



# Teach or Train

## FCCLA STAR Events Information (Students Taking Action with Recognition)

**Teach or Train**, an individual event, recognizes participants who demonstrate their ability to explore and experience the career of teaching or training. Participants must prepare a portfolio of the teaching/training career, prepare and execute a complete lesson/workshop plan and an oral presentation. Senior and occupational participants will also complete a shadowing experience of a “best practices” educator.

### Project Connections

#### Top 5 Skills Students Report Learning Through Participation

- |                                    |                 |
|------------------------------------|-----------------|
| Leadership                         | Self-Confidence |
| Responsibility and Time Management | Public Speaking |
| Creativity                         |                 |

#### Career Clusters



#### National Family and Consumer Sciences Standards

- |  |  |
|--|--|
| Reasoning for Action Comprehensive Standard  | 4.0 Education and Early Childhood      |
| 1.0 Career, Community and Family Connections | 5.0 Facilities and Property Management |
| 2.0 Consumer and Family Resources            | 13.0 Interpersonal Communications      |

#### Common Career Technical Core/Career Ready Practices

- |   |  |
|---|--|
| 1.0 Act as a responsible and contributing citizen and employee.           | 8.0 Utilize critical thinking to make sense of problems and persevere in solving them. |
| 2.0 Apply appropriate academic and technical skills.                      | 9.0 Model integrity, ethical leadership and effective management.                      |
| 4.0 Communicate clearly, effectively, and with reason.                    | 10.0 Plan education and career path aligned to personal goals.                         |
| 5.0 Consider the environmental, social and economic impacts of decisions. | 11.0 Use technology to enhance productivity.   |
| 6.0 Demonstrate creativity and innovation.                                | 12.0 Work productively in teams while using cultural/global competence.                |
| 7.0 Employ valid and reliable research strategies.                        |  |

#### FCCLA Programs



Projects may qualify to compete at the annual National Leadership Conference.

Turn this page over to see examples of projects from across the nation and participation data.

For information on state participation, contact your state adviser.



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### Examples of Teach or Train Projects:

*"I shadowed and taught a 3<sup>rd</sup> grade class. I monitored this class and used my observations to teach a lesson involving sequencing and based off the Arizona Department of Education Standards. For the lesson, I presented a pre/post test and a lecture on using sequencing in the real world." – Arizona FCCLA Member*

*"My project was a natural fit with my pathway classes and my desire to be an elementary teacher. I was able to teach lessons in two elementary schools." – Georgia FCCLA Member*

*"I have been studying Family and Consumer Sciences to become a secondary teacher in the field. In order to learn more about this career, I have done extensive research about the requirements and skills needed to be successful. I had the opportunity to both observe and teach in an FCS classroom so that I can gain firsthand experience." – Idaho FCCLA Member*

*"My project consists of me interviewing and shadowing a teacher, exploring the career and what it takes to become a teacher, and eventually creating my own lesson plan. When creating my own lesson plan, I presented it in front of a series of students. I also did several activities. In my project I also completed the FCCLA Planning Process Summary Page, which helped me out when finding out where things went wrong. My lesson was about teaching students how to eat properly and explaining to them in depth about the food pyramid." South Carolina FCCLA Member*

### Teach or Train by the Numbers:

**2020-2021**

**Participants Nationwide:** 133

**Levels:** 1 (through grade 8), 2 (grades 9-10), 3 (grades 11-12), 4 (Postsecondary)

**Type of Event:** Career Focused

**Nationwide Impact:** 5975 people

92% of Teach or Train participants indicated this event is extremely or very useful to their future.

79% of Teach or Train participants indicated they would pursue higher education related to the career chosen in their project.

**This information sheet does NOT include the guidelines for competition. To prepare for competition, Affiliated FCCLA Chapters should download the most recent STAR Events Guidelines.**

**Adviser Login:** <https://affiliation.registerychapter.com/fccla#>

**Student Login:** <https://affiliation.registerychapter.com/fccla/members#>

To learn more about FCCLA STAR Events, visit the national FCCLA website, [www.fcclainc.org](http://www.fcclainc.org), or email [competitiveevents@fcclainc.org](mailto:competitiveevents@fcclainc.org).