



Fashion Construction

FCCLA STAR Events Information

(Students Taking Action with Recognition)

Fashion Construction is an individual event that recognizes participants who apply Fashion Construction learned in Family and Consumer Sciences courses and create a display using samples of their skills. Using new materials, participants construct, in advance, a garment or ensemble that dresses both the upper and lower body of a child/adult. Garment/ensemble must include at least eight fashion construction techniques. Competitors display the finished product along with appropriate accessories.

Project Connections

Top 5 Skills Students Report Learning Through Participation

Creativity	Self-Confidence
Decision Making and Problem Solving	Public Speaking
Responsibility and Time Management	

Career Clusters



National Family and Consumer Sciences Standards

Reasoning for Action Comprehensive Standard	16.0 Textiles, Fashion, and Apparel
2.0 Consumer and Family Resources	

Common Career Technical Core/Career Ready Practices

1.0 Act as a responsible and contributing citizen and employee.	8.0 Utilize critical thinking to make sense of problems and persevere in solving them.
2.0 Apply appropriate academic and technical skills.	9.0 Model integrity, ethical leadership and effective management.
3.0 Attend to personal health and financial well-being.	10.0 Plan education and career path aligned to personal goals.
4.0 Communicate clearly, effectively, and with reason.	11.0 Use technology to enhance productivity.
5.0 Consider the environmental, social and economic impacts of decisions.	12.0 Work productively in teams while using cultural/global competence.
6.0 Demonstrate creativity and innovations.	
7.0 Employ valid and reliable research strategies.	

FCCLA Programs



Projects may qualify to compete at the annual National Leadership Conference.
Turn this page over to see examples of projects from across the nation and participation data.
For information on state participation, please contact your state adviser.



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Examples of Fashion Construction Projects:

I am constructing a flattering and eco-friendly dress. The Tencel lyocell fabric is made through a closed cycle chemical process, and because it's made from eucalyptus trees, my garment will be biodegradable. – California FCCLA Member

I have been dancing for 14 years and wanted to make a costume of my own for the first time. It was a lot of fun to cut, measure, and sew the dress together and make it whole. At time I found it challenging to sew some pieces together and get them lined up just right but when they did it was like sewing magic. – Florida FCCLA Member

I've constructed a brightly colored gown based off of a design of mine that was inspired by water colors. I've worked on this gown for the past 5 months and have both learned new skills and practiced other skills involving sewing and fashion and textiles. As well as valuable leadership skills like patience and problem solving. This project has taught me many valuable things and I'm happy with the end product. – Indiana FCCLA Member

Fashion Construction by the Numbers: 2018-2019

Participants Nationwide: 286
Levels: 2 (grades 9-10), 3 (grades 11-12)
Type of Event: Career Focused
Nationwide Impact: 47,253

90% of Fashion Construction participants indicated this event is extremely or very useful to their future.
52% of Fashion Construction participants indicated they would pursue higher education related to the career chosen in their project.

To learn more about FCCLA STAR Events, visit the national FCCLA website, www.fcclainc.org, or email starevents@fcclainc.org.