TEACH OR TRAIN

An *individual event*, recognizes participants who demonstrate their ability to explore and experience the career of teaching or training. Participants must prepare a *portfolio* of the teaching/training career, prepare and execute a complete lesson/workshop plan and an oral presentation. Levels 2 and 3 & 4 participants will also complete a shadowing experience of a "best practices" educator.

ELIGIBILITY & GENERAL INFORMATION

1. Review the Requirements and Policies as outlined in the STAR Events Front Pages prior to event planning and preparation.
2. Participants are encouraged to bring fully charged devices, such as laptops, tablets etc., to use for audiovisual *electronic portfolio* presentation at competition.
3. Chapters with multiple entries in this event must submit different projects for each entry. All projects must be developed and completed during a one-year span beginning July 1 and ending June 30 of the school year before the National Leadership Conference (NLC) and must be the work of the participant(s) only.
4. **Online Orientation** - National Leadership Conference (NLC) participants are **encouraged** to view the online orientation video and submit the STAR Events *Online Orientation Form* to ensure they are fully prepared for NLC. The video and form will be on the FCCLA Student Portal and can be found under Surveys Applications. The video and form cannot be completed through the FCCLA Adviser Portal. Only one form per entry is required. **Contact your State Adviser for orientation procedures for competitions held prior to the National Leadership Conference (NLC).**
5. **STAR Events Schedule Confirmation** – It is **strongly suggested** that Chapter Advisers confirm National Leadership Conference competitors' STAR Events Schedule in the FCCLA Portal by the date outlined on the FCCLA Website (Competitive Events Dates & Deadlines) Adviser can review students' schedules in the FCCLA Adviser Portal by visiting the Meetings & Events tab, selecting the National Leadership Conference, and choosing "Confirm STAR Competition." **Confirmation of students' schedules ahead of time will prevent issues with being qualified and registered for the conference and ensure students are competing in the correct STAR Event.**
6. Participants who do not follow the event guidelines or the definition of the event, or if they create an item that does not align with the current event topic, their project will not be considered for evaluation. However, the participant can still participate in the competition by giving an oral presentation and will only be evaluated based on that presentation.

CLICK HERE TO VIEW NATIONAL DEADLINES

CAREER CLUSTERS ALIGNMENT		
Arts & Design	**Education & Training**	**Financial Services**
	■	
Hospitality & Tourism	**Human Services**	**Public Service**

EVENT LEVELS			
Level 1: **Through Grade 8**	**Level 2:** **Grades 9–10**	**Level 3:** **Grades 11–12**	**Level 4:** **Postsecondary**
■	■	■	■
Review the "Event Description and Levels" section of the policies in the front of the guidelines for more information on event levels.			

GENERAL INFORMATION			
Number of Participants per Entry	**Prepare Ahead of Time**	**Equipment Provided for Competition**	**Competition Dress Code**
1	*Portfolio* and Oral Presentation	Table–Yes Electrical Access–No Wall Space–No Supplies–No Wi-Fi – No	FCCLA Official Dress

PRESENTATION ELEMENTS ALLOWED								
Audio	**Easel(s)**	**File Folder**	**Flip Chart(s)**	**Portfolio**	**Props/ Pointers**	**Skits**	**Presentation Equipment**	**Visuals**
■	■		■	■	■		■	■

TOP 5 SKILLS STUDENTS REPORT LEARNING THROUGH PARTICIPATION	
Leadership	Public Speaking
Responsibility and Time Management	Teamwork
Awareness of Community or World	

TEACH OR TRAIN BY THE NUMBERS: 2024 - 2025		
Participants Nationwide	**Type of Event**	**Nationwide Impact**
349	Career Focused	16,523

91% of Teach or Train participants indicated this event is extremely or very useful to their future.
77% of Teach or Train participants indicated they would pursue higher education related to the career chosen in their project.

PARTICIPANT TESTIMONIALS

"I shadowed and taught a 3rd grade class. I monitored this class and used my observations to teach a lesson involving sequencing and based off the Arizona Department of Education Standards. For the lesson, I presented a pre/post test and a lecture on using sequencing in the real world."– Arizona FCCLA Member

"My project was a natural fit with my pathway classes and my desire to be an elementary teacher. I was able to teach lessons in two elementary schools." –Georgia FCCLA Member

"I have been studying Family and Consumer Sciences to become a secondary teacher in the field. In order to learn more about this career, I have done extensive research about the requirements and skills needed to be successful. I had the opportunity to both observe and teach in an FCS classroom so that I can gain firsthand experience."– Idaho FCCLA Member

"My project consists of me interviewing and shadowing a teacher, exploring the career and what it takes to become a teacher, and eventually creating my own lesson plan. When creating my own lesson plan, I presented it in front of a series of students. I also did several activities. In my project I also completed the FCCLA Planning Process Summary Page, which helped me out when finding out where things went wrong. My lesson was about teaching students how to eat properly and explaining to them in depth about the food pyramid." South Carolina FCCLA Member

SCHOLARSHIPS

Each year FCCLA's collegiate partners award over 13 million in scholarships to the Top 3 placing Level 3 teams/individuals annually at the National Leadership Conference. Scholarship details can be found on the FCCLA Website.

TEACH OR TRAIN GUIDELINES AND RUBRICS

The STAR Events Guidelines and rubrics are updated annually, and they are an exclusive benefit for FCCLA members. Advisers and members can access and download the guidelines from the FCCLA Portal.

ADVISER PORTAL

MEMBER PORTAL