



Teach and Train

FCCLA STAR Events Information (Students Taking Action with Recognition)

Teach and Train, an individual event, recognizes participants who demonstrate their ability to explore and experience the career of teaching or training. Participants must prepare a portfolio of the teaching/training career, prepare and execute a complete lesson/workshop plan and an oral presentation. Senior and occupational participants will also complete a shadowing experience of a “best practices” educator.

Project Connections

Top 5 Skills Students Report Learning Through Participation

Leadership	Self-Confidence
Responsibility and Time Management	Public Speaking
Creativity	

Career Clusters



National Family and Consumer Sciences Standards

Reasoning for Action Comprehensive Standard	4.0 Education and Early Childhood
1.0 Career, Community and Family Connections	5.0 Facilities and Property Management
2.0 Consumer and Family Resources	13.0 Interpersonal Communications

Common Career Technical Core/Career Ready Practices

1.0 Act as a responsible and contributing citizen and employee.	8.0 Utilize critical thinking to make sense of problems and persevere in solving them.
2.0 Apply appropriate academic and technical skills.	9.0 Model integrity, ethical leadership and effective management.
4.0 Communicate clearly, effectively, and with reason.	10.0 Plan education and career path aligned to personal goals.
5.0 Consider the environmental, social and economic impacts of decisions.	11.0 Use technology to enhance productivity.
6.0 Demonstrate creativity and innovation.	12.0 Work productively in teams while using cultural/global competence.
7.0 Employ valid and reliable research strategies.	

FCCLA Programs



Projects may qualify to compete at the annual National Leadership Conference.

Turn this page over to see examples of projects from across the nation and participation data.

For information on state participation, contact your state adviser.



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Examples of Teach and Train Projects:

"I shadowed and taught a 3rd grade class. I monitored this class and used my observations to teach a lesson involving sequencing and based off the Arizona Department of Education Standards. For the lesson, I presented a pre/post test and a lecture on using sequencing in the real world." – Arizona FCCLA Member

"My project was a natural fit with my pathway classes and my desire to be an elementary teacher. I was able to teach lessons in two elementary schools." – Georgia FCCLA Member

"I have been studying Family and Consumer Sciences to become a secondary teacher in the field. In order to learn more about this career, I have done extensive research about the requirements and skills needed to be successful. I had the opportunity to both observe and teach in a FCS classroom so that I can gain first hand experience." – Idaho FCCLA Member

"For my project, I used resources such as CAREERwise and the Minnesota Careers website to research the career of an elementary teacher. I shadowed an elementary teacher and after completing my project, I decided I am going to become an elementary teacher." – Minnesota FCCLA Member

"My project consists of me interviewing and shadowing a teacher, exploring the career and what it takes to become a teacher, and eventually creating my own lesson plan. When creating my own lesson plan, I presented it in front of a series of students. I also did several activities. In my project I also completed the FCCLA Planning Process Summary Page, which helped me out when finding out where things went wrong. My lesson was about teaching students how to eat properly and explaining to them in depth about the food pyramid." South Carolina FCCLA Member

Teach and Train by the Numbers: 2018-2019

Participants Nationwide: 325
Levels: 1 (through grade 8), 2 (grades 9-10), 3 (grades 11-12)
Type of Event: Career Focused
Nationwide Impact: 23,846 people

95% of Teach and Train participants indicated this event is extremely or very useful to their future.
82% of Teach and Train participants indicated they would pursue higher education related to the career chosen in their project.

To learn more about FCCLA STAR Events, visit the national FCCLA website, www.fcclainc.org, or email starevents@fcclainc.org.