleared up by the next page.

My STAR event took me to the Missouri State Leadership Conference, it was there that I fell in love with the idea of continuing my story through FCCLA. I received a gold medal for my STAR event, and it was then I decided I would become a state officer!

The next school year I took another STAR event to state to compete and I ran for president of my region. With this leadership role I learned how to lead a chapter and a region to success! This was a great year. I gained many experiences that helped me carry out my story with FCCLA in the years to come.

During my Sophomore year of high school I was the region’s president and decided it was time to move my leadership up the ladder to become a state officer.

It was at this point that I felt my story had become a large chapter book. I was riding the roller coaster of the plot to the top of the peak! I have learned so much through being a state officer for the state of Missouri. To say that my Junior year of high school as a state officer has been different would be an understatement. This school year has brought on so many challenges and plot twists in my story, it has been a wild ride, but I wouldn’t change it for anything.

My story has now taken on another role, I was elected as Missouri’s National Officer Candidate, with this opportunity I hope to show other FCCLA members my story and help them turn their picture book into a large chapter book!

My story is not over after next school year. My story will continue on into my future. Without FCCLA and my Family and Consumer Science classes I would not be where I am and I will take all I have learned with me to my next chapter. FCCLA and FCS have taught me that our families, careers, and communities are huge parts of our lives. They are not just chapters in my book that I pass and forget, they are main plot points that follow my story through to the end.
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

**National Officer Candidate:** Lisa Kruger  
**State:** Missouri

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

FCCLA has come so far since 1945 when it was first founded. WWII had just ended and many families were finding a new normal after soldiers returned back to the U.S. It was not normal to see a male in a FCS (Home Economics Class) or as a member of FCCLA (previously known as FHA). Classes were based on taking care of the home, women were being taught how to cook, clean, sew, raise their children, and etc. It was very uncommon to see a male in this environment, and when there was one they were looked down upon.

Today FCCLA and FCS have evolved into something great! Today we are all inclusive and we accept everyone, males are feeling more comfortable joining us because we are offering them something too.

In my Foods and Nutrition class this past year there were 26 students, 5 of those students were female. This would not have been the normal in past years. I have been a member of FCCLA the past 4 years and I have seen so much growth just from this short period of time. This organization is no longer a "female" organization!

FCS classes are becoming more and more career based, we offer courses that will help students enter the job force. Students are leaving high school with career certifications, and are being offered amazing careers from these certifications.

I believe that FCS and FCCLA will just keep growing and evolving into an even better organization! With the increasing amount of technology being used in everyone’s daily life, I believe verbal communication skills will slowly decrease, because everyone is used to communicating through their technology. FCS and FCCLA will help these students find their voice and communicate in an effective way. I also see FCS and FCCLA continuing their growth in job skills and skills that will help the home. Our organization’s goal is to help our families, careers, and communities; we will keep doing this even if we have to change what we teach to the current times.
Lisa Kruger

Missouri High School, FCCLA
Comprehensive Member, Junior, 4 Year Member, 4 Years of FCS Instruction

FCS Courses

2016-2017: 8th Grade FCS: A
2017-2018: Parenting: A
2017-2018: Apparel & Textiles: A
2018-2019: FCCLA Leadership: A
2018-2019: Child Development: A

2018-2019: Adv Child Dev: A
2019-2020: Careers: A
2019-2020: Housing: A
2019-2020: Fam Con RSRC MGMT: A
2019-2020: Food & Nutrition: A

Participation in FCCLA

Local: 4 year member, officer- 3 years, involved in all fundraisers, helped with various National Programs all 4 years; community service projects with our chapter all 4 years

Region: STAR Event Participant- 3 years, Region officer- 2 years, participated in region community service projects

State: STAR Event Participant- 3 years, attended 3 State Fall Leadership Conferences, State Leadership Conference- 4 years, and State Officer

National: Attended National Leadership Conference 2019

Offices Held in FCCLA

Local: 2017-2018: Historian; and 2018-2019: Chapter Vice President; and 2019-2020: Chapter President

Region: 2018-2019 Region 13 President and 2019-2020 Region 13 State Officer

State: 2019-2020 VP of Alumni and Associates

National: 2020-2021: Missouri FCCLA National Officer Candidate

Contributions to Family and Consumer Sciences Education

I have taken all courses available and I am able to tutor students struggling in FCS classes. I help the FCS teacher with new ideas that could help promote our FCS program and courses.

Participation in School and Community

Summer 2020: Christian Camp, High Hill

August 2019-December 2019: Barista

Summer 2019: Babysitting for a local family

2018- Current: Foster Care Advocacy; provide safe haven for foster children and advocated for foster care rights

2017- Current: Youth Group Leader at local church

2016-2018: Volunteered with Team Kids afterschool program through local church

2016-2018 Summers: City Pool; taught swim lessons
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Breanna Lorenzen  
State: Iowa

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

There I was: a little girl that had not a clue where her mother was, why her father was so upset, and why her older brothers were acting out. Mom was sick in a way that was far too complex for her to fathom, hurting her family in a manner that was even further from her understanding.

I ended up traveling through four schools before planting my roots. By then my oldest brother dropped out of high school, my other brother soon to follow, and I ostensibly would have fit my little feet in those footsteps, too. I didn’t really have a friend group, and at home, I had little stability as I adjusted to yet another transition.

At [redacted] Community Districts, you are required to take an FCS class during your 7th and 8th grades years. I remember seeing an amiable woman in front of the room. She looked me in the eyes, spoke to my softly, and provided overwhelming encouragement as I tried to sew in a straight line- for the 5th time. Little did I know she was our school’s FCCLA advisor. I asked when I was in 8th grade to join. I was turned down, as [redacted] only offers FCCLA to grades 9 and up. I joined my freshman year and was met with a community of kind, polite, and high aspiring students. I decided to run for offices within FCCLA. I worked my way up to the Iowa FCCLA State Vice President of Programs. It was this year that I got to speak to multiple schools about FCCLA, help plan state-wide conferences, travel across the state and country, and meet many talented and driven individuals. It was also this year that I lost my mother to addiction.

The loss of my mother was not one that I handled lightly. I was afraid to talk to anybody about it. FCCLA helped me put myself together since my freshman year. I was used to being able to hold it together, stay progressive, and remain level headed. I was afraid of not being viewed like that anymore. I wanted to continue to stay composed. Eventually, this toxic independence melted my adhesive and I collapsed. My mother’s story was over and I thought that mine was, too. I contacted a helpline on my lowest night. I had no hope, the sadness had sat on my chest like a boulder for too long. This helpline made me realize that what FCCLA built of me is much stronger than I gave it credit for.

I woke up the next morning with a new sense of hope and determination. I created a presentation using some research that I had found and my personal experience. Once done with this presentation I asked to speak at the [redacted] Public Library. Soon after I had four other libraries and a [redacted] (community college) conference ask me if I was interested in presenting my speech, "Don’t Create a Double Loss: Communication During Grief." Unfortunately, I was only able to present at two total libraries due to the COVID-19 Virus. I was told by those around me that this was a message that we didn’t know we needed. Everybody goes through grief and many are unequipped to keep that boulder from crushing them. I intend to rekindle my speeches as soon as it is safe. Those around us need to know that they are not alone and that they are strong enough.

FCCLA gave me the organization needed to create the presentation, the motivation to glue myself back together, and even my ability to stand in front of a group of people and be vulnerable. Losing my mother was something that I knew would happen, but the pain that her absence inflicted was not one that I could have ever predicted. FCCLA molded me into a fighter. I am not one to give up, and for that, I will be forever grateful.

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National Officer Candidate: Breanna Lorenzen

State: Iowa

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

A rock is floating in the abyss. This rock is full of tiny organisms. These organisms are killing each other out of blind hatred. This hatred is stemmed from things that they don't understand. Earth is that rock, we are those organisms. From 1939 to 1945 this world was filled with fear, animosity, and annihilation. On September 2nd, 1945 it was decided that we had destroyed each other enough. World War II was over. They flooded the streets, danced, laughed, and began to rebuild. These organisms rose from the rubble. So did FHA (Future Homemakers of America).

Three months prior to the end of the war, a group of women with an idea officially created what we know as FCCLA (Family Career Community Leaders of America), just when the family was needed most. At the end of this war, many had lost their families, friends, acquaintances—everything. Those bright women were aware of this. With the creation of an organization, there was a sense of hope created as a reconstruction of morals appeared.

FCCLA has aged over the years, as most things do. FCCLA was founded as FHA in 1945- as during that era it was very routine for the women to focus on family. However, FCCLA has evolved just like society. In the 1970s FHA was no longer an organization for women and the primary focus of homemaking. Men were now allowed to join—breaking gender roles. Contemporarily men are encouraged to join. We still struggle to break gender roles today, but we have to start somewhere. Starting in a place that provides us many future leaders is not only exceptional but vital.

In 1999 there was a vote to change the name from Future Homemakers of America to Family Career Community Leaders of America. This proves that there was a realization that we are more than homemakers. We also provide the needed life skills that are present in not only family but also careers and community. FHA started out as an organization that was meant to spread jubilee and the importance of family, and those skills that create a well-functioning family. Nowadays we are still emphasizing the act of prioritizing family. However, we are now allowing some attention to stand to the importance of such occupations that will support those we call a family, this is our career. As well as those that we surround ourselves with and trust to assist in the prosperous life of our family, community. We do this as FCCLA. We are not forgetting our roots, but rather building on to them to create a beautiful tree. Trees stand strong whilst adding rings to represent the time the tree stood. As we reminisce on the rings we have so far, we look ahead with elation to the rings to gain.

FCCLA will continue the theme and age with society. One thing that can remain confident in is the fact that nothing is for sure. The future may be very different from now, or it may be not as foreign as we imagine. FCCLA has remained adaptable so far. I cannot imagine that this will seize. As time goes on, technology will change, new methods of learning will arise, and unique generations will come and go, we will overcome any obstacles and adapt to any diversities. My sincere hope for FCCLA is that men and boys see the paramount that is this organization and view it as desirable.

FCS will continue to teach the skills needed in everyday life and then some. The members in the 1970s were not being taught how to make a website on "What You Need to Know When You're Expecting" like I was as a student in 2018 in a Parenting course. Members in the 70s had no idea what technology would be brought upon us in the future. Similarly, as we had no idea that we'd endure a pandemic. It is imperative, now more than ever that we learn to adapt and hold...
Breanna Lorenzen
Iowa
High School
FCCLA Chapter
Comprehensive
Senior
4th Year Member
2.5 Years Complete FCS by 2020-2021

Family and Consumer Sciences Classes:
➢ 7th Grade Exploratory
➢ 8th Grade Exploratory
➢ 10th Grade:
  o Parenting
  o Foods
➢ 11th Grade:
  o Child Development

FCCLA Offices Held:
➢ Elected District Representative by chapter 2017 ‘18,
➢ Elected District President 2017 ‘18, (First person to ever be president twice)
➢ Elected State Vice President of Programs 2019.

Chapter Participation:

District Participation:
➢ Elected District President 2017 ‘18
➢ Planned 2 District planning meetings for “Bunches” 2017 ‘18,
➢ Planned 2 “Bunches” retreats 18’,
➢ Lead Annual District Meeting, Professional
➢ Presentation STAR Event 2020 (silver rating)

State Participation:
➢ Planned and led Fall Leadership Rally 2019,
  Planned State Leadership Conference 2020, state meetings over video chat.
➢ Iowa State Vice President of Programs 2019-2020

Nationals Participation:
➢ Communications with Marcia Williams 2019-2020 National Vice President of Community Service and Grace Allphin 2019-2020 Vice President of Programs over GroupMe Chat.
➢ Participated in national program “Student Body.”

School and Community Participation:
➢ Donate blood regularly to local blood drives
➢ Sales Associate and Waitress,
  o I have two jobs; and so I often interact with the public, making acquaintances and positive omens.
➢ On the Spot Improv
  o I do improv acting and my troupe hold shows free to the public. We’ve had audiences of over 100.
➢ Public Speaker
  o I have given my “Communication During Grievance” speech to two communities and 4 others have been in contact.
National Officer Candidate: Melanie Mendonca  
State: New Jersey

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

Stress. Anxiety. Nervousness. These are all emotions that used to be My Story as a timid adolescent before I joined FCCLA and took a Family and Consumer Sciences class. My experiences from my Family and Consumer Science classes and in FCCLA have forever changed me. Each aided me in becoming an empathetic servant leader with vital skills such as public speaking, problem-solving, and giving service, impacting Our Story.

My Story in Family and Consumer Sciences Classes and in FCCLA helped me develop into the empathetic leader I am today. From working on teams and organizing initiatives in my chapter and state, I learned the true meaning of servant leadership. Servant leadership is bringing other people together to help each other. Each visit to the food pantry or nursing home with my FCCLA chapter taught me the importance of giving back, bridging our individual stories into Our Story. Encouraging other members to participate in our initiatives allowed them to also feel proud that they could take part in eliminating food insecurity. Each member that participated felt the emotion of empathy and understood the importance of their responsibility to helping our most vulnerable community members. In December, my State Executive Council volunteered at the Ronald McDonald; we entertained and took care of children and served lunch. Seeing the amount of happiness this brought to the families, showed me how important serving my community is, tying together my individual story into our stories.

Serving others gave My Story purpose. In the fall, advocating to my legislators helped me gain public speaking skills and communication skills. When first speaking to my legislators, I stumbled over my words and thought my heart was going to explode. However, by FCCLA week, I was able to communicate effectively due to the numerous public speaking opportunities in FCCLA.

Family and Consumer Sciences classes played a big role in my personal growth. My Fashion Textiles and Apparels class was initially difficult as I constantly made mistakes and relied on my teacher. Later in the year, however, I learned problem-solving, allowing me to carry out my projects individually. My personal story changed to be someone who found solutions instead of giving up. In addition, I learned how to utilize a calendar and practice time management to complete projects successfully before deadlines. Each attribute I developed was the result of taking FCS classes and participating in FCCLA. From the quiet, shy girl My Story began with, FCS classes & FCCLA refashioned it to be about a youth leader with 21st-century skills.

My future story will be molded by my experiences in my FCS classes and FCCLA. From budgeting my time and using communication skills, I am confident that I will be college and career ready. Understanding the importance of being an empathetic servant leader and the amount of time I spent serving my peers and community has left a mark on me. Each of these skills in my story are the same ones that members across this country develop, creating Our FCCLA Story. The feeling of purpose that I gained as a result of serving others and developing their story, played a role in my choice of future career - a psychiatrist. My endeavors to become a national officer have been culminated through my experiences in my Family and Consumer Sciences class, my participation as a member in our FCCLA Story, and serving as a State Officer to make a difference in New Jersey’s FCCLA story. With all of the 21st-century skills I’ve learned in FCCLA, I am ready for my future story - whether it be impacting Our Story as a youth leader, my future college’s story, or my future career story.
National Officer Candidate: Melanie Mendonca  
State: New Jersey

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

"The quality of life depends upon the ability of society to teach it's members how to live in harmony with their environment-defined first as family, then the community, then the world and its resources." - Ellen Swallow Richards. Richards, a renowned scientist, continues to inspire others through her pioneering work of domestic sciences to find quality in life and relationships. The values she has instilled through her life’s work has blossomed through Family and Consumer Sciences and the Family, Career, and Community Leaders of America. Domestic Science became Home Economics and then changed to Family and Consumer Sciences in 1994, bringing light to the intricacy of the field and emphasized how each practice is rooted in science. Following Richard’s example, over the past 75 years, FCS has become an adaptable and diverse field of study. FCCLA organization and FCS continuously evolves to meet the demands of the modern world and members’ needs.

Personally, my experiences in Family and Consumer Sciences and FCCLA have molded me into a strong and capable person. The Foods and Nutrition, Fashion and Textiles, Child Development courses I have taken have had a profound connection to science. Each of the skills learned were further applied through FCCLA, which rebranded itself from the Future Homemakers of America to the Family Career and Community Leaders of America. Service, advocacy, and competitive events helped me practice 21st-century skills and leadership making me college and career ready.

Our organization's growth and service continues today. The darkness from Covid-19 completely changed the world as millions lost their lives and jobs. However, FCS and FCCLA became a ray of sunshine. During the shelter at home mandate, all the skills we learned in our classes were applied to improve our quality of life. Members made their "family" the central focus. We cooked for our families, helped with laundry, and tutored our younger siblings with their school work; members stepped up to take the stress off their parents.

FCS teachers and their FCCLA students responded to the need for PPE by making masks to donate to healthcare workers and inspired their students to do the same. My chapter sewed over 100 protective masks and I made an additional 23 to help fight the pandemic. Seeing how much change we caused truly brought us closer to our community.

FCCLA is synonymous with leadership, as members work to help our communities. FCS and FCCLA have been ahead of the curve for years. FCS classes will continue to put even greater importance on social skills in a digital world. Youth will continue to address real-world issues and adapt to change. Fashion classes will continue to place greater importance on sustainability and environmental responsibility. Personal finance classes will educate students about the importance of saving an emergency fund in case of a crisis. FCCLA will continue to promote leadership through a greater push on the value of Family and service to help heal our communities after the great losses of the pandemic. FCCLA will be a treasured organization because of how much members do now and will continue to serve people. Over the past 75 years, Family and Consumer Sciences classes and FCCLA have found ways to create quality of life and bridge youth to the future, fulfilling Richard's life's mission.

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Melanie Mendonca  
11th grade - Class of 2021  
High School  
FCCLA - Comprehensive Affiliation  
Affiliated - 3 Years

**FCCLA Offices**
- 2020-2021 State Officer - Co-President of New Jersey FCCLA
- 2019-2020 State Officer - Vice President of Community Service
- 2019-2020 Chapter Officer - Vice President of Communications
- 2018-2019 Chapter Officer - Vice President of Community Service

**FCCLA Participation**

<table>
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<tr>
<th>Chapter</th>
<th>State</th>
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<tbody>
<tr>
<td>• Go for the Red 2018, ’19, ’20</td>
<td>• Fall Leadership Connection</td>
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<td>• Hands of Hope Volunteer 2018, ’19, ’20</td>
<td>o 2019 Lessons in Leadership 1st Place</td>
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<tr>
<td>• Pancake Breakfast Fundraiser Participant 2017, ’18, ’19, ’20</td>
<td>o 2018 Community Counts 1st Place</td>
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<tr>
<td>• Dance Marathon for the Children’s Miracle Network Participant 2018, ’20</td>
<td>o 2017 Banner 1st Place</td>
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<tr>
<td>• Promoted FCCLA to school administration 2018</td>
<td>• State Leadership Conference</td>
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<tr>
<td>• Lead Food Bank donations 2018, ’19</td>
<td>o 2019 Parliamentary Procedure 1st Place</td>
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<tr>
<td>• JFK Hartwyck Rehab Center Volunteer 2017, ’18, ’19</td>
<td>o 2018 Lead a workshop on Family Ties</td>
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<td>o 2018 Windows of Fashion 1st Place</td>
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<tr>
<td>• Ronald McDonald House Volunteer 2019</td>
</tr>
<tr>
<td>• Lead a statewide food drive for MCFOODS and pull-tab drive for Ronald McDonald House 2019</td>
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</tbody>
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**Family and Consumer Sciences Education** 4 Years of FCS Instruction
- 2019-2020: Child Growth & Development - 11th grade / 5 credits
- 2018-2019: Advanced Fashion Design & Apparel - 10th grade / 5 credits
- 2017-2018: Fashion Design & Apparel - 9th grade / 5 credits
- 2016-2017: Family and Consumer Sciences - 8th grade / 1 credit

**Contribution to Family Consumer Sciences**
- 2020: Advocated for FCS and FCCLA at the New Jersey Board of Education Meeting
- 2020: Advocated for FCS and FCCLA to NJ State Senator Diegnan
- 2019: Advocated for FCS and FCCLA at the NJ CTE Curriculum Connections

**Participation in School and Community**
- Ambassador Girl Scout - scouting for 7 years
  - Earned bronze & silver awards
- Volunteer for Elijah’s Promise
- Lead Alterserver at Church
- Youth Group Member
- Volunteer at Nursing Home
- Volunteer for the National Alliance on Mental Health
- National Technical Honors Society Member
- National Honors Society Member
- National French Honors Society Member
- National Parliamentarian
National Officer Candidate: Destiny Morgan

State: Indiana

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

There are few things that you can look back on in life and say that this one decision has made you who you have become today; that by making one, simple decision, your whole life was changed. Well, I can say my story started with a choice I made my seventh-grade year. That choice was to join FCCLA. At the time, I wanted to join so I could get involved in my community and school. Little did I know it would lead to so much more than that. Family and Consumer Sciences classes and FCCLA have helped me prepare for the next chapter in my family, career, and community. By simply taking FCS classes, I have been able to learn many life skills that will help me in the future. I have taken four FCS classes and have learned so much in each of them. These classes have taught me real-world skills and career skills while also teaching me to appreciate the importance of family. I have also learned how to improve my personal self and to live a healthier lifestyle which makes me a better member of my family. Family and Consumer Sciences have prepared me for the next chapter of my life. With my involvement in FCS classes, it has led me to take part in FCCLA. When people say FCCLA has endless opportunities, they truly mean it. I have been provided with more opportunities than I ever thought I'd be given.

Through FCCLA I have been able to travel to Washington D.C.; Nashville, Tennessee; Atlanta, Georgia; and Anaheim, California to attend National Leadership Conferences. I've been given chances to talk in front of large crowds on multiple occasions, and most important, I've made so many lifelong friends while attending those conferences. One life-changing moment was when my advisor decided to apply to participate in the iBuckleup weBuckleup program. To our surprise, we were chosen to go to Washington D.C. to learn about seatbelt safety. It was this opportunity that has opened so many doors and opportunities for me. While in Washington D.C., I gave multiple speeches, and when we returned back home my partner and I led an assembly for this project in front of my entire school. A little over a year later, the director of the National Lifesavers Conference reached out to both my partner and me to give a speech about our seatbelt safety campaign. This was the biggest highway traffic safety conference in the entire country and we were able to represent FCCLA to this audience. Opportunities like these have helped me become who I am today and will have a positive impact on my future. The skills I have learned through FCCLA are life-changing and I am ready to experience more through an FCCLA leadership role.
In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

Family, Career and Community Leaders of America, along with Family and Consumer Science classes, has changed greatly over the past seventy-five years. However, one thing that has stayed the same is the importance of the role they play in the lives of many. FCCLA started in 1945 and was originally founded as Future Homemakers of America. It evolved over time and first became known as FCCLA in 1999. Many things have changed over these seventy-five years in aspects of family, careers, and technology. When FCCLA was first founded, the goal was to learn to live better today and to provide personal and family living in the future. This has not changed but has been adapted to the way we live today. The goal was shaped around the society and its needs in that period. As time continues, we also continue to shape the goals around the roles we play and the needs of our families and communities. When FHA was first founded in 1945, the roles in family and community were different than they are today. The look of the family during that time was generally a nuclear family with the father working and the mother keeping house and caring for the children. Later in the 1940’s women first started to have jobs and not stay at home all day. Today, family is still important, but, again, has changed in its look. FCCLA has evolved to keep up with the times. One way they keep up with times is through their competitive events. The first STAR Events weren’t introduced until 1983. There were only three STAR Events then; Job Interview, Illustrated Talk, and Chapter Activities. Competitive events are a great example of how far the organization has come over the years. We went from only three STAR Events in 1983 to 33 events in 2019. Not only has the number of STAR Events increased, but also the way we do them. In 2011 the first technology-based online STAR Events and Skill Demonstration Events were introduced. FCCLA has adapted to the technical world through the years and again now through this pandemic. We will be hosting our first virtual conference this summer. Sharing knowledge of what the organization is about and its happenings have changed over time. Teen Times was first published in 1984. The magazine still focuses on highlighting the events for the year and educating the importance of Family and Consumer Science classes; however, the delivery changed throughout the years. It is now not only in a paper copy but also available electronically to be reached whenever. FCCLA has changed throughout these past seventy-five years, and I have no doubt the organization will continue doing so. There is no way of knowing what the future will be like. Some things will come, some things will go, but one thing for sure is that FCCLA and FCS are not going anywhere. The organization will continue to change, accommodating to the times in our world to be current and up to date to continue the legacy of family, career, and community.
Destiny Morgan

**INDIANA, SENIOR HIGH SCHOOL, SR. HIGH FCCLA, COMPREHENSIVE, GRADE 10**

**EDUCATION**
- High School: Mt. Vernon, Indiana
- High FCCLA: Chapter ID: 
- Diploma-Academic Honors
- FCCLA Member for 4 Years

**FAMILY AND CONSUMER SCIENCES COURSES**
- 6th grade FCS, 7th grade FCS, 8th grade FCS, Nutrition and Wellness (10th grade) in progress

**FCCLA INVOLVEMENT**

**CHAPTER**
- Member 7th grade to present
  - Volunteering at the local nursing home and the local food kitchen
  - Christmas on Mainstreet
  - Elementary School Garden Clean-up
  - Special Olympics Bowling
  - Elementary School Lunch at the River Days Festival
  - Chaired a fundraiser for the American Red Cross
  - Organized Toys for Tots
  - Seatbelt Safety Campaign: iBuckleUp, WeBuckeUp team leader (or member???)

**STATE**
- STAR Events Participant for four years
- National Qualifier for four years
- iBuckleUp, WeBuckeUp Youth Leadership Session Presenter
- Summer Leadership Camp for three years
- Fall Leadership Rally
- **Awards: Ultimate Leadership Degree**

**NATIONAL**
- National STAR Event Participant for three years
- iBuckleUp, weBuckleUp student team representative
- National Leadership Conference attendee for three years
- National Cluster Meeting
- Student Representative for National FCCLA at the National Lifesaver Conference
- Leadership Academy Participant
- **Awards: 2018 National FACTS Award Winner Team Member**

**FCCLA OFFICER POSITIONS**
- Indiana FCCLA Vice President of National Programs
- Sr. High President and Jr. High President

**CONTRIBUTIONS TO FAMILY AND CONSUMER SCIENCES**
- Presented Session on FACTS National Program at State Leadership Conference
- Led Virtual Service-Learning Challenges for FCS teachers to use in the classroom
- Created a video and example for sharing Dairy Challenge Program for teachers to utilize in nutrition and culinary classrooms
- Organized Virtual Leadership Session for teachers and students

**SCHOOL ACTIVITIES**
- National Honor Society
- Varsity Softball, Varsity Letter Earner
- Volleyball
- Sunrise School Spirit Challenge

**COMMUNITY ACTIVITIES**
- Special Olympics-Volunteer with weekly bowling league and polar plunge participant

**WORK EXPERIENCE**
- Restaurant, Indiana, Hostess
National Officer Candidate: Alaina Murphy  
State: South Dakota

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

When I started my 8th grade year, I didn’t know what FCS or FCCLA represented. Nearing, my senior year, the two have made a world of a difference in all aspects of my life.

My story began in 8th grade when I took my first FCS class. I didn’t know much about FCCLA at the time because we didn’t have a middle school chapter, but when I entered my freshman year, I went right to the FCS room to sign up. Throughout my freshman year, I spent time learning about the organization and competing in my first STAR event with an Illustrated Talk. I received a gold award at both regions and state competitions. The next year, I wanted to take on a greater leadership role. I became Vice President of Membership, followed by a giant leap becoming the region’s President. Running for a regional position was the decision I have made thus far in FCCLA because it ignited my journey into leadership. The next level of achievement was at the state conference where I earned a state office as Vice President of Recognition. Being a state officer has been my favorite experience in FCCLA because of the relationships I’ve formed, the opportunities I’ve had, the national conferences I’ve attended, and the qualities I’ve developed. This year, I became a chapter Co-President. I have a very strong relationship with my chapter, and we have so much fun together while creating so many memories. Without FCS and FCCLA, I would not be the person I am today.

FCCLA and FCS have helped me be much closer to my family and helped me through the hard times. It's also provided another way to involve my family in my school life, as we invite all family members to our member share nights before each of our conferences to do fun activities and showcase all of our hard work.

FCS education has dramatically helped me when it comes to my future career. By being exposed to the FCS career pathways, I have found my passion for helping others. Now after high school, I will be pursuing a career in pharmacy. Because of all I’ve learned in my classes, I now know the impact a pharmacist makes and their importance in society. Not only have I found the career I want to pursue, but I’ve also been taught numerous skills to prepare me for life in the workplace. FCS education has taught me valuable employment skills like resumes, applications, and job interviews. This year, I competed in Job Interview at my region meeting and received a gold award, all because of what I learned in class. Most importantly, FCS education has helped me jumpstart my career in pharmacy as I job-shadowed a hospital pharmacist and now work as a pharmacy clerk.

As a small-town student-athlete, I was involved in the school culture but not in the way I wanted to be. I wanted to be known for making a difference in my community due to my passion for service. FCCLA has shaped me into a well-rounded individual in my community. I now devote my time to local communities through numerous service projects; for example, an annual sock drive for veterans and multiple food projects that impact the entire state of South Dakota. FCCLA has impacted the next chapter in my commitment to the community as I now have an influential voice and use it to make even bigger impacts.

My life would not be the same without FCS education and FCCLA. They both have guided me to be the family member, future pharmacist, and FCCLA/community leader I am.
NATIONAL OFFICER CANDIDATE ESSAY 2

The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Alaina Murphy
State: South Dakota

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

Comparing FCCLA and FCS education today to 75 years ago, in most ways the two are unrecognizable. With now over 175,000 members nationwide active in all 50 of our states, FCCLA has changed the CTE dynamic completely. Not to mention, the number and variety of opportunities that they both offer its members is astronomical and unmatched in any other organization.

FCCLA has grown and changed exponentially throughout its 75 years. One major change has been its national programs. These programs are the drive of the organization that leads and connects its members to nearly all chapter projects. Before these programs, FCCLA did not have the guidance that helps us advocate for families, improve as individuals, and raise awareness of world issues, especially those surrounding violence and road safety. Also, FCCLA’s horizons have broadened through the expansion of all competitive events, in both STAR events and Skill Demonstration Events. Now, members are learning a variety of topics ranging anywhere from creating a business with a probable plan to designing a new outfit from scratch to world issues and teaching youth. Another way FCCLA has expanded is through membership and opportunities for advancement offered to members. Members can take on numerous leadership roles in local, state, and national offices, special committees or teams, alumni & associates, and workshop presentations. Honestly, the opportunities truly are endless. One of my favorite FCCLA changes is the increased ways members can network especially through conferences like the National Fall Conference, Capitol Leadership, and industry immersions. These developments all contribute to today’s image of FCCLA amongst students and also community leaders.

FCCLA would not be possible without Family and Consumer Sciences (FCS). FCS has changed drastically over the years. Class sizes and popularity have both increased. In addition, the academic aspect of FCS education has greatly improved. A large variety of FCS subjects are offered to students in nearly all Career and Technical Education (CTE) clusters they desire. From Hospitality & Tourism to Human Services to Education, there are so many possibilities that a student can experience in FCS. No matter what career they are planning, FCS is going to prepare them for their future. Without FCS education, FCCLA and the amazing leaders it creates wouldn’t exist.

Even with these recent developments in FCCLA and FCS, the end is not in sight. Both adapt to current society, doing what’s best for students, and preparing them for the future. CTE in general and especially FCS will expand based on the increase in popularity of post-secondary technical education and trade schools. FCCLA and FCS will form more organization partnerships and connect with more post-secondary education and educators. Overall, the focus on growth will always be for the benefit of members and students whatever the change.

FCCLA and FCS education have been incredibly influential in society’s leaders and students throughout the past 75 years. Both engage a variety of students, teaching them 21st-century skills and preparing them for the future. I am excited to see the changes in FCCLA and FCS, and I hope to be an important person in its impact.

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Alaina Murphy

South Dakota | High School | Junior 19-20 | Chapter Comprehensive Member | 3 Years in FCCLA | 3 years of FACS Instruction

**FACS COURSEWORK:**
- Nutrition & Wellness (0.5 Credit) - Grade 11
- Leadership & Service (0.5 Credit) - Grade 11
- Leadership & Service (0.5 Credit) - Grade 10
- Human Relations (0.5 Credit) - Grade 10
- Middle School FACS (0.5 Credit) - Grade 8

**OFFICES HELD:**
- Chapter Student Adviser (2020-21)
- SD Vice President of Recognition (2019-20)
- SD Region V President (2019-20)
- Chapter Co-President (2019-20)
- Chapter VP of Membership (2018-19)

**PARTICIPATION IN SCHOOL/COMMUNITY:**
- National Honor Society, Member (2019-20)
- Student Council, Treasurer (2019-20)
- Educators Rising, Member (2019-20)
- Math Minds in Motion, Tutor (2019-20)
- Prom Committee, Member (2019-20)
- Christian Education, Teacher (2018-20)
- HOSA, Member (2017-20)
- Miles for Murphy, Participant (2017-20)
- Rising Leaders, Participant (2019)

**ACADEMIC ACCOMPLISHMENTS:**
- 2x Student of the Year (2017-19)
- 3x "A" Honor Roll (2017-20)
- 3x Student of the Month (2017-20)
- Perfect Attendance (2019-20)
- 2x Softball Sportmanship Award (2017-18)

**WORK EXPERIENCE:**
- Farm (Oct. 2015 - Present)
- Gifts (Dec. 2017 - Present)
- Pharmacy (Feb. 2020 - Present)

**CONTRIBUTION TO FCS EDUCATION:**
- Kitchen Safety Demonstrations
- Reality Career Store Lessons (MS & HS)
- Introduction to High School (MS)
- Middle School Kitchen Labs
- Goal Setting/Power of One MS Instruction
- School Board FCS Advocacy Presentations
- SD Department of Education CTSO Training
- Legislative Shadowing

**PARTICIPATION IN FCCLA:**

**LOCAL:**
- Socktober / Hygiene Drive
- Membership Recruitment
- Serving Meals to Homeless
- Member Share Night
- Infant Care Blanket Project
- Hometown Christmas
- Competitive Events Coach
- Mental Health Awareness
- Teacher Appreciation Gifts

**REGION:**
- Illustrated Talk - Gold Award
- Knowledge Bowl (2017)
- Officer Candidate - President
- Job Interview - Gold Award
- Knowledge Bowl (2019)

**STATE:**
- Rookie Training
- Fall Leadership
- Impromptu Speaking
- Illustrated Talk - Gold
- Food Innovations
- Red Achievement
- Super Red Recruitment Champion
- Presidential Award
- National Programs in Action - Top Superior
- Advocacy Team Member
- National Officer Candidate

**NATIONAL:**
- National Programs:
  - Career Connection (2017-20)
  - Community Service (2017-20)
  - FACTS (2017-20)
    - 2020 SD FACTS Award Winner
  - Families First (2017-20)
  - Financial Fitness (2017-19)
  - Power of One (2017-20)
  - STOP the Violence (2017-20)
  - Student Body (2017-20)
  - National Outreach Program (2017-20)
- Conferences
  - National Leadership Conference (2020)
  - STAR Event Competitor
  - Online STAR Event Evaluator
  - National Fall Conference (2019)
  - State Officer Training
  - National Networking
  - General Session Greeter
  - Knowledge Bowl Demo Volunteer
  - National Leadership Conference (2019)
  - State Officer Training
- National FCCLA Week (2017-20)
- Go For the Red (2020)
- Step One (2018-19)
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Sophia Patel

State: New Jersey

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

When discussing My Story, FCCLA plays a huge role in my growth as a person and member of my community. From the moment I joined FCCLA, it had so much to offer me from community service initiatives to the opportunity to participate in competitive events at the National Leadership Conference. I never expected that in the past three years, my involvement in FCCLA would have such a large impact on my development as a leader: discovering my passions and my love for community service. The lessons I have learned in my Family and Consumer Science Classroom and from my involvement in FCCLA have and will continue to shape my life, my family, my career, my community, and my future.

A huge part of this comes from what I have learned in the FCS classroom. In the 43 minutes a day I take Fashion, my teacher encourages me to solve problems, think creatively, and develop strategies to find solutions to issues; skills that will be extremely relevant in my future career. In addition, FCCLA has given me the opportunity to take what I’ve learned in the classroom and apply it in an out-of-class setting. Serving as State President for the past year, I have been granted opportunities to create change in my community and tackle issues that plague society today. During the COVID-19 Pandemic, many New Jersey FCCLA families are facing the detrimental effects of the crisis. As servant leaders, New Jersey FCCLA met the needs of our members by implementing our first ever VIRTUAL State Leadership Conference. With interactive workshops every day, amazing keynote speakers, recognition, and two general sessions, NJ FCCLA made the absolute best out of a tragic situation. I am so thankful to have been part of the executive council that led this historic conference, a huge chapter in My Story.

Additionally, serving as State President, I have been able to build upon my public speaking and leadership skills and started to advocate for what I believed in, in hopes to bring attention to issues in our society. In New Jersey, there is an unfortunate lack of FCS teachers at the post-secondary level. Attending the Capitol Leadership Conference, I advocated for what I am passionate about and eventually took my advocacy back to my own state: delivering testimonies at the NJ Department of Education Meeting and to many other decision makers. In addition, through FCCLA, I was connected to one of our partner organizations, the Campaign for Tobacco Free Kids. I became extremely passionate about combating the rising youth vaping and tobacco epidemic, especially because of the harmful impact it has had on my family and friends. Speaking to decision makers about the prevalence of this issue in my own school, influencing policies, writing press releases, and taking a variety of other actions has allowed me to become a youth voice in the fight against tobacco and e-cigarettes.

Through the opportunities I have received in FCCLA and the skills I have learned in my FCS class, I have become a better leader and role model for my peers. I am eternally grateful for the opportunities I have received in FCCLA that have allowed me to make My Story a meaningful one. Winston Churchill once said, “We make a living by what we get, but we make a life by what we give”. As I start the last chapter of high school, I hope to strengthen my family, impact my community, and empower the people around me to reach their full potential, ensuring that this upcoming year will be one of the highlights in Our Story.
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

**National Officer Candidate:**  Sophia Patel  
**State:**  New Jersey

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

June 11, 1945. This was the day that changed society for decades to come; it was the day that our organization, the Family, Career and Community Leaders of America, previously known as the Future Homemakers of America, was found. Ellen Swallow Richards, the founder of Family and Consumer Sciences once said “Home Economics stands for the ideal home life for today unhampered by the traditions of the past and the utilization of all the resources of modern science to improve home life.” Seventy-five years later, this statement is still true but applies on a much larger scale with FCCLA members nationwide not only working to improve their home life, but also their communities.

First, the renaming of Home Economics to Family and Consumer Sciences in 1994 signified the growing potential of FCS education. The essential goal of FCS is to understand the needs and challenges families, careers and communities face in the present day and promote creativity to meet these needs and solve these challenges. For example, in 1983, the first three STAR Events were introduced with one being Illustrated Talk: a competitive event aimed at creating awareness and providing potential solutions to issues concerning families and communities. Today, there are over 30 STAR Events, each discussing and addressing a variety of challenges our society faces in the present day and ways we can alleviate them. National Programs such as Families First, as well, have played and will continue to play a huge part in solving conflicts our society faces daily. The shift towards families and communities encouraged an official name change in 1999 from the Future Homemakers of America to the Family, Career and Community Leaders of America, a name symbolic of the difference members make in today’s society.

In the 21st century, FCCLA will continue to evolve alongside the rapid changes in technology, emergence of new conflicts, and trends in families. With the current needs and concerns of families, careers and communities as one of its central focuses, FCS will only grow and become more applicable. Today, we all are facing one of the largest crises our global community has ever faced where these FCS skills are needed now more than ever. Being sheltered at home allows us to use our creative thinking skills to perform tasks needed for survival: cooking for our families, protecting the environment, creatively using the resources we have to make ends meet and so much more. The implementation of these skills and knowledge of FCS in our lives today are making us resourceful individuals in combating the COVID-19 Pandemic and the effects it has on our families, careers and communities. Being able to maintain positive attitudes and bond with your family are the two most essential things when staying at home during this pandemic; and luckily, FCCLA and FCS education have provided us with the skills necessary to implement this. The constant evolution of FCCLA in adaptation to our current situation gives members an opportunity to learn and appreciate the knowledge they receive from hands-on, real-world learning. Today, skills that we learn in our FCS classes apply to every and all fields, with employees in a variety of occupations such as education, public outreach, human services, nutrition, advocacy, and so much more.

Looking back at all the feats achieved through FCS education and FCCLA, I am confident that FCCLA and the skills learned in Family and Consumer Sciences will continue to be a timeless source of conflict resolution, creative thinking and problem solving in the future.

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SOPHIA PATEL

- HS FCCLA • Grade 11 • 3 Year Comprehensive Member • New Jersey

- Honors, Awards and Affiliations: Gold Presidential Volunteer Service Award Recipient, National Latin Honor Society, 2020 National Youth Advocate of the Year (CTFK), National Honor Society, National Association of Parliamentarians
- Concentration: Developing 21st century life skills for three years as a member in FCCLA

MEETINGS AND AWARDS

- Fall Leadership Conference 2019 - 1st Place Gold in “Community Counts”
- NIAFCS Curriculum Connections 2019
- National Fall Conference 2019 - Advanced to NLC in LifeSmarts/FCCLA Knowledge Bowl
- Capitol Leadership Conference 2019
- State Leadership Conference 2019 - 1st Place Gold in “Parliamentary Procedure”
- Leadership Bootcamp - 2019 and 2020
- National Cluster Meeting (Louisville) 2018
- Fall Leadership Conference 2018 - 3rd Place Gold in “Tune into FCCLA”
- National Leadership Conference 2018 - Silver Medal in “Parliamentary Procedure”
- State Leadership Conference 2018 - 1st Place Gold in “Parliamentary Procedure”
- Fall Leadership Conference 2017 - 2nd Place Silver in “Lessons in Leadership”

LEADER IN FCCLA

- 2020-21 New Jersey FCCLA Co-State President
- 2019-20 New Jersey FCCLA State President
- 2019-20 Chapter VP of Community Service
- 2018-20 Chapter Taking Down Tobacco Chair
- 2018-20 Chapter FCCLA Week Chair
- 2018-19 Chapter VP of Communications

COMMUNITY INVOLVEMENT

September 2011 - Present

- Girl Scout Ambassador
- Recipient of Bronze and Silver Award
- Volunteer by serving food at the Soup Kitchen, serving coffee hour at church, packing Thanksgiving food boxes
- Hands of Hope food pantry runner

Campaign for Tobacco Free Kids

National Youth Ambassador

Washington D.C.

May 2019 - Present

- Participated at Congressman Pallone and Congressman Gottheimer’s press conference announcing their individual bills to combat the youth e-cigarette epidemic
- Attended the 2019 Youth Advocacy Symposium along with 33 students from around the country to advocate against tobacco usage, especially amongst teens
- Organize multiple events throughout the year such as a Taking Down Tobacco 101 Training (80+ people), “The Student Vaping Epidemic” Workshop at an annual conference for NJ Family and Consumer Science Teachers, and “Kick Butts Day” to advocate to local lawmakers, families and students

Medical Center

Edison, NJ

October 2019 - February 2020

- Volunteered in the Nursing Unit at Medical Center once a week
- Assisted nursing staff with a variety of tasks to address patient’s physical and psycho-social needs

FAMILY AND CONSUMER SCIENCES INVOLVEMENT

- FCS Courses: Grade 11 - Fashion & Textiles • Grade 8 - FCS (Food and Nutrition)
- January 2020, NJ Board of Education - Advocated for Post-Secondary programs in New Jersey
- September 2019, Advocated to federal legislators about FCS education to increase Perkins V funding
- February 2020, Advocated to New Jersey State Senator Diegnan during FCCLA Week about what FCCLA provides its members and current such as the shortage of FCS teachers and post-secondary programs in NJ
National Officer Candidate: Supriya Patel
State: Minnesota

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

As a rising senior, I am reaching the end of one chapter and starting the next. With this comes many questions about what is to come. Fortunately, my Family and Consumer Sciences (FCS) classes and FCCLA are available to guide me. My unforgettable experiences in FCS and FCCLA have influenced the future of my family relationships, career goals and decisions, and involvement in my community. Throughout my years as a member I have learned to push myself outside of my comfort zone to become a well-rounded person. An example of this is my participation in the STAR Event "Leadership." Through this project, I improved my communication, self-reflection, and articulation skills. After creating a detailed Leadership Development Plan, identifying S.M.A.R.T. Goals, and reflecting on myself, I saw overall growth. I learned to identify areas for growth, create plans to improve upon them, and set and achieve goals. What I’ve learned through FCS education will also prove to be beneficial to my family’s future. This year, in addition to my course load of six classes (including a college in the schools class and two AP classes), I took on two additional FCS courses. In doing so, I was challenging myself to grow mentally, physically, and emotionally. I also learned how to manage my time and balance my responsibilities effectively. These are skills I will be using to improve my family relationships going forward, which ties into Families First’s goal to make "...members strong family members and leaders for today and tomorrow and strengthen the family as the basic unit of society." I have been able to build confidence and skills that allow me to fulfill my familial, professional, academic, and personal responsibilities while passing positive energy onto others in the process. I joined FCCLA with only one career goal in mind, I wanted to enter a field that would allow me to help others. Volunteering in a different service project every month with my chapter has solidified my passion for service. Furthermore, FCCLA has provided me with endless opportunities to find a career that fits this goal of mine. My most transformative experience in this area was the Star Event “Career Investigation.” Through “Career Investigation," I was able to interview a pediatric dermatologist from the University of Minnesota, Dr. Maguiness. I learned about her work environment, daily tasks, and schooling. Thanks to this experience brought to me by FCCLA, I realized pediatric dermatology may be the career path for me. I am compelled by the challenge of pursuing a career in medicine and I aim to change other’s lives for the better. All in all, FCCLA has bolstered my natural interest in volunteerism and service, which I will integrate into my future lifestyle and career. FCCLA has also provided me with countless opportunities to make a difference in my community. Last year, I was invited to attend the Character Recognition Awards where Minnesota won an Ethical Leadership Award. The keynote speaker Laura Bloomberg spoke about community-based leadership and its importance. In September, I was offered the opportunity to do a social media takeover on Youth Service America’s (YSA) Instagram for 9/11. This entailed posting about Minnesota’s service efforts. I collected photos from chapters across the state and posted them to highlight Minnesota FCCLA’s successes and encourage other young people to get involved with their communities. As the Minnesota Vice President of Public Relations, one of my tasks was to be the editor for the Minnesota publication: The Horizon. I assigned and compiled articles written by other state officers for similar reasons. I have also discovered my talent for advocacy. During Shadow Day at the state Capitol, I had the chance to advocate the importance of FCS education and the impact it has had on my life. The legislators I have spoken to digested every word I said about my experiences and how I have developed as a person. I have realized that “community” is a subjective word. For some, it refers to people living in the same place. To others, it indicates a group with common characteristics. To me it is an intangible concept that describes my connection to the world. The world is my community, and I am here to help the people in it.
In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

“FCCLA? Don’t you mean FHA?” “Isn’t FCS just home economics?” “Aren’t FCS classes just cooking and sewing classes?” These are all questions every FCCLA member is all too familiar with. At first, these questions used to frustrate me, but after being in FCCLA for a few years, I learned to enjoy answering them. It is so exciting to talk about how FCS and FCCLA have grown over the past 75 years to encompass more elements of personal development, global awareness, and more every year.

Home economics, by definition, is the teaching and learning of household management skills. As these classes have shifted from Home Economics to Family and Consumer Sciences classes, students have been able to broaden their horizons to discover a subject area rich in career opportunities and important life lessons. FCS covers topics such as nutrition, early childhood, human development, and human ecology. FCS has expanded to cover a broad range of topics extending well beyond the household: from nutrition, to early childhood, to human development, to human ecology. Through FCS, students are taught how to properly manage their finances, improve their health by healthy eating, communicate with their peers, and develop as leaders. These classes are also an opportunity for students to explore career possibilities in the four career pathways. Even if a student is not leaning towards an FCS career, however, there is no shortage of skills for them to learn that can be applied to any career, including communication and time management. For instance, I am interested in pursuing a medical career and I feel that FCCLA and FCS have prepared me best for this dream of mine. I have learned how to prioritize responsibilities, manage my time, resolve conflict, communicate effectively, hear all sides of a story, and encourage others to voice their opinions.

As a rising senior, I have noticed that there are still not short again pressure for college and career readiness in the area of academics, but many classes seem to downplay the importance of the leadership skills, soft skills, and life skills needed to succeed in today’s world. Thankfully, FCS courses provide students with the resources and environments needed to grow in these areas. FCCLA is also extremely beneficial because it pushes students develop their leadership and workplace skills through peer education and community involvement. Since its founding in 1945, FCCLA has fulfilled its promises of individual success while constantly adapting to the times by preparing students for the modern world. People are able to develop their character, think creatively and critically, practice interpersonal communication, and prepare for their chosen careers, just like the mission statement says. Without FCCLA, I would not be able to get in front of a crowd and speak publicly, I would not be as confident, and would not have my individual leadership style developed.

All members are lucky to have such important and crucial skills developed as such young ages. I have no doubt that FCCLA and FCS education will continue to evolve. Over time, FCCLA has made great strides toward the advancement of FCS education, and leadership development. Unfortunately, there is a shortage of teachers across the United States, thus les SFS educators. However; with FCCLA’s initiatives, such as Say Yes To FCS, my generation can change that. With over 175,000 members currently, we can help fill in those needed positions in the future to further promote FCCLA and FCS. The skills learned through these opportunities are essential for any career and benefit every student. FCS and FCCLA will always be a resource to help young people become leaders and changemakers in their families, careers, and communities. As is represented by the swooping arrow on our emblem, “FCCLA is a dynamic, active organization bound for the future.”
SUPRIYA PATEL

STATE: Minnesota
SCHOOL/CHAPTER: High School
AFFILIATION: Comprehensive
GRADE: Rising Senior
YEARS IN FCCLA: 3
YEARS OF FCS: 2
COURSES: FCS Leadership I (10), FCS Elective (all areas, 11), FCS Leadership II (11), each is worth 1 credit

OFFICES
- Chapter Secretary, 2018-2019
- Chapter Vice President, 2019
- Chapter President, 2019-2020
- Minnesota Vice President of Public Relations, 2019-2020

LOCAL
- FCCLA Varsity Letter (9, 10)
- Mid-Winter Area Meeting (9, 10)
- Local Leadership Training (9, 10)
  - Workshop Creator and Host
- Planned and Executed Program of Work for SLP FCCLA (10, 11)
- Volunteer for monthly chapter projects

STATE
- State Meeting Attendee (9, 10)
- Minnesota FCCLA State Conference Gold Medal (9, 10)
- State Officer Assistant (9, 10)
- Minnesota Vice President of Public Relations (10, 11)
- State FCCLA Leadership Camp at Bethel University (9, 10)
- Youth Service America Social Media Takeover (11)
- Ethical Leadership Awards, Sponsored by Synergy and Leadership Exchange (10)
- Advocate to State Farm, Best Buy, and Wells Fargo to support MN State Conference (11)
- Attended Shadow Day at state Capitol (10, 11)
- MN November Summit (10)
- Submitted Press Releases for publicize MN FCCLA and YSA (11)
- Editor of the MN publication The Horizon (11)
- A photographer for MN FCCLA website/social media (10, 11)

NATIONAL
- STAR Event Chapter Service Project Portfolio (9)
- STAR Event Career Investigation (10)
- FCCLA Gold Medal (9, 10)
- Atlanta National Leadership Conference
- Power of One (10)
- Anaheim National Leadership Conference
  - National Media Team, 2019
- 2019 State Officer Training
- 2019 Leadership Academy
- 2019 Disney Leadership Workshop
- 2019 Dallas Fall Conference
- 2019 $mart $aving $trategies Teen Talk (11)
- Go for the Red Individual Award
- National Advancer for STAR Event Leadership

SCHOOL AND COMMUNITY
- National Honors Society (10, 11)
- Girls Swim and Dive Team (7-11)
  - Organized team bonding activities.
  - Four-time Section finalist, Five-time section qualifier.
  - Rookie of the Year, 2015
  - Goal Award, 2016
  - Varsity Letter (7-11)
- Volunteer - Boys Swim Meets (9-11)
- Women for Change (9, 10, 11)
  - Chapter Secretary (11)
- Summer Weight Room (8, 9)
- Knowledge Bowl (11)
- Nordic Skiing (9, 10)
- Women's Swim Team, (10, 11)
- Performance Music - Voice Lessons (7-11)
- Swim America Instructor
- University of Minnesota Regional Swim Meet Volunteer (7-10)
- Teacher Helper for Elementary School (11)

CONTRIBUTIONS TO FCS
- Promoted FCS Education and FCCLA at a local school board meeting (10).
- Encouraged membership school-wide.
- Opportunities at MN Shadow Day to speak with legislators about the importance of FCS.
- Visited middle school to recruit perspective members.
- Posts on personal social media.
- Collaboration with Youth Service America for a Social Media takeover on 9/11 to promote MN FCCLA service efforts.
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Marissa Reason  
State: Florida

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

Traveling has always been a true passion of mine from a very young age. From spontaneous trips to Orlando, to vacations in Los Angeles, traveling has always been part of who I am. So, when I got the opportunity to take an AICE Travel and Tourism class at my school, I knew I had to take advantage of it. The Hospitality and Tourism industry is my passion as well as my prospective career—so I knew this class could be life-changing. We learned about all of the different sectors of the Hospitality and Tourism industry and how they are being impacted by the ways in which we travel, as well as world events. This class has helped me work toward the accomplishment of my goals and has helped me develop skills for life through career preparation.

FCCLA specifically has been vital in helping me to write My Story for the past 5 years. It all started when I read the STAR Events list for the first time back in 7th grade. My eyes were immediately drawn to the Hospitality, Tourism, and Recreation STAR Event and I knew that this event was perfect for me. However, I quickly came to the sad realization that it was a Senior/Occupational event, so I would have to wait until 10th grade. Once 10th grade rolled around it was my time to shine! I finally got to show off my knowledge of the Hospitality and Tourism industry which earned me a gold medal at multiple levels, but FCCLA has done so much more for me than just help me in my prospective career field. From the moment I stepped into my first FCCLA meeting, I knew that this organization was going to help me accomplish amazing things. Only three short months after I joined FCCLA, I attended my first National FCCLA Meeting, the National Cluster Meeting, in Orlando, Florida. This was the first time I saw a sea of red blazers. That same school year, I attended my first State Leadership Conference and saw more people on a stage wearing the same red blazers. Those moments were when I realized that I wanted to be one of the people on stage, one of the people wearing a red blazer and representing this organization. Fast forward three years and I was elected as one of Florida’s State Officers and my dream of wearing a red blazer had finally come true. But, my dreams were not limited to just wearing a blazer. I wanted to grow as a leader and as a person. From my first year in FCCLA as our Chapter Treasurer, to my fourth as our District President, my leadership skills have developed immensely and still continue to grow. By holding leadership positions in FCCLA, I have gained confidence in myself, developed my communication skills, and have been able to network with other youth leaders from across the country. FCCLA has given me skills that I will use for the rest of my life that will help me continue to write My Story!

Family and Consumer Sciences education and FCCLA have helped prepare me for the next chapters of my life in many ways. By participating in the National Program Families First, I have been able to better understand how families work and has helped me learn how to become a stronger family member. FCS and FCCLA have aided in my decision to pursue a career in the Hospitality and Tourism industry post-graduation. I have been able to learn about the industry and have been able to research potential careers. Thanks to FCS education and FCCLA, I have been encouraged to participate in community service in multiple ways. From our FCCLA State Community Service project to volunteering at a local hospital, I have gained skills that will help me give back to my community for many years to come. FCS education and FCCLA have had a tremendous impact on my life and I would not be the person I am today without them.

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In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

In 1945, a group of Home Economics leaders met in Chicago, IL to create a national student organization which would be known as the Future Homemakers of America. This organization was for home economics students in secondary schools and had just over 4,000 members. Fast forward 75 years, FHA has changed its name to FCCLA (Family, Career and Community Leaders of America). With thousands of members across the United States, FCCLA is continuing to make a difference in their families, careers, and communities because of Family and Consumer Sciences education.

In the past 75 years, many changes have been made to what once was FHA and is now FCCLA to enhance our organization. In the beginning, National Meetings of FHA looked very different than how meetings of FCCLA look today. When it started FHA had only a few thousand members but today FCCLA has over 175,000 members. Since National membership has greatly increased over the years, more members are attending National FHA/FCCLA Conferences. In 1983, FHA started hosting regional Cluster Meetings across the United States to give members another opportunity to come together and enhance their leadership skills. Before this, FHA only offered the National Leadership Meeting every summer. Today, FCCLA holds multiple National conferences throughout the year (Capital Leadership, National Fall Conference, and the National Leadership Conference) to bring FCCLA members together. At these conferences, FCCLA offers multiple opportunities for members to develop their leadership skills and get to know other FCCLA members. Leadership training sessions referred to as the FCCLA Leadership Academy were launched in 2011 to provide National opportunities and recognition to FCCLA members who seek leadership development. Today, National FCCLA also offers opportunities such as State Officer Trainings, Youth Networking, and Red Talk Presentations at many of these meetings. All of these changes have enabled our organization to move "Toward New Horizons" and to eventually be known as "The Ultimate Leadership Experience!"

Although Family and Consumer Sciences is the main focus of our organization now, FCS was not always known how it is today. Long ago, home economics (now FCS) was just a class to teach girls how to cook and sew, but today it is so much more than that. FCS educated students on the relationships between individuals, families, and communities which involves Human Development, Personal Finance, Interior Design, Hospitality and Tourism and much more. FCS emphasizes issues relevant to today's students and skills critical to both living and working in the 21st century. FCS education prepares students to live in the real world and have successful careers after high school. FCCLA and FCS will continue to grow and evolve for many years to come.

I believe that FCCLA will increase its membership exponentially over the next few years as FCCLA members continue to advocate for our organization and as more students begin to see what FCCLA and FCS has done for members across the country. In the future, FCS education will evolve to be focused on subjects that are not seen as "just for girls." Many FCS classes are filled with girls and only a few boys since typical classes are seen as girl-oriented. FCS education will move to be focused on material that includes males and will have opportunities for boys to grow and advance their knowledge in personal development and many areas related to Family and Consumer Sciences. FCS and FCCLA have changed drastically and will continue to change for many years to come.
Marissa Reason
Florida High School FCCLA Comprehensive Affiliation
11th Grade 5 year-member

Family and Consumer Sciences Courses
- AICE Travel and Tourism: 1, 11th Grade

Contributions to FCS Education
- Promoted FCS Education to middle school students
- Advocating for FCS Education
- Service to Florida Family and Consumer Sciences through FCCLA State Office as Vice President of Public Relations
- Wrote letters to State Officials advocating for FCS and CTE

FCCLA Officers Held:
- Florida National Officer Candidate (2020)
- State Vice President of Public Relations (2019-2020)
- District 8 President (2018-2019)
- District 8 Historian (2017-2018)
- HS Chapter Vice President (2019-2020)
- MS Chapter Treasurer (2016-2017)

Participation in School and Community:
- National Honor Society (2017-Present)
- National Science Honor Society (2018-Present)
- National Honor Society for Dance Arts, Vice President (2019-2020) President (2020-2021)
- Dance Company, Historian and Community Organizer (2017-Present)
- Varsity Dance Team, Co-Captain (2020-2021)
- DECA District/State Competitor (2017-Present)
- Link Crew Leader (2018-Present)
- Dance Marathon Club (2018-2020)
- Volunteer at Hospital

Participation in FCCLA

Local:
- Fundraising and Community Service Participant (2016-2020)
- Club Rush/Homecoming Booth Exhibitor (2017-2019)

District:
- District Meeting Attendee (2016-2019)
- District Meeting Guest Speaker (2019)
- District Meeting Host (2018-2019)
- State Officer Candidate (2017-2019)
- Voting Delegate (2016)

State:
- State Leadership Conference Attendee (2016-2019)
- STAR Event Competitor (2016-2019)
- National Qualifier (2017-2019)
- State Officer Candidate (2017-2019)
- Participation in State Community Service Project (2016-2020)
- Summer Council Officer Training (2019)
- September Officer Training (2019)
- Winter Council Officer Training (2020)
- Power of One Award Recipient (2018)

National:
- Winter 2020 Teen Times Cover and Story
- STAR Events Competitor (2018-2019)
- NLC State Officer Training (2019)
- Voting Delegate (2019)
- Leadership Academy Participant (2017, 2019)
- National Cluster Meeting (2017)
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Regan Rhymes

State: North Carolina

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

Writers, or literary leaders, inspire with strokes of their pen. Anne Frank's diary influenced many while being confined in a small attic. Chinua Achebe proposed that leadership is tested by frequent trials. Roald Dahl suggested one of the most substantial impacts on the world is literature. Bound by innovation, our stories are capable of recording challenges and perseverance just like these authors' tales. The opportunities provided by Family, Career and Community Leaders of America and family and consumer sciences have written pages of 'my story' since sixth grade. From presenting to hundreds in Texas to winning gold in California, it is an understatement to say FCCLA and FCS are astounding authors.

The initial chapter of my adventure kick-started when I stepped into my sixth grade Exploring FCS class. The walls were covered with exciting red banners and pictures. My passionate teacher introduced my class to the world of FCS and FCCLA. Once I caught a glimpse of the unlimited possibilities this organization offered, I overflowed with eagerness. Over the course of the next five years, I filled my blank pages with a myriad of knowledge, finding ways to form healthy meals, care for children, and maintain a reputable image. The ones who constructed these windows of opportunity were my advisers. Publishers and editors make books happen; advisers and their teachings make us happen.

Shortly after joining, I began working on my STAR Event. Competing is extremely advantageous. Not only does involvement in competition develop a sense of self-confidence, but it instills decorum, public speaking, traveling opportunities, and chances to make friends. After learning the ropes, I found my passion for healthy eating and aspirations to dedicate my work to nutrition. As it happens, the wise Mahatma Gandhi mentioned that "health is real wealth, not pieces of gold and silver." With the help from STAR Events, the theme of my story became clearer, and uncovered the yellow brick road to an FCS career.

A considerable way to make strong, beneficial relationships is by running for a leadership position. I have explored my leadership potential over the years and made seven tremendous friends through North Carolina state office. We had the strongest bond, and it was all thanks to this organization that I shared memories with these characters in my story. Along with friendship, running for office positions aids in accumulation of leadership skills. Through my FCCLA journeys, I have learned how to conduct meetings with parliamentary procedure, plan large-scale events, and even squeeze a blazer into a carry-on! All these skills have bettered my preparedness for the chapters of my story that have not been written.

Adult life, approaching in a few short years, will put me through a mental and physical test of what I have gathered from my younger years. FCCLA and FCS have prepared me for this chapter through exploration of my career and numerous situations I experienced. With help from these authors, I will write my story as a great dietitian, helping the community with their lifestyles. My family relationships and self-confidence will act as a bridge to accomplishment in my future. After all, Dr. Seuss said, "You're off to great places! Today is your day! Your mountain is waiting, so.......get on your way!"
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Regan Rhymes
State: North Carolina

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

The changes Family, Career and Community Leaders of America and family and consumer sciences has endured molded the organizations into lustrous pearls. Over the past seventy-five years, FCCLA and FCS has encountered changes in membership, policies, names, and trademarks. As members, we make positive changes with the many opportunities FCCLA offers.

In 1945, Edna Amidon fostered a flame which started the Future Homemakers of America. In these years, the purpose of FHA was to prepare young women how to keep house for their future husbands by learning skills like sewing, cooking, cleaning, and childcare. Since then, household duties have been strategically specialized into career pathways. Focus shifts from sewing family clothes, to becoming a renowned fashion designer, or from childcare to juvenile psychology. All of which I mentioned rest on the foundation of family and consumer sciences.

FCS teachers furthered this idea of career readiness. FHA membership in 1966 peaked at 607,175 leaders nationwide. With over half a million individuals working to better the country, the founders of the organization were instilled with pride. In the midst of the Civil Rights Movement, African Americans had participated in New Homemakers of America (NHA) which paralleled with FHA. In 1965, we challenged segregation and unified. Acceptance and inclusion are vital to an organization, especially when its central focus is the family. FCCLA again metamorphosed into a positive haven, exhibiting inclusion and acceptance, to which all human beings are entitled.

Following the attainment of affiliation goals, establishment of the National Headquarters, various Cluster Meetings, FCCLA introduced Students Taking Action through Recognition (STAR) Events in 1983. The experiences resulting from participation in STAR Events has given unlimited ways for students to impact their families, careers, and communities. This change in the organization created opportunities for growth, outreach, and global involvement. STAR Events, paired with chapter traveling generates a breeding ground for success.

From FHA to FCCLA, this organization continued to undergo changes. Following the initial distribution of Teen Times and development of the tagline, I became a member. In the year of 2015, I started my leadership journey. The continuously evolving organization adapts to its environment and has given me the tools I need for the future. Not only has my story been affected this way, but other FCCLA members' as well. This undeniably proves the changes we have experienced throughout history were huge steps in the right direction. I predict the organization's future will turn to address problems like financial difficulties and gender identify issues. Acceptance and inclusion, ongoing struggles, are problematic areas I hope will be aided by FCCLA's values. In addition, I believe our many networks will work towards environmental adversity. Through community service, government collaboration, and group involvement, it is certainly possible for us to revive the beauty of the planet. Whether we kindle benevolence through a chapter project or address complications through the amendment of our bylaws, the continued success of FCCLA is inevitable.

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Regan Rhymes

North Carolina
High School FCCLA
10th Grade - 5 Year Member
2 Years of FCS Instruction
Comprehensive Affiliation

FCS Courses
Family & Consumer Sciences I - 6th Grade
Family & Consumer Sciences II - 7th Grade

Leadership Positions
Middle School Chapter Officer - 1st Vice President, Vice President of Programs, Secretary (2015-18)
North Carolina State Officer - State Vice President (2017-18)
Chapter Officer - Secretary, President (2018-present)
Kernersville Cares for Kids Officer - Vice-President (2018-present)

Contributions to FCS
- Advocates for FCS & presents at the NC CTE Summer Conferences (2017-present).
- Promotes the involvement in FCS classes to middle schoolers through lessons, national programs, and STAR Events (2016-present).
- Has shared FCS/FCCLA stories on social media.
- Representing and speaking about FCS at the annual Stand Up, Step Up Anti-Bullying Walkheld at a minor league baseball stadium.
- Attendance of 6 School Board Meetings, representing FCS/FCCLA. (2016-present)
- STAR Event projects educating the public on FCS principles and their impact on the community.

Activities and Extracurriculars
- Junior Civitan Service Group
- Leading Ladies Service Group
- Cares for Kids & No’Bacco Drug Prevention Program
- Spanish Honors Society
- Freshman & Sophomore Dean’s Council (Student Council)
- Caprice - Advanced Choral Program

Participation in FCCLA
Local and District Level
- Promoted FCCLA at community events including anti-bullying walks & annual regional fairs.
- Led chapter projects including but not limited to preschool lessons, roadway safety checks, Random Acts of Kindness Week, Unity Week, FCCLA Week, and food drives.
- Engaged in membership drives since sixth grade, recruiting over 20+ members collectively.
- Led District FCCLA meetings & presented National Program/new member workshops.

State Level
- Participation in STAR Events (2016-20).
- Completion of Power of One (2016-20).
- Served as a state officer (2017-18).
- Served on NC FCCLA Board of Directors serving on planning committees (2017-18).
- Helped develop the NC FCCLA Strategic Plan at the NC Department of Public Instruction.
- Represented FCCLA & FCS at the NC CTE Teachers’ Conference (2017-present).
- Collaborated with the NC Department of Public Instruction (DPI) FCS Division. (2017-present).

National Level
- Completion of Power of One (2016-20).
- Participation in National STAR Events (2016-20)
- National Media Team (2018-2019)
- Skill Demonstration Event Competitor- 1st Place in Toys that Teach & Impromptu Speaking (2016, 2019).
- NC- State Representative & voting delegate at the 2017 NLC.
- 2016 National Cluster Meeting Presenter- FACTS Workshop.
National Officer Candidate: Abigail Runolfson          State: Utah

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

I walked into the conference center with my poster board in hand. My heart raced from the discomfort of having to present in front of the judges. I proceeded to set up my board in front of the judges, however, once my gaze met that of the judges, any confidence I had from the weeks of preparation was gone. I quickly diverted my gaze toward Ellie, my teammate, who I could tell was equally as nervous as I was. Trusting in my preparation I started to rattle off the first words of my memorized material. As if I was a child taking my first steps finding confidence in each succession, I found that my confidence grew with each word. Once I had concluded my opening statement, I saw that Ellie now appeared more confident to deliver her portion. We continued through the presentation, inspiring confidence in one another, and went on to receive high marks from the judges. This would be the first experience of many, wherein I was able to personally develop through FCCLA. I have since competed in several other STAR Events, delivered educational workshops, became a member of the State Executive Council.

In addition to the self-confidence that I have gained through public speaking, I have developed new relationships which have helped me establish a valuable network of communication with my peers. FCCLA also provided me with an opportunity to apply the material which I had learned in my FCS classes. I found that the skills being taught had a use in my everyday life. For example, learning about meal preparation, grocery shopping, and maintaining a healthy diet in my nutrition and food science classes encouraged me to take on a greater role in preparing food in my own home. Helping with the grocery shopping and meal preparation in my own home, helped me begin to appreciate the value of service. Recognizing the benefits of service, I began participating in community service opportunities such as volunteering at the police station’s annual 5k. My volunteering efforts led me to later become a member of the Utah FCCLA State Executive Council serving as VP of Community Service. Seeing how FCCLA and FCS has enhanced my own educational experiences and helped me personally develop, inspires me to encourage others to pursue their own ambitions.

I plan to continue participating in FCCLA after high school by becoming an FCCLA alumni, which will allow me to continue mentoring other FCCLA members. FCCLA has prepared me for the next chapter in my life by helping me understand that greater personal development is often achieved by pursuing those things in life that may not be easy. I plan to continue overcoming difficult things by pursuing culinary arts and a business degree. I also look forward to raising my own family where the skills I have learned in FCCLA and FCS will prove invaluable. I look forward to my future learning opportunities where I will be able to promote FCS, strengthen my family, and pursue personal development.
National Officer Candidate: Abigail Runolfson

State: Utah

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

In 1945 the Future Homemakers of America (FHA) was established to promote Family and Consumer Sciences education. The interest in, and need for, greater awareness of Family and Consumer Sciences was manifested by nationwide support for FHA. It would go on to be recognized in all U.S. States and Territories. From its very beginnings, FHA was destined to provide an inclusive setting where future homemakers could learn to construct the framework necessary for a successful home. In 1973 Toney Bingham was elected as the first male FHA national officer, indicating the expanding inclusive nature of a female dominated organization.

Three STAR Events were established in 1983 as nationally recognized FHA Competitions featuring Job Interview, Illustrated Talk, and Chapter Activities. The Teen Times magazine was sent to each FHA member in 1984, establishing a medium of communication and sense of national unity between chapters. A name change was proposed in 1999 which resulted in the beginning of a new organization: Family Career and Community Leaders of America (FCCLA). At this time there was not only a change in name, but also a change in purpose. I believe the change in purpose was intended to expand the original vision of FHA, to inspire all to enact positive change by being leaders in Family, Career, and Community.

The evolution of FHA into FCCLA highlighted a previously established trend towards inclusivity. This trend started with the expansion of a small club into a national organization and continues today as 33 STAR Events were recently recognized in the 2019 FCCLA National Leadership Conference. Presently, technological advances allow FCCLA to continue down a more inclusive path. This is highlighted by the National Leadership Conference in 2020 being held virtually due to the effects of the COVID-19 pandemic, allowing for all participants to be included regardless of government restrictions. I envision technology playing a more invested role in connecting members of FCCLA with one another. Using technology to provide a more inclusive medium for members to communicate will allow for strengthened families and communities.
ABIGAIL RUNOLFSON
NATIONAL OFFICER CANDIDATE

PROFILE
State: Utah
School: [Redacted] High School
Chapter: [Redacted] Chapter
Affiliation: Comprehensive
School Year: 11th Grade Class of 2020
Years of FCCLA: 5 Years
FCS Instruction: 5 Years

COMMUNITY ACTIVITIES
• [Redacted] City Police
  Station 5k Volunteer
• [Redacted] High School
  Orchestra Program
• Debate Club Co-President
• Community Softball League
• Baked Goods Booth at
  Community Fair
• Local Church Youth Group Leader

FCCLA OFFICES HELD
2019-2020 | Utah FCCLA VP of Community Service
2017-2018 | [Redacted] Jr High VP of Parliamentary Procedure
2016-2017 | [Redacted] Jr High 1st Vice President

FCS INSTRUCTION
11th Grade | Culinary Management
10th Grade | Food and Nutrition Sci 2
9th Grade | Food and Nutrition 1
8th Grade | FACS Exploration
7th Grade | College and Career Awareness

REGION PARTICIPATION
2020 Region Conference | Professional Presentation - Silver
2019 Region Conference | Life Event Planning - Gold
2018 Region Conference | Parliamentary Procedure - Silver
2017 Region Conference | Promote and Publicize FCCLA - Silver
2016 Region Conference | Food Innovation - Silver

STATE PARTICIPATION
2016 State Conference | Food Innovation - Silver
2017 Fall Leadership
2017 State Conference | Promote and Publicize FCCLA - Silver
2018 Fall Leadership
2018 State Conference | Parliamentary Procedure - Silver, 1st Place in Utah
2019 State Conference | Life Event Planning - Silver
2019-2020 State Officer

STATE PARTICIPATION
2018 National Leadership Conference | Parliamentary Procedure - Silver
2019 National Leadership Conference
2019 National Fall Conference
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Bree Severn  
State: Iowa

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

Family and Consumer Sciences Education and FCCLA have truly been life changing for me. I have grown into the person I am today, strong, confident, and independent, because of FCCLA and FCS.

FCCLA has definitely begun to prepare me for my future and my adult life. FCCLA has taught me to face my fears and when I do great things can happen. This organization has taught me how to believe in myself, leadership, public speaking, and time management skills. Before FCCLA, it was hard for me to speak in front of my classes and I didn’t know how I was going to get through high school with the workload I was anticipating. FCCLA changed everything for me. This organization has given me the courage to speak in front of hundreds of people and the skills to achieve anything I truly put my mind to. FCCLA has literally changed my life in so many ways. I have been able to compete at the district, state, and national level in STAR Events, which have put my time management and public speaking skills to the test many times. I have gained new insight on future careers and community members and I owe it all to competitive events. These events have given me a voice in my community and in my school district. I have been able to present to hundreds of students on cyberbullying and the importance of FCCLA to me and our chapter members, as well as create fundraisers that connect to our state outreach projects.

FCCLA is paving my way to success. It has given me more tools and opportunities than I ever imagined the day I decided to join the organization. I have been able to travel the country, compete in many different environments, and speak to others on what is important and a priority in my life. FCCLA will be the organization I thank when applying to colleges and for jobs. I have put in so much time to this organization with STAR Events, Peer Education, fundraisers for our chapter, and community service projects for our community, but the skills I get in return and the satisfaction when success is met is the greatest achievement. With a primary focus of family, FCCLA has prepared me to take on large tasks and new opportunities, that I can plan my way through and achieve everything I’ve ever wanted. I realized there was no organization like it. I can express myself and be heard through this organization, that has brought me to a new level of confidence and taught me to step outside my comfort zone, because great things can happen. But there would be no FCCLA with Family and Consumer Sciences Education. With taking FCS classes in middle school, I wouldn’t have known what FCCLA is. I will always remember the first time I heard about FCCLA, from high school students who were presenting to my 7th grade FCS class. At the time, I didn’t know anything about it because no one I knew was involved in the organization, until my brother decided to join and everything would change from then on out. I loved my FCS classes. Learning how to sew, life and relationships, and to cook were some of my favorite things to do. It wasn’t just a class for me, it was a way to express myself and do the things that I love. FCCLA has been the same way for me. It has always been my home throughout my high school career.

FCCLA and FCS have helped me prepare for the next stages in my adult life. I have learned so many leadership, public speaking, and time management skills that will put me on the path to creating a bright future and doing anything I set my mind to.
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Bree Severn
State: Iowa

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come? Both FCCLA and FCS have changed over the span of the last 75 years. FCCLA was first known as the Future Homemakers of America, which was established on June 11, 1945 and FCS was initially Home Economics. FCCLA, changed from FHA, has changed in so many ways. Back when FHA was first created the organization's main focus was to create the best homemakers possible and they took many strides to accomplish this. They worked to combine many home economics clubs in high school around the United States. Even one of the Future Homemakers of America's purposes was to promote a growing appreciation of the joys and satisfactions of homemaking. Back in 1945, the organization was women-based. It wasn't until the mid-1970's that men were allowed to take part in FHA. Now many students, of all genders, are allowed to take part in the organization we love today, FCCLA. There are still many similarities between FHA and FCCLA, including the creed, holding national conventions, and being led by the U.S. Department of Education and the American Home Economics Association, known today as American Association Family and Consumer Sciences.

Home economics and FCS come from the same background, but are very different today. Home economics was changed to FCS due to the problems that many women faced. Women were put into the category of homemaker or stay at home mom, when they really had enough power to do anything they set their mind to. Women were tired of this stereotype and wanted to put a new face to home economics, Family and Consumer Sciences. FCS studies the relationships between individuals, families, and consumer sciences throughout society and technology. Home economics change to FCS created a new emphasis on relevant issues today, and provides new skills crucial to successful living in today's society. FCCLA and FCS have made many changes due to new technology, society stereotypes, and relationships that paved the way for a bright future in both Family, Career, and Community Leaders of American and Family and Consumer Sciences Education. I anticipate FCCLA and FCS to become even more open-minded and up-to-date with technology. FHA changed their idea that women were only set out to be homemakers, when FHA was changed to FCCLA, and in future years I believe that FCCLA will empower teens and students all across the world to do anything they set their mind to, no matter what race, gender, or sexuality. FCCLA will become the place where anyone can go to be themselves and learn to become the best leader possible. FCS will become a place of great relevance to study the relationships between all types of people. New classes will be offered as technology changes and new courses will be created based on how the future will change. FCCLA and FCS are the future of today's society and nation. I believe strongly that FCCLA will create the leaders of our future futures. We will create peace, love, and prosperity.
Bree Severn
Iowa
High School, Grade 11
Iowa Chapter
Type of Affiliation: Comprehensive
3 years in FCCLA, 1.5 years of FCS Instruction

Applicant for FCCLA National Office
Servant leader involved in community, leadership, and volunteer based clubs and sports, such as: FCCLA, Reach SADD, Student Council, volleyball, track and soccer. Also actively involved in the Catholic Church, through youth group, bible study and volunteering as a Sunday School teacher. Recognized for hard work and dedication in many areas (school, clubs and sports).

FCS EDUCATION
-Life and Relationships (Grade 10)
-Family and Consumer Sciences (1 semester- 7th Grade, 1 semester- 8th grade)

PARTICIPATION IN FCCLA
Chapter:
-Chapter President (2019-2020)
-Blanket Drive for Child Cancer Patients (2018-2019)
District:
-District President (2018-2019)
-STAR Event (Illustrated Talk 2018: Gold) (Chapter Service Project Portfolio 2019: Gold) (Promote & Publicize FCCLA 2020: Silver)
State:
-First Vice President (2019-2020)
-STAR Event (Illustrated Talk 2018: Gold) (Chapter Service Project Portfolio 2019: Gold)
-STAR Event (Promote and Publicize 2020: Qualified for Nationals)
National:
-STAR Event (Illustrated Talk 2018: Gold) (Chapter Service Project Portfolio 2019: Silver)
-Power of One (2019)

CONTRIBUTIONS TO FCS EDUCATION
-Advocate for FCS Education at Iowa FCCLA’s Day at the Capitol
-Worked to create an FCS chapter in our [redacted] Middle School during my State Officer term
-Promoted FCCLA in my community to spread awareness for FCS Education

JOBS/ VOLUNTEERING
-The Volleyball Academy: Lil’ Diggers Coach for 5-10 year olds (2017-2019)
-Hyvee: Online Shopper (2020)
-Volunteer for [redacted] Elementary/ Middle School Volleyball Camps (2016-2019)
-Volunteer Room Consultant for STAR event at NLC in Atlanta, GA (2018)
-Volunteered at Soccer concessions to raise money for NLC (2018, 2019)
-Volunteer Camp Counselor for 5th Grade Science Camp (Grade 10, Grade 11)
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Myranda Sutton                   State: Arizona

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

As I entered high school, I was nervous and uncertain about the future that was quickly approaching. I didn't know where to begin or even how to get there. All I was sure of was that I wanted to help people in any way that I could.

At [redacted] High School, the only Family and Consumer Sciences course offered is Culinary Arts. I was not fond of the idea of cooking since it surrounded my whole lifestyle. Not only did my mom’s side of the family come from a long line of chefs and secret recipes, my parents also owned a restaurant. Because of this, I grew up in the kitchen, even though I refused to learn how to cook.

I finally decided to enroll in Culinary Arts and joined FCCLA in hopes of gaining leadership experience. Little did I know the impact FCCLA would have on my life. I fell in love with the organization! I loved every aspect - the members, the conferences, and most of all, its values. It was through FCCLA that I learned how to carry the focus of family wherever I go and with whomever I interacted with. It was after enrolling in Culinary Arts and embracing FCCLA that I learned what my life truly was FCS. I live FCS. I am FCS! When your family owns a restaurant, that restaurant becomes your life. At the moment, I wanted nothing to do with it. Looking back, I wish I would have helped more. Now I can change that mentality and employ the teachings of Family and Consumer Sciences.

My goal, for as long as I can remember, has been to heal someone’s heart. Whether this be physically or emotionally, I want to be able to help people. Before FCCLA, I was convinced I wanted to become a cardiothoracic surgeon; however, that has quickly changed through my involvement in FCS and FCCLA. After being exposed to the many career pathways that FCCLA prepares its members for, I am now considering becoming a counselor or a teacher. Without FCCLA, I would have never been exposed to, or considered, these career options. Now, I am proud, confident and happy to consider them as future career opportunities.

I feel fully equipped to enter the next chapter of My Story with the knowledge of FCS and FCCLA by my side. I will be able to network and build connections with the community that will surround me; all because of FCCLA’s focus on family. I am excited and eager to lead others and watch them grow and impact the communities that surround them.
In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?
With all the change in our culture, not only did we change the name from FHA to FCCLA, we transformed the face of this organization.

Let me paint you a picture, it’s 1945 and the Future Homemakers of America (FHA), a student organization, was just established. Prominently women at the time, FHA taught students how to sew, cook, clean, and take care of children. More importantly it taught members how to be good people in and out of the household. As decades passed, FCCLA has evolved into what we know it as today.

In today’s society, it is more acceptable - now than before - to have non-traditional roles. This means women and men are no longer categorized into specific career paths. With this change, people are allowed to do what they are truly passionate for, with no cultural pressures being asserted. In years past, it was not this easy. Women were characterized as the home maker and nothing else. Men, on the other hand, were the main provider for the household. But, if a man or women were to challenge this “status quo,” it was frowned upon. As society has evolved, we now live in a culture where individuals can strive for success in their chosen career pathway regardless of the qualities that make them different from others. FCCLA makes this clear from day one of being a member.

Maintaining a foundation is very important. In the past 75 years, FCCLA has upheld the same core value it did back in 1945: family. Throughout all this change we have managed to be the only career and technical student organization that focuses on the family. Family is the foundation of everyone’s life. We teach members the importance of family. Family does not need to be the individuals that we are related to by blood, rather the individuals that we choose to surround ourselves with. The individuals that help us grow and constantly improve. The individuals that hold us accountable but still pick us up when we fall. The individuals that we choose to call family. Family will continue to follow us throughout our life and shape the way that FCCLA continues to evolve in the years to come.
Myranda Sutton
Arizona
High School
Culinary Arts 16121
Comprehensive | Level 3

Family and Consumer Sciences Education
Total Credits: 2.5
- Culinary 4 | Food Service - 11th Grade
- Culinary 2 | Food Service - 10th Grade
- Career & Technology | Food Service - 9th Grade

Offices Held
- AZ NOC - 11th Grade
- AZ State President - 11th Grade
- Chapter Officer Coach - 11th Grade
- Community Service Chair - 10th Grade

School and Community Involvement
Over 355 community service hours.
- Youth Council - 10th-11th Grade
  o 50 Community Service Hours
- FBLA - 9th-11th Grade
  o 10 Community Service Hours
- National Honor Society - 10th-11th Grade
- Student Government - 9th-11th Grade
  o Representative - 11th Grade
  o Representative - 10th Grade
  o President - 9th Grade
  o 200 Community Service Hours
- Tennis - 11th Grade
- Academic Decathlon - 9th-10th Grade
- Book Club - 10th Grade
  o Secretary - 10th Grade
- HOSA - 10th Grade
  o Community Service Chair
  o 25 Community Service Hours
- International Club - 10th Grade
  o Secretary - 10th Grade
- Track and Field - 10th Grade
- Resource Council - 9th Grade
  o 30 Community Service Hours
- Cheer and Pom - 9th Grade
  o 40 Community Service Hours
- Softball - 9th Grade

Participation in FCCLA
Local
- Participated in dozens of catering events
- 288+ hours of service
- Planned community events
- Officer trainings

State
- Adviser Conferences - 11th Grade
  o Presenter
- Arizona FCCLA Board of Directors - 11th Grade
- Chapter Leadership Camp - 10th-11th Grade
- Fall Leadership Conference - 9th-11th Grade
  o Next Level Leadership Presenter - 11th Grade
  o State Officer Job Shadowing - 10th Grade
- State Leadership Conference - 9th-10th Grade
  o National Programs in Action | Gold - 10th Grade
  o National Program in Action | Gold - 9th Grade

Nationals
- National Cluster Meeting - 10th Grade
  o Leadership Academy - 10th Grade
- National Leadership Conference - 9th-10th Grade
  o Leadership Academy - 10th Grade
  o National Programs in Action | Gold - 10th Grade
  o Voting Delegate - 10th Grade
  o National Programs in Action | Gold - 9th Grade
- National Programs - Completed
  o Student Body - 9th-10th Grade
  o Power of One - 11th Grade
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Kieran Sween
State: Minnesota

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

When I joined FCCLA as a reserved seventh-grader, I couldn’t have imagined the impact it would have on me over the next few years of my life. Today, because of FCCLA, I am a confident, prepared, and skilled leader.

Family and consumer sciences education has been embedded in my curriculum as a homeschooled student. I have taken classes in Entrepreneurship, Sewing and Textiles, Leadership, Fashion Design, and Baking and Pastry. Because of my FCS classes, I learned to sew and bake extremely well, and those two hobbies have become extremely important in my life. Classes in baking and textiles have opened my eyes to new career possibilities in fashion and food service.

The first STAR Event I competed in was Entrepreneurship, in which I learned about businesses, public speaking, computer skills, and working with adults. It also fostered my love for STAR Events and FCCLA. After presenting at our State Meeting, I was chosen to compete at NLC. It ignited a spark in me to come back and grow my leadership skills even further. I have competed in Entrepreneurship (twice), Recycle and Redesign, and Fashion Design. These gave me a chance to explore what I want to do post-High School in an in-depth way. I now want to pursue a career as a specialty baker.

During my first year as a member, my adviser urged me to run for Junior High Council, a position on the Area Officer team held by a middle-school member. Being an officer taught me to be a leader and to have confidence in myself as a speaker. It also made me want to serve in higher offices. I later served as an Area Officer and eventually a two-time State Officer. Being an FCCLA officer helped me learn about planning and public speaking, as well as find my voice as a young leader. When I ran for state office in only ninth grade, I was elected and I grew in more ways than I thought possible. I became excited about trying new things and gained valuable experience working closely with a team to accomplish a shared vision.

FCS education and FCCLA have been an integral part of my entire high school career. I am now ready to take the next step as a National Officer to share the leadership building blocks I have gained. My story is still being written, but because of FCCLA and FCS education, I know that my future will include a strong family, a career of service, and a community enriched by the skills FCCLA and FCS education provide.
National Officer Candidate: Kieran Sween

State: Minnesota

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

For seventy five years, the world has changed and FCCLA and FCS have changed along with it, providing opportunities for students in leadership and life skills.

Family and Consumer Science has changed from a female-centered course in important skills like cooking, baking, and sewing, to a robust curriculum today focused on career pathways such as visual arts and design, hospitality and tourism, education and training, and human services. Now FCS is available to everyone, and students learn skills like money management, family development, and career planning, focusing on the four Career Pathways.

Future Homemakers of America was officially started on June 11, 1945, at a conference in Chicago IL to support FCS education. Membership peaked in 1966 at over 607,000 members. In December 1977, Rhode Island, the last of the 53 state associations affiliated.

The 1980s were a big decade for FCCLA. FCCLA purchased land in Reston, Virginia, for a national headquarters and broke ground in 1981. FCCLA started STAR Events and cluster meetings in the fall of 1983, introducing Job Interview, Illustrated Talk, and Chapter Activities events. Teen Times debuted in the fall of 1984, and we look forward to its publication still today.

The 1990s were a decade of change and reflection. In July 1999, voting delegates at the Boston NLC voted to change the name to Family, Career, and Community Leaders of America, and FHA became FCCLA. Through all this change, we remained focused on our core values as builders of homes and communities for America’s future.

In the 2000s, many changes shaped the FCCLA we know and love. FCCLA adopted the tagline “The Ultimate Leadership Experience” in 2003. Teen Times premiered in four colors in 2005, and in 2009, FCCLA/Life Smarts Knowledge Bowl was introduced as a competitive event.

The 2010s marked significant growth in member leadership opportunities and skills trainings. The Leadership Academy launched in July 2011 to all members. September 2011 marked the first year with the newly named Competitive Events guide which included skill events for the first time. In July 2015, FCCLA hosted a seventy years strong event on Capitol Hill, drawing thousands of members to advocate for FCS education in schools. In July 2019, a record number of STAR Events participants (4,744!) competed at the Anaheim conference.

FCCLA continues to introduce new events and set new records for students leaders across the country. Without a doubt, FCCLA will continue to make history in the next seventy-five years. Showing our ability to change, grow, and adapt, 2020 will be the first year to host a virtual conference. Through virtual get-togethers and an increased online presence, FCCLA will foster strengthened social media connections between student leaders. This time is also sparking for our nation a renewed interest in Family and Consumer Sciences related activities. Many students and adults started cooking and baking for fun or necessity, learned to sew to help with the need for masks, and put career readiness skills to work providing service to communities and businesses in need. After extensive cuts to FCS programs in years past, there is a countrywide shortage of FCS teachers and a huge interest in this career pathway. FCCLA members will continue to lead to encourage students to Say Yes to FCS.

The next seventy-five years are certain to see changes, but FCS education and FCCLA will prepare students to lead the way in families, careers, and communities!
Family & Consumer Sciences Courses

- FCS-Entrepreneurship - 7th grade, 1 credit
- FCS-Sewing and Textiles - 8th grade, 1 credit
- FCS-Leadership - 9th grade, 1 credit
- FCS-Fashion Design - 10th grade, 1 credit
- FCS-Baking and Pastry - 11th grade, 1 credit

FCCLA Participation

Local/Chapter:
- Chapter Officer
  - Chapter Secretary (2015-2016, 2016-2017)
- Participated in STAR Event work sessions with chapter members
- Led service project to support veterans and EMS members for 911 Day of Service
- Supported youth physical education by sponsoring and leading youth kickball tournaments
- Mentored younger members seeking officer positions in FCCLA

Area:
- Area Officer
  - Area Junior High Council Member (area officer 2016-2017)
  - Area Secretary (2017-2018)
- Facilitated Local Leadership Officer Training (2018, 2019)
- Local Leadership Officer Training Participant (2016, 2017)
- Assisted STAR Event Coordinator at regional competitions (2018, 2019, 2020)
- Maintained records for area officer meetings
- Developed and presented Power of One and Student Body FCCLA mini workshops at Fall Area Meetings

State:
- Two Time State Officer (max allowed in MN):
  - State Treasurer, 2018-2019 Minnesota FCCLA
  - State Vice President of Partnerships, 2019-2020, Minnesota FCCLA
- Worked with State Officer team to plan and facilitate the 2019 and 2020 State Conferences
- Legislative Shadow Day 2018, 2019, 2020
- Developed and Led Student Body and Financial Fitness Workshops
- State FCCLA Camp Facilitator as State Officer
- Promoted FCCLA on social media
- Partnership Presentations to State Farm, Wells Fargo, and Best Buy for resource development

National:
- NLC 2016 – San Diego, CA
  - STAR Event Competitor – Gold Medal in Entrepreneurship
- NLC 2017 – Nashville, TN
  - Leadership Academy
- NLC 2018 – Atlanta, GA
  - State Officer Training
- Leadership Academy
- NLC 2019 – Anaheim, CA
  - STAR Event Competitor – Silver Medal in Fashion Design
  - Fashion Show Finalist
  - State Officer Training
  - Leadership Academy

Contributions to FCS Education

- Advocated for FCS Education and FCCLA to State Legislators at Minnesota State Capitol
- Participated in a Pro-Start Online Pilot Class as Tester to provide online FCS education and certification
- Spoke to community organizations and school district regarding local need for FCS education

School & Community Activities (# indicates years of involvement)

- Fine Arts: Dance (6), Band (7), Choir (5), Theater (5)
- Sports: Cross Country (1), Football and Wrestling Cheerleading (3), Competitive Cheerleading (2)
- Community: Church Service Projects (food shelf, fundraising, community building activities)
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Hope Wear  
State: Oklahoma

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

To start my FCCLA story, I began in my eighth grade Introduction to Family and Consumer Sciences class. I sat down in my chair at the back of the classroom not expecting to learn even half of the skills I would eventually attain. My teacher gave us the spill about FCCLA and all of the extraordinary opportunities we could gain from this organization. She told us that FCCLA stood for Family, Career, and Community Leaders of America. Little did I know that is exactly what I would be acquiring from this organization.

To begin, Family and Consumer Sciences education and FCCLA have taught me to be a strong leader in my family. Through my Marriage and Family Life class, I was taught the basics on how to build a successful family unit. I not only applied this knowledge to my home-life, but eventually I will start my own family with the skills I studied in the curriculum. In addition, FCCLA has taught me the importance of creating secure relationships with people. I have developed some of my most treasured friendships through this organization. I have grown into a more compassionate leader, which has made my family and other relationships improve tremendously.

In summary, Family and Consumer Sciences and FCCLA have given me the needed skills to create and lead strong families.

Family and Consumer Sciences and FCCLA have also prepared me for my future career. In my Career Orientation class, I explored different possible careers and saw what I would excel in. I discovered that I wanted to work towards becoming an attorney. Not only did I find out what career I wanted to pursue, but I also learned essential interview skills that will help me in obtaining my career. To add on, FCCLA has also prepared me to lead in my workplace. I have learned strong communication skills through competing in STAR events and public speaking. By being a state officer, my time management was greatly improved, because I had many responsibilities on my plate as a high school junior. To conclude, I am certain that Family and Consumer Sciences and FCCLA have assisted in my development towards my future career path.

Lastly, Family and Consumer Sciences and FCCLA have aided me in doing incredible acts in my community. For instance, in my Leadership and Management class, I have planned and partaken in various community service activities that have not only impacted those in my community but have impacted the way I view myself as a leader. By volunteering with projects such as a local soup kitchen in my town, I have learned that you never know what difficult situations the people in your own community are experiencing.

In short, by getting involved in my Family and Consumer Science courses and FCCLA, I have ultimately bettered multiple aspects of my life and am proud of the leadership skills learned through these life-changing experiences.
In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?
As George Bernard Shaw once stated, "Progress is impossible without change, and those who cannot change their minds cannot change anything." The advancements that Family and Consumer Sciences and FCCLA have made over the past 75 years is truly inspiring, and they would not have been possible without the incredible acts and people who were bold enough to go against social standards.
One of the most monumental changes in FCCLA history was our name change in 1999. This change from "Future Homemakers of America" to "Family, Career, and Community Leaders of America" helps illustrate our progression from the stereotype of our members just "cooking and cleaning" to becoming figureheads in everyday life. While we still learn these essential life skills, we also learn public speaking, career preparation, and so much more. We are now not only leaders in our homes, but also in the workplace and our communities. In short, this name change helps better represent our organization and makes it more inclusive.
Another enormous change in FCCLA and FCS classes is our membership. When my mom was a member of FHA, she remembers it primarily being a female organization, with little male representation. Now, we have a more diverse membership which has allowed us to grow into a more accepting and welcoming organization. This diversity in our membership has given our community more varying outlooks and ultimately has led to more progression throughout these 75 years. In summary, FCCLA has developed into a more equal opportunity association where members are manifold.
While I believe our organization is already exceptional, there is always room for new change and improvement. I see FCCLA and FCS evolving in years to come by becoming an international organization to promote across-the-board membership. This change would not only grow our membership, but it would also change our outlook on several topics. This widening perspective would make a positive impact on families, careers, and communities of the world. Ultimately, these countries, while contrasting, can come together to make one family. To conclude, FCCLA and FCS education has unlimited possibilities as we are always pushing towards new horizons. Who knows. These new horizons could even be from across the world.
In conclusion, celebrating the history of FCCLA and FCS and seeing the improvements we have made over the past 75 years is eye-opening. What's even more inspiring is that WE can be the change. Every community, service hour volunteered, school project completed, and time spent learning in our classroom has made a difference. Together, we are the ones who are going to continue the advancement of FCCLA and keep pushing for diversity.
Name: Hope Wear
Chapter: [Blank] - FCLA
School: [Blank] - High School
Type of Affiliation: Comprehensive

State: Oklahoma
Years in FCS Education: 4 years
Years in FCCLA: 4 years
Year in School: Junior

Family and Consumer Science Courses
- FACS Basics – Eighth Grade
- Introduction to Hospitality and Tourism/ Customer Service; Leadership and Management/ Career Orientation – Ninth Grade
- Marriage and Family Life/Parenting and Child Development – Tenth Grade
- Human Growth and Development —Eleventh Grade

Participation in FCCLA
Local: Volunteered with the Salvation Army Christmas Bell Ringing, Park Trail of Lights, Widow’s Outreach Dinner, Fest, and Homeless Services; Donated to FCCLA IMPACT Fund, the Pearl House, Homeless Service, PAWS, and Ballard’s Nursing Home; Committee Chair of Fundraising Committee, FCCLA Week Committee, Oklahoma Challenge Planning Committee, and Recruitment Committee.

District: Earned a medal at District STAR Events; co-led district community service project for OK Kids Korral and Women’s Shelter Toiletry Drive; co-led District meeting and installed officers; facilitated District STAR Events; presented LEAD Trainings; attended five district meetings; attended two district officer trainings.

Region: Earned two medals in Regional STAR Events; volunteered with Regional Food Bank of Oklahoma; assisted with Regional STAR Events.

State: Earned two gold medals in State STAR Events; attended four state conventions, recorded STAR Event orientation videos, co-wrote LEAD workshops; advocated for FCS and FCCLA at the state capitol two years; served as a Courtesy Corps Member, Voting Delegate, and State STAR Events volunteer; planned and facilitated district officer training and Rookie Camp; attended CareerTech University; attended Rookie Camp, Take AIM, and State Officer planning meetings.

National: Earned two gold medals in National STAR Events; attended National Leadership Conferences in Nashville, Atlanta, and Anaheim; attended and volunteered at National Fall Conferences in Oklahoma City and Dallas; Knowledge Bowl Demo Contestant; Participated in National Programs FACTS, STOP the Violence, Families First, and Student Body; attended Capitol Leadership; National Programs Network Committee Member.

FCCLA Offices Held
State: Oklahoma National Officer Candidate, 2019-20; State Vice-President of Programs, 2019-20; Oklahoma National Officer Candidate, 2020-21.
District: Vice-President of STAR Events, 2017-18; Vice-President of Membership, 2018-19.
Local: First Vice-President, 2017-18; Chapter President, 2018-19.

Contributions to Family and Consumer Sciences Education
- Advocated at Capitol Leadership in Washington D.C. for FCS, FCCLA, and CareerTech Education
- Advocated at Oklahoma State Capitol for FCS, FCCLA, and CareerTech Education
- Started and led a statewide membership tour to promote FCS Education and FCCLA
- Promoted FCCLA/FCS enrollment to prospected middle school students
- Spoke to school board of education to promote FCCLA and gain additional support

Participation in School and Community
- Student Council President
- National Honors Society Member
- FFA and DECA Member
- Vision Bank Board Member
- Performing Arts/Speech Member
- Class President
- Student Advisory Board Member
- Superintendent’s Honor Roll
- Gifted and Talented Member
- Church Member/Volunteer
- Abba’s Table, Salvation Army, and OK Kids Korral Volunteer
- Private Math and English Tutor
National Officer Candidate: Emily Willerick  

State: Michigan

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

Every summer, for as long as I can remember, I have spent the week before school starts organizing supplies, arranging furniture, wiping down counters, and putting up bulletin boards. I can picture the motivating posters, the organized kitchens, and the cabinets of early childhood toys and games. These days spent in my mother’s FCS classroom made me to feel at home while in school, and helped me to see the opportunities that Family and Consumer Sciences provides, including FCCLA. I was seven years old when I attended my first FCCLA conference, the 2010 National Leadership Conference in Chicago. I remember seeing thousands of “big kids” dressed up, talking to each other, and having fun. At that moment, I knew that I wanted to be one of them when I got older, although I never anticipated how much I would grow to love this organization. These early experiences were the first chapter of how FCS and FCCLA would contribute to my story and prepare me for my future in extraordinary ways.

Through Family and Consumer Sciences Education, I have had the opportunity to develop important life skills, including goal-setting, teamwork, and communication. In my first Life Management classes, we learned about the power of setting SMART goals. This has stuck with me since middle school and as a result I have been able to use this skill to set goals for my life in high school. From keeping up with my AP coursework, to earning my varsity letter in Track and Field, to running for FCCLA State Office, I know that without this tool I wouldn’t be where I am today as a rising high school senior on the path towards college and career. I not only have had the experience of working on individual goals, but team goals as well. One of my current FCS teachers has a poster in her classroom with a quote from Henry Ford, “Coming together is a beginning, staying together is progress, and working together is success.” Working as a team can be challenging and effective communication is paramount. Both skills have been a part of my FCS coursework. I feel confident that my experiences practicing these critical skills will be an asset as I embark on the future chapters of my story.

My involvement in FCCLA has built on the skills I learned in my FCS classes. Participation in National Programs, specifically STAR Events have been an integral part of my FCCLA story. Utilizing the planning process to plan and execute my freshman year chapter service project, Meal By Meal, helped me to discover what I am passionate about. Through this STAR Event project, I had the opportunity to take a deeper dive into the issue of hunger and food insecurity in the city of Detroit and this has set a trajectory for my involvement in community outreach that continues today. I am passionate about ending hunger in my community and I have learned that there are so many ways I not only can impact this issue today, but plan for how I can have a greater impact in the future in the next chapter of my chosen career as a medical professional.

Above all, Family and Consumer Science Education and FCCLA have influenced my story by teaching me to believe in myself. The confidence that I have gained from FCCLA has helped me face new challenges with perseverance and taught me to handle disappointment with grace and a growth mindset. While I am not exactly sure what my future chapters have in store, I know that I will be able to use what I’ve gained through Family and Consumer Sciences Education and FCCLA to live “life to the full” by achieving my goals, serving others, and learning along the way.
National Officer Candidate: Emily Willerick

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

Change is good. One of my role models of leadership, Barack Obama, said, "A change is brought about because ordinary people do extraordinary things." FCCLA and Family Consumer Sciences provides the opportunity for ordinary people to come together to do extraordinary things. This has been happening since the first meeting in Chicago in June of 1945 and continues today as we come together as a national organization through our screens and headphones. While FCCLA and FCS have changed significantly over the past 75 years, the adaptability to serve families and communities through both good and bad times has remained the same.

As we celebrate the 75th anniversary of FCCLA it is important to recognize how the rich history of FHA that led us "toward new horizons" evolved into the Ultimate Leadership Experience. Many people may think that FHA was only focused on preparing girls to become housewives, but in reality, FHA members understood the complexity of family life and the critical skills that were needed to be successful in their homes. Over the course of the last 75 years, families have remained at the forefront of FCCLA's mission, however the skill focus has changed. With a steadfast focus on leadership, FCCLA has developed National Programs and business partnerships that help students achieve their full potential as not only family members, but community leaders. FCCLA is focused on preparing members for their futures in different career pathways through Career Connection, the Power of One Module Working on Working, and STAR Events such as Career Investigation, Job Interview, and Entrepreneurship. While FCCLA programs focus on career preparation within the four related pathways (human services, hospitality and tourism, education and training, and visual arts and design), FCCLA members are given the opportunity to practice numerous skills that can be used in any career journey.

The home economics and consumer education classrooms that existed in middle and high schools across the nation 75 years ago undoubtedly looked different than the Family and Consumer Sciences classrooms of today, however many of the lessons taught then are still taught in classrooms today. Family resource management, nutrition, parenting and family relationships are the foundation of FCS and continue to evolve in current curriculum. Changes in economics, family structure, and technology have pushed the field of FCS to focus on concerns such as personal finance, career exploration and preparation, and environmental sustainability. New technology has allowed FCS teachers to offer new and exciting courses with the hands-on approach that has been essential to career and technical education all along.

Ellen Richards blazed a trail for the field of home economics at the turn of the 20th century and I think that we, the future of Family and Consumer Sciences have the unique opportunity to follow her example. The skills that members develop through FCCLA and FCS can be used to help address solving many societal problems. Current concerns such as racial bias and cultural competence are not addressed explicitly in FCCLA National Programs or in FCS coursework. Addressing these important social issues through FCCLA programs will both encourage more diverse membership and make a lasting impact on our communities at large. There is no better venue for having these important conversations than the FCS classroom. This dynamic field encourages the change that is critically necessary to today's families and communities.
Emily Willerick

State: Michigan
Affiliation: Comprehensive

School: High School
Grade: 12 (Class of 2021)
Years of FCS Instruction: 4

Chapter: HS FCCLA

FCS Coursework
- Living on Your Own (0.5 CH)-Grade 11
- Creative Foods (0.5 CH)-Grade 11
- Life Management 8 (Semester)-Grade 8
- Life Management 7 (Semester)-Grade 7
- Life Management 6 (Semester)-Grade 6

Contributions to FCS Education
- Advocated for FCS Education at the 2015 NLC in Washington DC.
- Assisted in promoting the FCS program at Madonna University as part of the College Expo at the 2017 NLC.
- Presented with the Michigan State Advisor at the 2019 Family and Consumer Science Educators of Michigan Conference.
- Posted on social media advocating for FCS education
- Participated in the Say YES to FCS STAR Event

FCCLA Offices Held
- State Officer (2020-2021)
- State First Vice President (2019-2020)
- Chapter Vice President of Public Relations (2018-2019)
- Chapter Vice President of Programs (2017-2018)

FCCLA Participation

Local
- FCCLA Week Participant (2018, 2019, 2020)
- Chapter Service Activities
  - Bake Sale and Blankets for First Step (2020)
  - Coin Drive for Turkeys (2019)
  - Salvation Army Bell-Ringing (2018, 2019)
  - Library Halloween Festival (2018)
  - Barth Spooktakular (2018, 2019)
- School Board Presentation (2018, 2019)
- City Council Presentation (2019)
- Chapter Awards Night Presentation (2018, 2019)

State
- MI State Conference Participant (2018, 2019)
  - Note: The 2020 SC was cancelled.
- MI Fall Conference Participant (2019)
  - Planned and Facilitated 2 Workshops
- STAR Event Competitor
  - 2018: Chapter Service Project Display-GOLD
  - 2019: Career Investigation-GOLD
- CTSO State Officer Training (2019)
- State Officer Conference Planning (2019, 2020)

National
- NLC Participant (2017, 2018, 2019)
- NLC Guest (2010, 2015, 2016)
- National Fall Conference Participant (2019)
- STAR Event Competitor
  - 2018: Chapter Service Project Display-GOLD
  - 2019: Career Investigation-GOLD
  - 2020: Say YES to FCS Education
- Power of One Completer (2018, 2019, 2020)
- STAR Event Evaluator (2018)
- Michigan Voting Delegate (2019)
- State Officer Training (2019)
- Leadership Academy Participant (2018)

Participation in School and Community

School

Community and Work Experience
- Senior Living Part-Time Employee (2018-present)
- VBS Volunteer (2017-present)
- Habitat for Humanity Summer Mission Trip Volunteer (2018, 2019)
- Archdiocese of Detroit Community Food Pantry Volunteer (2019-present)
- Paper Sale (2017-present)
- Forgotten Harvest Volunteer (2018, 2019)
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Nathan Wilson

State: Alabama

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

The crafting of one's personal story is not altogether a solo endeavor. The lines of our lives and the paragraphs of our purpose are written with a special ink developed with the help of our education and the influence of the people who motivate us to become a masterpiece. Those experiences and influential people empower us to write our unique story. Family and Consumer Sciences and FCCLA gave me a voice and became the magical pen that helped write my story.

My story can be summed up with the word "challenged." If you grab a phone and Google the word "challenged" you will find these synonyms: impaired, disabled, and deficit. At the end of third grade, testing revealed that I was challenged. My challenge is called Dyslexia. Because of my challenge, some of my teachers thought that my Dyslexia meant I wasn't capable of much. I joined FCCLA in the 7th grade. Mrs. Williams, my first FCCLA advisor, did not see my challenge. She saw my strengths. During my first year in FCCLA, Mrs. Williams introduced me to STAR Events. I took STAR Events as an opportunity to be the challenge. My first illustrated talk challenged the misconceptions people had about dyslexia. You see that iPhone you can use to Google the definition of "challenge" was created by a dyslexic, Steve Jobs. That first year I earned my first gold medal at state and then at nationals. After that, I was hooked. I went on to earn gold medals at the state and national levels each year. I served as chapter officers at two different schools and this past year, I served as the Alabama Vice President of STAR Events. FCCLA empowered me to use my "challenge" and developed me into a true leader.

Through my Family and Consumer Science Classes, I learned the importance of educating others and being a positive impact on my community. My coursework related to education and early childhood led me to develop projects that not only served my community but also allowed me to prepare for my future as an educator. For example, in the 9th grade, I designed an FCCLA Teach and Train Project. For my project, I developed lessons to teach 4th graders about coding and job opportunities in computer engineering. I delivered my lessons to over approximately 200 fourth grade students in the County School District. During my sophomore year of high school, I continued my focus on Teach and Train with an emphasis on informing and educating adults. My project design allowed me to shadow Mrs. Susan Taffar, a reading specialist for City Schools. I collaborated with Mrs. Taffar to design professional development sessions for teachers that described what a dyslexic students experience when attempting to read and informed teachers on best practices concerning intervention for dyslexic students.

My educational experiences and the influence of the people in my life, have motivated me to become a masterpiece. Those experiences and influential people empowered me to write my unique story. Family and Consumer Sciences and FCCLA gave me a voice and became the magical pen that helped me to write my story. I hope my FCCLA story will inspire others to pick up their own pen and craft their masterpiece.
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Nathan Wilson

State: Alabama

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

FCCLA and FCS education have a rich history. Recognizing and learning from FCCLA's past can help us to move toward new horizons in our future. It all began in March of 1944 when a few Home Economics teachers met and decided to create a national student organization. The official founding was in 1945 under the name Future Homemakers of America or FHA.

For decades the organization was viewed as primarily an organization that promoted cooking, sewing, and other basics of home economics. For this reason, the organization lacked diversity. The membership was mainly white females. As the years passed, that slowly did begin to change. In 1973, Toney Bingham was elected as the organization's first male national officer. It took 30 years for that to happen. Even more alarming is that it took almost 40 years for Monya Frazier, the first black national president to be elected in 1981. Diversity has come slowly to our organization. As we continue to make progress, we must also progress toward a future full of a diverse membership and a future that challenges some long-held misconceptions about the Family Career and Community Leaders of America.

As mentioned earlier, the FCCLA has long been viewed as an organization that focuses on cooking, sewing, and other basics of home economics. Although those things were our foundation, the organization has grown and continues to grow into a multifaceted leadership organization. Today members develop skills and character development through programs such as Power of One. Members develop critical thinking skills through STAR events such as Culinary Math Management, Public Policy Advocate, and the Sustainability Challenge. Our members are gaining practical knowledge and preparing for careers in fields such as culinary arts, education, interior design, tourism, and sports nutrition. We can't wait another 30 or 40 years for the world to realize what the FCCLA offers students. We must act now to tell the world who we are.

We must educate others concerning the misconceptions about our organization. We must use our strengths to impact our families, communities, and make connections with influential career leaders across this nation to the benefit of our membership. We must empower young, capable student leaders willing to move toward new horizons. We must do this by becoming the leadership this organization deserves. We become leaders that recognize and respect the rich history of the FCCLA and FCS. We must become leaders ready to lead a diverse membership toward new horizons while teaching the world that we are more than basic. We are the Family Career and Community Leaders of America.
**FCCLA Resume**

**Nathan Wilson**
Alabama High School
High FCCLA Comprehensive Junior

**Years in FCCLA:** 5 years  
**FCS instruction completed:** 5 years

**Family and Consumer Sciences courses:**
1. 2017-18:  
   a. FCS - 1 Credit  
   b. Food Nutrition - 1 Credit
2. 2018-19: Event Planning - 1 Credit
3. 2019-20: Fashion 1 - 1 Credit

**STAR Events:**
- State 2015-2016 Professional Presentation Gold Medal  
- National 2015-2016 Professional Presentation Gold Medal  
- State 2016-2017 Professional Presentation Gold Medal  
- National 2016-2017 Professional Presentation Gold Medal  
- State 2017-2018 Teach and Train Gold Medal  
- National 2017-2018 Teach and Train Gold Medal  
- State 2018-2019 Teach and Train Gold Medal

**Community Service:**
- National FCCLA Students Taking Action with Recognition (STAR) Events Room Consultant  
- Helped run College and Career Night at [Redacted] High School  
- Help run a youth Art Camp  
- Helped run an After School Homework Program  
- Alabama Foundation for Suicide Prevention Walk out of Darkness  
- Worked as a guide at Alabama World of Works in [Redacted] Alabama

**Other CTSO Experience:**

**Future Farmers of America (FFA):**
- Green Hand Degree  
- Discovery Degree  
- Alabama FFA State Conference 2017  
- Chapter Officer Leadership Workshop  
- Alabama FFA State Conference 2019

**Alabama Joint Leadership Development Conference (JLDC):**
- 2018  
- 2019  
- 2020

**CTS Day on the Hill in Montgomery Alabama:**
- 2017  
- 2018  
- 2020
National Officer Candidate: Bellamy Wooten  
State: Texas

Describe how your experiences in the Family and Consumer Sciences classroom and in FCCLA helped you write Your Story. How have these opportunities helped you prepare for the next chapter in your family, career, and community?

"So what is all of this about?" I asked the teacher behind the table with the red tablecloth and a strange logo on it. It was the very first day of my freshman year in the library before we started classes and I didn't know at that time that that simple question would throw me into what has been the most fulfilling three years of my life. Everything that has been of importance in my high school experience thus far, and that will stick with me all throughout my life can be attributed to that encounter on the first day of school because that foreign logo belonged to the most dynamic student-led organization that has a place in almost every Family and Consumer Sciences classroom across the nation. The opportunities that have been gifted to me from FCCLA and FCS education have helped me write my story by giving me something worthy of writing about. FCCLA and the education that encompasses it has touched on every aspect of my life and will continue to do so for all the years to come.

Later that same first day of high school, I walked into the Family and Consumer Sciences building ready for my Principles of Human Services class. In the years that have since filled the time between that moment, I have gone through various FCS classes, been introduced to the best organization I have ever met, and spent any free moment in that building. Due to the lessons taught within those walls the FCS building at High School has become a second home and the people a family. In the FCS classroom alone, I have gained knowledge and skills that are unique to FCS courses. In my rural Texas public high school especially, coming upon a set of classes where you are exposed to valuable information that will help you become a better you and prep you for any aspect of your future going forward is rare. Without the help of my FCS educators, I would not know how to budget, write a resume, cook for my family, or conduct a business meeting. Knowing the type of life I want to have in the future, along with the guidance from the FCS curriculum I have also determined a career path. In addition, I have developed real-world skills, employability skills, and a route to follow in life. I also have obtained so much more thanks to FCCLA that will go forward with me as well.

In the organization, I have accrued many things including connections all over the country, public speaking experience, event planning, and even technological skills due to current events. However, among the most important are those with a focus on the family. Even if I was from conducting projects for FCCLA, running through flashcards and speeches with family members, or having people to support me by attending meetings hours away, I have been able to grow closer to and contribute to my family in return. Developing a healthy home life and a deeper appreciation for those I care for will be something I will never lose.

In my community, being a part of FCCLA has opened up opportunities that are rare in a small town. Going forward I know that the ability to find ways to help better the quality of life for the people I am surrounded by will be something FCCLA has engraven in my heart. FCCLA has taught me what servant leadership looks like and because of that I have been writing my story and planning the next chapters out with a red blazer and a servant's heart.

I feel like I truly started writing my story my first day of high school when I was introduced to FCCLA and FCS. When I look back I know my high school experience will be defined as my involvement in FCCLA, the FCS building at High, and everything that came with it. I will look back with a fondness and heartfelt appreciation for FCCLA and FCS because I know that a part of all my future successes in all aspects of my life, I owe to the moments I am writing about now. "Our mission is to promote personal growth and leadership development through Family and Consumer Sciences education." FCCLA, you have done just that.
The essay question below is limited to one page only, do not alter this format, and do not attach additional information.

National Officer Candidate: Bellamy Wooten  
State: Texas

In what ways has FCCLA and FCS changed over the past 75 years and how do you anticipate FCCLA and FCS evolving in the years to come?

“The arrow stands for an active organization that embodies new arenas,” such a small piece of the emblem represents such a big part of our story. FCCLA, 75 years strong and Family and Consumer Sciences several years stronger. Both of these entities have helped me write my story, and by taking a look at the content and length of their story, I know I am not the only person who feels this way. FCCLA and FCS education have been composing something outstanding for the past 75 years and looking towards the future I can predict that this trend will continue.

In the past 75 years, FCCLA and FCS have gone through many changes. Many steps have been taken to make this organization and Family and Consumer Sciences as best as it can be to serve the needs of students and members. Some of these changes include adopting events, programs, initiatives, and opportunities for the members ever since 1945. As we found ways to better our members and increase the opportunities available to them, they continued to better their families, careers, and communities in return.

As we look at some more pivotal moments in the FCS and FCCLA timeline we can see a pattern in some of the actions taken. For example, merging with NHA in 1965, changing the name of the organization in 1999, and of the home economics profession in 1995 all came about to better match the times and goals of each establishment.

Now, as we are currently seeing changes in the way things are being conducted worldwide and in the organization due to recent obstacles, we must recognize a new kind of flexibility evident throughout our efforts… A flexibility with a consistency in why we do what we do and who we do it for. I anticipate the organization will evolve by further emphasizing our mission and purposes, adapting and overcoming anything we are faced with, and striving for more seeing as we are constantly heading “Toward New Horizons.”
Bellamy Wooten  
Texas  
High School - Grade 11  
FCCLA - Comprehensive  
2 ½ years in FCCLA - 3 years in FCS instruction

**FCCLA Involvement**

**Past Offices Held**
- Texas National Officer Candidate 2020-21  
- State Vice President of Programs 2019-20  
- Region II Vice President of Programs 2018-19  
- Chapter President 2017-19  
- Chapter Regional Officer Candidate 2019-20

**FCCLA Events and Projects**
- Served on Texas FCCLA Board of Directors 2019-20
- National Leadership Conference 2018 & 2019
  - Attended state officer workshops & FranklinCovey Leadership Academy 2019
- Involved in the Programs National Network 2019-20
- Completed all five Power of One units 2017
- Participated in Power of One annually 2017-20
- State Conference 2018 & 2019
  - Completed SEC duties & ran for office
- Texas FCCLA’s June Leadership Camp 2018 & 2019
- Planned & conducted Virtual State Conference 2020
- Planned & conducted Peer Education 2019
- Ag Awareness Days 2019
  - Volunteered Paul L. Dunbar Learning Center & North Texas Food Bank
- Recognized by the State Board of Education - CTE month 2020
- Facilitated FCCLA booth at FCSTAT conference 2019
- Attended & conducted Fall Leadership workshops 2017-19
- Region I, II, & III Meeting 2018-20
  - Ran for office, put on conference, & served as room consultant
- Attended all local chapter meetings 2017-Present
- Participated in local food bank scavenger hunt 2017
- Facilitated FCCLA booth at Fall Festival 2018 & 2019
- Volunteered at Faith Mission Homeless Shelter 2017
- Volunteered at local FCCLA coffee bar

**Family and Consumer Sciences**

**Family and Consumer Science Courses Taken**
- Principles of Human Services (PRINHUSR): Grade 9  
- Introduction to Culinary Arts (INCLUDAT): Grade 10  
- Culinary Arts (CULARTS): Grade 11  
- Credit Earned: 1.0  
- Credit Earned: 1.0  
- Credit Earned: 1.0

**Contributions to Family and Consumer Science education**
- Advocated for CTE & FCS education during CTE month at the state capitol 2020

**School & Community Involvement**
- Student council, National Honor Society, QHS band, & University Interscholastic League 2017-20
- Involved in all pep rallies, concerts, & parades 2015-20
- Conducted various community outreach projects through student council 2017-20
- Worked at family-owned business 2018-Present