

Say Yes to FCS Lesson Plan

Topic:

Say Yes to FCS: Education and Training
Career Pathway

Grade Level: 9-12

Time Frame: Varies

Materials Needed:

- fcclainc.org
- Internet search engine

FCCLA National Program(s) Integration:

- Student Body
- Career Connection
- STOP the Violence
- Families First
- Financial Fitness

FCCLA STAR Event Integration:

- Say Yes to FCS Education
- Public Policy Advocate
- Career Investigation
- Early Childhood Education
- Focus on Children
- Professional Presentation
- Leadership
- Teach and Train

Family and Consumer Sciences Standards:

Career, Community and Family Connections:
1.1.4, 1.1.6, 1.2.1, 1.2.2, 1.2.3, 1.2.5, 1.2.7, & 1.2.8

Notes:

Say Yes to FCS Activity 1

FCS Overview

Timeframe: 30 minutes

Materials Needed:

- [FCCLA Career Pathways](#)
- <https://www.fcscd.net/home>
- FCCLA Competitive Events guide (found in the [FCCLA Portal](#))

Directions: Start this lesson by going over the FCS Content Areas and Career Pathways. Show the FCS Education video found [here](#). This 3-minute video will provide a valuable overview of FCS. Instruct students to then explore the FCS Career Pathways found [here](#).

Show and talk about the [FCCLA National Programs](#).

Show and talk about the [FCCLA Competitive Events](#). More information can be found in the Competitive Events guides in the FCCLA Portal.

Use [this poster](#) to tie it all together.

Discuss the possible careers students are interested in and how they fit into these pathways.

Notes:

Say Yes to FCS

Activity 2

FCS Cultural Impact

Timeframe: N/A

Materials Needed:

[FCCLA Career Pathways](#)

[FCS National Standards](#)

[FCCLA Planning Process Summary Page Template](#)

Internet Access for research

Directions: First discuss culture. Culture is, according to Google: “the customs, arts, social institutions, and achievements of a particular nation, people, or other social group.

Then break students into groups of 3-4 and instruct them to each select an FCS content area that they are most interested in. Use the [FCCLA Career Pathways](#) and the [FCS National Standards](#) as a guide for making this decision.

They should choose a topic for their choice as well. **Examples:**

FCSS Content Area: Education and Early Childhood, Topic: Children’s growth and development

FCSS Content Area: Housing and Interior Design, Topic: Universal design

FCSS Content Area: Nutrition and Wellness, Topic: Mise en place

Now they will tie in culture. They must select a culture that most interests them, this can be a nation, people or social group. They should begin by researching how that culture has impacted that content area.

They should use the FCCLA Planning Process Summary Page to display their findings:

Identify Concerns: What is the FCCLA competitive event or National Program, and topic of choice?

What is the culture? How are these related?

Set a Goal: How can this FCCLA project be beneficial to your culture?

Form a Plan: Who, what, when, where, how, cost, resources, and evaluation

Act: Research your culture and impact your topic would have on it. Find statistics and data if possible.

Follow Up: Be prepared to share your findings with the class.

Extended Lesson Ideas:

Have students interview someone who works in their career pathway of choice.