Topic: Say Yes to FCS: Education and Training
Career Pathway

Grade Level: 9-12

Time Frame: Varies

Materials Needed:
- fcclainc.org
- Internet search engine

FCCLA National Program(s) Integration:
- Student Body
- Career Connection
- STOP the Violence
- Families First
- Financial Fitness

FCCLA STAR Event Integration:
- Say Yes to FCS Education
- Public Policy Advocate
- Career Investigation
- Early Childhood Education
- Focus on Children
- Professional Presentation
- Leadership
- Teach and Train

Family and Consumer Sciences Standards:
Career, Community and Family Connections:
1.1.4, 1.1.6, 1.2.1, 1.2.2, 1.2.3, 1.2.5, 1.2.7, & 1.2.8

Notes:
Say Yes to FCS

Activity 1

FCS Overview

Timeframe: 30 minutes
Materials Needed:
- FCCLA Career Pathways
- https://www.fcsed.net/home
- FCCLA Competitive Events guide (found in the FCCLA Portal)

Directions: Start this lesson by going over the FCS Content Areas and Career Pathways. Show the FCS Education video found here. This 3-minute video will provide a valuable overview of FCS. Instruct students to then explore the FCS Career Pathways found here.

Show and talk about the FCCLA National Programs. Show and talk about the FCCLA Competitive Events. More information can be found in the Competitive Events guides in the FCCLA Portal.

Use this poster to tie it all together.

Discuss the possible careers students are interested in and how they fit into these pathways.

Notes:

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Say Yes to FCS

Activity 2

FCS Cultural Impact

**Timeframe:** N/A

**Materials Needed:**
- FCCLA Career Pathways
- FCS National Standards
- FCCLA Planning Process Summary Page Template
- Internet Access for research

**Directions:** First discuss culture. Culture is, according to Google: “the customs, arts, social institutions, and achievements of a particular nation, people, or other social group.

Then break students into groups of 3-4 and instruct them to each select an FCS content area that they are most interested in. Use the FCCLA Career Pathways and the FCS National Standards as a guide for making this decision.

They should choose a topic for their choice as well. **Examples:**
- **FCS Content Area:** Education and Early Childhood, **Topic:** Children’s growth and development
- **FCS Content Area:** Housing and Interior Design, **Topic:** Universal design
- **FCS Content Area:** Nutrition and Wellness, **Topic:** Mise en place

Now they will tie in culture. They must select a culture that most interests them, this can be a nation, people or social group. They should begin by researching how that culture has impacted that content area.

They should use the FCCLA Planning Process Summary Page to display their findings:

- **Identify Concerns:** What is the FCCLA competitive event or National Program, and topic of choice? What is the culture? How are these related?
- **Set a Goal:** How can this FCCLA project be beneficial to your culture?
- **Form a Plan:** Who, what, when, where, how, cost, resources, and evaluation
- **Act:** Research your culture and impact your topic would have on it. Find statistics and data if possible.
- **Follow Up:** Be prepared to share your findings with the class.

**Extended Lesson Ideas:**
Have students interview someone who works in their career pathway of choice.