



FCCLA Week Activity Guide: FCCLA Spirit Day

Topic: FCCLA Spirit Day

Grade Level: Any

Learning Objectives:

Students will learn about FCCLA:

Family, Career and Community Leaders of America (FCCLA) is a national Career and Technical Student Organization (CTSO) for young men and women in Family and Consumer Sciences (FCS) education in public and private schools through grade 12. FCCLA offers intra-curricular resources and opportunities for students to pursue careers that support families. Since 1945, FCCLA members have been making a difference in their families, careers, and communities by addressing important personal, work, and societal issues through Family and Consumer Sciences education.

Be sure to share all FCCLA week activities using the hashtag #FCCLAwk.

National FCS Standards:

6.1, 6.2, 7.1, 7.2, 7.3, 7.4, and 7.5

Activity Day 5: FCCLA Spirit Day

Warm-up activity: 5 minutes

- Start each class period with an FCCLA roll call- have large pieces of paper on the wall with the following questions on them:

- “What do you already know about FCCLA?”
- “Why do student organizations matter in high school?”

Have students write down answers on sticky notes and put them on the large papers.

Teacher-led overview: 10 minutes

- Mission & purpose
- The eight national programs
- Leadership opportunities
- Official dress & colors
- How FCCLA connects to FCS content: child development, culinary, interior design, fashion, education & training, and more.

Optional activity: Students could play Kahoot, found in the FCCLA portal under resources/ chapter resources/2023-2024 FCCLA Kahoot, to show FCCLA knowledge

FCCLA Spirit Activity: 20 minutes

- Break students into groups of 4
- Tell students they will create a chapter pennant to show chapter pride and follow FCCLA colors.
- Provide each group with the pennant template and [FCCLA branding guidelines](#)
- Students will draw their design on the template and share it with the rest of the class.
- Classes could vote on designs, and pennants can be hung around the building

Exit Ticket: 5 minutes:

Give each student a post-it note and have them reflect on the following questions:

- “One new thing I learned about FCCLA today...”
- “One way I could get involved is...”
- “One idea to boost chapter spirit...”

These can be collected as students exit to use for future chapter meetings and projects.

Additional activities for FCCLA Week Spirit day:

-Advertise with chapter members and your school ahead of time to have an FCCLA Rock the red, dress-up day. Students who are wearing red or FCCLA apparel can get their name placed into a raffle for a prize!

-Hide Rosie the Llama printables around your building and have a scavenger hunt for members to find here for small prizes!

-Have students brainstorm ideas to combine FCCLA spirit with your school mascots and make posters or items to display around your school.

-Have students race in groups around your classroom or school to find 20 red items. Give a time limit and prizes!

FCCLA Spirit Pennant

