

Say Yes to FCS Lesson Plan

Topic:

Say Yes to FCS: Education and Training
Career Pathway

Grade Level: 9-12

Time Frame: Varies

Materials Needed:

- Say Yes to FCS Education STAR Event:
FCS Educator Interview Instructions
*From the FCCLA STAR Events
Guidelines found in the FCCLA Portal.
- <https://www/fcsed.net/home>

FCCLA National Program(s) Integration:

- Student Body
- Career Connection
- STOP the Violence
- Families First
- Financial Fitness

FCCLA STAR Event Integration:

- Say Yes to FCS Education
- Public Policy Advocate
- Career Investigation
- Early Childhood Education
- Focus on Children
- Professional Presentation
- Leadership
- Teach and Train

Family and Consumer Sciences Standards:

Career, Community and Family Connections:
1.1.4, 1.1.6, 1.2.1, 1.2.2, 1.2.3, 1.2.5, 1.2.7, & 1.2.8

Notes:

Say Yes to FCS Activity 1

Say Yes to FCS Discussion and Inspiration

Timeframe: 30 minutes

Materials Needed:

- <https://www.fcsed.net/home>

Directions: Start this lesson by going over the FCS Content Areas and Career Pathways. Show the FCS Education video found [here](#). This 3-minute video will provide a valuable brief overview of FCS.

Then share your FCS Education story; tell your students why and how you became a Family and Consumer Sciences teacher and the positive impact it has had on your life. Ask your students; ever stop to think about the influence your FCS educator (or any educator) has had on your life?

Your school?

Your community?

Instruct students to take a few minutes to discuss these influences with their seat neighbors and then have a couple share their responses.

Extended Lesson Ideas:

- Have students write a quote or story about an influential teacher in their life.
- Share inspiring FCS stories on social media using the hashtag #SayYestoFCS
- Look up inspiration articles online about FCS and FCCLA chapters.

Notes:

Say Yes to FCS

Activity 2

Learn the Lingo

Timeframe: 15-25 minutes

Materials Needed:

Internet Access

Suggested websites:

fcclainc.org

aafcs.org

careertech.org

ctsos.org

Directions: Instruct students to un-abbreviate the acronyms below and answer respective the questions about each.

1. FCS: F_____ and C_____ S_____

1a. What is FCS?

2. FCCLA: F_____, C_____ and C_____ L_____ of A_____

2a. What is FCCLA?

2b. How is FCCLA related to FCS?

Say Yes to FCS

Activity 2

Learn the Lingo

Directions: Instruct students to un-abbreviate the acronyms below and answer respective the questions about each.

3. CTE: C_____ and T_____ E_____

3a. What is CTE?

3b. How are CTE and FCS related?

4. CTSO: C_____ and T_____ S_____ O_____

4a. What is a CTSO?

4b. How is FCCLA a CTSO?

Say Yes to FCS

Activity 2

Learn the Lingo

Directions: Instruct students to un-abbreviate the acronyms below and answer respective the questions about each.

Answer Key:

1. **FCS: Family and Consumer Sciences**

1a. **What is FCS?**

A field of study focused on the sciences and the art of living and working well in our complex world. Source: aafcs.org

2. **FCCLA: Family, Career and Community Leaders of America**

2a. **What is FCCLA?**

Family, Career and Community Leaders of America is a nonprofit national career and technical student organization for young men and women in Family and Consumer Sciences education in public and private school through grade 12. Source: fcclainc.org

2b. **How is FCCLA related to FCS?**

FCCLA's mission is to promote personal growth and leadership development through Family and Consumer Sciences education. Focusing on the multiple roles of family member, wage earner and community leader, members develop skills for life through: character development, creative and critical thinking, interpersonal communication, practical knowledge, and career preparation. Source: fcclainc.org

3. **CTE: Career and Technical Education**

3a. **What is CTE?**

Career Technical Education (CTE) provides students of all ages with the academic and technical skills, knowledge and training necessary to succeed in future careers and to become lifelong learners. Source: careertech.org

3b. **How are CTE and FCS related?**

Because the FCS body of knowledge is aligned with the CTE Career Clusters. Source: careertech.org

4. **CTSO: Career and Technical Student Organization**

4a. **What is a CTSO?**

Career and Technical Student Organizations (CTSO) enhance student learning through contextual instruction, leadership and personal development, applied learning and real world application. Source: ctso.org

4b. **How is FCCLA a CTSO?**

Because FCCLA offers programs that are integral to the industry or occupational focus that are associated with a career pathways program and program of study and it serves CTE students and teachers in several of the 16 Career Clusters identified in The National Career Clusters. Source: ctsto.org

Say Yes to FCS Activity 3

Interview an FCS Teacher
Timeframe: Varies
Materials Needed: Say Yes to FCS Education
STAR Event: FCS Educator Interview Instructions

Directions: Provide students with a Say Yes to FCS Education STAR Event: FCS Educator Interview Instructions sheet and instruct them to interview a FCS teacher about their profession.

After, bring students back together to each share one thing they found surprising from their interviews.

Modification Ideas:

- Have students work in groups to do the interviews
- Have students only interview 1 FCS educator
- Provide a list of FCS educators to contact for the interview
- Open the interview to CTE Teachers or other subject area teachers
- Have students create and post videos about their FCS education

Extended Lesson Idea:

Share what your students are learning about FCS on social media using the hashtag #SayYestoFCS

Notes:

Say Yes to FCS Education

Interview

NAME: _____



Student Directions: Interview two (2) currently employed Family and Consumer Sciences Educators using the following questions, one who is not employed within the same school as the participant. Interviews may be conducted in-person or electronically. Provide a summary of their responses, to not exceed four (4) pages (total) in length.

Name of Family and Consumer Sciences Educator Interviewed: _____

Name of Employer: _____

Elementary FCS Ed Middle School FCS Ed High School FCS Ed Postsecondary/Other FCS Ed

Interview Questions:

1. What is your undergraduate degree? If you have an advanced degree, what is it?

2. Why did you become a Family and Consumer Sciences Educator?

3. What parts of being a Family and Consumer Sciences Educator do you find most enjoyable?



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NAME: _____

4. What parts of being a Family and Consumer Sciences Educator do you find most challenging?

5. Do you integrate FCCLA into your courses and if so, how?

6. Why do teachers stay or leave this field?

7. What other career options are available to someone with your degree?

Say Yes to FCS Education

Interview

NAME: _____

8. What professional content/technical skills would you consider essential to be a successful Family and Consumer Sciences Educator?

9. What personal/employability skills would you consider essential to be a successful Family and Consumer Sciences Educator?

10. What leadership, internship, work, or volunteer experiences would you recommend for students considering this career path?
