

# FCCLA@theTable Recipe Card Template

FCCLA@theTable empowers students to take the lead in making mealtime meaningful! Plan a meal, prepare it with your family, and share real conversations around the table. Make every meal an opportunity to connect!



## Conversation Topics:

- 1. Family-Related:** What's your favorite family tradition, and why?
- 2. Food-Related:** If we had a family cooking challenge, what's one ingredient you'd challenge the rest of us to cook with?
- 3. Personal Growth and Dreams:** If you could instantly learn one new skill, what would it be?

*Use these topics to spark fun and meaningful conversations while preparing and enjoying your meal!*

*Flip to the back side for the Recipe Card! —>*

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**Recipe Name:** \_\_\_\_\_

**Ingredients:**

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Directions:**

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_
- 6. \_\_\_\_\_

*Enjoy your meal and the time spent together at the table!*

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