

Power of One Assessment

Name: _____

Score: _____ / 20 possible points

Directions:

Order the steps of the FCCLA Planning Process correctly. (One point each)

- | | |
|---------------------|----------------------|
| _____ 1. Step one | A. Follow up |
| _____ 2. Step two | B. Identify concerns |
| _____ 3. Step three | C. Act |
| _____ 4. Step four | D. Form a plan |
| _____ 5. Step five | E. Set a goal |

Directions:

Describe each unit of Power of One in 2-3 complete sentences. Then, give an example project a member could complete for each unit. (1 point per description; 1 point per example project)

6. A Better You:

7. Family Ties:

8. Working on Working:

9. Take the Lead:

10. Speak Out for FCCLA:

12. What is a growth mindset?

- A. Using dedication and hard work to develop one’s basic abilities
- B. A lifestyle of setting and achieving goals
- C. A love of learning and motivation